



Wessex Research Group Network *Newsletter*

VOLUME 16, ISSUE 5

May 2021

May 2021. May is the month synonymous with the celebration of Beltane; the Celtic May Day and Pentecost (Whitsunday) the recognised birth of the Christian church. International Dowsing Day falls on the 8th; a day for the global celebration of dowsing.

Holistic and Spiritual Approaches to Life - Similarities and Differences

By Anton Mebley

The word “holistic” nowadays is mainly used in relation to health and ecology but in terms of evolution, a fundamental principle of the universe is the creation of “wholes” - complete and self contained systems from the atom to the most complex forms of life. On the physical level our bodies contain a series of holistic structures encompassed in a greater whole; a body directed by the brain and mind.

Holistic structures are not confined to biology. All stable complex structures display holistic organisation irrespective of whether they are living organisms, social systems or systems of thought. The thoughts of most people embrace several holistic patterns of self contained thinking. Some of these patterns of thinking can be contradictory to others.

A holistic approach is one based on a perceived whole within which each part serves the ends of the whole. A characteristic of any whole is that it has boundaries for without boundaries how can it be whole.

The word “spiritual” is of ancient origin and has acquired many meanings. A spiritual approach is one that identifies with all encompassing, ever expanding creative consciousness. Within it is all; no separations, no limitations, no value judgements other than those that foster the development of life and the awareness of all that exists.



A spiritual approach includes all those that cannot distinguish between the spiritual and the holistic. These are people living within a world view that they believe is whole. They see other people living in world views different from that of their own and because of that difference, they place these people outside of their self imposed boundaries. Characteristically the holders of limited holistic concepts describe themselves and their system of thought in the most flattering language, ascribing to themselves all that is good and true. This leaves them with at best words of tolerance and at worst words of enmity for those outside their bounded whole.

Holistic leaders are not uncommon. Some have no difficulty in finding among their followers people who can be convinced that they serve their holistic view best by the destruction of those who don't share it.

True spiritual leaders are rare, their task fraught with utmost difficulty, for it is that of widening the awareness of individuals beyond the confines of holistic view. This involves a radical unravelling of habits and ways of thinking previously regarded as immutable, yet it is a task in which we all can share, by making effort to discern within ourselves whether our actions originate within the limitation of holistic thought. By changing these actions we can play a part in the awakening of the planet.

IN PERSON EVENTS

2 May **North Chingford**
Introduction to Meditation
FISU.org

6 May **London**
Reading to the Dead
Staying Connected
Iaia Chiesa
rsh.anth.org.uk

8 May **Isle of Erraid**
Erraid Retreat Week
findhorn.org

11 May **North Chingford**
Introduction to Meditation
FISU.org

23 May **South Petherton**
Soundbath
Dean Carter
01935 389655

23 May **Bracknell**
Introduction to Meditation
FISU.org

29 May **Oborne**
White Tara Healing
Dean Carter
01935 389655

29 May **Glastonbury**
the Template
Sacred Geometry Workshop
Claudie Planche
stargaia.com

30 May **Oborne**
Divine Union Soundbath
Dean Carter
01935 389655

IN PERSON WALKS & TOURS

1 May **Dorset**
Cerne Abbas Giant and Holy Well
Peter Knight
stoneseeker.net

8 May **Derbyshire**
Henges and Stone Circles
Megalithic Tours
megalithictours.com

22 May **Anglesey**
Mystical Isle of Anglesey
Megalithic Tours
megalithictours.com

23 May **Forest of Dean**
Shamanic Cave Gathering
Peter Knight
stoneseeker.net

30 May **Scotland**
Highlands and Islands
Megalithic Tours
megalithictours.com

ON-LINE CONFERENCES

8 May
Megalithomania 2021
megalithomania.co.uk

10 May
Regenerative Confluence
Professional and Personal
Regeneration
hawkeoodcollege.co.uk

ON-LINE TALKS

1 May
A Call to Unite
Voices of Hope and Awakening
Dr Tim Shriver
scientificandmedicalnetwork.net

2 May
Intuition
Vic Hao Chin
theosophicalsociety.org.uk

2 May
Soundbath
Dean Carter
centreforpuresound.org

3 May
Hatha Yoga
Sally
yogaindorset.com

4 May
Introduction to Meditation
FISU.org

4 May
Conversations that Matter
Lessons from Nepal
Resilience and Hope in the High
Himalayas
Zara Balfour & Phil Briggs
hawkeoodcollege.co.uk

5 May
Gothean Psychology
followed by Conversation
Graham Kennish
rsh.anth.org.uk

6 May
Midweek Meditations
Geoffrey Beitz
collegeofpsychicstudies.co.uk

6 May
Shaolin Cosmos Qigong
Sifu James Lawrence
hawkeoodcollege.co.uk

7 May
Living the New Normal
Sue Peat
rsh.anth.org.uk

7 May
the 12 Signs Aires to Pisces
Totnes Astrology Group
Tel. 01803 867145
dave@starlynx.plus.com

9 May
LGBTQ Introduction to Meditation
FISU.org

9 May
Sentient Nature and its
Hidden Wonders
Petra Meyer
theosophicalsociety.org.uk

9 May
Soundbath
Dean Carter
centreforpuresound.org

10 May
Introduction to Meditation
FISU.org

13 May
Midweek Meditations
Geoffrey Beitz
collegeofpsychicstudies.co.uk

15 May
Clinical Acupressure 1
Jackie May
joyousisle.com

16 May
Theosophical Resilience
in Troubled Times
Kurt Leland
theosophicalsociety.org.uk

16 May
Soundbath
Dean Carter
centreforpuresound.org

17 May
the Frankenstein Prophecies
Prof. Robert Romanyshyn
scientificandmedicalnetwork.net

17 May
Introduction to Meditation
FISU.org

19 May
Meditations and Mantras
for Healing
Gemma Bliss
collegeofpsychicstudies.co.uk

20 May
Money with Heart
Caroline Sherrard
bathpositiveliving.co.uk

20 May
Midweek Meditations
Geoffrey Beitz
collegeofpsychicstudies.co.uk

21 May
An Evening of Mediumship
Anthony Kesner
collegeofpsychicstudies.co.uk

23 May
the Paradox of Monotheism
David Nieuwejaers
theosophicalsociety.org.uk

23 May
Introduction to Meditation
FISU.org

25 May
Gemini / Christ Festival
Meditation Transforming Planetary
Consciousness Webinar
aquaac.org

27 May
Midweek Meditations
Geoffrey Beitz
collegeofpsychicstudies.co.uk

28 May
Crossing the Threshold
Consciously or Unconsciously?
Dr James Dyson
rsh.anth.org.uk

30 May
Journey of Self Transformation
David Nieuwejaers
theosophicalsociety.org.uk

SHARED ON-LINE TALKS

2 May
Sacred Landscape of Dartmoor
Emma Cunis
devondowers.org.uk

tamar-dowers.org
thamesvalleydowers.org.uk

9 May
Tips, Tricks and Tools for
Health Dowsing
Sean Ferris

tamar-dowers.org
thamesvalleydowers.org.uk

23 May
Earth Energies at Stone Circles and
their Manifestation
Maria Wheatley
devondowers.org.uk

tamar-dowers.org
thamesvalleydowers.org.uk

ON-LINE WORKSHOPS

4 May
Advanced Nature Writing
Stephen Moss
hawwoodcollege.co.uk

8 May
A Psychic Mediumship Storyboard
Strategy and Structure
Anastasia DeQuincy
collegeofpsychicstudies.co.uk

8 May
Learn Kriya Yoga
Swami Aliananda
kriyayoga.org.uk

9 May
A&P for Healers Part 5
Doe Warnes
collegeofpsychicstudies.co.uk

9 May
Shamanic Sundays
Mandy Pullen
ecoshamanism.org.uk

9 May
Breathwork to Explore the
Subconscious
Sven Carlson
collegeofpsychicstudies.co.uk

9 May
Holding Space with Spirit
Daniel Pitt
collegeofpsychicstudies.co.uk

10 May
Dreaming Practice Group
Mandy Pullen
ecoshamanism.org.uk

10 May
Qi Gong Membership
Chris Taylor
hawwoodcollege.co.uk

10 May
Poetry Imagination and the
Ensouled Life
Roselle Angwin
roselle-angwin.co.uk

12 May
Trance Channelling Masterclass
and Mini Trance Demonstration
Tony Stockwell
collegeofpsychicstudies.co.uk

14 May
Conscious Abundance
Brandon Bays &
Arnold Timmerman
www.thejourney.com

15 May
Types of Energy
Puma Quispe
collegeofpsychicstudies.co.uk

15 May
How to Revolutionise
the Materialist Paradigm
Panel Discussion
scientificandmedicalnetwork.net

23 May
Life Transformation
Brandon Bays
www.thejourney.com

25 May
Plant Circles Group
Mandy Pullen
ecoshamanism.org.uk

29 May
Andean Cosmovision
Puma Quispe
collegeofpsychicstudies.co.uk

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss900@icloud.com
or log on to www.wessexresearchgroup.org

Book Review: Heal Your Home 2. The Next Level.

**By Adrian Incledon
Webber**



It is important, with any book written on healing, that you not only know what is ailing you but also how to carry out the necessary remedial work. This new book, a follow up to *Heal Your Home*, does just that.

The book describes, in great detail, how and why we are affected, by what is commonly known, as Geopathic Stress. It includes a checklist of over 50 subjects covers such things as lost souls, the many differing forms of energy lines, detrimental water veins, curse and spells, attachments, illness trigger points and much, much more.

There are detailed descriptions of each problem as well as a further series of questions to work through giving you a full picture of how and why you and your family are adversely affected by these noxious vibrational energies.

Then, and most importantly, there is an in-depth healing section describing how to carry out the remedial work yourself, not only on your home but also your family. As one reader of Adrian's first book commented 'The secrets of house healing are finally revealed'.

The book is written, (as is the first book *Heal Your Home*), in an easy to read and down to earth way. It opens up a world that is unknown to many people, and hopefully helps them to understand that mainstream medicine does not hold all of the answers and that we, sometimes, need to look beyond pills and potions, for a possible cure, to an unseen vibrational world that could be the culprit.

Geopathic stress affects us in many different ways, 'Walking through treacle' is how many people describe the affects, insomnia, night terrors, various day to day ailments, detrimental spirits in your home causing you to feel ill at ease, adversely reacting to emotions left by previous owners of your home, constant arguments and conflict and much more.

Working through the exercises in the book should help you to clear your family and home of these

detrimental energies, to allow the house to flow in a beneficial way especially if it has recently been extended or refurbished, to help the family as individuals feel more settled.

To make the house your own.

Signed copies of Adrian's book (available in either hardback or paperback) are available from: www.dowsingspirits.co.uk/store or from Amazon and Kindle.

Beltane.

By Ben Smith

Beltane the Celtic May Day falls on 1st May and begins with the rise of the moon on the evening of 30th April. It marks the beginning of the third quarter or second half of the ancient Celtic year and is one of the eight great festivals that form the wheel of the year.

An ancient fertility festival Beltane is associated with the first turning of the herds out to wild pastures, fertility rites (circling the May Pole), good luck (jumping the Beltane fire) and handfastings (pagan marriages).

It is a time of union between the Goddess and the God, the masculine and feminine energies found in creation. The flowers and greenery symbolise the Goddess and the Maypole represents the God. At Beltane the young God has blossomed into manhood, and the Goddess takes him on as her lover and through their union, all life begins.

Fires are an important part of Beltane, the fires kindled with Birch twigs. The Festival is associated with the Celtic God, Bel (also known as Belenus and Balor). Bel is a God of light, fire and the Sun. Cattle would be driven through the ashes or between two fires to ensure a good milk yield. To ensure fertility for the coming year a giant man of wood and straw was constructed. This huge wicker structure was then filled with offerings to the Gods, and set ablaze.

Other rituals include the placing of flowers in doorways and windows or the fastening of flowers on to cows, the decoration of the May bush with ribbons and garlands, the cooking of Oatmeal cake on a bonfire and the visiting of holy wells. More recently people have made Beltane altars in their homes or in the outdoor spaces to celebrate the event.