

# Wessex Research Group Network

# Newsletter

VOLUME 16, ISSUE 5

May 2021

ay 2021. May is the month synonymous with the celebration of Beltane; the Celtic May Day and Pentecost (Whitsunday) the recognised birth of the Christian church. International Dowsing Day falls on the 8th; a day for the global celebration of dowsing.

# Holistic and Spiritual Approaches to Life - Similarities and Differences

# By Anton Mebley

The word "holistic" nowadays is mainly used in relation to health and ecology but in terms of evolution, a fundamental principle of the universe is the creation of "wholes" - complete and self contained systems from the atom to the most complex forms of life. On the physical level our bodies contain a series of holistic structures encompassed in a greater whole; a body directed by the brain and mind.

Holistic structures are not confined to biology. All stable complex structures display holistic organisation irrespective of whether they are living organisms, social systems or systems of thought. The thoughts of most people embrace several holistic patterns of self contained thinking. Some of these patterns of thinking can be contradictory to others.

A holistic approach is one based on a perceived whole within which each part serves the ends of the whole. A characteristic of any whole is that it has boundaries for without boundaries how can it be whole.

The word "spiritual" is of ancient origin and has acquired many meanings. A spiritual approach is one that identifies with all encompassing, ever expanding creative consciousness. Within it is all; no separations, no limitations, no value judgements other than those that foster the development of life and the awareness of all that exists.



A spiritual approach includes all those that cannot distinguish between the spiritual and the holistic. These are people living within a world view that they believe is whole. They see other people living in world views different from that of their own and because of that difference, they place these people outside of their self imposed boundaries. Characteristically the holders of limited holistic concepts describe themselves and their system of thought in the most flattering language, ascribing to themselves all that is good and true. This leaves them with at best words of tolerance and at worst words of enmity for those outside their bounded whole.

Holistic leaders are not uncommon. Some have no difficulty in finding among their followers people who can be convinced that they serve their holistic view best by the destruction of those who don't share it.

True spiritual leaders are rare, their task fraught with utmost difficulty, for it is that of widening the awareness of individuals beyond the confines of holistic view. This involves a radical unravelling of habits and ways of thinking previously regarded as immutable, yet it is a task in which we all can share, by making effort to discern within ourselves whether our actions originate within the limitation of holistic thought. By changing these actions we can play a part in the awakening of the planet.

#### **IN PERSON EVENTS**

2 May North Chingford

Introduction to Meditation

FISU.org

6 May London

Reading to the Dead

Staying Connected

Iaia Chiesa

rsh.anth.org.uk

8 May Isle of Erraid

**Erraid Retreat Week** 

findhorn.org

11 May North Chingford

Introduction to Meditation

FISU.org

23 May South Petherton

Soundbath

Dean Carter

01935 389655

23 May Bracknell

Introduction to Meditation

FISU.org

29 May Oborne

White Tara Healing

Dean Carter

01935 389655

29 May Glastonbury

the Template

Sacred Geometry Workshop

Claudie Planche

stargaia.com

30 May Oborne

Divine Union Soundbath

Dean Carter

01935 389655

#### **IN PERSON WALKS & TOURS**

1 May Dorset

Cerne Abbas Giant and Holy Well

Peter Knight

stoneseeker.net

8 May Derbyshire

Henges and Stone Circles

Megalithic Tours

 $\underline{megalithic tours.com}$ 

22 May Anglesey

Mystical Isle of Anglesey

**Megalithic Tours** 

megalithictours.com

23 May Forest of Dean

**Shamanic Cave Gathering** 

Peter Knight

stoneseeker.net

30 May Scotland

Highlands and Islands

Megalithic Tours

megalithictours.com

#### **ON-LINE CONFERENCES**

8 May

Megalithomania 2021

megalithomania.co.uk

10 May

Regenerative Confluence

Professional and Personal

Regeneration

hawkwoodcollege.co.uk

### **ON-LINE TALKS**

1 May

A Call to Unite

Voices of Hope and Awakening

Dr Tim Shriver

scientificandmedicalnetwork.net

2 May

Intuition

Vic Hao Chin

theosophicalsociety.org.uk

2 May

Soundbath

Dean Carter

centreforpuresound.org

3 May

Hatha Yoga

Sally

yogaindorset.com

4 May

Introduction to Meditation

FISU.org

4 May

Conversations that Matter

Lessons from Nepal

Resilience and Hope in the High

Himalayas

Zara Balfour & Phil Briggs

hawkwoodcollege.co.uk

5 May

Gothean Psychology

followed by Conversation

Graham Kennish

rsh.anth.org.uk

6 May

Midweek Meditations

**Geoffrey Beitz** 

collegeofpsychicstudies.co.uk

6 May

Shaolin Cosmos Qigong

Sifu James Lawrence

hawkwoodcollege.co.uk

7 May

Living the New Normal

Sue Peat

rsh.anth.org.uk

7 May

the 12 Signs Aires to Pisces

**Totnes Astrology Group** 

Tel. 01803 867145

dave@starlynx.plus.com

9 May

LGBTQ Introduction to Meditation

FISU.org

9 May

Sentient Nature and its

**Hidden Wonders** 

Petra Meyer

theosophicalsociety.org.uk

9 May

Soundbath

Dean Carter

centreforpuresound.org

10 Mav

Introduction to Meditation

FISU.org

13 May

Midweek Meditations

Geoffrey Beitz

collegeofpsychicstudies.co.uk

15 May

Clinical Acupressure 1

Jackie May

joyousisle.com

16 May

Theosophical Resilience

in Troubled Times

Kurt Leland

theosophicalsociety.org.uk

16 May

Soundbath

Dean Carter

centreforpuresound.org

17 May

the Frankenstein Prophecies Prof. Robert Romanyshyn

scientificandmedicalnetwork.net

17 May

Introduction to Meditation

FISU.org

19 May

**Meditations and Mantras** 

for Healing Gemma Bliss

collegeofpsychicstudies.co.uk

20 May

Money with Heart Caroline Sherrard bathpositiveliving.co.uk

20 May

Midweek Meditations

Geoffrey Beitz

collegeofpsychicstudies.co.uk

21 May

An Evening of Mediumship

Anthony Kesner

collegeofpsychicstudies.co.uk

23 May

the Paradox of Monotheism

**David Nieuwejaers** 

theosophicalsociety.org.uk

23 May

Introduction to Meditation

FISU.org

25 May

Gemini / Christ Festival

**Meditation Transforming Planetary** 

Consciousness Webinar

aquaac.org

27 May

Midweek Meditations

**Geoffrey Beitz** 

collegeofpsychicstudies.co.uk

28 May

Crossing the Threshold Consciously or Unconsciously?

Dr James Dyson rsh.anth.org.uk

30 May

Journey of Self Transformation

**David Nieuweiaers** 

theosophicalsociety.org.uk

**SHARED ON-LINE TALKS** 

2 May

Sacred Landscape of Dartmoor

**Emma Cunis** 

devondowsers.org.uk

tamar-dowsers.org

thamesvalleydowsers.org.uk

9 May

Tips, Tricks and Tools for

**Health Dowsing** Sean Ferris

tamar-dowsers.org

thamesvalleydowsers.org.uk

23 May

Earth Energies at Stone Circles and

their Manifestation Maria Wheatley devondowsers.org.uk

tamar-dowsers.org

thamesvalleydowsers.org.uk

**ON-LINE WORKSHOPS** 

4 May

**Advanced Nature Writing** 

Stephen Moss

hawkwoodcollege.co.uk

8 May

A Psychic Mediumship Storyboard

Strategy and Structure Anastasia DeQuincy

collegeofpsychicstudies.co.uk

8 May

Learn Kriya Yoga Swami Aliananda kriyayoga.org.uk

9 Mav

A&P for Healers Part 5

**Doe Warnes** 

collegeofpsychicstudies.co.uk

9 May

**Shamanic Sundays** Mandy Pullen

ecoshamanism.org.uk

Breathwork to Explore the

Subconscious Sven Carlson

collegeofpsychicstudies.co.uk

9 May

Holding Space with Spirit

**Daniel Pitt** 

collegeofpsychicstudies.co.uk

10 May

**Dreaming Practice Group** 

Mandy Pullen

ecoshamanism.org.uk

10 May

Qi Gong Membership

**Chris Taylor** 

hawkwoodcollege.co.uk

10 May

Poetry Imagination and the

**Ensouled Life** Roselle Angwin roselle-angwin.co.uk

12 May

**Trance Channelling Masterclass** and Mini Trance Demonstration

Tony Stockwell

collegeofpsychicstudies.co.uk

14 May

Conscious Abundance **Brandon Bays & Arnold Timmerman** www.thejourney.com

15 May

Types of Energy Puma Quispe

collegeofpsychicstudies.co.uk

15 May

How to Revolutionise the Materialist Paradigm

Panel Discussion

scientificandmedicalnetwork.net

23 May

Life Transformation **Brandon Bays** 

www.thejourney.com

25 May

**Plant Circles Group** Mandy Pullen

ecoshamanism.org.uk

29 May

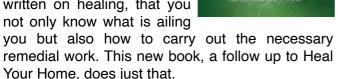
Andean Cosmovision Puma Quispe

collegeofpsychicstudies.co.uk

# **Book Review:** Heal Your Home 2. The Next Level.

## By Adrian Incledon Webber

It is important, with any book written on healing, that you not only know what is ailing



The book describes, in great detail, how and why we are affected, by what is commonly known, as Geopathic Stress. It includes a checklist of over 50 subjects covers such things as lost souls, the many differing forms of energy lines, detrimental water veins, curse and spells, attachments, illness trigger points and much, much more.

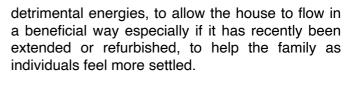
There are detailed descriptions of each problem as well as a further series of questions to work through giving you a full picture of how and why you and your family are adversely affected by these noxious vibrational energies.

Then, and most importantly, there is an in-depth healing section describing how to carry out the remedial work yourself, not only on your home but also your family. As one reader of Adrian's first book commented 'The secrets of house healing are finally revealed'.

The book is written, (as is the first book Heal Your Home), in an easy to read and down to earth way. It opens up a world that is unknown to many people, and hopefully helps them to understand that mainstream medicine does not hold all of the answers and that we, sometimes, need to look beyond pills and potions, for a possible cure, to an unseen vibrational world that could be the culprit.

Geopathic stress affects us in many different ways, 'Walking through treacle' is how many people describe the affects, insomnia, night terrors, various day to day ailments, detrimental spirits in your home causing you to feel ill at ease, adversely reacting to emotions left by previous owners of your home, constant arguments and conflict and much more.

Working through the exercises in the book should help you to clear your family and home of these



To make the house your own.

Signed copies of Adrian's book (available in either hardback or paperback) are available from: www.dowsingspirits.co.uk/store or from Amazon and Kindle.

## Beltane.

## By Ben Smith

Beltane the Celtic May Day falls on 1st May and begins with the rise of the moon on the evening of 30th April. It marks the beginning of the third quarter or second half of the ancient Celtic year and is one of the eight great festivals that form the wheel of the year.

An ancient fertility festival Beltane is associated with the first turning of the herds out to wild pastures, fertility rites (circling the May Pole), good luck (jumping the Beltane fire) and handfastings (pagan marriages).

It is a time of union between the Goddess and the God, the masculine and feminine energies found in creation. The flowers and greenery symbolise the Goddess and the Maypole represents the God. At Beltane the young God has blossomed into manhood, and the Goddess takes him on as her lover and through their union, all life begins.

Fires are an important part of Beltane, the fires kindled with Birch twigs. The Festival is associated with the Celtic God, Bel (also known as Belenus and Balor). Bel is a God of light, fire and the Sun. Cattle would be driven through the ashes or between two fires to ensure a good milk yield. To ensure fertility for the coming year a giant man of wood and straw was constructed. This huge wicker structure was then filled with offerings to the Gods, and set ablaze.

Other rituals include the placing of flowers in doorways and windows or the fastening of flowers on to cows, the decoration of the May bush with ribbons and garlands, the cooking of Oatmeal cake on a bonfire and the visiting of holy wells. More recently people have made Beltane altars in their homes or in the outdoor spaces to celebrate the event.