



# Wessex Research Group Network *Newsletter*

VOLUME 14, ISSUE 5.

May 2019

**M**ay 2019 a month full of events including International Dowsing Day on May 5<sup>th</sup>.

Totnes Astrology Group celebrate 25 years of meetings month, for more information about the group contact David Matthews on 01803 867145.

## ***Colour is a Vital Force***

**By S.J.G. Ouseley**

Scientifically speaking, Colour is the result of etheric vibrations of different wave lengths. Colour is not something merely static or ornamental but is active, vital radiation. Our very thoughts and feelings vibrate to colour and our auras are throwing out bright or dull colour tones continuously. The power of colour is so important a fact in our lives that medical science is showing an increased awareness in colour therapy – a subject studied and practised by the ancient Egyptians.

The true significance of colours and their influence on the health and personality is important to every man and woman.

Colour is a definitive guide to temperament. When people state their favourite colours it is not the result of mere fancy or caprice, but a deep subconscious instinct that motivates them. This statement does not take into account the adoption of colours through external influences such as prevailing fashions, hair dyeing and so on, but anyone taken unawares and questioned as to their colour preferences will give an answer illuminating to the expert. Not only will it throw a light on their psychological make-up but it will also indicate their probable talents and their weaknesses. Some people respond far more deeply to colour influence than others.

Let us commence with the three so called primary colours Red, Yellow and Blue. Those colours symbolise the body, soul (mind) and spirit respectively.

Red is essentially the physical colour; it is connected with the element of fire, the essence of energy. The Red Ray controls the glandular centre in the body connected with the life force and the vital functions. Red symbolises all the deepest human passions – love, hatred, courage, revenge etc. It is the colour of blood and has always symbol of warfare and naturally of brave deeds.

The varying shades of Red denote different qualities. Very dark rich tones are often favoured by people of a somewhat close, selfish nature. The heavy shades



usually appeal to the domineering, arrogant type as well as those inclined to sensuality.

According to Colour-Psychology, the bright, clear reds are preferable to murky tones; scarlet for example denoting generosity and ambition. We invariably find all shades of Red associated with people who have strong forceful natures, people who will assert themselves and who abound in buoyant spirits and self confidence. It is the colour of the extravert, the self propagandist. Red denotes practicality and realism. Lovers of this colour are very often genial, active and vigorous people, but they are also capable of unkindness, obstinacy and lack of consideration.

People who are partial to Red usually have strong love natures but more especially on the plane of the senses. Red vibrates in harmony with the senses and emotions and does not respond to the mind or reasoning faculties. Those for who Red has a strong appeal will generally get on best with people who prefer violet, purple and golden shades.

Yellow denotes intellect, a love of mental employments and pleasures as opposed to the physical. It is an entirely different vibration from Red. It usually appeals to people of intelligence and discernment. It has a stimulating effect in illness especially on the nerves. Yellow controls the great glandular centre at the solar plexus.

***Colour is a Vital Force is continued on Page 4.***

Frome WRG  
Marina 01373 465848

Glastonbury WRG  
Mags 07599215558

Weymouth & Dorchester  
Roma 01305 816644

Dorset Earth Mysteries  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)

Bristol Dowsers  
[www.bristoldowsers.co.uk](http://www.bristoldowsers.co.uk)

Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)

Axminster Awareness  
Centre  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)

Stoneseeker Tours  
[www.stoneseeker.net](http://www.stoneseeker.net)

Centre for Pure Sound  
[www.centreforpuresound.org](http://www.centreforpuresound.org)

The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

Angelight  
[www.angellight.co.uk](http://www.angellight.co.uk)

Taunton Association for  
Psychotherapy  
[www.taplimited.org.uk](http://www.taplimited.org.uk)

Totnes WRG  
Jeffrey Gale  
01803 866349

Findhorn Foundation  
[www.findhorn.org](http://www.findhorn.org)

Dowsing Spirits  
[www.dowsingspirits.co.uk](http://www.dowsingspirits.co.uk)

[www.theswa.org.uk](http://www.theswa.org.uk)

Aquarian Age Community  
[www.aquaac.org](http://www.aquaac.org)

Totnes Astrology Group  
David 01803 867145

One Spirit Alliance  
[www.onespiritalliance.net](http://www.onespiritalliance.net)

Crewkerne Awareness  
[anacolourastro.wordpress.com](http://anacolourastro.wordpress.com)

Ryde PLG  
Dana 07879 021521

Wellspring – Rode  
Tel. Caroline 01373 831046

Network of Leyhunters  
[www.networkofleyhunters.com](http://www.networkofleyhunters.com)

Bath PL  
[bathpositiveliving.co.uk](http://bathpositiveliving.co.uk)  
Sian 0758 2111971

The Y files  
[www.meetup.com](http://www.meetup.com)

Burnham on Sea  
Pagan Group  
Sue 07776306125

**EVENTS**

**Tintagel 4 May**  
Fairy Fayre and Ball  
[www.fairyevents.com](http://www.fairyevents.com)

**Glastonbury 11 May**  
Megalithomania 2019  
What Were the  
Ancients Up To?  
[www.megalithomania.co.uk](http://www.megalithomania.co.uk)

**TALKS**

**Glastonbury PLG 2 May**  
What the #!% is going on?  
An Astrological Look at  
2019 and Beyond  
Kaypacha  
Tel. Samia 07930 007419

**Ashton Ingham 2 May**  
Dragons. Symbolism, Myths  
and Earth Energies  
Peter Knight  
Tel. 01249 823287

**London 2 May**  
the Profoundity of Fairy Tales  
Wim Wolbrink  
Tel. 0207 723 4400

**Avebury 4 May**  
the Meaning of Beltaine  
from Ancient Fertility Rites  
to Maypoles  
Peter Knight  
Tel. 01249 823287

**Ryde PLG 7 May**  
Western Medical Herbalism  
Claire Chester  
Tel. Dana 07879 021521

**London 7 May**  
Theosophy: the Essence of  
Science Religion  
and Philosophy  
Elizabeth Crofts  
Tel. 0207 5639817

**Glastonbury 8 May**  
Bardic Evening  
Tel. Tim 07747 897 621

**Weymouth 8 May**  
the World of Stonewyld  
Kit Berry  
Tel. Roma 01305 816644

**Ashford 8 May**  
Introduction to Meditation  
FISU  
Tel. 0208 523 3133

**Bath PL 9 May**  
Spiritual Healing  
and Psychic Surgery  
Louise Hedges  
& Jonno Webster  
Tel. Sian 0758 2111971

**Rode 9 May**  
the Art of the Elements  
Alexandra Drysdale  
Tel. Caroline 01373 831046

**London 10 May**  
the Shamanic Path  
Finding Healing through  
Meaning Purpose and Service  
Jez Hughes  
Tel. 0207 589 3292

**Totnes 10 May**  
Taurus and the Transit of  
Uranus. Wake up Time?  
David Matthews  
Tel. David 01803 867145

**London 10 May**  
the Essence of Non Duality  
Rupert Spira  
Tel. 0207 723 4400

**Bracknell 12 May**  
Introduction to Meditation  
FISU  
Tel. 0208 523 3133

**Chulmleigh 14 May**  
Herbal Medicine  
Elle Ashcroft  
Tel. 01363 877352

**Taunton 17 May**  
Responding to Our Clients  
Metaphors  
Matthew Cott  
Tel. Tim 01278 663215

**Bishops Cannings 18 May**  
Heal Your Home I  
Adrian Incedon Webber  
Tel. 01765 658487

**Glastonbury 18 May**  
Full Moon and Music  
Dora Darling  
Tel. 01458 831154

**Loughton 18 May**  
Introduction to Meditation  
FISU  
Tel. 0208 523 3133

**Bath 20 May**  
Bath Storytelling Circle  
Tel. David 01225 482170

**Crewkerne 20 May**  
Cosmic Vibrations  
Pippa Handley Cooke  
[collingridge1@sky.com](mailto:collingridge1@sky.com)

**Woodshaw 20 May**  
Permaculture Your Life  
Milly Carmichael  
Tel. Bea 01793 694943

**Bexley 22 May**  
Introduction to Meditation  
FISU  
Tel. 0208 523 3133

**Stroud 23 May**  
Exploring the Ethics  
of Truth and Influence  
Howard Boorman & Jeff Lane  
Tel. 01453 759034

**London 23 May**  
Human and Planetary  
Evolution  
Alex Wright  
Tel. 0207 723 4400

**Stroud 24 May**  
Journey to Enlightenment  
William Meader  
Tel. 01453 759034

**London 24 May**  
African Journeying with  
Ancestors Nature and Spirit  
John Lockley  
Tel. 0207 589 3292

**Barkingside 25 May**  
Introduction to Meditation  
FISU  
Tel. 0208 523 3133

**London 28 May**  
What can Anthroposophy  
Contribute to the theme of  
Gender? Who am I?  
& Who are You?  
Andrew Wolpert  
Tel. 0207 723 4400

**Burnham on Sea 28 May**  
Gifts of Nature A Journey  
through the Aromatic  
Essences  
Nandini  
Tel. Sue 07776306125

**London 30 May**  
What can Anthroposophy  
Contribute to the theme of  
Gender? Who am I?  
& Who are You?  
Andrew Wolpert  
Tel. 0207 723 4400

**London 31 May**  
How to Love Yourself  
Practically  
Blake Bauer  
Tel. 0207 589 3292

**WORKSHOPS &  
COURSES**

**London 2 May**  
Shamanic Divination and  
Diagnostic Techniques  
Developing Psychic and  
Healing Intuition Power  
Itzhak Berry  
Tel. 0207 589 3292

**Shrewsbury 3 May**  
Kriya Yoga  
Breathing Meditation  
Swami Aliyananda  
Paramahansa  
Tel. 01736 362371

**Stroud 3 May**  
Sacred Earth  
Co-creating with the  
Natural World  
Tanis Helliwell  
Tel. 01453 759034

**Glastonbury** 3 May  
Chalice Well Essences  
Working with Energies and  
Energy Fields  
Natasha, Sophie, Susan  
Tel. 01458 831154

**Oborne** 4 May  
White Tara Day  
Dean Carter  
Tel. Dean 01935 389655

**Forres** 4 May  
Beyond Mindfulness  
Meditation Masterclass  
and Retreat  
William Bloom &  
John Abdey  
Tel. 01309 690311

**Erraid** 4 May  
Gratitude Retreat  
Will Pye  
Tel. 01309 690311

**Forres** 4 May  
Glimpsing the  
Kingdom of Light  
Gerry Taylor Wood  
Tel. 01309 690311

**Forres** 4 May  
Animal Communication  
and Deep Nature  
Connection I  
Jacqueline Buckingham &  
Lesley Downie  
Tel. 01309 690311

**North Hill** 5 May  
Healing Workshop  
David Lockwood  
Tel. 01566 774902

**Oborne** 5 May  
White Tara Healing  
Dean Carter  
Tel. Dean 01935 389655

**East Devon** 5 May  
Poetry in Nature  
Roselle Angwin  
Tel. 01548 821004

**Dartington** 8 May  
Earth Healing  
Suzi Morris  
Tel. 0207 3511788

**Exeter** 10 May  
Living the Shift  
Chris Bourne  
Tel. 01458 830443

**Edmondsham** 11 May  
Dare to Dream  
Introduction to NLP  
Sarah Frossell  
Tel. 01202 885 294

**Dorchester** 12 May  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**London** 12 May  
the Masters and the Path  
Eric McGough  
Tel. 0207 5639817

**Faringdon** 12 May  
Introduction to Dowsing  
Tim Kirby  
[longworthtim@gmail.com](mailto:longworthtim@gmail.com)

**London** 12 May  
Mediumship for the Young and  
the Young at Heart  
Casey Mackey  
Tel. 0207 589 3292

**Wimborne** 16 May  
Spring Qigong Retreat  
Sally Ibbotson & Tricia Teahan  
Tel. 01202 841522

**Heathrow** 17 May  
Healing with Conscious  
Communication  
Kevin Billet  
Tel. 01656 880038

**Middle Piccadilly** 17 May  
Healing and the Shamanic Arts  
Dance of the Allies  
Humpeq Healers Rite  
Elaina Harvey  
Tel. 01963 23468

**Forres** 18 May  
Wilderness Retreat  
Ben Brierley  
Tel. 01309 690311

**Stroud** 18 May  
Awaken the Self  
A Day of Deep Inner  
Connection  
Caroline Bliss  
Tel. 01453 759034

**Stour Row** 18 May  
Angels of Sound Playshop  
and Pure Sound Therapy  
Practitioner Course  
Dean Carter  
Tel. Dean 01935 389655

**Stour Row** 19 May  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Avebury** 19 May  
Introduction to  
Eco Shamanism  
Mandy Pullen  
Tel. 01594 541850

**London** 19 May  
the Joy of Meditation  
Part 1 Introductory Course  
Tel. 0207 5639817

**London** 21 May  
Heartbeat Monthly  
Drumming Collective  
Olaf Nixon  
Tel. 0207 589 3292

**Stroud** 23 May  
Ethics of Belief  
Truth can Survive if  
We Support it  
Howard Boorman  
& Jeff Lane  
Tel. 01453 759034

**Stroud** 24 May  
the Silent Watcher  
Esoteric Philosophy  
William Meader  
Tel. 01453 759034

**London** 25 May  
Get Real About Your Aura  
Sarah Tyler Walters  
Tel. 0207 589 3292

**London** 26 May  
the Psychic  
Maria Antoniou  
Tel. 0207 589 3292

**Oborne** 26 May  
Angels of Sound Voice  
Playshop  
Dean Carter  
Tel. Dean 01935 389655

**Oborne** 26 May  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Stroud** 28 May  
Deep Collaboration  
Transforming Our World  
Without Recreating  
the Past  
Miki Kashtan  
Tel. 01453 759034

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 May 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Axminster**  
Meditation Group  
Tel. 01297 32331

**Bath** (Weds & Sundays)  
Celtic Healing Circle  
Jane Jackson  
Tel. Jane 07533 383162

**Axminster** (Wednesdays)  
Buddhist Chanting  
Mantra Group  
Lorraine  
Tel. 07779946444

**Stroud**  
Rising Woman  
Rising World  
Monthly Meeting  
Tel. 01453 759034

**Forest of Dean**  
Shamanic Sundays  
Mandy Pullen  
Tel. 01594 541850

## Wessex Research Group Network

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)

Bath Storytelling Circle.  
Tel. 01225 482170

Earthstars Sacred Space  
[www.earthenergynetwork.co.uk](http://www.earthenergynetwork.co.uk)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

Thames Valley Dowzers  
[www.thamesvalleydowzers.org.uk](http://www.thamesvalleydowzers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Glastonbury PLG  
[www.glastonburyplg.co.uk](http://www.glastonburyplg.co.uk)

[www.positivelivinggroups.org.uk](http://www.positivelivinggroups.org.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.faeryevents.com](http://www.faeryevents.com)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.RILKO.net](http://www.RILKO.net)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[fifthdimensionalnetwork.net](http://fifthdimensionalnetwork.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.gaunthouse.com](http://www.gaunthouse.com)

[www.educationaid.net](http://www.educationaid.net)

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

Wyvern dowzers  
Bea Menier 01793 694943

[www.energeticsolutions.co.uk](http://www.energeticsolutions.co.uk)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.caduceus.info](http://www.caduceus.info)

[www.ihs.ac](http://www.ihs.ac)

[newhumanitymovement.com](http://newhumanitymovement.com)

[www.waverleydowzers.co.uk](http://www.waverleydowzers.co.uk)

[www.tamar-dowzers.co.uk](http://www.tamar-dowzers.co.uk)

[www.devondowzers.org.uk](http://www.devondowzers.org.uk)

Society of Leyhunters

[www.leyhunters.co.uk](http://www.leyhunters.co.uk)

World Peace Mission  
Tel. 01736 362371

Glastonbury Pagan Moot  
Tel. 07747 897621



**New York** 17 May  
Transforming Planetary  
Consciousness Webinar  
UN Meditation as  
Planetary Service  
[UN@aquaac.org](mailto:UN@aquaac.org)

**Penzance** (Tuesdays)  
Kriya Yoga  
Tel. 01736 362 371

**Totnes** (Fridays)  
Astrology Group  
Meeting  
Tel. 01803 867145

**Bournemouth**  
(Alt Thursdays)  
The Y Files  
[www.meetup.com](http://www.meetup.com)

**Axminster** (Fridays)  
Spiritual Awareness Group  
Tel. 01460 221522

**Totnes** (Fridays)  
Totnes Astrology Group  
Tel. David 01803 867145

**Poole** (1<sup>st</sup> Sunday)  
Dialogues of the Heart  
Tara Divina Brown  
Tel. 01202 604340

**Wanstraw** (alt Tues)  
Lightworker Group  
Tel. Marina 01373 465848

### TRIPS, TOURS & VISITS

**West Kennet** 4 May  
Beltaine New Moon Gathering  
at West Kennet Longbarrow  
Peter Knight  
Tel. 01249 823287

**Somerset** 5 May  
International Dowsing Day  
Visit to Cadbury Castle  
Tel. 01363 877352

**Ireland** 6 May  
Ancient Ireland the  
Emerald Isle  
Megalithic Tours  
Tel. 01772 728181

**Jordan** 7 May  
Angels Abroad Retreat  
Chrissie Astell  
Tel. 0797 996 1797

**Wiltshire** 12 May  
Stonehenge Circle Walk  
Don Bryan  
Tel. 01363 877352

**West Kennet** 18 May  
Beltaine Full Moon Gathering  
at West Kennet Longbarrow  
Peter Knight  
Tel. 01249 823287

**France** 19 May  
Ancient Brittany and the  
Megalithic Stone Alignments  
of Carnac  
Megalithic Tours  
Tel. 01772 728181

## Hare and Tabor

By Andy Pattenden

Hare and Tabor, [www.hareandtabor.co.uk](http://www.hareandtabor.co.uk) started out as a project celebrating folklore, history and tradition. I started this work / journey because I felt that although many of our folk traditions (music, dance and story-telling) are very much alive; there is little in the way of a visual celebration of this creativity.

I certainly couldn't find the kind of items that I was looking for myself. Much of the merchandise on offer, including that by some of the large heritage organisations, seemed to me to do little to engender the respect, awe and curiosity that the sites and history deserved. I wanted to see a celebration of the images that I could display with pride, and also something that preserved and conveyed the dignity of the subject matter in a tasteful manner. With this in mind I started exploring the iconography of the folklore and traditions that I was interested in. I am no artist, but I found that the images provided more than enough fascination and beauty in themselves.

My curiosity has ranged across woodcuts, engravings, broadsheets, chapbooks, ballads, fairy tales, ceramics, illustration, illuminated manuscripts, vintage guides, rock art, chalk carvings, and historical archaeological treatises. The response to what I am doing has been very positive. Much of what I offer is of course imperfect, a work in progress, and constantly evolving. There is so much material out there, and it has been a wonderful education and voyage of discovery. In many ways and I feel like I have only just begun. Much of the joy has come from sharing stories and information with people who have visited my stall or have exchanged electronic correspondence with and if you have any suggestions for images, illustrations or designs that may be of interest I can be contacted at [info@hareandtabor.co.uk](mailto:info@hareandtabor.co.uk)

Readers of the newsletter can claim a 20% discount until the end of May just use the code WRGMAY312019 at the checkout stage.

## Colour is a Vital Force (continued)

It is the colour of the Sun and is of a high vibrational rate; hence yellow subjects are rapid thinkers and show great activity of mind. Discrimination, tactfulness and cheerfulness vibrate to Yellow.

It is a good colour for writers, artists and all creators, the paler shades are especially inspirational. Not all shades of Yellow are good: certain shades, such as the dark mustard colours stand for rather unpractical natures - people who dream the idle hours away and are lacking in character. Dark Yellow is associated with deceit and treachery.

The Orange Ray is one of the best of the Yellow group. It is the colour of vitality, mental force and also of wisdom. This colour however has to be carefully used as few people can harmonise with its vibrations. Nervy people should never wear Orange.

Blue, both symbolically and medically, is the exact opposite of Red. It symbolises harmony, calmness courtesy and happiness. Blue is the colour from which the highest inspiration is born. Blue is not for the coarse, the sensual or the material minded. It belongs to the ethereal, spiritual natures, the darker shades especially denoting refinement and "higher thought." Among the ancient Arabians saxe Blue was considered efficacious in reviving lost love; whilst pale blue signifies simplicity, innocence and candour, electric blue great personal magnetism, deep blue, spirituality and indigo is the colour of intuition and spiritual perception.

To ignore the influence of colour in our lives is to show ignorance of the human temperament, so no intelligent person can afford to ignore individual preferences.

To promote an event or submit a contribution to the newsletter email Robert at [robertmulliss900@uwclub.net](mailto:robertmulliss900@uwclub.net) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)