



Wessex Research Group Network *Newsletter*

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January 2008

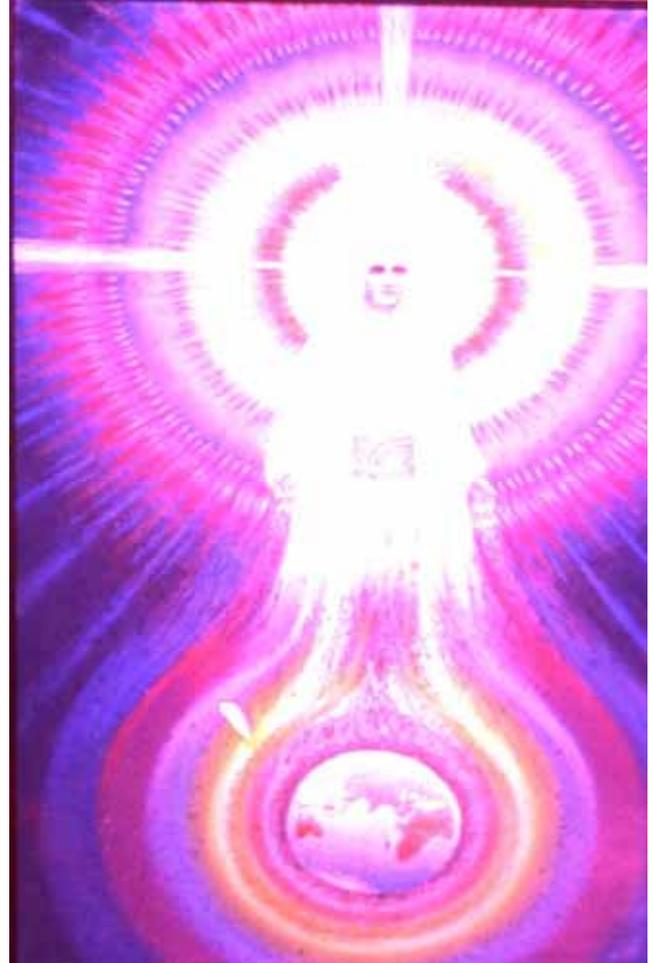
The New Year edition begins with a welcome to Enneagram, Psychic Sanctum and the Master Serapis Bey Mystery School. The Antiquarian Society begin 2008 hosting a series of monthly talks at a new venue in Brighton. The South Coast Dowzers have moved to a new venue St Johns Community Hall, Surrey Road, Bournemouth.

The January 2008 newsletter contains listings for the month ahead, a book review and two articles; 'Cycle of the Earth (Winter Solstice / Yule)' and the 'Planetary Initiation of 2012'. Additions to the on-line article archive include 'Our Blue Print for Life' and 'What are the Differences between Chinese and Western Medicine?' The Return of the Goddess by John Akayzar is the latest addition to the on-line digital lecture archive.

Cycle of the Earth - Winter Solstice / Yule by Maria Viner

The Winter Solstice, historically known as Midwinter, occurs on the shortest day or longest night of the year. It is one of the oldest winter celebrations and is the festival of the rebirth of light, with many cultures worldwide performing Solstice ceremonies. At their root is the ancient fear that the failing light would never return unless humans intervened with vigil or celebration. Now many cultures celebrate a holiday near the time of the winter solstice: Christmas, Hanukkah, Kwanzaa, Pongal, New Year, the Festival of Light to name a few. It is a time of rest and stillness. From the Solstice onward the days will lengthen and warmth will return to the earth. Many people keep a fire burning throughout the longest night, watch the sunrise and celebrate the return of light that will follow. A delightful way to greet the sun at dawn on Solstice morning is by ringing bells and wishing for a more peaceful planet. This is a time to strengthen bonds with family and friends by visiting and/or exchanging gifts and greetings. It is a time for feasting and entertaining each other with stories, poems, plays, music and songs.

Traditionally we bring in greenery from our gardens and decorate our homes with lights, green and red holiday colours. We can bless our homes with a Yule wreath on the front door and sprigs of mistletoe and holly inside. The Druids would cut the mistletoe that grew on the oak tree and give it as a blessing. Oaks were seen as sacred and the winter fruit of the mistletoe was a symbol of life in the dark winter months. Holly represented restored balance, direction and unconditional love. It is a tree of good fortune, it is



unlucky to cut it down and should be planted near to the house for protection against evil. The evergreen is a symbol of life in winter. The tradition of the Yule Log was begun by the Druids who believed that the sun stood still for twelve days in the middle of winter and during this time a log was lit to conquer the darkness, banish evil spirits and bring luck for the coming year. Many of these customs are still followed today. They have been incorporated into the Christian and secular celebrations of Christmas. My favourite Yule decoration is dried orange slices which remind us of the return of the Sun but also make the house smell wonderful when mixed with the scent from the Christmas tree.

Winter Solstice is a good time for dream analysis. Focus on a request or question before you go to sleep. Think about your question during the day and write it down then place it under your pillow. As soon as you wake up write down what you can remember. Later in the day read it and the interpretation will come to you.

Cycle of the Earth Winter Solstice / Yule continues on page 3.

Sherborne
Jean 01963 220323

Glastonbury WRG
Sue 01458 835708

Frome WRG
Marina 01373 466391

Totnes
Jeffrey 01803 868744

South Devon
Dilys 01803 770977

Avalon Rising
www.avalonrising.co.uk

Weymouth & Dorchester
Pat 01305 767242

Yeovil Psychic Society
www.yeovilpsychics.org.uk

**Dorset Earth Mysteries
Group**
www.dorsetmysteries.org

**School of Energy
Healing Educational Trust**
www.energyhealing.co.uk

**New Dimensions
Group Bristol**
Ghislaine 01225 333825

**Centre of Awareness at
Ashburton**
awarenesscentre.ashburton.co.uk

Bristol Dowisers
Jason 0117 9498933

**Joyous Isle workshops
Dorset**
www.joyousisle.fsnet.co.uk

**Axminster Awareness
Centre**
www.awarenesscentre.org.uk

World in our Hands
WorldinourHands.org

Stoneseeker Tours
www.stoneseeker.net

Centre for Pure Sound
Tel. 01935 389655

Rode Dream Share Circle
Tel. 01373 830253

The Martinsey Isle Trust
www.martinsey.org.uk

Natures Way, Exmoor
Tel. 01984 640147

Hawkwood College
www.hawkwoodcollege.co.uk

Taunton Pagan Moot
Tel. 01823 283742

www.angellight.co.uk

NEW YEAR RETREATS

Stroud (Hawkwood)
29 Dec - 1 Jan
New Year Retreat
Tel. 01453 759034

Glastonbury (Openhand)
29 Dec - 1 Jan
Openhand New Year Retreat
Tel. 01458 830443

COURSES

Stroud (Hawkwood) 4-6 Jan
Psychosophy
Yehuda Tagar
Tel. 01453 759034

Stroud (Hawkwood) 19 Jan
Intro to Psychophonetics
Tel. 01453 759034

Stanstead 11-13 Jan
Spiritual Development Course
Chrissie Astell
www.angellight.co.uk

London 19-20 Jan
Energy Healing Foundation
Course
Tel. 0870 800 7060

Inverness (Openhand)
24 - 27 Jan
Way of the Heart (level 2)
Tel. 01458 830443

Chard (Unicorn Centre)
26 - 27 Jan
Reiki Masters Course
Margaret Merrison
Tel. Margaret 01460 66151

University of Exeter
MA in Western Esotericism; a
part-time, distance learning
programme.
Email n.goodrick-clarke@exeter.ac.uk

**The University of Wales,
Lampeter**
Home Study Masters
Programme
The Body: Eastern and
Western Perspectives.
bodyprogramme@lamp.ac.uk

The University of Bath
MSc in Death and Society
hss-pgr-coordinator@bath.ac.uk

TALKS

DEMG 3 Jan
Sacred Sound and its
relationship to Sacred
Geometry. Dean Carter
Tel. Dave 07977 144147
or Peter 01258 489798

Middle Piccadilly 6 Jan
Epiphany Sound Bath
Dean Carter
Tel. 01935 389655

Bournemouth 7 Jan
Dowsing for Past Lives
Wilma Davidson
Tel. Paul 0870 4280934

Bournemouth PLG 7 Jan
Break out of your Mind
Leo Hawkins
Tel. Sue 01202 581898

Brighton 8 Jan
Introduction to Astro-
Archaeology
Stuart Mason
info@theantiquariansociety.com

Weymouth & Dorchester
9 Jan
2012 and Beyond
Andrew Smith
Tel. Pat 01305 767242

Yeovil 9 Jan
Clairvoyance
Kathy Hughes
Tel. Jan 01935 421161

Bournemouth 11 Jan
2012: Is humankind on the brink of
extinction or evolution?
David Hand
Tel: 01202 429300

Stroud (Hawkwood) 11 Jan
Authentic Spirituality
Tel. 01453 759034

Bournemouth PLG 14 Jan
Connecting with your Guides
Gilly Colledge
Tel. Sue 01202 581898

Taunton 14 Jan
Shamanism
Elaine Necchi
Tel. 01823 283742

Bristol Dowisers 17 Jan
Opening up the Energies of
the Earth. Shaun Ogbourne
Tel. Jason 0117 9498933

London Forum 17 Jan
Qumran and the Mystery of
the Lost Years of Jesus
Robert Feather
Tel. Margaret 02086715417

Glastonbury 17 Jan
Sacred Geometry
Tel. 01458 835506
info@soliluna.net

Bristol 17 Jan
Opening up the Energies of
the Earth. Shaun Ogbourne
Tel. Jason 0117 9498933

Frome 20 Jan
A Demonstration of
Mediumship
Trudi Bevan & Ron
Wheatley
Tel. Marina 01373 466391

Totnes 20 Jan
an Evening of Pure Sound

Dean Carter
Tel. Jeffrey 01803 868744

Yeovil 21 Jan
the Lost Art of Dowsing
Miranda Aldridge
Tel. Jan 01935 421161

Bournemouth PLG 21 Jan
the Lightening Process
Alistair Gibson
Tel. Sue 01202 581898

Bath 21 Jan
Bath Story Telling Circle
Tel. Kevan 01225 334204

London (RILKO) 25 Jan
Sacred Geometry
Peter Knight
lemc@operamail.com

Bristol 26 Jan
Colder than Here (a play)
Tel. 01258 475125

Bournemouth PLG 28 Jan
Revolution of 2012
Andrew Smith
Tel. Sue 01202 581898

Sherborne 28 Jan
2012 and Beyond
Andrew Smith
Tel. Jean 01963 220323

**ON-LINE TALKS AND
TEACHINGS**

On-line events:
Sundays- **Gail-Elaine**, In
vision joyshop visualisations.
Time 8pm
Wednesdays- **Tina**, A Celtic
Perspective. Time 7.30pm
Tel. Gail-Elaine 01736 795143

WORKSHOPS

Stroud (Hawkwood) 11 Jan
Women's Dream Group with Eve
Adams
Tel. 01453 759034

Tekels Park (TS) 19 Jan
Post Christmas Blues Day
Edi Bilimora
Tel. 01634 813560

Glastonbury 19-20 Jan
Mayan Calendar
Tel. 01458 835506
info@soliluna.net

Chard (Unicorn Centre)
22 Jan
Reiki Share Group
Margaret Merrison
Tel. Margaret 01460 66151

Glastonbury 25-27 Jan
the Template: Sacred
Geometry Workshop
Tel. 01458 835506
info@soliluna.net

Henley on Thames 27 Jan
Emotional Freedom Therapy
(EFT)
Thames Valley Dowisers
Tel. Susan 01494 813214

Cycle of the Earth - Winter Solstice / Yule (cont)

In our home we have a Yule celebration on Winter Solstice. We watch the sunrise and spent the day outside weather permitting. We bring some holly into the house from our own holly tree in the garden. Then at dusk we have a feast of roasted vegetables, which this year will be coming from our own allotment, followed by the all important chocolate Yule Log! For those of us not lucky enough to have a real fire in our homes on which to burn the Yule Log at dusk on Winter Solstice, we can find a smaller branch and flatten one side so it sits upright. Drill three holes in the top side to hold red, green, and white or gold candles. Decorate the log with greenery, red and gold bows, rosebuds, cloves, and dust with flour. We can then light the candles as a symbol of burning our Yule Log.

Imbolc

The Official end of the Christmas season is not until winter ends and spring begins on Imbolc or Candlemas, which is February 1st or 2nd. Imbolc means, literally, 'in the belly' (of the Mother). This is Brigid's season, the Celtic goddess who in later times became revered as a Christian saint. The powerful figure of Brigid the Light-Bringer plays a role in both pagan and Christian celebrations.

Like many festivals, the Imbolc celebrations centre on the lighting of fires. Fire is perhaps more important for this festival than others as the lighting of fires celebrates the increasing power of the Sun over the coming months. For the Christian calendar, this holiday was reformed and renamed 'Candlemas' when candles are lit to remember the purification of the Virgin Mary.

At this time rituals are performed for the security and protection of the fertility of the fields. The success of the new farming season was traditionally of great importance. As winter stores of food were getting low Imbolc rituals were performed to harness divine energy that would ensure a steady supply of food until the harvest six months later. It was also a time when divination rituals took place to forecast the weather for the year to come.

At Imbolc the Earth is no longer still but stirring with buds forming on trees and spring bulbs pushing up. This is a time to prepare for changes ahead and a time of

healing. It is the time to get outside and reconnect with the Earth, traditionally by visiting holy wells and weaving Imbolc rings from tree cuttings. When visiting a holy well take a piece of ribbon with you to soak in the water, make your promise, prayer or intention, then tie your ribbon to a nearby tree. Ask the tree permission to take cuttings to weave your ring.

Human actions are best when they reflect the actions of nature, so as the world slowly springs back into action it is time to tackle any small tasks that are neglected through the busy year. Rituals and activities might include the making of candles, planting spring flowers, and the all important spring clean! Make your own Brigid's crosses and hang them up, especially in the kitchen where her influence can bless your food. Meditate upon what you would like to see grow in health and strength this year: for yourself, your family, your community and the Earth.

May I wish you all a Bright Winter Solstice, a Joyful Yule, a Merry Christmas and a Happy New Year. For more information about the Cycle of the Earth or about Bristol Dowzers contact Maria at mariaviner@blueyonder.co.uk

Book Review The Sun Miners by Kevan Manwaring

In Darkmoor, a land of endless night, an orphan pit-boy called Tallin Candleston is plunged into a dangerous quest to find the source of the sunblood, the bright liquid slaved for in the lightmines. He makes strange allies on his magical journey; a telepathic shambler, a trickster marsh-sprite and an exiled princess called Rosa. Together they try to escape the clutches of Kowl the Nightbringer in a race to the edge of the world. Beyond, they are rescued by a lost tribe who live on the Starry River. Guided by Uku, a warrior-priest, Tallin and Rosa return to meet their destiny – to liberate both Dunmires and the Bright Ones from the sinister Tenebros, who keep them all in darkness. They must unite the worlds in a final battle, and Tallin must face his Kowl in the Void, before the secret of the sunblood can be discovered and the wound of the land healed. For older children & adults. Contact Kevan at kevinmanwaring@yahoo.co.uk for more information or log on to <http://www.lulu.com/content/1592148>

The Planetary Initiation of 2012.

by Master Serapis Bey

Whether we celebrate the New Year at the Winter Solstice or on the 1st January, it is traditionally a time when a wise person takes stock of their life situation. They weigh the importance and urgency of current challenges against the resources and insights they can muster in response. Through the linked traditional practice of making New Year resolutions, it is also a time when we come face to face with the role of personal will-power, or perhaps a great need for it to be re-introduced or at least strengthened in our daily practice of living.

We are not talking here about the lower use of will in the furtherance of self-gratification. We are strongly addressing the need for the on-going daily exercise of inspired Will to stimulate action to move forward the life-goals and related responsibilities which we choose to consciously embrace. It is not sufficient to say to oneself at each decision point "Why not do this?". What is required of all those souls seeking the Path of Light is to know at all times why they are making each choice in their lives, and that these choices are indeed aligned with achieving the main requirements of their Highest Path of Evolution towards the Light. These are not just noble words or yet another human aspiration with which we struggle to find a way to realise. This is the daily practice required of all Spiritual aspirants as the Earth moves ever closer to the physical expression of the Planetary Initiation of 2012. When we acknowledge the rising energies or more refined vibrations of the current times, we need to understand the inherent need for all human aspirants on the Spiritual Path to be open to changing and renovating their repertoire of life choices as they consciously live each day.

This is part of the vital preparation for the Planetary Initiation of 2012 for all those who wish to stay attuned to the life-sustaining energies upon which all lifeforms on Earth depend. Just like one adjusted the tuning on an older generation radio receiver when the signal changed to a new frequency, so it is of crucial importance that humans, who wish to stay with the Earth as she evolves, maintain their attunement to the life-support energies as they rise, change and rise again in a magical multi-dimensional evolution.

The evolutionary course of the Earth has been marked by dramatic cataclysmic changes every 5,000 to 6,000 years – that is why most "history" and physical records

are of more recent vintage. The actual events within one of these periods of immense change varied considerably in their actual manifestation. Sometimes there was some partial re-arrangement of the land masses, other times a total cleansing by Nature of the whole surface of the planet.

The role of the Ascended Masters of the Great White Brotherhood in each of these unique periods of cataclysmic change has been to make available an understanding during the prior years which enabled the Spiritual seekers within humanity to respond. The extent of this response would vary according to an individual's capability to hear the message and their inclination to assign priority or not.

This time the dissemination of information is on a much greater scale than during equivalent times past. This reflects that the Earth will be making a vast step up to Fifth Dimensional Consciousness, rather than the previous patterns of re-arrangement and cleansing of land and water but still within a third dimensional paradigm. The original plan for 2012 provided the opportunity for all humans of good heart and goodwill to make the the ascent also, but the distractions of the materialistic age have taken a heavy toll in terms of interest and understanding.

A few individuals have already made firm personal commitments to the Path leading to Fifth Dimensional Consciousness and truly the beginning of a new Golden Age. But even amongst those who have opened to the Light in some degree, most are still unaware that that they have a choice to make – to consciously tune in to this new Path with a new destination, or stay with the mass consciousness in their main decisions of life direction.

So we greet you all at this Winter Solstice time of celebration of the Earth's birthday. At this time on Earth, there is the warmest feeling of loving joyfulness. This is similar to that which pervades the other planets in your Solar System continuously. We lovingly suggest, should you feel so moved, that you pay a little more attention to the challenge of the Planetary Initiation of 2012, which will change all your lives beyond measure in just four years' time. Perhaps a powerful New Years' resolution is indeed in order.

Andrew Smith works with Master Serapis Bey in making available an advanced study course to facilitate the substantial increase in consciousness for the times ahead. He facilitates White Brotherhood meditation workshops to aid these processes. He is the author of "The Revolution of 2012". For more information Andrew can be reached at artsmith2012@yahoo.co.uk

If you wish to promote an event, submit a literary contribution to the newsletter or you require further information about the WRGNetwork email Robert on rmulliss@talktalk.net

www.wessexresearchgroup.org