



# Wessex Research Group Network *Newsletter*

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April 2021

**A**pril 2021 beckons and with it Easter. Eastre (or Eostre) was known by the Saxons as the great mother goddess of the North. The Teutonic dawn goddess was known by many names including Ostara (meaning Spring), the festival of Eastre coinciding with the Spring Equinox; a time associated with rebirth and renewal.

The themes of rebirth, renewal and resurrection associated with Easter can also be found within the Christian, Sumerian and ancient Egyptian traditions as well as other within cultures based around the Mediterranean. These include Aphrodite (named Cytherea, Lady of Cythera) and Cypris (Lady of Cyprus), Ashtoreth from ancient Israel, Astarte from ancient Greece, Demeter from Mycenae and Ishtar from Assyria.

## ***Volunteering for the Children of Nepal (a bumpy ride to Kathmandu Part two)***

**By Lorna Heath**

My experience as a volunteer teaching Nepalese children English I discovered; was not just about helping them to grow, but was also about my own growth. It is a universal truth that the energy you give through service is sent back to you and despite challenges, one cannot go wrong with a positive attitude.

The little bunches of boys and girls age 8-11 I helped teach were energetic, fascinating and well mannered little beings. My newly acquired Tibetan singing bowl would silence and relax them quickly. They seemed to respond intuitively to it and I feel sure that all children world wide would have the same response to this type of sound (if only there was enough time to visit all these countries and volunteer to help teach them).

The city of Kirtipur where the host family live, is about five miles out of Kathmandu and the Mountain region. The surrounding blocks of flats and can be a glorious sight if the sun is right when up on the roof.



My friend who lives in the city has a house laid out like a shop full of Tibetan artefacts and musical instruments. He helps his dad who runs a charitable orphanage and care centre for children of all ages, who's parents died in the 2015 earthquake. Despite a lack of material resources (from school uniforms to PC's), the children were happy and grateful to be a part of a big family.

In contrast the children I taught went to the Mount Marigold school and had smart blue uniforms. The teachers were so friendly as was the head master. The ladies were generous with the spicy chai tea and always offered a tasty lunch each day. Sitting in the dinner hall eating and observing these little people chomping away was delightful.

My departure involved the whole school giving a singing send off in the playground with presents; good bye notes and clapping and cheers from everyone. The talents of these children were impressive, like the way they dance and sing and play Nepalese drums that echo round the playground ... just magic. It was an absolute honour being part of this beautiful school. FFI Lorna can be contacted through the Gift of Sound Facebook page.

### IN PERSON TALKS

14 April **London**  
the Bridge Between the Universal  
Spiritual and Human Constitution  
David Lowe  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

### IN PERSON WORKSHOPS

24 April **Glastonbury**  
the Template  
Sacred Geometry Workshop  
Claudie Planche  
[stargaia.com](http://stargaia.com)

24 April **Avebury**  
Earth Healing and Dragons  
Workshop  
Peter knight & Sue Wallace  
[stoneseeker.net](http://stoneseeker.net)

### IN PERSON TOURS

10 April **Lancashire**  
Lancashire History and Mystery Day  
Megalithic Tours  
[megalithictours.com](http://megalithictours.com)

12 April **Cumbria**  
Lake District North  
Mystical Sites Tour  
Megalithic Tours  
[megalithictours.com](http://megalithictours.com)

24 April **Cumbria**  
Lake District South  
Mystical Sites Tour  
Megalithic Tours  
[megalithictours.com](http://megalithictours.com)

### ON-LINE SUMMIT

10 April  
Galileo Commission Summit II  
Expanding Science.  
Visions of a Post-materialist  
Paradigm  
[scientificandmedicalnetwork.net](http://scientificandmedicalnetwork.net)

### ON-LINE TALKS

1 April  
Holy Week  
The Ground We Walk On  
Eric Klein  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

1 April  
Midweek Meditations  
Geoffrey Beitz  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

2 April  
Holy Week  
Envisioning Good Friday  
Cheryl Martine & Marijo Rogers  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

4 April  
Soundbath  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

4 April  
LGBTQ Introduction to Meditation  
[FISU.org](http://FISU.org)

6 April  
Introduction to Meditation  
[FISU.org](http://FISU.org)

7 April  
A Quest for Wisdom  
David Lorimer  
[scientificandmedicalnetwork.net](http://scientificandmedicalnetwork.net)

9 April  
Jesus, Disciples, Mary Magdalene,  
Crucifixion, Resurrection  
Totnes Astrology Group  
Tel. 01803 867145  
[dave@starlynx.plus.com](mailto:dave@starlynx.plus.com)

9 April  
Messages from the  
Animal Spirit Realm  
Scott Alexander King  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

10 April  
Goethean Psychology  
Graham Kennish  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

11 April  
Soundbath  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

11 April  
the Myth of Death  
Tim Wyatt  
[theosophicalsociety.org.uk](http://theosophicalsociety.org.uk)

11 April  
LGBTQ Introduction to Meditation  
[FISU.org](http://FISU.org)

14 April  
Introduction to Meditation  
[FISU.org](http://FISU.org)

15 April  
Midweek Meditations  
Geoffrey Beitz  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

15 April  
Ancient Celtic Healing  
Jane Jackson  
[bathpositiveliving.co.uk](http://bathpositiveliving.co.uk)

16 April  
Carl Jung and the Paranormal  
Vivianne Crowley  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

17 April  
Introduction to Meditation  
[FISU.org](http://FISU.org)

18 April  
the Mystery of the Cross of Light  
David Nieuwejaers  
[theosophicalsociety.org.uk](http://theosophicalsociety.org.uk)

18 April  
Soundbath  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

22 April  
Introduction to Meditation  
[FISU.org](http://FISU.org)

22 April  
Midweek Meditations  
Geoffrey Beitz  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

24 April  
the Great Rethink  
Colin Tudge  
[scientificandmedicalnetwork.net](http://scientificandmedicalnetwork.net)

25 April  
Soundbath  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

26 April  
Taurus / Wesak  
Meditation Transforming Planetary  
Consciousness Webinar  
[aquaac.org](http://aquaac.org)

27 April  
Introduction to Meditation  
[FISU.org](http://FISU.org)

### SHARED ON-LINE TALKS

11 April  
the Work of Fountain International  
Suzanne Thomas  
[devondowers.org.uk](http://devondowers.org.uk)

[tamar-dowers.org](http://tamar-dowers.org)  
[thamesvalleydowers.org.uk](http://thamesvalleydowers.org.uk)

25 April  
Get Healthy into Dowsing  
Susan Collins  
[devondowsers.org.uk](http://devondowsers.org.uk)

[tamar-dowsers.org](http://tamar-dowsers.org)

[thamesvalleydowsers.org.uk](http://thamesvalleydowsers.org.uk)

#### ON-LINE WORKSHOPS

3 April  
Angels of Sound Online  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

5 April  
Wild Ways to Writing  
A Mentoring Journey into Deeper  
Nature Connection  
Helen Moore  
[hawwoodcollege.co.uk](http://hawwoodcollege.co.uk)

5 April  
Quantum Shift Retreat  
Chris Bourne  
[www.openhandweb.org](http://www.openhandweb.org)

5 April  
Speak to Change the World  
John Paul Flintoff  
[hawwoodcollege.co.uk](http://hawwoodcollege.co.uk)

7 April  
Conscious Connections with Nature  
Explore the Infinite Potential of  
Human Kinship with Nature  
Kate Dineen  
[hawwoodcollege.co.uk](http://hawwoodcollege.co.uk)

10 April  
Essential Tools for  
Communicating with Spirit  
Casey Mackey  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

10 April  
A&P for Healers Part 4  
Doe Warnes  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

10 April  
Angels of Sound Online  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

11 April  
Shamanic Sundays  
Mandy Pullen  
[ecoshamanism.org.uk](http://ecoshamanism.org.uk)

11 April  
Soul Power  
Daniel Pitt  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

12 April  
the Psychic Workout  
Maria Antoniou  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

12 April  
Dreaming Practice Group  
Mandy Pullen  
[ecoshamanism.org.uk](http://ecoshamanism.org.uk)

12 April  
the Magic of Mind Management  
Terry Ellston  
[hawwoodcollege.co.uk](http://hawwoodcollege.co.uk)

13 April  
Shamanic Sundays  
Mandy Pullen  
[ecoshamanism.org.uk](http://ecoshamanism.org.uk)

13 April  
the Mediumistic Workout  
Maria Antoniou  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

14 April  
the Guide Workout  
Maria Antoniou  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

14 April  
Resilience and Self Care  
A Workshop on  
Goethean Psychology  
Graham Kennish  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

17 April  
Discover Your Psychic and  
Mediumship Powers  
Denise Pia  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

17 April  
Angels of Sound Online  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

17 April  
Arcturian Higher Dimensional  
Healing for our Beautiful Planet  
Carol Nayach  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

21 April  
Poetry Nature and Mindfulness  
Writing the Bright Moment  
Roselle Angwin  
[roselle-angwin.co.uk](http://roselle-angwin.co.uk)

24 April  
Memories & Messages: Explore  
Spirit Art and Psychic Drawing  
June Elleni Laine  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

24 April  
Finding Stillness through Meditation  
Geoffrey Beitz  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

24 April  
Journey Intensive  
Brandon Bays &  
Arnold Timmerman  
[www.thejourney.com](http://www.thejourney.com)

24 April  
Angels of Sound Online  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

25 April  
Altered States of Awareness  
Daniel Pitt  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

25 April  
Journey with Archangel Gabriel  
Swami Aliananda  
[kriyayoga.org.uk](http://kriyayoga.org.uk)

27 April  
Plant Circle  
Mandy Pullen  
[ecoshamanism.org.uk](http://ecoshamanism.org.uk)

## ***A-Z of the Esoteric Being.***

***Djinn (or Jinnee) -***  
The powers of the psyche  
which at first appear dark and  
menacing because  
unconscious; but are  
transformed when bought  
under conscious control.

***Dragon -***  
The life force or mother  
complex. The essence of  
nature that manifests itself in  
the four elements; the  
underlying invisible force that  
flies, devours and creates.

*To promote an event or submit  
a contribution to the newsletter  
email Robert at  
robertmulliss900@uwclub.net  
or log on to  
www.wessexresearchgroup.org*