

Raising Avalon.

by David Hand

Avalon exists. Of this I have no doubt. It is the Shambala of our land: a meeting place between this world and the sacred realms that are beyond our third dimensional reality. Avalon is a portal through which the Ancient Ones speak their eternal wisdom, and through which the etheric light of the Solar Logos continues to radiate into the land. Avalon is a rich, profound spiritual reality. It is the place where true alchemy is performed and its magical powers affect the evolution of many dimensions.

Avalon existed long before our physical world came into being. It existed in the ether while our solar system was forming from a great spinning disc of dust and gas. As this matter continued to spin outward, planets were created around the core of the disc: our glorious sun. And our Earth was one of these planets: a cosmic seed planted by the Elohim with its own blueprint for growth and a huge planetary soul to inhabit its body. From ether, the Earth was woven from pure energy and it needed great power points through which that energy could be channelled. Avalon started as such a point. It was a major chakra; a great energy centre within the blueprint of our world. Cosmic, etheric energy was channelled into Earth's being through portals such as Avalon and this energy wove into the atoms of our world. Avalon was one of the original power points that the Elohim used to direct the incarnation of the Earth Soul into physical form in all her planetary beauty.

And the pure energy that flowed through Avalon transformed itself into the four elements of earth, air, fire and water so that matter could be formed from ether. From this sacred alchemy, the forces of gravity, electromagnetism and the forces at play within each atomic nuclei were created and the physical world slowly evolved around the Earth Soul, while the four elements gave form and character to her body. And through Avalon and her sister portals, the Elohim continued to direct the energies that Earth needed to fulfil her sacred blueprint. And those energies were also the flow of divine consciousness revealing its cosmic patterns and designs throughout nature and, eventually, through the life forms that came into being upon our planet.

We were not the first conscious beings to experience life here. We too, like the Earth Soul, were woven from etheric energy and there were races before ours; our spiritual ancestors, that were more ethereal; more light-natured than we are now. These beings were pure projections of their soul energy and shared the cosmic oneness that was their inheritance from the Elohim. Our spiritual ancestors have inspired devotion, stories, legends and myths throughout the history of humankind. They have become gods, goddesses, archetypes, giants, devas, divine messengers, magicians and muses in nearly every culture around the world. As old as time, they are the caretakers of the Earth Soul and act as spiritual guides to their descendants who descended more and more into dense matter ~ the human race. In complete universal love, they are urging us to fulfil our original blueprint; our cosmic design, and to take our place within the universe.

Avalon is the realm within our culture and the spirit of our land, where the Ancient Ones live on in perfect harmony with the cosmos. Avalon is legendary. In Celtic lore it is the passing place for souls, the gateway to another realm, a magical underworld. Our forefathers knew, respected and sometimes feared the power of this realm. The Ancient Ones spoke through the seers, healed through the wise women and inspired the magi. They worked with the nature spirits, the elementals, the angels, the faery folk and the human wise ones to bring harmony and balance wherever it was needed. But Avalon was a psychic reality that was often too big for dense, mortal man to comprehend and, as such, the Ancient Ones were often misunderstood and sensational yarns were told that often misrepresented the very beings who were trying to guide us and help us evolve. Christianity slammed a thick steel door on the Avalon portal, tried to erase its influence and its culture out of our collective consciousness and persecuted any who adhered to its philosophy of respect, harmony and balance in nature.

Yet Avalon has continued as a rich legend within our cultural heritage. Its voice still sings in our tribal memory and it breeds a sweet nostalgia for a potent dreamlike land that sits between history and fantasy. Undaunted by our lack of receptivity, the Ancient Ones have continued to be heard by generations of wise ones, the psychic, the artistic, the poets and the brave. And, without great human consent or knowledge, the sacred, etheric light has continued to flow – albeit radically diminished - into the land, despite humankind's continual and increasing onslaught of pollution and greed and its decimation of nature. The etheric energy lines that serve as arteries for the life's blood of our world have been strangulated and warped by the progressing needs of civilisation. Yet, our needs are never satisfied and our journey into dense matter is leading us into increasing dissatisfaction and unease, and ever further away from our true nature and original blueprint. The Ancient Ones know this. They know many things. They are part of a greater cosmic reality that can objectively view humankind's self-harm as part of a process of learning and growth that is leading towards greater self-awareness - for those of us who can see the process for what it is. Though humankind has demonstrated the horrors of its destructive nature time and time again, our power is limited to our shared reality only. Our actions may impact upon the physical world, but cannot truly harm the Earth Soul herself as she exists within that greater cosmic reality. We are only really hurting ourselves but in our long cycle of destructiveness, we remain loved and cherished by the Ancient Ones from whom we descended and by the beautiful Earth Soul herself.

Outside of our limited reality, there are points within our cosmic cycle of life when the most extraordinary opportunities occur. Opportunities to radically redress the balance of all that has come before. Cosmic opportunities to reconnect to a point from which we can fulfil the potential of our original blueprint and become that which we are supposed to be. The Ancient Ones knew this point in the cycle would be reached. They foretold the time when their realm would rise again. They also knew that when we reached this particular point in time and space, that the Avalon portal would be thrown open once more with the most incredible wave of cosmic energy.

Yet, in order for this energy to flow into our reality, there have to be those who are open to welcoming it and receiving it. Thus, to ensure Avalon's cosmic message would be transmitted and remembered by some of humankind, a number of ancient souls came into incarnation prior to this time in order to work with this energy and bring it into consciousness. There are many of us now awakening to the voices of the Ancient Ones. There is a call to remember the ways of the wise ones and aid the energy of Avalon to flow into our limited reality and transform it into the greater cosmic Oneness.

Now is the time. We need to reconnect with the long-forgotten etheric world from which we came. We need to meditate and celebrate at its ancient sacred sites, restore its energy lines, worship, sing and dance within ancient forests and woodlands, and bless the water that flows in streams, waterfalls and holy wells. For those of us who now feel this call, raising Avalon is our soul mission and divine purpose. Our world is set to change forever as the great cosmic cycle we are a miniscule part of, continues its vast plan of destruction and evolution. We can either remain unconscious to the vast energies of the cosmos that are now influencing all life on Earth or we can work with those energies in a positive way through aiding the Ancient Ones of Avalon. They know the way forward from here and offer great hope to those who choose to hear their call. Theirs is a doorway into a realm of infinite possibilities.

© David Hand 2010

David Hand has worked as a soul healer and spiritual teacher for the past 12 years. David walks between worlds and uses his intuitive skills to open doorways between dimensions, helping people to journey into the core of their being. He is the founder of a growing network of Lightworker Circles throughout Dorset, which complement his group psychic energy work at sacred sites. He also runs a busy, international practice from his base in Bournemouth and from 2010 will be running rural retreats. Drawing on ancient ritual, breath work, chakra work and meditation, David facilitates unique group participation events where shared energy

fields become ever-growing, palpable, psychic generators through which participants may connect with other realms or tap into their own intuitive wisdom. David will be facilitating a series of gatherings at sacred sites throughout the Spring & Summer. Each gathering creates a sacred space through which the ancient light of Avalon can enter and flow into our land and into our hearts and minds once more. Together, we will hold a sacred space of oneness, unity and love for Gaia and for all of humankind at this crucial time in our evolution. See www.mysticklight.com for further details