



# Wessex Research Group Network *Newsletter*

VOLUME 16, ISSUE 12

December 2021

**D**ecember 2021 is upon us and with it Christmas and the Winter Solstice.

The Winter Solstice marks the shortest day in the Northern Hemisphere and the start of the astronomical winter. It is a time of rest and reflection in readiness for longer days ahead and increased levels of activity. Solstice traditions can involve the burning of logs and the lighting of lanterns in the hope and belief that the sun will return.

## ***The Significance of Christmas (the Mass of the Christ)***

**By Alan Lam**

The Christmas story (the mass of the Christ) demonstrates one great and fundamental principle; the relationship between humanity and the higher planes of creative thinking. As we all know the Christmas story centres on the human birth of a great being around 2,000 years ago. In order for the birth to be achieved there had to be a union between the invisible (the higher planes of creative spirit) and the visible (the physical world); the union of spiritual ideas onto a physical human plane; the invocation and evocation of two forces leading to the grounding of a higher (Christ) impulse in mass.

This portrayal of the Christmas story is forgotten, lost or rejected by many now living on the human plane of life, who would prefer to live in a world of their own material creativity. They believe that they are the masters of form and time, creating and having what they will, based on their personality.

Despite the pressure, turmoil, chaos and conflict present in an uncertain world, we do not have to follow such a material and somewhat selfish path. We do not have to be part of what will ultimately prove to be an illusion.

It should also be noted that a saviour like figure will not come and save us. He or she will not just come to us because of the changing of the ages. We are tasked with the evolution of our own consciousness into love, peace, selflessness and compassion.



Understanding that we must invoke spiritual impulse and ground it into our lives on the plane of Earth requires commitment on our part. Opportunities for growth are there for all. We can be guided and protected to create in higher way, if we are prepared to re-orientate ourselves on to a new path forward.

This Christmas bear witness to the divinity within ourselves and recognise that union with higher invisible planes, understanding that we are not alone. We are not created in our own material image but are beings created in the likeness of a greater creator being. We can be touched and invoke this higher energy and be the living embodiment of the Christ consciousness. Through invocation we can evoke and attract divinity into our lives.

Celebrate Christmas as a recognition of that moment when the creative impulse of light committed itself to humanity, when a part of it was sacrificed to show us a way forward. Be renewed in that energy that poured down to the Earth from higher planes over 2000 years ago to ground the divine aspects, influence all humanity and set the energetic template for the times we now find ourselves in.

## IN PERSON TALKS

1 Dec **London**  
the Philosophy of Freedom  
Trevor Dance  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

1 Dec **Bexley**  
Introduction to Meditation  
[FISU.org](http://FISU.org)

1 Dec **London**  
From Crystals to Crocodiles  
Margitta Ogundare & Dagnar Steffelbauer  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

1 Dec **London**  
Materialism and the Task of Anthroposophy  
David Lowe  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

2 Dec **Stapehill**  
Apollo 11 the Inside Story  
David Whitehouse  
[dorsetmysteries.org](http://dorsetmysteries.org)

2 Dec **London**  
Reading to the Dead  
Staying Connected  
Iaia Chiesa  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

2 Dec **Peterborough**  
Introduction to Meditation  
[FISU.org](http://FISU.org)

3 Dec **London**  
Festive Fridays at the College  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

3 Dec **London**  
Raphael in his Formative Years  
David Lowe  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

6 Dec **London**  
How to Know Higher Worlds  
Dr Sue Peat  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

7 Dec **Basildon**  
Introduction to Meditation  
[FISU.org](http://FISU.org)

10 Dec **London**  
Festive Fridays at the College  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

10 Dec **London**  
Anthroposophic Medicine & Therapy  
Hazel Adams & Dr Frank Mulder  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

12 Dec **Ashburton**  
Feng Shui  
Anu Warmelo  
[devondowsers.org.uk](http://devondowsers.org.uk)

13 Dec **Bracknell**  
Introduction to Meditation  
[FISU.org](http://FISU.org)

14 Dec **London**  
Initiation Eternity and the Passing Moment  
Brendan McQuillan  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

15 Dec **London**  
Themed Conversations  
Buddha and the Nativity  
David Lowe  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

16 Dec **Peterborough**  
Introduction to Meditation  
[FISU.org](http://FISU.org)

17 Dec **London**  
Festive Fridays at the College  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

17 Dec **Bristol**  
Meeting of the Bristol Dowers  
[bristoldowsers.co.uk](http://bristoldowsers.co.uk)

## IN PERSON WORKSHOPS

4 Dec **Erraid**  
Love in Action Retreat  
[findhorn.org](http://findhorn.org)

5 Dec **Stour Row**  
Divine union Soundbath  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

19 Dec **Glastonbury**  
Divine Union Soundbath  
Dean Carter  
[centreforpuresound.org](http://centreforpuresound.org)

28 Dec **Erraid**  
New Year Retreat  
[findhorn.org](http://findhorn.org)

## IN PERSON WALKS & TOURS

19 Dec **West Kennet**  
Midwinter Solstice Shamanic Gathering  
Peter Knight  
[stoneseeker.net](http://stoneseeker.net)

20 Dec **Cumbria**  
Winter Solstice Sunrise  
Castlerigg Stone Circle  
[megalithictours.com](http://megalithictours.com)

30 Dec **North Wales**  
New Year in Llandudno  
[megalithictours.com](http://megalithictours.com)

## ON-LINE TALKS

1 Dec  
Resilience and Self Care with Goethean Psychology  
Graham Kennish  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

2 Dec  
An Evening of Mediumship with Q & A  
Anthony Kesner  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

2 Dec  
Meeting of Glastonbury Pagan Moot  
[glastonburymoot.catnip.uk](http://glastonburymoot.catnip.uk)

2 Dec  
Midweek Meditations  
Geoffrey Beitz  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

3 Dec  
Intuition in Advent  
Art Through the Ages  
Peter van Breda  
[rsh.anth.org.uk](http://rsh.anth.org.uk)

5 Dec  
Flower Essences  
Dr Andrew Tressider  
[tamar-dowsers.org](http://tamar-dowsers.org)

5 Dec  
Beauty Truth and the Spiritual Quest  
Patrizia Calvi  
[theosophicalsociety.org.uk](http://theosophicalsociety.org.uk)

5 Dec  
Inner Listening  
Connecting with and Honouring Our Inner Wisdom / Teacher  
[findhorn.org](http://findhorn.org)

7 Dec  
the Art of Madge Gill  
Myrinerest, Marconi and Mars  
Vivienne Roberts  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

9 Dec  
Midweek Meditations  
Geoffrey Beitz  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

13 Dec

Making Space and Time for Survival

Prof Bernard Carr

[scientificandmedicalnetwork.net](http://scientificandmedicalnetwork.net)

14 Dec

I am Yoga Nidra

Improve Your Performance

Overnight

Grainne McAnallen

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

16 Dec

Midweek Meditations

Geoffrey Beitz

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

18 Dec

Sagittarius

Meditation Transforming Planetary

Consciousness Webinar

[aquaac.org](http://aquaac.org)

19 Dec

Hidden Wisdom in the

Christmas Story

Michael van Buren Schele

[theosophicalsociety.org.uk](http://theosophicalsociety.org.uk)

20 Dec

How to Know Higher Worlds

Dr Sue Peat

[rsh.anth.org.uk](http://rsh.anth.org.uk)

24 Dec

Aspects and Phenomena of 2022

Totnes Astrology Group

Tel. 01803 867145

[dave@starlynx.plus.com](mailto:dave@starlynx.plus.com)

30 Dec

Midweek Meditations

Geoffrey Beitz

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

#### SHARED ON-LINE TALKS

19 Dec

Rose Alchemy

Sandy Humby

[devondowers.org.uk](http://devondowers.org.uk)

[tamar-dowers.org](http://tamar-dowers.org)

[thamesvalleydowers.org.uk](http://thamesvalleydowers.org.uk)

#### ON-LINE WORKSHOPS

2 Dec

Writing Our Way to Winter Solstice

Mary Reynolds Thompson

[hawthorncollege.co.uk](http://hawthorncollege.co.uk)

3 Dec

Healing the Faery Accord

Reconciling the Worlds of

Humans and Nature

Caitlin Matthews John ,Matthews

& Will Kinghan

[hawthorncollege.co.uk](http://hawthorncollege.co.uk)

4 Dec

Manifestations and Meditations

From Dreams to Reality

Casey Mackey

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

4 Dec

Psychic Mediumship

What Wavelength are You On?

Anastasia DeQuincy

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

5 Dec

the Psychic Language of Colour

Daniel Pitt

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

5 Dec

Shamanic Sundays

Mandy Pullen

[ecoshamanism.org.uk](http://ecoshamanism.org.uk)

5 Dec

SEVA for Stress Release

Guided Session

Jackie May

[joyousisle.com](http://joyousisle.com)

5 Dec

Healing Anxiety

Evette Rose

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

6 Dec

NLP Study group

Jackie May

[joyousisle.com](http://joyousisle.com)

8 Dec

Try Your Hand at Portraits with

Spiritual Mediumship

June-Ellen Laine

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

10 Dec

Conscious Abundance Retreat

Brandon Bays & Arnold Timmerman

[thejourney.com](http://thejourney.com)

11 Dec

Ancestral Wounding and Healing

Jen Hughes

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

11 Dec

Being Soul Strong

An Introduction

Richard Abbot

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

11 Dec

Ascension Exchanges

Chris Bourne

[openhandweb.org](http://openhandweb.org)

11 Dec

Meet Your Spirit Guides

Yamile Yemoonyah

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

12 Dec

Feel the Love of Jesus Christ

A Guided Journey

Swami Aliananda Paramahansa

[worldpeacemission.com](http://worldpeacemission.com)

13 Dec

Dreaming Practice Group

Mandy Pullen

[ecoshamanism.org.uk](http://ecoshamanism.org.uk)

19 Dec

Predicting With Tarot

How to See Upcoming Influences in

the Cards

Avril Price

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

19 Dec

Light in the Dark

Gerrie March

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

21 Dec

Bringing in the Light

A Winter Solstice

Healing Ceremony

Susan Gash

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

21 Dec

the Rebirth of Mediumship

Winter Solstice Special

Hernan Cotroneo

[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

22 Dec

the 12 Days and Nights

of Christmas

Mandy Pullen

[ecoshamanism.org.uk](http://ecoshamanism.org.uk)

To promote an event or submit  
a contribution to the  
newsletter email Robert at  
[robertmulliss900@icloud.com](mailto:robertmulliss900@icloud.com)  
or log on to  
[www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)