The Ascension Opportunity for Humanity and the Earth. Part 3

Greetings, this is Quan Yin returning to talk more about the Ascension opportunity which is there for all humanity at this time.

In our two previous expositions, we have drawn your attention to how different are the energies comprising Fifth Dimensional (5D) Consciousness on the most practical level, let alone how they are on the higher aspects of the esoteric. We have shown you the extreme degree of interconnectedness of all life forms, although these are only "extreme" when looked at from the point of view of Earth's third dimensional 3D level.

From the perspective of the 5D level of consciousness (and we are talking to you from a much higher level of consciousness than the 5D level), it seems absolutely normal that all life forms co-operate with each other, generously support each others' needs, their new endeavours. However, given the current situation which exists with humanity and the surface of the Earth in general, we realise that this is quite a big step up in both understanding and consciousness. In a society where competition and rivalry, along with the use of the sharp elbow are normal ways of going through the day, it is indeed a massive change that is required of any individual who desires to be part of the New Earth.

We wish for you and encourage you to make the effort to be part of this transition, which the wise ones on Earth have looked forward to for tens of thousands of years. This isn't something which has just popped up in the last few years or, indeed, in the last few decades – its part of a great evolutionary plan for the whole Solar System.

The other planets made their transitions quite some time ago, leaving behind their 3D experience. Yet the Earth (Gaia if you like) chose to stay at this more basic level for her own reasons – for her own evolution as she perceived it then, as was her right to do so

Because the planetary interaction within your solar system is so interconnected, the absence of the Earth participating has been causing more and more distortions within the operation of your Solar System. Although some of your planets like Jupiter have evolved considerably further than 5D level, others have had to stay down because of their closer connections with the Earth. This interconnectedness is not just a handy phrase or a "nice to have" feeling – this is about the very lifeblood of the Solar System, the flow of energy between and around the Sun and her planets. It is vital to have the Earth participating at at least the same level as the planets still at 5D level.

The Earth (Gaia) has come to realise all this and is now moving very fast in her own Ascension to catch up, after a rather slow start. This has made the challenge for

humanity a lot more substantial – with the planet herself being very tardy, it has been much less urgent for humans to consider making this evolutionary step.

There are so many other things to do in your Western society. We don't need to call them "distractions" as there is always a validity in all the actions which humans choose to do while they're incarnated in these magnificent and beautifully designed bodies. Its not all that surprising, given the on-going need of the human subconscious mind to continually re-create past conditions until it's told to do something better.

Humans are finding it so difficult to wake up to the urgency of their individual need to change the way they are focusing, the way they are approaching each day, each week and each month. The life energies are not the same as they were last year and definitely not the same as the year before that. The rate of change is closer to an exponential rise in energetic consciousness. But there's no big sign up in the sky saying so. There are very few individuals who are fully conscious of the speed of this Ascent – we wish it were otherwise.

Well, this is a long explanation why at this particular moment in time we are asking those of you who have some understanding of the situation facing humanity to find the courage and communication skills to put out this message in the very best way you can to those around you. We know that, given the lack of consciousness of many of them, it is not the easiest thing to get across.

But, as an expression of caringness you have for those close to you, around you and those you interact with, we seriously ask and suggest that you take the bit between your teeth and make an effort to find ways to plant a few seeds in other people's understandings, however many times that you've tried that in the past and been disappointed or felt rebuffed, as you've experienced people not responding.

You, as individuals, are getting stronger each day so we're asking you to have the courage to use that new strength to take a few risks in communication. This may be what you don't want to hear. It's not an easy thing to approach even those who believe they're "on the Spiritual Path" as well as those who believe they're within the New Age generation of people who've taken at least an alternative approach to life.

We don't underestimate the determination that it took to go down one of the roads much less travelled than the mainstream. But there isn't an awful lot of time left so, for the sake of those you care for, let's try and get some understanding across. Sometimes, talking or working-in some understandings about the "heart-opening" can be something that people can hear without being too shocked.

It's a vital foundation to open the Heart-Centre. It's also absolutely necessary in addition that each individual has to have had at least a little experience of what these higher vibrations of the New Earth that's coming actually <u>feel like</u>. They need to have had a chance to incorporate them within your body's musical repertoire of all the notes, tones and chords with which it is familiar.

You have to add these higher expressions of sound and every other sort of vibration. So as the Earth finally breaks through to her full 5D level and the whole of the surface of the planet is flooded with this beautiful energy as it is, then some humans at least have the chance not to be overwhelmed by its immensity. A little experience beforehand can make all the difference.

So we are focusing in these next three months of February, March and through the end of April as a first time period -- as a planning framework if you like - to have groups taking place in different areas where we can introduce this energy, these extra vibrations. We can do this formally or informally but we do need to be invited along in some form. The group needs to be capable of listening, of creating a space within themselves to hear these new vibrations, this new "music".

Another challenging concept, which we are working hard to get across to humanity, is that as the Earth ascends to her 5D level, the old 3D planet Earth remains in existence. This is just like the old 3D "hulk" of what our scientists say remains of Mars. This is the counterpart of the current 5D planet with its thriving population. It's not that the 3D Earth in a matter of weeks suddenly becomes 5D. The 5D Earth actually opens out of the original planet, rather like an astral body separating from a physical body.

So choose to be part of the 5D Earth as it opens out – we're trying to show this to you visually – this etheric image pulling out of the rather dense physical 3D Earth that you know so well. But if you individually wish to go with the higher vibration version, you have to register and sign on, you have to exercise some will and say "That's the version and level I want to be connected to".

As you may have heard a number of times already, the 3D Earth is a freewill zone. This is quite different from planets at a 5D level and upwards as, within these more advanced societies, there is an instinctive understanding within each person of what they need to work and focus on – and so they naturally do what's needed, with great joy and great satisfaction. It's not that they don't have any freedom of choice – it's just that they continually choose to exercise their freedom by doing what's needed by the Godforce, the Living Spirit.

Meanwhile, down at 3D level on physical Earth, people do whatever they feel like, depending on how much they are separated from the "Greater Goodness". So when it comes to the splitting of the dimensions -- the 5D Earth pulling away from the old 3D residue (or hulk) -- humans wanting to be part of the 5D version, to be part of the New Earth with everything that implies, need to say and affirm every day that they do indeed want that.

We're not asking you in anyway to reject all the things that you have valued from your experience of living on the "old 3D Earth". You wouldn't be the individuals you are if you hadn't had some positive experiences, recognising and being involved with the beauty that does exist on this "old version". A key realisation is that all that

beauty is moving to be part of the New Earth also. It's not that you're losing any refined part of what you valued in the earlier, denser version of Earthness – its going up to 5D also and will be able to expand to even higher levels of beauty and illumination. We're inviting humanity -- every person -- to make the transition also.

We recognise that at this time only a very modest number of individuals have any awareness of what's happening. This situation was not what we were working towards, it was not what we were envisaging, but we always knew it was a possibility, given the way humanity has been going.

In the last 2,000 years particularly, the battle between positive and negative has tilted somewhat towards the negative series of outcomes. Through all these difficult periods, there have always been those who upheld the Light through whatever challenge has been presented and we salute them for that.

Those of you who hear this message of today we regard as part of that special group of human individuals who have upheld the Light, in this lifetime particularly. You knew this when you reincarnated at the beginning of this life – you knew that you had a special role to play. The fact that you have reached this moment here in this room today (or have otherwise made your commitment to be involved) is validation that you have not forgotten, you're still aware of this major part of your life purpose.

And your expression of your life purpose needs to be very strongly orientated to this great act of service in helping others wake up to the truth of what's happening now. We're not asking you to do it on your own. We have set up the energy structures so that, if you call upon us for help or assistance, we can be there quite directly, whether or not you can feel the presence of our team. That awareness sometimes needs repetition – a number of different experiences before you open up to internalise the energy which is being presented to you.

During the next three months, we would like to see groups opening up in other areas in addition to Somerset, Shropshire and London where these are happening already. There is only a certain amount we can do from our side. The 3D Earth's energy structure has been put together so that souls who reincarnate here can choose, if they want, to be completely disconnected from the Spiritual Realms as we live and know them.

And many souls in successive generations have chosen to make that disconnection to discover what it is like and continue to do so until some, at last, reach the point of saying: hmmm, there may be something in the other ways of living and doing things. Then gradually they can find their way back and begin the process of reconnecting to Spirit.

In one sense there is all eternity for that process to continue but there isn't "all eternity" if you want to stay on the same planet. As the Earth's moving up <u>now</u> and if you want to take a lot more of "all eternity" to complete this process of moving away from connection to Spirit and then in your own time coming back again to reconnect,

then you will need to do it on another planet, of which there are a number currently available. They may not be as beautiful as the Earth but they function adequately at a third and fourth dimensional level

That's the best response if people ask "well, what's going to happen to all those people who don't sign on to make this transition or don't want to do what's necessary to reach the 5D Attunement"? These people can continue to take time to just work out their evolution as it unfolds – they just need to be on other planets to do so.

It is one of the obsessions within modern humanity – the fear and misunderstanding around death. Within the Ancient Wisdoms, the teachers going back thousands of years have always said "There is no death". In fact, the Spirit leaving the body is often a very joyful experience for the Spirit for they realise that they are part of a wonderful Light existence and energy structure etc.

What is often not yet fully understood is that, as the physical body begins to change after the Spirit has left, its life energy just goes into other forms. You may have seen in some country churchyards how there are beautiful trees that are transforming the energy from the physical bodies that are buried there. They transform it into a whole new lifeform, as their roots pull all the nutrients from the formerly human body that is no longer needed by its previous user – the Spirit who graduated.

Now we're not holding our breath that humanity is suddenly going to change its misunderstandings around death, but it does help if those who <u>are</u> working with the Light do fully understand the process themselves. Sometimes if you witness somebody passing over, you can glimpse this joy.

Other teachings describe how death in this realm is regarded as a <u>birth</u> as the Spirit comes back into the Spiritual Realms – so it's a joyful event. And from the point of view of the Spiritual Realms it's a bit of a <u>death</u> when you go and reincarnate in this rather variable experience known as being "alive on Earth". It's just a relative framework of observation and understanding.

But its really helpful for your own understanding if you're trying to come to terms with this yourself about what happens to people who don't make this big transition to 5D Earth, the New Earth that's forming. None of this process involves the permanent cessation of a particular human being, around which humans might reasonably have some emotions.

We're talking about being able to accept that some humans incarnated in their bodies at the present time really haven't got a clue about what's going on. It's about accepting that some other humans incarnated have a potential still to come to understand and realise what's going on with regard to the Earth's Ascension, and still make a connection to it. These are just different perspectives on the same actual event.

We are also aware that with the growing turbulence in the energy on the surface of the Earth, which is going to continue to increase during these next several months, that it is particularly challenging for you as individuals, who are Attuned to the Light and a higher Spiritual Reality, despite everything that has happened in your lives to date. We recognise that in these turbulent times that it needs a great expression of will for you to maintain the necessary equilibrium and balance so you can be some kind of working example to those around you.

But that's exactly why it is so important that you do so: to maintain some sense of calmness, of joyfulness, of a practical creativity, while having the ability to empathise with what those around you in the street, in your social circles, with your work associates, even with those you meet in the shops or with the providers of services etc. All those you come in touch with are going to be challenged to the core by the turbulence as the Earth moves higher and higher at a somewhat unreasonable speed, but its what she has to do anyway.

So we're offering once more our assistance on a daily basis or more frequently – by the hour if necessary – to help each of you to stabilise and maintain equilibrium whatever the external circumstances. We're not underestimating some of the situations you will be presented with, or have already been presented with and have had to find a way through them. The only way you can go seriously astray is by not asking for Spiritual help from the broad Spiritual Hierarchy. We're not just talking about Quan Yin and Associates but the broader involvement of the various teachers and teaching traditions, with which some of you have had contact.

It is difficult to do it on your own -- we're not going to say it's impossible. For example, there have been the old sages within the Taoist tradition who had such a deep connection to Nature that, in human terms, they seemed to live and grow spiritually in isolation. In fact, they did it by aligning so closely with the powerful and illuminated life forms within the natural kingdoms, they just Ascended anyway. And if you attune to the teachings of Lao Tse or the original thoughts of Chuang Tze, you can get an essence of that alignment.

For most of you, however, living in a Western society where undistorted nature is rare, (although you can gain inspiration from interacting with any form of Nature and even more with growing things, seeing life coming into being before you); however it may be simpler and more reliable to develop the relationships with your group and/or one-on-one with the teaching Masters of the Spiritual Hierarchy.

Questions and Answers

How long will it take in Earth time for the Earth to complete her Ascension?

We're in a process which it is very hard to fit into the Gregorian calendar with which you measure time, but it would seem to be more a matter of months rather than years

for the Earth to complete this process. There isn't a great deal of time left (as you conceive of time) and many of you, who have woken up to this process, can feel each day the energy shifting – it's moving very fast, increasing exponentially. If you got used to the rate of increase last week, then you need to redouble your openness to growing faster next week. We're not exaggerating.

This is a time to go beyond anything which you thought possible. You are strong beings, you can be amazed at what you can actually do in this situation, particularly with our help.

It would be good if you can learn to risk "sticking your heads out a bit more", even while knowing the accumulated reactions that mainstream people carry with them. You will find that as events continue to unfold – not just the strange weather but the financial system going into more and more disintegration, you will find that people will be opening to hear a little more, particularly with regard to reconnecting with Spirit.

So give some thought to this, how you can work into your discussions and conversations with people some thoughts about some of the fundamental causes of what's going on. Perhaps mention some things you and they can do so as not to feel total outcasts or alienation from the whole Ascension process. Do some homework, make some preparations, tryout talking with people who have good hearts. Just see how much you can get across to them, without being overly too serious or sad about the whole thing. And that's quite a combination!

Why is it so important to convince other people who are deeply committed to believing the opposite. Have not people already made their choices?

In some cases there is still a possibility – we're talking about a minority. But, from the Earth's perspective, she needs there to be a number of somewhat opened Light individuals remaining on the surface of the new 5D Earth to build the new civilisation. She needs it and humanity's convenience is not the first priority. Yes, we are well aware that many individuals are probably unreachable at this time but not all. You will find, as you have noticed, the children can be helped particularly.

Most adults don't talk to children very much or at all, as you know. Any adult with a cheerful heart who can focus in and perceive what the children feel is "really going on for them" at a particular time, can establish a connection with them. And the children say "Gosh, there's an adult who actually relates to us". That's something really special. There are opportunities there.

Children are much more likely to be able to make this Ascension than their parents or other adults. Hopefully some of the children will be able to lead their parents forwards but they need some encouragement, they need a few seeds to be sown. They need to have a little reinforcement of their residual beliefs from when they came into

incarnation – that there are some cheerful things and there are some positive ways of dealing with situations: love-based solutions rather than those based on fear motivation, for example.

And this is where stories can help raise the consciousness. In stories, everything is possible; that's why children love stories. And there are some adults also who have not forgotten that particular form of magic.

So however frustrating it has been talking with adults in the past, we're asking you for the next period of three months, to reach out when it seems there's a possibility of connecting. It may or may not go anywhere but there's no judgement about that.

The results of this kind of initiative to even a very few individuals can be very beneficial for the new community of the New Earth, which you are in line to be part of. We're definitely not asking for any preaching. Rather just use that subtle moment when one can work in a new understanding, a new way of looking at situations.

So we extend our blessings to each of you here in the room, each of you hearing this recording and to each of you who reads the transcript. We are available for any of you who choose to be part of this great Spiritual Enlightening, which is unfolding deeper and deeper each day.

I am Quan Yin.