



Wessex Research Group Network *Newsletter*

VOLUME 15, ISSUE 3

March 2020

March 2020. The month of March was the first month in the Roman calendar and viewed as the month associated with the resumption of war. In Northern latitudes March is associated with the first month in which the Earth becomes visible from under the snow and the lengthening of days.

Cognitive Questing Across Albion's Landscapes

By Sue Wallace and Peter Knight

To change the way we see, it is necessary to change what we believe, for it is hard to fill a cup that is already full. What is needed is a stilling of the mind, to loosen the grip of logic, enabling higher levels of perception and understanding to burst forth. By seeking to personally embrace the mindset of the ancients, we have found that our visits to sacred sites have been enhanced. This change was not always easy, as the brain has a hard job to suspend intellectualising.

Landscapes were once perceived as being spiritually dynamic and alive. Ancient people lived in a vibrant land, one sculpted by spirit through intent. Recognising that the Dreamtime is still all around us is to embark on a road of healing and renewal. When walking the land we are in communion with it, we converse with it, but not through words. With every footstep we create an energetic connection. We sense the landscape with our bodies, through all our perceptions and experiences, and through our inner sight - our intuition. Every place we experience leaves an impression on our consciousness, potentially elevating our spirit, offering us subtle levels of awareness of which we are usually blind. We should study the land from the inside, so to speak, as our senses and our intuition become the principal means of knowing. When we stand on the land cognitively, Truth can be felt in our bones. Now, more than ever, it is time to perceive landscapes that are saturated and pulsating with the life-force of a living Earth.

With the revival of shamanism in the West, what is often overlooked is the spirit of place, the *genius loci* of the land. Many shamanic workshops, no matter how powerful and well-meaning, take place indoors, or at a camp, or even online! These are fine, in their way, but do not usually take place outdoors, connecting to the Earth. We have striven to change this, by leading our workshop attendees out on to the land, to directly



experience the spirit of place, and the ancestors. Walking on the land is grounding and therapeutic; it lifts the spirits, releasing the soul to explore our *inner* landscapes. As Friedrich Nietzsche said: *'All truly great thoughts are conceived by walking'*.

Spirituality is often about challenge, pushing boundaries, standing on the crumbling edges of our psyche, knowing that as we take risks we are supported. It is often about stepping out of our comfort zone, seeking out our shadow side. *For The Goddess is not all love and light. She is also death, dark and fury.* To shy away from these aspects is to denigrate our own power, as well as impede our personal growth.

We, like geology, often define ourselves by faults, by the cracks that open up with the pressures of life. The land does not mind bending, cracking, shaking it all up a bit. Things ping, and then settle down into a place of equilibrium. It's only natural to sometimes buckle under the strain; this is the way of the Earth, and of our lives. Faults happen because they need to, to re-adjust. People's unshakable memories can cast shadows over their present and future lives. People often walk in their own shadows of despair and guilt. But there is never a shadow without a light to cast it. There is always the light.

Cognitive Questing Across Albion's Landscapes is continued on Page 4.

Weymouth & Dorchester
Roma 01305 816644

Dorset Earth Mysteries
www.dorsetmysteries.org

Bristol Dowzers
www.bristoldowzers.co.uk

Joyous Isle workshops
www.joyousisle.com

Axminster Awareness
Centre
www.awarenesscentre.org.uk

Stoneseecker Tours
www.stoneseecker.net

Centre for Pure Sound
www.centreforpuresound.org

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Angelight
www.angelight.co.uk

Taunton Association for
Psychotherapy
www.taplimited.org.uk

Totnes WRG
Jeffrey Gale
01803 866349

Findhorn Foundation
www.findhorn.org

Dowsing Spirits
www.dowsingspirits.co.uk

www.theswa.org.uk

Aquarian Age Community
www.aquaac.org

Totnes Astrology Group
David 01803 867145

One Spirit Alliance
www.onespiritalliance.net

Crewkerne Awareness
anacolourastro.wordpress.com

Ryde PLG
Dana 07879 021521

Wellspring – Rode
Tel. Caroline 01373 831046

Network of Leyhunters
www.networkofleyhunters.com

Bath PL
bathpositiveliving.co.uk
Sian 0758 2111971

The Y files
www.meetup.com

Burnham on Sea
Pagan Group
Sue 07776306125

Fire in the Head
www.roselle-angwin.co.uk

EVENTS

Preston 7 Mar
Mysterious Earth Conference
www.megalithictours.com

Cornwall 7 Mar
Phoenix Pagan Conference
www.paganphoenixsw.com

Glastonbury 7 Mar
Butterfly Faery Ball
www.faeryevents.com

Taunton 14 Mar
Exploring Gender Diversity and
Bias in Therapeutic Settings
Annual Conference TAP
www.taplimited.org.uk

Bristol 20 Mar
Synchronicity
Mini Conference
www.bristoldowzers.co.uk

Brentford 21 Mar
Conference of the
Sauniere Society
www.sauniere-society.org

Worcester 21 Mar
Spring Symposium 2020
British Society of Dowzers
www.britishdowzers.org

Bristol 28 Mar
Bristol Holistic Festival
www.bristolholisticfestival.com

TALKS

Cheltenham 4 Mar
What Makes a Place
Sacred?
Peter Knight & Sue Wallace
Tel. 01249 823287

London 4 Mar
Ayahuasca and Other
Psychedelics as Portals
to the Paranormal
Daniel Pinchbeck
Tel. 0207 589 3292

Birmingham 4 Mar
Introduction to Meditation
Tel. 0208 523 3133

Glastonbury 4 Mar
Yoga and Spirituality
Julie Lovelock
Tel. 07747 897621

DEMG at Stapehill 5 Mar
Kinesiology. An Evening of
Alternative Healing
Alison Todd
Tel. Steve 01258 881008

London 5 Mar
Negative Entities in Machines
and Technology
Are Throesen
Tel. 0207 723 4400

Old Harlow 10 Mar
Introduction to Meditation
Tel. 0208 523 3133

Chulmleigh 10 Mar
Dowsing in the Garden
Kate Smart
Tel. 07395 145007

Rode 12 Mar
Cosmic Vision for the Heart
Sue Coulson
Tel. 01373 831046

London 13 Mar
the Mystery of Refreshing Sleep
Dr Peter Gruenewald
Tel. 0207 723 4400

Godalming 13 Mar
Albion Dreamtime
Re-enchanting the Isle
of Dragons
Sue Wallace & Peter Knight
Tel. 01252 541639

Totnes 13 Mar
Uranus
the Uranus Cycle
in Your Chart
David Matthews
Tel. 01803 867145

Bath 16 Mar
Bath Storytelling Circle
Tel. David 01225 482170

Woodshaw 16 Mar
Were there Giants on the Earth
Summer Bourne
wyperndowsing@gmx.com

Crewkerne 16 Mar
Introduction to Mindfulness
Rose White
collingridge1@sky.com

Bexley 18 Mar
Introduction to Meditation
Tel. 0208 523 3133

Bath PL 19 Mar
Resilience
When the Going Gets Tough
Paula Power
Tel. Nicky 07979 648695

London 20 Mar
the Shamanic Path
the Element of Fire
Jez Hughes
Tel. 0207 589 3292

Glastonbury 20 Mar
Earth Festival
Spring Equinox
Midday Meditation
Tel. 01458 831154

Burnham on Sea 22 Mar
Ostara Ritual
Tel. Sue 07776 306125

London 24 Mar
the Spirit of Gnosis
the Gnostic Gospel
of Mary Magdalene
David Lorimer
Tel. 0207 589 3292

Enfield 25 Mar
Introduction to Meditation
Tel. 0208 523 3133

Ruishton 26 Mar
Sound Journey
Madeleine Walker
Tel. 01458 250465

London 27 Mar
Conscious Embodiment
Aligning Your Body
for Energy Flow
Sven Carlson
Tel. 0207 589 3292

London RILKO 27 Mar
Albion Dreamtime
Re-enchanting the Isle
of Dragons
Sue Wallace & Peter Knight
Tel. 07956939852

North Hill 29 Mar
the Work of Fountain
International
Suzanne Thomas
Tel. 01566 774902

**WORKSHOPS &
COURSES**

London 1 Mar
Patterns of the Past
Going Back in Time
to go Forward
Denise Pia
Tel. 0207 589 3292

Glastonbury 1 Mar
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Stroud 3 Mar
Warm Data Lab
New Patterns
of Connection
Nora Bateson
Tel. 01453 759034

London 4 Mar
Sleeping Well with
Kundalini Yoga
Gemma Bliss
Tel. 0207 589 3292

Stroud 4 Mar
Climate Action Lab
Practical Steps to
Support a Thriving Planet
Mike Berners Lee
Tel. 01453 759034

Forres 7 Mar
Living Your Life Purpose
Susan Miles & Marja Kuijer
Tel. 01309 690311

London 7 Mar
Heartbeat Monthly
Drumming Collective
Olaf Nixon
Tel. 0207 589 3292

Forres 7 Mar
Time to Stop
the Gift of Retreat
Judith Bone
Tel. 01309 690311

Axminster 7 Mar
Magical Tools
Workshop
Claire Powell
Tel. 01297 32331

London 8 Mar
the Fundamentals of Psychic
Development Part 1
Sharry Clarke
Tel. 0207 589 3292

Axminster 8 Mar
Hawaiian Temple Healing
Claire Powell
Tel. 01297 32331

London 8 Mar
the Complete Sitting
Gary Wright
Tel. 0207 589 3292

South Petherton 8 Mar
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London 8 Mar
The Dark Nights of the Soul
David Nieuwejaers
Tel. 0207 563 9817

Eden Rise 9 Mar
Thrive in 5D
Chris Bourne
Tel. 01458 830443

London 10 Mar
Sacred Sounds Gong Bath
Olaf Nixon
Tel. 0207 589 3292

London 11 Mar
Shamanic Palm Reading
An Introduction
Itzhak Beery
Tel. 0207 589 3292

London 12 Mar
Crystals for Health and
Wellbeing
Valerie Pitts
Tel. 0207 589 3292

Glastonbury 13 Mar
Discover Chalice Well Essences
Tel. 01458 831154

Shaftesbury 14 Mar
Pure Sound Therapy
Practitioners Course
Dean Carter
Tel. Dean 01935 389655

Forres 14 Mar
Eldest Daughter Retreat
Lisette Schuitemaker
& Jayn Sterland
Tel. 01309 690311

Forest of Dean 14 Mar
Learn the Shamans Way
Mandy Pullen
Tel. 01594 541850

London 14 Mar
Grounding and Protection
Lucy Aumonier
Tel. 0207 589 3292

Stroud 15 Mar
Your Voice as a Gateway
into Presence
Chloe Goodchild
Tel. 01453 759034

London 15 Mar
Meditative Powers
of Sound and OM
Sonya Kumar
Tel. 0207 589 3292

London 15 Mar
the Essential Tools to
Communicate with Spirit and
the Higher Realms
Casey MacKey
Tel. 0207 589 3292

Shaftesbury 15 Mar
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Beaconsfield 15 Mar
Healing with Vocal Sound
James D' Angelo
Tel. 01494 813214

Forest of Dean 15 Mar
Advanced Eco Mapping
Healing with Nature
Mandy Pullen
Tel. 01594 541850

Chulmleigh 15 Mar
Spiritual Health and
the Elements
Sean Ferris
Tel. 07395 145007

Axminster 20 Mar
Spirit of Sacred Sage
Workshop and Ceremony
Adela Mei
Tel. 01297 32331

Edmondsham 21 Mar
SEVA Acupressure
Part 1 Self Care
Jackie May
Tel. 01202 885294

London 21 Mar
Numbers are Alive
How to Read People Places
and Things Using Numerology
Richard Abbott
Tel. 0207 589 3292

Edmondsham 21 Mar
SEVA Acupressure
Part 2 Working with Others
Jackie May
Tel. 01202 885294

London 21 Mar
the Shamanic Path Series
Working Around the Medicine
Wheel - the Element of Fire
Jez Hughes
Tel. 0207 589 3292

Erraid 21 Mar
Co-creation with
Nature Retreat
Craig Gibsone
Tel. 01309 690311

Langport 21 Mar
Foundation Dowsing Course
Matt French
Tel. 01458 250465

London 22 Mar
Spring Equinox
Gong Immersion
Olaf Nixon
Tel. 0207 589 3292

London 22 Mar
Feng Shui and Abundance
EJ Shaffert
Tel. 0207 589 3292

London 25 Mar
Learn How to Work with
Angels and Archangels
Liesel Duffy
Tel. 0207 589 3292

Wimborne 27 Mar
Yoga Retreat
Michelle Oliver
Tel. 01202 841 522

Oborne 29 Mar
Angels of Sound Playshop
Dean Carter
Tel. Dean 01935 389655

London 29 Mar
Crystals Heart Healing
Alchemy
Valerie Pitts
Tel. 0207 589 3292

Oborne 29 Mar
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London 31 Mar
Honouring the Awen
Gong Bath
Diana Vernon
Tel. 0207 589 3292

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 482170

Earthstars Sacred Space
www.earthenergynetwork.co.uk

www.body-spirit.co.uk

www.fire-in-the-head.co.uk

www.chalicewell.org.uk

Thames Valley Dowzers
www.thamesvalleydowzers.org.uk

www.libraryofavalon.org.uk

Glastonbury PLG
www.glastonburyplg.co.uk

www.positivelivinggroups.org.uk

www.theosophical-society.org.uk

www.fisu.org/en

www.faeryevents.com

www.openhandweb.org

www.stargaia.com

www.RILKO.net

www.Enneagram-uk.com

www.sacredconnections.co.uk

fifthdimensionalnetwork.net

www.networkoflight.org

www.megalithictours.com

www.gauntshouse.com

www.educationaid.net

www.collegeofpsychicstudies.co.uk

Wyvern dowzers
Bea Menier 01793 694943

www.energeticsolutions.co.uk

www.kabbalahcentres.com

www.caduceus.info

www.ihf.ac

newhumanitymovement.com

www.waverleydowzers.co.uk

www.tamar-dowzers.co.uk

www.devondowzers.org.uk

Society of Leyhunters

www.leyhunters.co.uk

World Peace Mission
Tel. 01736 362371

Glastonbury Pagan Moot
Tel. 07747 897621

Somerset Dowzers
www.somersetdowzers.co.uk

LIGHTWORKER GROUPS**Global Meditation Event**

1 Mar 9pm

www.networkoflight.org**New York 9 Mar**

Pisces Monday
Transforming Planetary
Consciousness Webinar
UN@aquaac.org

Axminster

Meditation Group
Tel. 01297 32331

Bath (Weds & Sundays)

Celtic Healing Circle
Tel. Jane 07533 383162

Axminster

(Wednesdays)
Buddhist Chanting
Mantra Group
Tel. 07779946444

Forest of Dean

Shamanic Sundays
Mandy Pullen
Tel. 01594 541850

London

Weekly Meditation Meeting
Tel. 0207 563 9817

Penzance (Tuesdays)

Kriya Yoga
Tel. 01736 362 371

Totnes (Fridays)

Astrology Group Meeting
Tel. 01803 867145

Bournemouth

(Alt Thursdays)
The Y Files
www.meetup.com

Axminster (Fridays)

Spiritual Awareness Group
Tel. 01460 221522

Poole (1st Sunday)

Dialogues of the Heart
Tara Divina Brown
Tel. 01202 604340

Wanstrow (alt Tues)

Lightworker Group
Tel. Marina 01373 465848

TRIPS, TOURS & VISITS**North Wales 14 Mar**

North Wales Ancient
Mystical Sites Tour
Megalithic Tours
Tel. 01772 728181

Wiltshire 15 Mar

Avebury by Torchlight
Stoneseeker Tours
Tel. 01249 823287

Bristol 19 Mar

St Edith's Well
Harmony Meditation
Tel. Rory 07748 734127

SW England 19 Mar

Avebury the Marlborough
Downs and Glastonbury
Megalithic Tours
Tel. 01772 728181

Usk Town 28 Mar

Usk River Pilgrimage
Tel. 0300 123 7723

Cornwall 28 Mar

Penwith Pop-up Moot
Society of Leyhunters
www.leyhunters.co.uk

Cognitive Questing Across Albion's Landscapes (continued)

The most profound and exciting discoveries have happened to us when we have stood at our personal frontiers. This could be venturing into a dark cave, or standing at the edge of a great height, such as at the top of a vertical waterfall. Sometimes it is as if a challenge has been laid down before us, fears we have to face: what will it feel like when we squeeze into a claustrophobic space, or crawl beneath a precariously balanced boulder? Is there any risk when we plunge into a river, or stand naked in the howling wind on an exposed granite ledge? Fears may also surface when standing out in wilderness in the dead of night. However, if we do, the all consuming shadows may open up to us, as the darkness becomes pregnant with potential, and fear is transformed into exhilaration. Such experiences weave a cord to link us to the land. This is to walk 'a road less travelled'.

Wellesley Tudor Pole said, 'Honour your holy places once more and let them and their unseen Guardians be remembered in your hearts and minds...' Two ways we do this honouring is by asking permission to enter a place, and giving thanks when we leave. This is important, for it is all about respect. Whenever we find litter we take it away with us; for whenever any of us do something positive to improve a situation, it is an act of loving service, a way of thanking the spirit of place. We did this when we recently walked to the summit of Snowdon. We picked up litter, before making a temporary altar on a rock, placing upon it personal effects to be blessed, including our Welsh dragon. Our renewed wonderment of Albion's natural places has expanded our hearts, to marvel at the miracle of life, seeing its bigger picture. We had set out to re-enchant, to somehow change the land, but have come to realise that it is the land that has enchanted and changed us. We have sensed the blessings and

love welling up from the Earth; there is no going back from such revelation.

The dross and nonsense of much of today's society is seen more and more as shallow and unsustainable. And we are not alone in our mission. Communities are reviving mumming plays, morris dancing, wassailing, May Day processions, as well as attending events promoting sustainable living, re-wilding and permaculture. Every year increasing numbers are attending solstice celebrations at Stonehenge, as we have done. There is also a groundswell to heal the world through political change and activism, witnessed by the growing interest in the Green Party, Greenpeace and the Extinction Rebellion. By fighting for the Earth, we develop a collective sensibility that reduces our abuse of people and nature. After all, we are not on planet Earth to see how many Facebook friends we can amass - **we are here to make a difference**. All this awareness acknowledges that Humanity's future depends on the Earth's wellbeing. William Blake sent us a rallying cry - 'Awake Albion, awake! And let us awake together'. Join us to stand exposed and vulnerable on the weathered edge, and gaze with ancient eyes across newly-perceived landscapes. We are all children of the Earth's Dreaming. Let us all become awakened dreamers, for Merlin sleeps within us all. Let us once again walk gently and mindfully across Albion, this holy land of dragons.

In Love and Grace, Sue and Pete

An Excerpt from the book *Albion Dreamtime. Re-enchanting the Isle of Dragons* www.stoneseeker.net

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss900@uwclub.net or log on to www.wessexresearchgroup.org