



# Wessex Research Group Network *Newsletter*

VOLUME 4, ISSUE 7.

July 2009

**J**uly and a welcome to the Lightworker Development Group in based in Weymouth and to Joachim Koch from Germany who will be visiting Avebury in July as part of the Wansdyke Path Project.

The Old Religion: The Psychic and Spiritual Craft of these Isles by Serena Roney Dougal is the latest addition to the on-line digital lecture archive with the Reappearance of Christ by Alice Bailey the latest addition to the on-line article archive.

## ***The Cosmic Template*** **by Jay Risdon**

The realisation by each and every human being that we are more than just flesh, bones and blood might yet prove to be the revelation of our time. Grasping the idea of the existence of a higher self, might then lead us to also consider that we exist as inter-dimensional beings; part of a universal web of interconnectivity extending beyond our existence of physicality and on to those higher planes of love and light.

The Cosmic Template (pictured opposite) illustrates the relationship between our higher self that exists in the plane of spirit and our earthly lives as human beings incarnate in a physical body. In many respects it represents a template for all aspects of evolving consciousness (in human form or otherwise).

The top (head) part of the diagram depicts the Monad (or higher self aspect of the soul) which works with our spirit guides to develop the different aspects of the lower self, bringing them in to balance. The Higher Self is represented by the colour Pink. The main aspects of the Self are shown as the physical (green), the mental or thinking (blue) and the astral or intuitive (purple). We might think of ourselves as a column with the Monad (Higher Self) at the top and the physical body at the base.

Despite our existence in a physical form (a body) we retain a lifetime connection with our Higher Self or soul through what is known as our etheric (or subtle energy) body. This connection is depicted by the golden colour that extends right through the diagram to the level of physical existence (depicted by the green cross and ball at the base of the picture). The Etheric Body could be thought of as a structure of vital forces or energies and when death comes, it returns to source and the Physical Body collapses and disintegrates.

It is the in-balances that exist between the aspects of the self that determine our character and response to experience whilst in a physical form.



**Picture: The Cosmic Template**

For example a person might be strong in the mental or logical thought aspect and so good at practical tasks that require structure and detail. Another might lean to the astral or intuitive aspect and less to the practical. The Higher Self works to collate the mental and astral (intuitive) aspects of the self working through the physical aspect bringing them in to balance at a soul level; all within the higher total love of the Monad (Higher Self). This is achieved through successive incarnations into a physical form (a body), allowing us to learn through experience.

Our challenge is to evolve through our free will into beings of unconditional love and we currently stand at a point in our evolution when the Higher Self wants to unite with the Human Being, transforming the Astral body and its emotions, the Etheric body, and then, finally the Physical body.

***The Cosmic Template Continues on Page 4***

Sherborne  
Jean 01963 220323

Glastonbury WRG  
Sue 01458 835708

Frome WRG  
Marina 01373 466391

Totnes  
Jeffrey 01803 868744

Weymouth & Dorchester  
Roma 01305 816644

Yeovil Psychic Society  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)

Dorset Earth Mysteries  
Group  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)

School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)

New Dimensions  
Group Bristol  
Lea 01225 722963

Bristol Dowzers  
Lea 0117 9498933

Joyous Isle workshops  
[www.joyousisle.fsnet.co.uk](http://www.joyousisle.fsnet.co.uk)

[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)

[www.stoneseeker.net](http://www.stoneseeker.net)  
[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)

Centre for Pure Sound  
Tel. 01935 389655

London Earth Mysteries  
Circle. [lemc@ic24.net](mailto:lemc@ic24.net)

The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

Natures Way, Exmoor  
Tel. 01984 640147

[hawkswoodcollege.co.uk](http://hawkswoodcollege.co.uk)

Taunton Pagan Moot  
Tel. 01823 283742

[www.avalonrising.co.uk](http://www.avalonrising.co.uk)

[www.angellight.co.uk](http://www.angellight.co.uk)

Taunton Association for  
Psychodynamics (TAP)  
Tel. 01823 665798

[www.wccsq.com](http://www.wccsq.com)

[www.innerpotential.org](http://www.innerpotential.org)

[www.wrekinforum.org](http://www.wrekinforum.org)

[www.goldenageproject.org.uk](http://www.goldenageproject.org.uk)

## EVENTS

**Newton Abott** 2-5 July  
Quest 2009  
[www.questuk.co.uk](http://www.questuk.co.uk)

**Highbridge** 10-12 July  
the Healing Weekend 2009  
[www.thehealingweekend.co.uk](http://www.thehealingweekend.co.uk)

**Blackdown Hills** 15-19 July  
Buddhahfield Festival  
[www.buddhahfield.com](http://www.buddhahfield.com)

**Chingford** 18 July  
Rajesh Ananda's 50th Birthday  
Celebration  
[www.fisu.org](http://www.fisu.org)

**Findhorn** 18-24 July  
Festival of Sacred Dance, Music  
and Song  
[www.findhorn.org](http://www.findhorn.org)

**Llanerfyl** 19 July  
Conference of the European  
Pagan Academic & Education  
Network (EUROPAEN). Email  
Thomas [iipsgp@educationaid.net](mailto:iipsgp@educationaid.net)

**Bournemouth PLG** 20 July  
Summer Party  
Tel. Sue 01202 581898

**Glastonbury** 24-26 July  
Glastonbury Symposium:  
Investigating Signs of our Times  
[www.glastonburysymposium.co.uk](http://www.glastonburysymposium.co.uk)

**Camarthen** 24-26 July  
Mayan Day out of Time Camp  
email Clint  
[cosmicrebirth@btinternet.com](mailto:cosmicrebirth@btinternet.com)

**Glastonbury** 25-26 July  
Mystic & Earth Spirit Fayre  
[info@glastonburyfayres](mailto:info@glastonburyfayres)

**Glastonbury** 30 July to 3 Aug  
Goddess Conference  
[www.goddessconference.com](http://www.goddessconference.com)

## TALKS

**Frome** 1 July  
Change Your Life for Good  
Francis Munro  
Tel. Marina 01373 466391

**Glastonbury PLG** 1 July  
Film Night: Foodmatter You Are  
What You Eat  
Tel. 01458 833128

**DEMG at Stapehill** 2 July  
Mysteries and Cover Ups  
Andy Thomas  
Tel. Dave 07977 144147  
or Peter 0775 408 2691

**Axminster** 3 July  
Clairvoyance  
Jean Hole  
Tel. 01297 32331

**London (CPS)** 3 July  
Demonstration of Mediumship  
Anthony Kesner  
Tel. 0207 589 3292

**London (TS)** 5 July  
A Change for the Better  
Steve Nobel  
Tel. 0207 563 9815

**Bournemouth PLG** 6 July  
Foot Reading  
Nicci Evans  
Tel. Sue 01202 581898

**London (CPS)** 7 July  
As-K-Ra The Jade Skeleton and  
New Consciousness Awakening  
Tracey Ash & Suzy Castleman  
Tel. 0207 589 3292

**Glastonbury PLG** 8 July  
Music and Healing  
John Dalton  
Tel. 01458 833128

**Yeovil** 8 July  
Merlin Today  
Lifus  
Tel. Colleen 01935 477756

**Weymouth & Dorchester** 8 July  
Fairtrade in Dorset  
Eric Austin  
Tel. Roma 01305 816644

**Roadwater** 9 July  
Scott Jasper and Dragonfly Moon  
Tel. Edward 01984 640147

**Sturminster Newton** 9 July  
Symbolism in Art: From Caves to  
the Da Vinci Code  
Peter Knight  
Tel. 0775 408 2691

**London (TS)** 9 July  
Reincarnation from the Christian  
Viewpoint  
Joseph MacDermott  
Tel. 0207 563 9815

**Axminster** 10 July  
How to Feel and Use Colour  
Jennifer Gauld  
Tel. 01297 32331

**Torrington** 11 July  
the True Story of Eden  
Edmund Marriage  
Tel. Debbie 01837 811821

**London (TS)** 12 July  
We Are the Light of the World  
Geoff Freed  
Tel. 0207 563 9815

**Taunton** 13 July  
New Thoughts on the Great  
Witch Hunt  
Prof. Ronald Hutton  
Tel. Yarrow 07974 649794

**Bournemouth PLG** 13 July  
Trusting the Universe and the  
Strategy for Love  
Robert Mulliss  
Tel. Sue 01202 581898

**Glastonbury PLG** 15 July  
Discover the Enneagram the  
Blueprint for Life  
Chris & Veronica Croft  
Tel. 01458 833128

**Axminster** 17 July  
Clairvoyance  
Billy Cook  
Tel. 01297 32331

**London (CPS)** 17 July  
Would You Like to Change Your  
Reality? Vernon Frost  
Tel. 0207 589 3292

**Bristol** 19 July  
Crystal Skulls and Their  
Consciousness  
Gillian Ellis  
Tel. Lea 01225 722963

**Totnes** 19 July  
A History of Writing in Cultures: A  
Way of Revealing our Origins  
Edmund Marriage  
Tel. Jeffrey 01803 868744

**Bath** 20 July  
Bath Story Telling Circle  
Tel. Kevan 01225 334204

**Woodshaw** 20 July  
Holy Wells  
Jeremy Harte  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

**Glastonbury** 21 July  
the Labyrinths of Glastonbury  
Sig Lonegren  
Tel. 01458 835518

**Glastonbury PLG** 22 July  
2012 in relation to Spiritual /  
Paradigm Shift Experiences  
Michaela Fairbairn  
Tel. 01458 833128

**Yeovil** 22 July  
Clairvoyance  
Mandy Sayer  
Tel. Colleen 01935 477756

**Axminster** 24 July  
Conversations with the Body  
Mind.  
Lyn and Graham Whiteman  
Tel. 01297 32331

**London (CPS)** 24 July  
A Demonstration of Seership  
Barbara Meiklejohn Free  
Tel. 0207 589 3292

**Sherborne** 27 July  
the Harmony of the Returning  
Goddess.  
John Akayzar  
Tel. Jean 01963 220323

**Glastonbury** 28 July  
Pagan Discussion Group and  
Forum. Tel. 01458 835518

**London (CPS)** 31 July  
the Alchemy of Voice. An Evening  
of Chant and Mantra  
Anthony Kesner  
Tel. 0207 589 3292

**Axminster** 31 July  
Clairvoyance  
Jeanette Holman  
Tel. 01297 32331

**WORKSHOPS & COURSES****Global Meditation Event**

1 July 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Sturminster Newton** 1 July

Reiki Share Group  
 Jane Williams  
 Tel. Jane 01258 471152

**Glastonbury** 2 July

How to Channel Angels and Archangels and reawaken your Life  
 Darren Linton  
 Tel. 01458 831154

**Glastonbury** 3-10 July

Transfiguration (level 3)  
 Openhand  
 Tel. 01458 830443

**Glastonbury** 3-5 July

the Flower of Life  
 Claudie Planche  
 Tel. 01458 835506

**London (CPS)** 4 July

Spirit Guides  
 Becky Walsh  
 Tel. 0207 589 3292

**Axminster** 4 July

Drums, Hums, Dance and Chants, A look at how Therapists work with Trance  
 Michelle Hague  
 Tel. 01297 32331

**London (IPC)** 4 July

Let Number Power Improve Your Life  
 Mollie Entwistle  
 Tel. 0207 736 4187

**Marlborough** 5 July

Channelling Your Animals  
 Spirit Guides and Angels  
 Brigid Reilly  
 Tel. 0800 977 4767

**Glastonbury** 5 July

the Nenet of Siberia  
 Tatiana Lar  
 Tel. 01458 831154

**Axminster** 5 July

Drumming  
 Sharron Stone  
 Tel. 01297 32331

**Calne** 6 July

Contemporary Global Philosophies: towards a periodic table of the world's religious and philosophical traditions. Thomas Daffern  
 Tel. 01938 820586

**Tiptree** 7 July

Spiritual Friends Service, Guest Medium, Healing, Workshop and Discussion  
 Tel. Carole 01621 869567

**Copan, Honduras** 7 July

Full Moon Sacred Site  
 Ceremony  
 Grand Mayan Itza Council  
[yokhahmaya@hotmail.com](mailto:yokhahmaya@hotmail.com)

**Ilminster** 9 July

Vikings at Home  
 Val  
[valb13@btinternet.com](mailto:valb13@btinternet.com)

**Glastonbury** 10-13 July

the Template: Sacred Geometry  
 Claudie Planche  
 Tel. 01458 835506

**Chesham** 10-13 July

Manifest Abundance Retreat  
 Debs Burgess  
 Tel. 01656 890400

**Wimborne** 10-12 July

Gong Yoga Weekend  
 Don Conreaux  
 Tel. 01202 841522

**Chippenham** 11 July

Poetry in the Woods  
 Tel. Kevan 01225 334204

**Stroud** 11 July

Healing with Numbers  
 Richard Abbott  
 Tel. 01453 759034

**Axminster** 11 July

Psychic Development: Expanding your Intuition and Psychic Ability  
 Barbara Dodson & Tracey Evans  
 Tel. 01297 32331

**London** 11-12 July

Foundation Course in Energy Healing  
 Tel. 0870 800 7060

**Axminster** 12 July

Reiki Share  
 Sandi Boyd  
 Tel. 01297 32331

**London (TS)** 12 July

the Drop that Becomes the Ocean  
 Geoff Freed  
 Tel. 0207 563 9815

**Wimborne** 13-19 July

Gangaji Silent Retreat  
 Gangaji  
 Tel. 01202 841522

**West Mersea** 14 July

Spiritual Friends Service, Guest Medium, Healing, Workshop and Discussion  
 Tel. Carole 01621 869567

**Stroud** 17-19 July

Painting with Time  
 Les Matthews  
 Tel. 01453 759034

**Glastonbury** 17-21 July

Uniting Heaven and Earth: The Living Tradition of the Ceile De Fiontulaich  
 Tel. 01458 831154

**Glastonbury** 18 July

Mayan Calendar  
 Claudie Planche  
 Tel. 01458 835506

**London (CPS)** 18 July

Tibetan Singing Bowl Healing  
 The Aura  
 Rebekah Arthurs  
 Tel. 0207 589 3292

**Bristol** 18 July

Learn to Dowse (part 2)  
 Bristol Dowzers  
 Tel. Lea 01225 722963

**Ilton** 18 July

First Degree Reiki  
 Unicorn Centre  
 Tel. Margaret 01460 53699

**Cullompton** 18-19 July

Enneagram (part II)  
 Veronica & Chris Croft  
 Tel. 01884 855759

**London (IPC)** 19 July

Maximise Your Mind Power  
 Steve Gibson  
 Tel. 0207 736 4187

**Ilton** 19 July

Second Degree Reiki  
 Unicorn Centre  
 Tel. Margaret 01460 53699

**Axminster** 19 July

A Day to Steep Yourself in Colour. Jennifer Gauld  
 Tel. 01297 32331

**Glastonbury** 19 July

Geopathic Stress  
 Claudie Planche  
 Tel. 01458 835506

**Exeter** 20-25 July

Writers Summer School  
 Roselle Angwin  
 Tel. 01202 841522

**Sturminster Newton** 21 July

Meditation Group  
 Jane Williams  
 Tel. Jane 01258 471152

**Edmonsham** 24-26 July

Approaching the Self: Experiencing the Transpersonal  
 Ian Thorp  
 Tel. 01202 885294

**St Leonards** 24-27 July

Drawing Close to Spirit  
 Debbie Dean  
 Tel. Lorraine 01424 729518

**Axminster** 25 July

Conversations with the Body Mind  
 Lyn and Graham Whiteman  
 Tel. 01297 32331

**Chippenham** 25 July

Poetry in the Woods  
 Tel. Kevan 01225 334204

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)

Bath Storytelling Circle.  
 Tel. 01225 334204

the London Forum.  
 Tel. 02086715417

Bournemouth PLG  
[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

Torrington  
 Tel. 01837 811821

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[Mysticklight.com](http://Mysticklight.com)

[www.thamesvalleydowzers.org.uk](http://www.thamesvalleydowzers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Glastonbury PLG [www.shiny-happy-people.co.uk](http://www.shiny-happy-people.co.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.theantiquariansociety.com](http://www.theantiquariansociety.com)

[www.Loveandlight.co.uk](http://www.Loveandlight.co.uk)

[www.hospiceoftheheart.org](http://www.hospiceoftheheart.org)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.holisticchannel.co.uk](http://www.holisticchannel.co.uk)

[www.thehouseoflife.co.uk](http://www.thehouseoflife.co.uk)

R.I.L.K.O.  
<http://members.aol.com/rilko/>

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[www.revolutionof2012.net](http://www.revolutionof2012.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.iamfoundation.co.uk](http://www.iamfoundation.co.uk)

[www.saahera-centre.org](http://www.saahera-centre.org)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

Sea Spirit Centre  
<http://spiritual-courses.co.uk>

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

[www.wyverndowsing@freeserve.co.uk](http://www.wyverndowsing@freeserve.co.uk)

[www.brslsi.org](http://www.brslsi.org)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.insearchofthesacred.com](http://www.insearchofthesacred.com)



**London (CPS)** 25 July  
Introduction to Energy Work  
Sharry Clark  
Tel. 0207 589 3292

**Stroud** 25 July  
A Day with Nature Spirits and  
Sacred Sound  
Gabiella Kapfer  
Tel. 01453 759034

**Ilton** 25-29 July  
Angel Healing Practitioner  
Course  
Unicorn Centre  
Tel. Margaret 01460 53699

**Buckhurst Hill** 26 July  
Angel Insights  
Chrissie Astell  
Tel. 01371 851663

**Glastonbury** 27-28 July  
Shamanism, Crystal Skulls &  
Connecting with All That Is  
White Elk Woman  
Tel. Sharon 01634 270307

**Kelvedon** 28 July  
Spiritual Friends Service,  
Guest Medium, Healing,  
Workshop & Discussion  
Tel. Carole 01621 869567

**Ammanford** 30 July  
the Magic & Mystery of Crystal  
Skulls  
White Elk Woman  
Tel. Sharon 01634 270307

### LIGHTWORKER GROUPS

**Bournemouth** Tues / Weds  
Channelling & Meditation  
Tel. Gary 01202 418291

**Weymouth** Mon (eves) /  
Thurs (mornings)  
Lightworker Development  
Tel. Tricia 01305 784348

**Llamyatt** 12, 26 July  
Tel. Andrew 01749 812610

**Southsea** 19 July  
Tel. Andrew 01749 812610

### TOURS & VISITS

**Wiltshire** 3 July  
Crop Circle Quest  
Megalithic Tours  
Tel. Neil 01772 728181

**Avebury** 4 July  
Sacred Site Sacred Sound  
Thames Valley Dowsers  
Tel. Susan 01494 813214

**West Kennet** 7 July  
West Kennet & Avebury  
Full Moon Celebration  
Stoneseecker Tours  
Tel. 0775 408 2691

**Devon & Cornwall** 11 July  
Sacred Sites Tour  
Sites. Megalithic Tours  
Tel. Neil 01772 728181

**Wiltshire** 18 July  
Crop Circle Coach Trip  
departing London  
London Forum  
Tel. Margaret 0208 671 5417

**Avebury** 19 July  
Avebury Landscape & the  
Wessex Astrum  
Stoneseecker Tours  
Tel. 0775 408 2691

**Orkneys & Shetland** 23 July  
Megalithic Tours  
Tel. Neil 01772 728181

**Avebury** 25 July  
Sacred Site Meditation  
Email Joachim  
[koch@kochkyborg.de](mailto:koch@kochkyborg.de)

**Leatherhead** 26 July  
Ankerwyke Yew and  
Druids Grove Yew Grove  
Wyvern Dowsers  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

**Wiltshire** 26 July  
Sacred Site & Crop Circles  
Claudie Planche  
Tel. 01458 835506

**Dorset** 26 July  
Stone Circles and Ancient  
Tombs of Dorset  
Stoneseecker Tours  
Tel. 0775 408 2691

**Wiltshire** 27 July  
Crop Circle Outing  
Claudie Planche  
Tel. 01458 835506

**Mysterious Wales** 31 July  
Megalithic Tours  
Tel. Neil 01772 728181

## The Cosmic Template (continued)

This unification is something that by the nature of our spiritual evolution, we are called upon to do out of our own freedom, from our own initiative. An important step in the process is the mastery of ego; lifting ourselves out of a longing to gratify desire, greed and all the negative selfish emotions and modelling ourselves on our highest ideals. We would then give ourselves over as channels for the Higher Self, allowing the flooding of wholeness which is an unconditional love of all other beings and kinship with all life to resonate through our very being.

This deliberate uplifting in to the stream of light and love will lead to the birthing of a new humanity; one which places unconditional love and service to others at its centre without seeking to manipulate or control others. The Ego, lifted out of the automatic and selfish reaction, begins to take conscious constructive control of its whole being, as a facet of the enormous whole. This might be construed as the outpourings of the waters of Aquarius, where we learn to identify with the totality of humanity as a vast being, ceasing to identify with our separated and embodied self.

To emerge into the New Humanity the principal aspects of the self must come to balance as must our masculine and feminine aspects; the two sides of the brain working in cooperation to establish conscious control of the self. The new human then begins to lift in to a body which is capable of becoming a new humanity.

For those that wish to engage in this process of uniting with our Higher Self, we must not only bring it right down in to our daily living as the highest member in our embodiment, but radiate our love and selflessness out to others in the hope that we may assist them in taking the journey.

This is a scenario without precedent but together we can lift humanity in to a new harmony. Each of us can contribute and in doing so accelerate the development of our soul as an aspect of consciousness. Working in partnership with the spiritual worlds we can fulfil a stage in human evolution, timed to happen at the threshold of entry in to the Aquarian Age knowing that we were part of the true awakening of humanity.

## Book Review: *The Soul. The Quality of Life.* Compiled from the works of Alice Bailey and the Master Djwhal Khul

This work is a wide ranging compilation revealing the qualities of the soul and its relationships. It considers the nature of man, the angel of the presence, soul cycles, the soul and the divine will, the creative nature of the soul, guidance by the soul, spiritual evolution and liberation and meditation. For further information log on to [www.lucistrust.org](http://www.lucistrust.org) or email [lucispress@lucistrust.org](mailto:lucispress@lucistrust.org)

To promote an event or submit a contribution to the newsletter email Robert Mulliss at [rmulliss@talktalk.net](mailto:rmulliss@talktalk.net) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)