



Wessex Research Group Network *Newsletter*

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September the month in which we celebrate the Autumn Equinox, Michaelmas Day and the International Day of Peace (World Peace Day).

Afterlife

By Ian Lawton

Of course we all know we're going to die at some point. Of course we know that in the modern western world we have a pitiful understanding of what death is, which is what leads us to have such a collective blind-spot about it. We daren't talk about it, we have only vague notions of what it means, and we mourn our loved ones with unmitigated fervour.

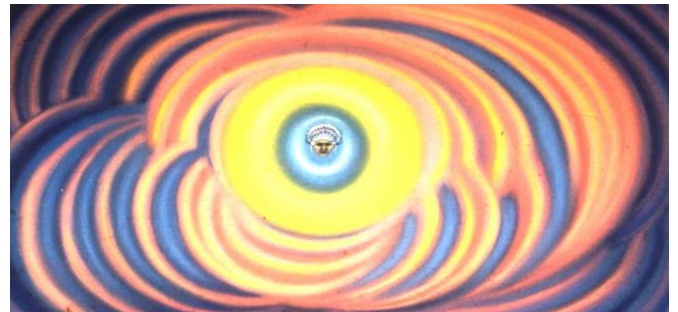
As to those who do consider the issue of the afterlife, those who lean towards the increasingly popular nondualist view hold that on death the illusion of individuality is dispelled. Yet surely the continued existence of the huge numbers of spirits on 'the other side' who have been channelling information back to us since time immemorial – some of whom I use as sources for my book – is of itself proof against such a view. Similarly the idea that our passing suddenly makes us somehow wiser and quite different from our human selves. Our discarnate friends are unanimously scathing about such ideas. Here are just a couple of examples:

When the soul leaves the body it remains exactly the same as when it was in the body... it retains the mind, knowledge, experience, the habits of thought, the inclinations; they remain exactly as they were... Individuality is not eliminated, but rather accentuated... There is no breach or break in the continuity of individual existence.'

It is folly to think that because we swapped our physical bodies for spiritual ones we automatically have achieved oneness with God.

Yet even amongst those modern authors who do accept the idea of an afterlife where individual spirits continue their consciousness journey, too many still think that referencing such works as *The Tibetan Book of the Dead* is the height of wisdom – when of course such ancient tomes are deliberately written in language that is totally obscure and impenetrable.

Having said that some other modern authors *have* made attempts to lay out some sort of more digestible guide to the afterlife. So why do we need another one?



The fact is that never before has anyone attempted to pull together such a huge variety of relatively modern evidence describing the nature of the afterlife planes and their conditions. Nor has a modern author ever had the audacity to present a state-of-the-art schema of what are typically portrayed as the seven planes of consciousness that is not only understandable to ordinary people and doesn't rely on obscure language that takes years to study – unlike, for example, the theosophical and Qabbalistic models that still predominate – but is also based on pulling together the reports of a huge number of *first-hand* sources, and attempting to arrange them into some sort of consistent model. This is made all the more difficult because the afterlife is a hugely individual experience, just as our life on earth. Yet, after they have been properly sifted and presented, the incredible consistency of the accounts we now have available from various sources from the last century and a half is absolutely stunning and pretty conclusive. What are these sources? They are mainly two-fold. First, channelled reports from ordinary people who have passed over and reported back on their experiences for the benefit of humanity generally – often via mediums using automatic writing and similar methods.

There are huge number of such sources, many dating back to the early and mid-twentieth century, and some were well-known in their day but have been almost completely lost to the modern world. Yet they're corroborated by a smaller number of more modern channelled sources, such as Erik Medhus reporting via Jamie Butler; and Billy Cohen via Annie Kagan. What is even more interesting is that they're also corroborated by our other main source, which is modern pioneers who have learned to deliberately and repeatedly take their consciousness 'out-of-body' (OOB) and to explore the other planes – which are exactly those we'll all inhabit after death. There are now a large number of such pioneers dating from as early as the first part of the twentieth century – with the notable exception of Emanuel Swedenborg who was writing lucidly about such things right back in the eighteenth century.

Afterlife is continued on Page 4.

Weymouth & Dorchester
Roma 01305 816644
Dorset Earth Mysteries
www.dorsetmysteries.org
Bristol Dowzers
www.bristoldowzers.co.uk
Joyous Isle workshops
www.joyousisle.com
Axminster Awareness
Centre
www.awarenesscentre.org.uk
Stoneseeker Tours
www.stoneseeker.net
Centre for Pure Sound
www.centreforpuresound.org
The Martinsey Isle Trust
www.martinsey.org.uk
Hawkwood College
www.hawkwoodcollege.co.uk
Angelight
www.angellight.co.uk
Taunton Association for
Psychotherapy
www.taplimited.org.uk
Totnes WRG
Jeffrey Gale
01803 866349
Findhorn Foundation
www.findhorn.org
Dowsing Spirits
www.dowsingspirits.co.uk
www.theswa.org.uk
Aquarian Age Community
www.aquaac.org
Totnes Astrology Group
David 01803 867145
One Spirit Alliance
www.onespiritalliance.net
Crewkerne Awareness
anacolourastro.wordpress.com
Ryde PLG
Dana 07879 021521
Wellspring – Rode
Tel. Caroline 01373 831046
Network of Leyhunters
www.networkofleyhunters.com
Bath PL
bathpositiveliving.co.uk
Sian 0758 2111971
The Y files
www.meetup.com
Burnham on Sea
Pagan Group
Sue 07776306125
Fire in the Head
www.roselle-angwin.co.uk

EVENTS

Stroud 13 Sep
Building Wellbeing
Together Weekend
www.hawkwoodcollege.co.uk
Kirkby Stephen 14 Sep
Spine of Albion Moot
www.networkofleyhunters.com
Avebury 21 Sep
Fairy Weekend
www.fairyevents.com
London 22 Sep
Open House
Rudolf Steiner House
www.rsh.anth.org.uk
Penzance 28 Sep
Michaelmas Weekend
www.worldpeacemission.com

TALKS

Tavistock 2 Sep
Albion Dreamtime
Re-enchanting the Isle
of Dragons
Peter Knight & Sue Wallace
Tel. 01249 823287
London 3 Sep
Sacred Sounds Gong Bath
Olaf Nixon
Tel. 0207 589 3292
Glastonbury 4 Sep
Meeting of the Pagan Moot
Tel. Tim 07747 897 621
South Woodford 4 Sep
Introduction to Meditation
Tel. 0208 523 3133
Rode 5 Sep
Albion Dreamtime
Re-enchanting the Isle
of Dragons
Peter Knight & Sue Wallace
Tel. 01373 831046
DEMG at Stapehill 5 Sep
Tesla the Maverick
Hungarian
Richard Hutley
Tel. Steve 01258 881008
Totnes 6 Sep
Cancer and the Moon
David Matthews
Tel. 01803 867145
Stroud 6 Sep
Self Enquiry and Transformation
Ravi Ravindra
Tel. 01453 759034
Bracknell 8 Sep
Introduction to Meditation
Tel. 0208 523 3133
Chulmleigh 10 Sep
Crystals
Caz Donovan
Tel. 01363 877352

Torquay 11 Sep
Dartmoor Mindscapes
Revisiting a Sacred
Landscape
Peter Knight
Tel. 01249 823287
London 11 Sep
the Great Beyond
Pamela El Hosaini
Tel. 0207 563 9817
Bath PL 12 Sep
Finding and Following
Your Soul Path
Jo St Clair
Tel. Sian 0758 2111971
Chingford Hatch 12 Sep
Introduction to Meditation
Tel. 0208 523 3133
London 13 Sep
Our Journey into Ascension
with a Guided Meditation
Carol Nayach
Tel. 0207 589 3292
Bath 16 Sep
Bath Storytelling Circle
Tel. David 01225 482170
Crewkerne 16 Sep
Feng Shui
Paula Fisher
collingridge1@sky.com
Woodshaw 16 Sep
Expanded Awareness
of the Cosmos
Sue Coulson
wyverndowsing@gmx.com
London 17 Sep
Experiencing the Future
Precognition, Time and
Consciousness: Altered
or Otherwise
Dr David Luke
Tel. 0207 589 3292
Glastonbury PLG 18 Sep
Albion Dreamtime
Re-enchanting the Isle
of Dragons
Peter Knight & Sue Wallace
Tel. Samia 07930 007419
Ruishton 19 Sep
Albion Dreamtime
Re-enchanting the Isle
of Dragons
Peter Knight & Sue Wallace
Tel. 07703 660884
Totnes 20 Sep
Virgo
David Matthews
Tel. 01803 867145
Bristol 20 Sep
the Shamans of Siberia
Sir Ronald Hutton
Tel. Rory 07748 734127

Taunton 20 Sep
Fibromyalgia
Journey to Acceptance
Lizzy Oakley
Tel. 01278 663215
London 21 Sep
the Real Meaning
of Brotherhood
Jenny Baker
Tel. 0207 563 9817
Burnham on Sea 24 Sep
Bumblebees and
Bumblebee Conservation
Lynn Ingram
Tel. Sue 07776 306125
Basildon 24 Sep
Introduction to Meditation
Tel. 0208 523 3133
London 27 Sep
New Moon Eve Gong Bath
Diana Vernon
Tel. 0207 589 3292
Ashburton 29 Sep
Riding the Dragons of Devon
Sean Ferris
Tel. 01363 877352

**WORKSHOPS &
COURSES**

Wimborne 1 Sep
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655
Stroud 2 Sep
Restoring Eden Spiritual Ecology
David Goddard
Tel. 01453 759034
Stroud 6 Sep
Rest and Restore Retreat
Relax Mind Body and Soul
with Yoga
Mel Skinner
Tel. 01453 759034
Derbyshire 6 Sep
Eco Shamanic Weekend
Mandy Pullen
Tel. 01594 541850
Stroud 6 Sep
Yoga Philosophy
Journey of Transformation
Ravi Ravindra & Amit Biswas
Tel. 01453 759034
Glastonbury 6 Sep
the Way of the Practitioner
Chalice Well Essences
Tel. 01458 831154
Forres 7 Sep
Animal Communication and
Nature Connection II
Jacqueline Buckingham
& Leslie Downie
Tel. 01309 690311

Porthcawl 7 Sep
Out of the Blue
Deborah Billet
Tel. 01656 890400

London 7 Sep
the Communion of Eros
and the Communion
of the Logos
Andrew Wolpert
Tel. 0207 723 4400

Brighton 7 Sep
Arise Divine Being
Chris Bourne
Tel. 01458 830443

London 8 Sep
Crystal Energy from
Spirit to Science
Nicholas Pearson
Tel. 0207 589 3292

South Petherton 8 Sep
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London 11 Sep
the Great Beyond
Pamela El- Hosaini
Tel. 0207 563 9817

Glastonbury 12 Sep
the Geometry of Nature
and the Cosmos
Tom Bree
Tel. 01458 831154

Oborne 13 Sep
White Tara Pureland
Dean Carter
Tel. Dean 01935 389655

Wimborne 13 Sep
Mindfulness Retreat
Tel. 01202 841522

Axminster 14 Sep
Improve Your Sleep
with Hypnotherapy
Deborah Pearce
Tel. 01297 32331

Forest of Dean 14 Sep
Plant Eco Shamanism
Course
Mandy Pullen
Tel. 01594 541850

Oborne 14 Sep
White Tara Day
Dean Carter
Tel. Dean 01935 389655

Erraid 14 Sep
Animal Communication
Jacqueline Buckingham &
Leslie Downie
Tel. 01309 690311

London 14 Sep
An Intensive Day
with the Arcturians
Carol Nayach
Tel. 0207 589 3292

London 15 Sep
Mundus Imaginalis
Bridging Heaven and Earth
David Nieuwejaers
Tel. 0207 563 9817

Glastonbury 15 Sep
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London 15 Sep
Mediumship for the Young
and Young at Heart
Casey Mackey
Tel. 0207 589 3292

Wimborne 20 Sep
Women's Wellbeing Weekend
JoRae & Michelle Beagley
Tel. 01202 841522

Axminster 21 Sep
Learn the Ancient Art
of Smudging
Adela Mei
Tel. 01297 32331

Iona 21 Sep
Islands of the Heart
Creative Writing Retreat
Roselle Angwin
www.roselle-angwin.co.uk

Messing 21 Sep
Heal Your Home 1
Adrian Incedon Webber
Tel. 01748 822634

London 21 Sep
Living in Your Heart
Cate Mackenzie
Tel. 0207 589 3292

Edmondsham 21 Sep
Angel Energy Practitioner
Course
Flavia Kate Peters
Tel. 01202 885294

Iona 21 Sep
Equinox Retreat
Judith Bone
Tel. 01309 690311

Bridport 22 Sep
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London 22 Sep
Healing with Colour
Julia Shepherd
Tel. 0207 589 3292

London 26 Sep
Introduction to Crystals
and Self Healing
Valerie Pitts
Tel. 0207 589 3292

Forres 28 Sep
Still Point Moving World
Maria Gabriele Wosien
Tel. 01309 690311

Oborne 29 Sep
Angels of Sound Voice
Playshop & Divine Union
Soundbath
Dean Carter
Tel. Dean 01935 389655

London 29 Sep
A Day of Healing with
the Spirit Doctor Team
Susan Gash & Sven Carlson
Tel. 0207 589 3292

LIGHTWORKER GROUPS

Global Meditation Event
1 Sep 9pm
www.networkoflight.org

New York 13 Sep
Virgo Friday
Transforming Planetary
Consciousness Webinar
UN Meditation as
Planetary Service
UN@aquaac.org

Axminster
Meditation Group
Tel. 01297 32331

Bath (Weds & Sundays)
Celtic Healing Circle
Jane Jackson
Tel. Jane 07533 383162

Axminster (Wednesdays)
Buddhist Chanting
Mantra Group
Lorraine
Tel. 07779946444

Stroud
Rising Woman
Rising World
Monthly Meeting
Tel. 01453 759034

Forest of Dean
Shamanic Sundays
Mandy Pullen
Tel. 01594 541850

Penzance (Tuesdays)
Kriya Yoga
Tel. 01736 362 371

Totnes (Fridays)
Astrology Group
Meeting
Tel. 01803 867145

Bournemouth
(Alt Thursdays)
The Y Files
www.meetup.com

Poole (1st Sunday)
Dialogues of the Heart
Tara Divina Brown
Tel. 01202 604340

Wessex Research Group Network

www.Mindspiritnetwork.com
Bath Storytelling Circle.
Tel. 01225 482170
Earthstars Sacred Space
www.earthenergynetwork.co.uk
www.body-spirit.co.uk
www.fire-in-the-head.co.uk
www.chalicewell.org.uk
Thames Valley Dowzers
www.thamesvalleydowzers.org.uk
www.libraryofavalon.org.uk
Glastonbury PLG
www.glastonburyplg.co.uk
www.positivelivinggroups.org.uk
www.theosophical-society.org.uk
www.fisu.org/en
www.faeryevents.com
www.openhandweb.org
www.stargaia.com
www.RILKO.net
www.Enneagram-uk.com
www.sacredconnections.co.uk
fifthdimensionalnetwork.net
www.networkoflight.org
www.megalithictours.com
www.gauntshouse.com
www.educationaid.net
www.collegeofpsychicstudies.co.uk
Wyvern dowzers
Bea Menier 01793 694943
www.energeticsolutions.co.uk
www.kabbalahcentres.com
www.caduceus.info
www.ihf.ac
newhumanitymovement.com
www.waverleydowzers.co.uk
www.tamar-dowzers.co.uk
www.devondowzers.org.uk
Society of Leyhunters
www.leyhunters.co.uk
World Peace Mission
Tel. 01736 362371
Glastonbury Pagan Moot
Tel. 07747 897621

TRIPS, TOURS & VISITS

Cornwall 1 Sep
Ancient and Mystical Cornwall
Megalithic Tours
Tel. 01772 728181

Sardinia 13 Sep
Sardinia's Nuraghi
and Giants Tombs
Megalithic Tours
Tel. 01772 728181

Wiltshire 14 Sep
Full Moon at
West Kennet Longbarrow
Peter Knight
Tel. 01249 823287

Wiltshire 22 Sep
the Ancient Oaks
of Savernake Forest
Sue Wallace & Peter Knight
Tel. 01249 823287

Hertfordshire 22 Sep
Holographic Dowsing
Geoff Crockford
Tel. Susan 01494 813214

Cornwall 22 Sep
Mount Edgcombe House
and Country Park
Tamar Dowsers
Tel. 01566 774902

Glastonbury 22 Sep
Autumn Gathering
Bristol Dowsers
Tel. Rory 07748 734127

Scotland 29 Sep
Scottish West Coast
Highlands and Islands
Megalithic Tours
Tel. 01772 728181

Afterlife (continued)

What is more, while again many of their books are virtually unknown to us now, their work is also corroborated by more modern pioneers such as William Buhlman, Bruce Moen, Rosalind McKnight, Graham Dack, Albert Taylor, Gordon Phinn, Waldo Vieira, Jurgen Ziewe, Robert Bruce and Frederick Aardema.

A third and somewhat less reliable source is near-death-experience (NDE) survivors – less reliable only because such people only visit the afterlife planes once and, with such an overwhelming experience, their interpretations can be extremely subjective. That is not to say, however, that sources such as Dannion Brinkley, Mellen-Thomas Benedict, Bettie Eadie, George Ritchie, Howard Storm and Eben Alexander don't have anything useful to report – they do, especially if their experiences are filtered through the lens of the first-hand accounts of other, more experienced astral travellers. All these reports show an incredible consistency, irrespective of the date or type of source.

I feel it's particularly important that we don't just concentrate on the wonderful experiences that await us in the afterlife, thereby painting a rose-tinted picture. There *are* pitfalls for the unwary and unprepared, and to gloss over them would be an abrogation of duty. Most sensible people don't travel to a foreign country without some preparation and awareness of the risks, and the same ought to be doubly the case with the afterlife. Yet if we *are* prepared the splendours will make earthly life seem like a pale imitation. Ian's book *Afterlife: A Modern Guide to the Unseen Realms* is available from Amazon US and UK, 516pp, £14.99. The October edition of the Wessex Research Group Newsletter will contain a detailed description of the book.

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss900@uwclub.net or log on to www.wessexresearchgroup.org

Book Review: Love, Love, Love. Spiritual Teachings**By Stephen Turoff**

How can we become aware of pure unconditional love? With simple yet shattering words, Stephen Turoff seeks to awaken us to knowledge that already resides deep in our hearts: *that God is love and love is God*. Love is the power that created the universe and permeates all Creation. When we realize this, we are led to a recognition of our true nature as human beings.

Stephen's astonishing message – presented here as transcripts from a series of six seminars – can rouse us to reassess our lives and the way we think and act.

We are perfect beings who have forgotten our divine nature. Our true self wants to awaken to the divine presence within. With guidance, we can teach ourselves to listen to the voice of our heart, in order really to know and experience truth. Stephen leads us to a deeper understanding of our connection with God and the purpose of our lives on earth. The knowledge he shares is based on profound life experience and a singular understanding of God and universal laws. For more information, interviews, extracts or review copies, please contact: Publisher Sevak Gulbekian, Tel. 01342 824000; Email: sevak@clairviewbooks.com

Book Review: Albion Dreamtime. Re-enchanting the Isle of Dragons**By Peter Knight and Sue Wallace**

Peter and Sue have published the story of their Questing across the length and breadth of Albion, seeking out the spirit of the land and the ancestors. The result is a beautifully illustrated book in a large A4 format with 256 pages, and 800 colour photos that will inspire you to deepen your connection with these truly beautiful lands.

They connected, chanted, drummed and meditated at over 100 natural sacred sites, including dark caves, waterfalls, forests, rocky outcrops and wilderness locations, seeking out the old myths, the spirit of place, the Green Man and Merlin. Sue and Pete also received insights and poetry from the spirit of the dragon, and from the Fae, King Arthur and nature spirits. They also tell the story of the Ice Age and Mesolithic people of these lands, who lived in a symbiotic relationship with the Earth, and suggest ways we can connect with the land today at this time of climate change.

Join and follow the Albion Dreamtime Facebook page. The book launch is also accompanied by talks and tours. If you would like Sue and Peter to talk at your group then contact them. Signed copies available from the authors via Amazon or go to www.stoneseeker.net