



# Wessex Research Group Network *Newsletter*

VOLUME 5, ISSUE 3.

March 2010

**M**arch 2010 and we welcome the Pierian Centre located in Bristol [www.pierian-centre.com](http://www.pierian-centre.com) to the Wessex Network.

The latest addition to the on-line digital lecture archive is "The Enlightened Body: Unlocking its Secrets through Light and Touch Therapies" by John Wilks. The Urge to Purge by Christian Hummel is now posted to the on-line article archive with "Our Relationship with Nature" and the "Planet of Love" the newest broadcasts in the video archive [www.wessexresearchgroup.org/video.html](http://www.wessexresearchgroup.org/video.html)

## ***Open To What Comes*** **by Milo de Venus**

It was September 2005, a memorial service held near Sherborne in Dorset, and I remember the day well. From the pulpit the minister declared "Open to What Comes." He repeated the words on several occasions throughout the service, but at the time I paid little if any attention to them. Five years later the words have somehow returned to my mind and I find myself thinking about their significance.

Like children in a nursery we live out the dramas of our earthly lives largely oblivious to the existence of a wider reality; one where as cosmic beings we exist within a limitless ocean of thought and consciousness. Children cannot stay in the nursery forever and at some point must leave to engage with a wider world view. That time has arrived for humanity. As individuals and as a human collective of consciousness, we must begin to think in terms of a bigger picture.

The prospect of change can be daunting, whether we accept it or not. Change is however coming because the prevailing matrix of energy that governs our earthly existence is changing. Lighter energies that might be described as unconditional love are permeating through every aspect of consciousness, irrespective of whether it exists in spiritual, mineral, animal or vegetable form.

Sir George Trevelyan called these energies the Christ impulse. The mission of the Christ anchored this energy, the impulse of love on Earth, implanting it into the consciousness of humanity at its time of need. For over 2000 years the impulse has been with us, waiting for events to unfold so that we might raise our awareness and through our free will, enter a new age and truly anchor the love impulse here on Earth.

We may or may not realise it, but day by day we are all becoming more sensitive to energy. As we become more sensitive, our sense of reality also begins to shift, shifting from a material perspective of existence to the realisation that everything is energy, everything is consciousness.



*Above: The Land of Peace and Love*

As we become more sensitive to energy we will also realise that life on the Earthly plane exists within a cacophony of energetic vibration, some positive and some negative. During the course of each day we encounter a range of emotions and energies from other people. Not just people, but institutions, even our technology all have an energetic resonance which in some way or other affects us. Instinctively we often reflect back that energy which is projected towards us, but whatever is thrown our way we must try to stay centred and to respond by projecting light and loving energy; our strength coming from aligning ourselves with the impulse of love and through fostering peace with our inner self. Our challenge in anchoring the new energies is to accentuate the positive, the higher vibrations of love, peace, respect and service to others.

Undoubtedly this will be for many of us, a constant process of realignment, slipping between the new and old vibrations. When we feel the presence of the higher impulses, we must try and foster the union, attempting to stay connected for as long as possible. Bringing ourselves in to balance is crucial. Make time each day to create moments of inner peace, moments when you can nourish that divine spark. At the end of each day review the events that took place, considering if you managed to maintain that balanced perspective in response to different situations.

The nursery door is now ajar and we are getting glimpses of a new reality. It is one of endless possibilities, one without limitation and boundary, and it falls to us, this generation currently incarnate on Earth, to step across the threshold, taking a quantum leap in consciousness as we step. Together we can bring Heaven to Earth for we can achieve anything when we aspire to resonate with the energy of unconditional love.

**Sherborne**  
Jean 01963 220323

**Frome WRG**  
Marina 01373 466391

**Totnes**  
Jeffrey 01803 868744

**Weymouth & Dorchester**  
Roma 01305 816644

**Yeovil Psychic Society**  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)

**Dorset Earth Mysteries  
Group**  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)

**School of Energy  
Healing Educational Trust**  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)

**New Dimensions  
Group Bristol**  
Lea 01225 722963

**Bristol Dowzers**  
Lea 01225 722963

**Joyous Isle workshops**  
[www.joyousisle.com](http://www.joyousisle.com)  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)  
[www.stoneseeker.net](http://www.stoneseeker.net)

[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)

**Centre for Pure Sound**  
Tel. 01935 389655

[www.londonearth.com](http://www.londonearth.com)

**The Martinsey Isle Trust**  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

**Natures Way, Exmoor**  
Tel. 01984 640147

**Hawkwood College**  
[hawkwoodcollege.co.uk](http://hawkwoodcollege.co.uk)

**Taunton Pagan Moot**  
Tel. 01823 283742

[www.avalonrising.co.uk](http://www.avalonrising.co.uk)

[www.angellight.co.uk](http://www.angellight.co.uk)

**Taunton Association for  
Psychodynamics (TAP)**  
Tel. 01823 665798

[www.wccsg.com](http://www.wccsg.com)

[www.innerpotential.org](http://www.innerpotential.org)

[www.wrekinforum.org](http://www.wrekinforum.org)

[www.goldenageproject.org.uk](http://www.goldenageproject.org.uk)

**Theosophical Society in  
Scotland**

## EVENTS

**Newcastle Upon Tyne** 5 Mar  
Resonator  
[will@willschrimshaw.net](mailto:will@willschrimshaw.net)

**Axminster** 6 Mar  
Awareness Weekend  
Tel 01297 32331

**Bude** 6 Mar  
Pagan Federation Devon and  
Cornwall Conference  
[www.paganfederationdevonandcornwall.co.uk](http://www.paganfederationdevonandcornwall.co.uk)

**Bath** 6 Mar  
Mystic and Holistic Fayre  
[www.universaleyewebs.com](http://www.universaleyewebs.com)

**Farleigh** 6 Mar  
Networking Day  
Wrekin Forum  
Tel. Caroline 07770380691

**Taunton** 20 Mar  
Taunton Association for  
Psychodynamics  
2010 Annual Conference  
Tel. 01823 665798

**Glastonbury** 20 Mar  
Spring Equinox Celebration  
Tel. 01458 835518

**Windermere** 20 Mar  
Mysterious Earth Conference  
[www.megalithictours.com](http://www.megalithictours.com)

**Avebury** 21 Mar  
Gorsedd of the Bards  
of Cair Abiri  
Tel. 01458 835518

**Emsworth** 21 Mar  
Southern Region Networking Day  
Wrekin Forum  
Tel. 01452 840033

**Totnes** 27 Mar  
As Above So Below  
5<sup>th</sup> Transitus Networking Day  
<http://www.martinsey.org.uk>

**Yeovil** 31 Mar  
Psychic Supper  
Tel. Colleen 01935 477756

## TALKS

**Bournemouth PLG** 1 Mar  
the Violet Flame  
Hilary Stanley  
Tel. Sue 01202 581898

**Stoke Trister** 1 Mar  
The Wessex Astrum. Sacred  
Geometry in a Mystical  
Landscape. Peter Knight  
Tel. 01963 33360

**Yeovil** 3 Mar  
Clairvoyance  
Cathrine Green  
Tel. Colleen 01935 477756

**Frome** 3 Mar  
an Evening of Clairvoyance  
Dilys Guildford  
Tel. Marina 01373 466391

**Glastonbury PLG** 3 Mar  
the Mayan Calendar. Is the World  
Coming to an End?  
Georgina Sirett Hardy  
Tel. 01458 833128

**Bristol** 3 Mar  
the Genius Groove  
Dr Manjir Samanta-Laughton  
Tel. 0117 924 4512

**DEMG at Stapehill** 4 Mar  
Orbs (EI-Aeons), Plasma, and  
Earth Energies  
Dean Carter & Lorna Heath  
Tel. Dave 07977 144147

**Edinburgh** 4 Mar  
Shaker Gift Drawing and Song  
Bishop Alistair Bate  
[christinebrian@totalise.co.uk](mailto:christinebrian@totalise.co.uk)

**Axminster** 5 Mar  
Clairvoyance  
Angie Kruger and Richard  
Tel. 01297 32331

**London (TS)** 7 Mar  
Discovery of Egypt. HP Blavatsky  
in the Near Orient  
Nicholas Goodricke-Clarke  
Tel. 0207 563 9815

**Bournemouth PLG** 8 Mar  
Body Talk  
Jackie Cross  
Tel. Sue 01202 581898

**Taunton** 8 Mar  
the Magick of Arthur Merlin and  
Avalon  
Gordon Strong  
Tel. Yarrow 07974 649794

**Wokingham** 9 Mar  
Why Kindness is good for You  
David Hamilton  
[hello@inspired-events.com](mailto:hello@inspired-events.com)

**London (LEMC)** 9 Mar  
the Evolution of Avebury  
Tom Dobney  
[lemc@ic24.net](http://lemc@ic24.net)

**Weymouth &  
Dorchester** 10 Mar  
the Garden of Eden  
Edmund Marriage  
Tel. Roma 01305 816644

**Richmond** 10 Mar  
Trust and Belief  
Jupiter in Pisces 2010-2011  
Derek Hawkins  
Tel. 0208 255 2188

**Edinburgh** 11 Mar  
Russian Saints and Sages  
(including Tolstoy)  
Rev Brian Cooper  
[christinebrian@totalise.co.uk](mailto:christinebrian@totalise.co.uk)

**Roadwater** 11 Mar  
Horse Whispering  
Leanna Milward  
Tel. Edward 01984 640147

**Cheltenham** 11 Mar  
the Poet in You  
Jay Ramsay  
[wendy@insearchofthesacred.com](mailto:wendy@insearchofthesacred.com)

**London** 11 Mar  
the Grail Land  
Sarah Dawkins  
Tel. 0870 766 9657

**London (TS)** 14 Mar  
Life Beyond the Grave  
Eric McGough  
Tel. 0207 563 9815

**Woodshaw** 15 Mar  
South Dorset Ridgeway  
Heritage Project  
Sarah Harbige  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

**Bath** 15 Mar  
Bath Story Telling Circle  
Tel. David 01225 482170

**Bournemouth PLG** 15 Mar  
Harmony Chi Kung  
John Drabik  
Tel. Sue 01202 581898

**London (CPS)** 16 Mar  
Healing the World Soul  
Roger Woolger  
Tel. 0207 5893292

**Glastonbury PLG** 17 Mar  
Intimacy, Kundalini and the  
Alchemical Marriage within  
Rita Hraiz  
Tel. 01458 833128

**Bradford on Avon** 17 Mar  
the Healing Voice  
Amanda Relph  
[embraceyourself@ymail.com](mailto:embraceyourself@ymail.com)

**Yeovil** 17 Mar  
Clairvoyance  
Sharon May  
Tel. Colleen 01935 477756

**Edinburgh** 18 Mar  
the Glastonbury Grail. Ley Lines  
and the mission of the Zodiac  
Margo Daru Elliott  
[christinebrian@totalise.co.uk](mailto:christinebrian@totalise.co.uk)

**Bristol** 19 Mar  
Practical Dowling Skills  
Jason Viner  
Tel. Lea 01225 722963

**Glastonbury** 20 Mar  
Mayan Equinox Evening  
Claudie Planche  
Tel. 01458 835506

**Bristol** 21 Mar  
Past Life Regression  
Jane Satchwell  
Tel. Lea 01225 722963

**London (TS)** 21 Mar  
Atlantis and the Global Warming  
Cycle.  
John Gordon  
Tel. 0207 563 9815

**Bournemouth PLG** 22 Mar  
Resolution Magic  
Olivia Roberts  
Tel. Sue 01202 581898

**London (LEMC)** 23 Mar  
Sacred Turf and Football  
Scott Wood  
[lemc@ic24.net](mailto:lemc@ic24.net)

**Glastonbury PLG** 24 Mar  
the Mystery of Mediumship  
Deb Hawken  
Tel. 01458 833128

**London (Forum)** 25 Mar  
the Genius Groove  
Dr Manjir Samanta Laughton  
Tel. 0208 671 5417

**Axminster** 26 Mar  
Rediscovering Avebury Henge  
Maria Wheatley  
Tel 01297 32331

**London (RILKO)** 26 Mar  
Sacred Space Sacred Sound  
Susan Hale  
Tel. Rob 0208 7629753

**Totnes** 27 Mar  
Weaving Words and Spinning  
Tales. An Evening of Poetry &  
Story Telling. Zoe Hudson,  
Marie Creehan & Jeffrey Gale  
Tel. Jeffrey 01803 868744

**London (TS)** 28 Mar  
Cosmic Religion. Towards a New  
Spiritual Philosophy  
Barry Seabourne  
Tel. 0207 563 9815

**Bournemouth PLG** 29 Mar  
A Demonstration of  
Transfiguration and Energy  
Peter Steedman  
Tel. Sue 01202 581898

**Sherborne** 29 Mar  
From Sinixt to Somerset: My life  
with Native Americans  
Celia Gunn  
Tel. Jean 01963 220323

**Glastonbury PLG** 31 Mar  
High Spirits: Staying alive in testing  
times  
Akasha Lonsdale  
Tel. 01458 833128

**Dorchester** 31 Mar  
Meeting of the Pagan Moot  
Tel. 01305 251646

## WORKSHOPS & COURSES

**Bristol** 1 Mar  
Advanced Skills  
the Journey  
Debs  
Tel. 01656 890400

**Wimborne** 3-7 Mar  
Regression Academy  
Andy Tomlinson  
Tel. 01202 841522

**Tadley** 5 Mar  
Pain Management  
Linda Sykes  
Tel. 01202 674636

**Cattistock** 5-7 Mar  
Mythic Imagination. The Vision  
Merrily Harpur  
Tel. 01300 320064

**Maidenhead** 5-7 Mar  
Healing with Conscious  
Communication  
Debs  
Tel. 01656 890400

**St Leonards** 5-8 Mar  
Awareness Weekend I  
Lorraine Edwards  
Tel. 01424 729518

**Poole** 6 Mar  
the Ultimate Body Workshop  
Stephen Coburn  
Tel. 01202 674636

**Cranborne** 6 Mar  
Heaven in my Heart  
Nick Prater  
Tel. 01202 885294

**Bath** 6 Mar  
Meditation Workshop  
John Gloster Smith  
Tel. 01249 813188

**Glastonbury** 6-7 Mar  
Usui Reiki I and II  
Claudie Planche  
Tel. 01458 835506

**London (CPS)** 7 Mar  
Ascended Masters and  
Angels. Sue Allen  
Tel. 0207 5893292

**Thakeham** 8 Mar  
Wolf Family  
Justine van de Weg  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

**Poole** 9 Mar  
Exploring the Art of Dying  
Beth Hutchings  
Tel. 01202 674636

**Thakeham** 10-11 Mar  
Angel Guidance and Healing  
Diploma  
Justine van de Weg  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

**Ilton** 12-21 Mar  
Diana Cooper School Ascension  
Teacher Training Course  
Tel. Margaret 01460 53699

**Glastonbury** 13 Mar  
Crystal Therapy Practitioner.  
Levels I and II  
Anni Watson  
Tel. 01458 835518

**Dorchester** 13 Mar  
Working with the Body  
Auberon Finch  
Tel. 01305 756000

**Glastonbury** 13-14 Mar  
Five Gateways Workshop  
Chris Bourne  
Tel. 01458 830443

**East Berks** 14 Mar  
Energy Awareness and  
Intuitive Massage  
Jan Trewartha  
Tel. 07724 027748

**Cullompton** 15-16 Mar  
Enneagram Foundation  
Course Part 1  
Veronica & Chris Croft  
Tel. 01884 855759

**Glastonbury** 19 Mar  
How to Read the Ancient Rune  
Stones  
Ann O'Keife  
Tel. 01458 835518

**Glastonbury** 21 Mar  
Mayan Calendar  
Claudie Planche  
Tel. 01458 835506

**St Leonards** 26-29 Mar  
Harmony through Shamanism  
Les Fuller  
Tel. 01424 729518

**Shrewsbury** 27 Mar  
2012 and White Brotherhood  
Workshop  
Andrew Smith  
Tel. 01963 440733

**Stroud** 27 Mar  
the D Word. Talking about  
Dying. Sue Brayne  
Tel. 01453 759034

**Sharpham** 27 Mar  
Writing the Bright Moment  
Roselle Angwin  
Tel. 01822 841081

**Axminster** 27 Mar  
Sound for Mind Body and Spirit  
Lin Law  
Tel 01297 32331

**Kingston upon Thames**  
27-28 Mar  
Pranic Healing  
Sandy Humby  
[www.interioralchemy.co.uk](http://www.interioralchemy.co.uk)

**Ludlow** 28 Mar  
2012 and White Brotherhood  
Workshop  
Andrew Smith  
Tel. 01746 787566

**Tadley** 28 Mar  
Past Life Therapy  
James Faulkner  
Tel. 01202 674636

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)

**Bath Storytelling Circle.**  
Tel. 01225 334204

**the London Forum.**  
[www.londoncircles.net](http://www.londoncircles.net)

**Bournemouth PLG**  
[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[Mysticklight.com](http://Mysticklight.com)

[www.thamesvalleydowers.org.uk](http://www.thamesvalleydowers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

**Glastonbury PLG**  
[www.shiny-happy-people.co.uk](http://www.shiny-happy-people.co.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.theantiquariansociety.com](http://www.theantiquariansociety.com)

[www.Loveandlight.co.uk](http://www.Loveandlight.co.uk)

[www.hospiceoftheheart.org](http://www.hospiceoftheheart.org)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.thehouseoflife.co.uk](http://www.thehouseoflife.co.uk)

**R.I.L.K.O.**  
<http://members.aol.com/rilko/>

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[www.revolutionof2012.net](http://www.revolutionof2012.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.saahera-centre.org](http://www.saahera-centre.org)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

**Sea Spirit Centre**  
<http://spiritual-courses.co.uk>

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

[www.wyverndowsing@freeserve.co.uk](http://www.wyverndowsing@freeserve.co.uk)

[www.brlsi.org](http://www.brlsi.org)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.insearchofthesacred.com](http://www.insearchofthesacred.com)

[www.valehealing.co.uk](http://www.valehealing.co.uk)

**Fountain Group**  
[embraceyourself@ymail.com](mailto:embraceyourself@ymail.com)

**Wimborne** 28 Mar  
Activate Your Law of  
Attraction  
Valerie & Stephen Coburn  
Tel. 01202 674636

**Maiden Castle** 28 Mar  
Temple Initiation.  
The Way of the Mystic Warrior  
David Hand  
Tel. 01202 429300

**Thakeham** 28 Mar  
Dragons  
Justine van de Weg  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

**Cullompton** 29 -30 Mar  
Enneagram Foundation  
Course Part 2  
Veronica & Chris Croft  
Tel. 01884 855759

**Helfrantzkirich** 30 Mar  
Full Moon Sacred Site  
Ceremony  
Grand Mayan Itza Council  
[yokhahmaya@hotmail.com](mailto:yokhahmaya@hotmail.com)

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 Mar 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Bournemouth** Tues / Weds  
Channelling & Meditation  
Tel. Gary 01202 418291

**Weymouth** Weds (eves) /  
Friday (mornings)  
Lightworker Development  
Tel. Tricia 01305 784348

**Weymouth** Thurs  
Lightworker Circle  
Tel. David 01202 429300

**E. Woodlands** 1, 15, 29 Mar  
Healing from the Heart  
Tel. Marina 01373 466391

**Sparkford** 7, 20 Mar  
Meditative Journeys and Practice  
Andrew Smith  
Tel. 01963 440733

**Stoke Trister** 26 Mar  
Monthly Meditation  
Tel. 077599 42110

### SERVICES

**W. Mersea 9, Kelvedon** 23 Mar  
Spiritual Friends Service, Guest  
Medium, Healing, Workshop  
Tel. Carole 01621 869567

**Stoke Trister** 28 Mar  
Interfaith Service  
Mary Adams & Sarah Cox  
Tel. 077599 42110

### TRIPS, TOURS & VISITS

**Pendle Witch Tour** 6 Mar  
Megalithic Tours  
Tel. Neil 01772 728181

**Dartmoor** 14 Mar  
Dowsing Dartmoor  
Aaron Bray  
Tel. 07973120244

**Abingdon Abbey** 28 Mar  
Archaeological Dowsing  
Geoff Crockford and Nigel  
Hughes  
Tel. Susan 01494 813214

## UFO Matrix

by Malcolm Robinson

UFO Matrix is a new newsstand magazine that is set to restore the vacuum left by the demise of UFO Magazine and other such British publications. This new UFO magazine is a fantastic opportunity for UFOlogists the world over to present their findings, thoughts and case files, which will be seen by thousands across the U.K. and the rest of the world. We will gladly consider any articles that you have written on UFOs (or photographs). Articles should solely be on UFOs and consist of no more than 4 A4 pages and not be less than two and a half pages. All submissions should be accompanied by a postal address. Email Malcolm Robinson at [malckyspi@yahoo.com](mailto:malckyspi@yahoo.com) for more information about the new publication.

## Book Review: Space Clearing Kit: Working with Nature to Enhance the Energies of Your Home

by Christian Hummel

The cover of this richly-illustrated, spiral-bound book says it all: an apron-clad fairy god(dess) mother sprinkles brightness and order over an animated house and its environs. You can almost see the house smile. The author's message, of course, is that you can work with nature to energetically clear your home and property yourself. Its pages are packed with information, from the practical to the esoteric, weaving a wide array of subjects and sources into a rich tapestry of knowledge and wisdom. Open any page and find food for thought? and action. A fascinating book in which the author covers space clearing from A to Z, illuminating the personal as well as the planetary benefits of living with nature. It's a dowser's delight. For further information about the book and Christian's forthcoming workshop in Cork log on to <http://earthtransitions.com>

## Book Review: The Genesis of Freemasonry

by David Harrison

This book is a revealing and thoroughly enjoyable journey through the intricate history of English Freemasonry. Historian Dr. David Harrison reconstructs the hidden history of the movement, tracing its roots through a mixture of medieval guild societies, alchemy and necromancy. He examines the earliest known Freemasons and their obsessions with Solomon's Temple, alchemy, and prophecy, to the formation of the Grand Lodge in London, which in turn led to rebellions within the Craft throughout England. Harrison also analyses the role of French immigrant, Dr Jean Theophilus Desaguliers in the development of English Freemasonry, focusing on his involvement with the formation of the mysterious modern Masonic ritual. Freemasons and more general readers will find much of interest in this fascinating exploration of the very beginnings of Freemasonry, still one of the most mysterious brotherhoods in the world. For further information about the book log on to <http://www.lewisimasonic.com> or email David at [dharrison1968@yahoo.co.uk](mailto:dharrison1968@yahoo.co.uk)

## Meditational Messages from the Mountain of Scrolls

by Shakti Prem

Don't be ashamed of loving yourself, for how do you show others love if you cannot love yourself. Let the gateways open and the flood of love rise through you and into you. You have the power of loving and to be loved ~ let go ~ feel it ~ smell it ~ enjoy it ~ breathe in deeply.

To promote an event or submit a contribution to the newsletter email Robert Mulliss at [rmulliss@talktalk.net](mailto:rmulliss@talktalk.net) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)