



# Wessex Research Group Network *Newsletter*

VOLUME 5, ISSUE 9.

September 2010

September offers up a bumper harvest of events. It is also the month when we welcome the Burnham on Sea Pagan Moot [www.somersetpagans.org](http://www.somersetpagans.org) to the network.

The latest addition to the on-line Wessex lecture archive is *Adventure in to God* by Sir George Trevelyan. The latest addition to the on-line article archive is *Illusion and Initiation* by Frederic Lionel.

## **A Lifetime Understanding Nature by Ruth Cook**

As a young girl I spent many happy hours with my grandfather in his garden. We would play all manner of games with the garden folk, subjects of Lady Gaia, queen of the garden world.

Grandfather is long gone. He spent his life working with the land as I have (principally in horticulture). A lifetime of working with plants has made me realise the deeper relevance of these simple childhood games, for they pave the way towards a time when human consciousness is no longer separate from that of the plant, animal and mineral kingdoms.

We already exchange our human energies with the plant kingdom and mankind has always had a close relationship with those plants that he grows for his own sustenance. This is a two-way process; man gives out energy and by eating, receives it back, completing the resolution of a natural cycle, one that existed ever since we first ceased to be hunters and learned to nurture the vegetable kingdom.

Over many millennia humanity has developed a good understanding of the mechanics of the plant world but not the underlying energies. For example the subtle energy of the plant kingdom has the ability to continue long after the individual plant has died and dissipated. This is the reason that herbal medicine remains so powerful long after the plant itself is dead. It allows a remnant of that plant to maintain the subtle body, or power, which was there originally.

The New Age offers us the opportunity to accelerate this understanding and form this deeper relationship with Gaia allowing us to interact with the natural world at an ethereal / energetic level. This deep and profound union will amount to more than just acknowledging the passage of the seasons, or being aware of changing weather patterns, it will be a relationship that will nourish the energies of both humanity and the natural worlds.

Conversations with the spirits of the elemental worlds would be more than just children's games, indeed the



interaction of elemental and human energies, will enable humanity to work as co-creators with the natural world, with ideas of thought from spirit working within matter, to form the shapes of nature.

Irrespective of whether we live in an urban environment or in the country we can begin to enter in to these new partnerships by simply projecting our awareness and appreciation of our home planet Earth. Start by creating a powerful feeling of energy, growth and life and project a feeling of radiant sunshine, (this is the vital ingredient of energy the plant kingdom most needs). Exist as if your consciousness has already connected with that of Gaia and realise that you live your life immersed in within a world of radiant beauty, a living beauty that is sensate and conscious. As such it needs to feel loved, cherished, honoured and appreciated.

As we evolve over the next decade, the concept of being able to merge our human energies with those of our home the Earth will become much more commonplace. The vegetable kingdom has a special role to play because it is the great planetary oxygenator and links the mineral and animal kingdoms. During this time of transition its energetic rhythm will remain close to that of the Earth and in so doing it offers us the chance to re-focus our human energies, taking them back towards the natural rhythms of the planet.

Planetary transition will see the demise of anthropogenically derived cycles and the re-emergence of one cosmic planetary rhythm for all aspects of consciousness (including the human kingdom). We are a part of a living nature, the point at which nature becomes conscious of herself.

As the organ of consciousness on the living Earth, it is time to acknowledge our responsibilities as divine spiritual beings and work with a sense of reverence for the welfare of the Earth and all life upon it.

Sherborne & Yeovil  
Jan 01935 421161

Frome WRG  
Marina 01373 465848

Totnes  
Jeffrey 01803 868744

Glastonbury WRG  
Sue 01458 835708

Weymouth & Dorchester  
Roma 01305 816644

Yeovil Psychic Society  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)

Dorset Earth Mysteries  
Group  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)

School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)

New Dimensions  
Group Bristol  
Lea 01225 722963

Bristol Dowzers  
Lea 01225 722963

Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)

[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)

[www.stoneseeker.net](http://www.stoneseeker.net)

[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)

Centre for Pure Sound  
Tel. 01935 389655

[www.londonearth.com](http://www.londonearth.com)

The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

Natures Way, Exmoor  
Tel. 01984 640147

Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

Taunton Pagan Moot  
Tel. 01823 283742

[www.avalonrising.co.uk](http://www.avalonrising.co.uk)

[www.angellight.co.uk](http://www.angellight.co.uk)

Taunton Association for  
Psychodynamics (TAP)  
Tel. 01823 665798

[www.wccsq.com](http://www.wccsq.com)

[www.innerpotential.org](http://www.innerpotential.org)

[www.wrekinforum.org](http://www.wrekinforum.org)

[www.goldenageproject.org.uk](http://www.goldenageproject.org.uk)

Theosophical Society in  
Scotland

[www.findhorn.org](http://www.findhorn.org)

## EVENTS

**Crete** 7-14 Sep  
Angels Abroad  
Chrissie Astell  
[www.angellight.co.uk](http://www.angellight.co.uk)

**Wimborne** 9-12 Sep  
Society for Shamanic Practitioners  
Annual Conference  
[www.gauntshouse.com](http://www.gauntshouse.com)

**Manchester** 11 Sep  
Wrekin Forum Regional  
Round Table  
[www.wrekinforum.org](http://www.wrekinforum.org)

**Bournemouth** 12 Sep  
Personal Empowerment for 2012  
and Beyond  
[www.suestone.com](http://www.suestone.com)

**Sussex** 17-19 Sep  
Out of the Ordinary Festival  
[www.outoftheordinaryfestival.com](http://www.outoftheordinaryfestival.com)

**Zakynthos** 14-18 Sep  
Spiritual Retreat  
[www.angeldivinity.com](http://www.angeldivinity.com)

**London** 18 Sep  
School of Energy Healing  
Open Day  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)

**Glastonbury** 19 Sep  
Healing and Meditation Retreat  
[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

**Glastonbury** 23 Sep  
Autumn Equinox Celebration  
[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

**North Cornwall** 24-26 Sep  
Lightworker Michaelmas Retreat  
David Hand  
[www.mysticklight.com](http://www.mysticklight.com)

**Hove** 24-26 Sep  
Faerie Ball and Weekend  
Faerie Fayre  
[www.thefairyball.co.uk](http://www.thefairyball.co.uk)

## TALKS

**Frome** 1 Sep  
Cellular Awakening. How Your  
Body Holds and Creates Light  
Andy Baggott  
Tel. Marina 01373 465848

**Glastonbury PLG** 1 Sep  
Glastonbury Giggle and  
Laughter Yoga  
Michaela Fairbairn  
Tel. 01458 833128

**Yeovil** 1 Sep  
Clairvoyance  
Mark De Ville  
Tel. Colleen 01935 477756

**DEMG at Stapehill** 2 Sep  
Exploring the Song of the  
Earth: 50 landscape  
zodiacs in the UK  
Anthony Thorley  
Tel. Dave 07977 144147

**Axminster** 3 Sep  
Past Lives: Have we been here  
before?  
Fred and Therese Seward  
Tel. 01297 32331

**Bath PLG** 6 Sep  
Radical Awakening: The new  
frequency that is changing our  
world. Amoda Maa Jeevan  
Tel. Jacqui 07868 890388

**Stoke Trister** 6 Sep  
The Implications for the Year  
2012 based on the Mayan  
Calendar. Carol Gray  
Tel. 01963 33360

**Bournemouth PLG** 6 Sep  
Palmistry  
Robin Lown  
Tel. Sue 01202 581898

**Weymouth &  
Dorchester** 8 Sep  
A Twist in the Coyotes Tail.  
Living with a Native North  
American Tribe  
Celia Gunn  
Tel. Roma 01305 816644

**Glastonbury PLG** 8 Sep  
You Can Heal Your Life  
Liz Josey  
Tel. 01458 833128

**Roadwater** 9 Sep  
The Magick of Arthur  
Gordon Strong  
Tel. Edward 01984 640147

**Axminster** 10 Sep  
Clairvoyance  
Jenny Ann  
Tel. 01297 32331

**Bath** 10 Sep  
'I Know my Rights: but what laws  
were there in Roman Bath?'  
Prof. Derek Roebuck  
Tel. Lee 01225 312084

**Taunton** 13 Sep  
The Mayan Calendar.  
2012 is Now!  
Claudie Planche  
Tel. Stephen 01823 330585

**Bournemouth PLG** 13 Sep  
Radical Awakening  
Amoda Maa Jeevan  
Tel. Sue 01202 581898

**Burnham on Sea** 14 Sep  
Meeting of the Pagan Moot  
[steve@hedgewitch.org](mailto:steve@hedgewitch.org)

**Yeovil** 15 Sep  
Psychic Supper  
Yeovil Psychic Society  
Tel. Colleen 01935 477756

**Bristol** 16 Sep  
Heart and Soul Healing  
Ken Page and Nancy Nester  
Tel. 0117 9244512

**Edinburgh** 16 Sep  
Combining Food with Personal  
and Spiritual Development  
Judy Barber  
[christinebrian@totalise.co.uk](mailto:christinebrian@totalise.co.uk)

**London (CPS)** 17 Sep  
Enchantment. An Evening of  
Chant and Mantra  
Stewart Pearce  
Tel. 0207 589 3292

**Bristol** 17 Sep  
Searching for the Arc of the  
Covenant  
Prof. Peter Stewart  
Tel. Lea 01225 722963

**Axminster** 17 Sep  
Lightening Process  
Kazy Vincent James  
Tel. 01297 32331

**Taunton** 17 Sep  
Climate Change. Reality vs the  
Pleasure Principle; the Final  
Showdown?  
George Marshall  
Tel. 01823 665798

**Glastonbury** 18 Sep  
Mayan Equinox Evening  
Claudie Planche  
Tel. 01458 835506

**Bristol** 19 Sep  
Spiritual Healing through Herbs  
Nathan Hughes  
Tel. Lea 01225 722963

**Bath PLG** 20 Sep  
The Mystery of Mediumship  
Deb Hawken  
Tel. Jacqui 07868 890388

**Bournemouth PLG** 20 Sep  
The Art of Shamanic Journeying  
Maria Baggaley  
Tel. Sue 01202 581898

**Bath** 20 Sep  
Bath Story Telling Circle  
Tel. David 01225 482170

**Woodshaw** 20 Sep  
A review of 2010 Crop  
Formations  
Francine Blake  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

**London (CPS)** 21 Sep  
Awakening our Souls  
Andy Tomlinson  
Tel. 0207 589 3292

**Glastonbury PLG** 22 Sep  
Film Premier: The 5 Gateways  
Chris Bourne  
Tel. 01458 833128

**Axminster** 24 Sep  
Willowby's World  
Deirdre Edwards  
Tel. 01297 32331

**Totnes** 26 Sep  
Orbs (Al-Aeons), Plasma  
and Earth Energies  
Dean Carter and Lorna Heath  
Tel. Jeffrey 01803 868744

**Bournemouth PLG** 27 Sep  
Bi-Aura Healing  
Lynda Evans  
Tel. Sue 01202 581898

**Bath PLG** 27 Sep  
Connecting to Inner Peace  
John Gloster Smith  
Tel. Jacqui 07868 890388

**Sherborne & Yeovil** 27 Sep  
2012 What the Bleep is  
Happening?  
Glen Tucker  
Tel. Jan 01935 421161

**London (LEMC)** 28 Sep  
History Mysteries - Salem  
Witch Trials, Dead Presidents,  
Rasputin & The Sla...  
Michael Bingas  
[lemc@ic24.net](mailto:lemc@ic24.net)

**Glastonbury PLG** 29 Sep  
Re-evaluation Counselling  
Jaine Raine  
Tel. 01458 833128

**London (Forum)** 29 Sep  
Review of the 2010 Crop  
Circle Season  
Andy Thomas  
Tel. 0208 671 5417

**Edinburgh** 30 Sep  
The Seven Rays  
Sarah McKechnie  
[christinebrian@totalise.co.uk](mailto:christinebrian@totalise.co.uk)

## WORKSHOPS & COURSES

**Tadley** 1 Sep  
Miracle Weight Loss  
Lorraine Knight  
Tel. 01256 850521

**Swallowfield** 4 Sep  
Art Therapy  
Heather Giles  
[hello@inspired-events.com](mailto:hello@inspired-events.com)

**Glastonbury** 4 Sep  
Usui Reiki I and II  
Claudie Planche  
Tel. 01458 835506

**Forres** 4 Sep  
Thriving in Changing Times  
Shamanic Tools for Personal and  
Planetary Healing  
Astrid Gude  
Tel. 01309 690311

**Yeovil** 4 Sep  
The Alchemy of Trees  
Disciples of Experience Day  
Clint Denyer  
Tel. 07546 598582

**Swallowfield** 4 Sep  
Mandala Making  
Rosella Longinotti  
[hello@inspired-events.com](mailto:hello@inspired-events.com)

**London** 4 Sep  
You To Can Heal  
Inner Potential Centre  
Tel. 0207 736 4187

**London** 4-5 Sep  
the Essence of Healing  
School of Energy Healing  
Tel. 0870 800 7060

**Cullompton** 4-5 Sep  
Enneagram Foundation  
Course Part 1  
Veronica & Chris Croft  
Tel. 01884 855759

**Sherborne** 5 Sep  
Overtone Circle  
Dean Carter  
Tel. 01935 389655

**Glastonbury** 6 Sep  
Theta Healing Course  
Tel. 01458 831154

**Worthing** 6-10 Sep  
Day Spiritual Retreat  
[justine@angeldivinity.com](mailto:justine@angeldivinity.com)

**St Leonards** 10 Sep  
Soul Connection to Everything  
Les Fuller  
Tel. 01424 729518

**Stroud** 10 Sep  
Rhythms of Life: Group Drumming  
and Musicmaking Course  
Stefan Cartwright  
Tel. 01453 759034

**Axminster** 11 Sep  
Past Lives  
Fred and Therese Seward  
Tel. 01297 32331

**Weymouth** 11 Sep  
Tarot  
Patricia Davis  
Tel. 0783 3164615

**London (CPS)** 11 Sep  
How Psychic or Mediumistic Are  
You?  
Janet Limb  
Tel. 0207 589 3292

**Edmondsham** 11-12 Sep  
Dare to Dream. Creating  
Compelling Futures  
Using NLP  
Sarah Frossell  
Tel. Jackie 01202 885294

**Cullompton** 11-12 Sep  
Enneagram Foundation  
Course Part 2  
Veronica & Chris Croft  
Tel. 01884 855759

**Sherborne** 12 Sep  
Sound Bath  
Dean Carter  
Tel. 01935 389655

**Edinburgh** 16 Sep  
Combining Food with  
Personal and Spiritual  
Development  
Judy Barber  
[christinebrian@totalise.co.uk](mailto:christinebrian@totalise.co.uk)

**Axminster** 18 Sep  
Engage with your Inner  
Health Coach  
Anne Marshall  
Tel. 01297 32331

**London** 18 Sep  
Turn Your Life Around  
Bryan Craig  
Tel. 0207 736 4187

**Glastonbury** 18 Sep  
EFT for Family and Friends  
Claudie Planche  
Tel. 01458 835506

**London** 18 Sep  
Turn Your Life Around  
Bryan Craig  
Tel. 0207 736 4187

**Bristol** 18 Sep  
Heart and Soul Healing  
Ken Page and Nancy Nester  
Tel. 0117 9244512

**Bristol** 19 Sep  
Shadow Effect  
Liz Foster  
Tel. 0117 9244512

**London (CPS)** 19 Sep  
How to Unlock the Secrets  
of Your Dreams  
Davina Mackail  
Tel. 0207 589 3292

**Glastonbury** 19 Sep  
Mayan Calendar for 2012  
Claudie Planche  
Tel. 01458 835506

**Glastonbury** 22 Sep  
Diving into the Silence Within  
Divine Openings  
Tel. 01458 831154

**Ilton** 22-26 Sep  
Unicorn Healing  
Practitioner Course  
Margaret Merrison  
Tel. Margaret 01460 53699

**Stroud** 23 Sep  
The Sacred Arts of Healing  
Caitlin Matthews  
Tel. 01453 759034

**Bristol** 23 Sep  
Sound Relaxation and  
Meditation - With Gongs and  
Singing Bowls  
Celia Beeson  
Tel. 0117 9244512

**Bath Storytelling Circle.**  
Tel. 01225 482170

**the London Forum.**  
[www.londoncircles.net](http://www.londoncircles.net)

**Bournemouth PLG**  
[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[Mysticklight.com](http://Mysticklight.com)

[www.thamesvalleydowers.org.uk](http://www.thamesvalleydowers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

**Glastonbury PLG**  
[www.positivelivinggroups.co.uk](http://www.positivelivinggroups.co.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.theantiquariansociety.com](http://www.theantiquariansociety.com)

[www.Loveandlight.co.uk](http://www.Loveandlight.co.uk)

[www.hospiceoftheheart.org](http://www.hospiceoftheheart.org)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.thehouseoflife.co.uk](http://www.thehouseoflife.co.uk)

**R.I.L.K.O.**  
<http://members.aol.com/rilko/>

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[www.revolutionof2012.net](http://www.revolutionof2012.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.saahera-centre.org](http://www.saahera-centre.org)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

**Sea Spirit Centre**  
<http://spiritual-courses.co.uk>

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

[www.wyverndowsing@freeserve.co.uk](http://www.wyverndowsing@freeserve.co.uk)

[www.brlsi.org](http://www.brlsi.org)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.insearchofthesacred.com](http://www.insearchofthesacred.com)

[www.valehealing.co.uk](http://www.valehealing.co.uk)

**Fountain Group**  
[embraceyourself@ymail.com](mailto:embraceyourself@ymail.com)



**Latakia** (Syria) 23 Sep  
Full Moon Sacred Site  
Ceremony  
Grand Mayan Itza Council  
[yokhahmaya@hotmail.com](mailto:yokhahmaya@hotmail.com)

**Wimborne** 24-26 Sep  
Yoga for ME  
Fiona Agombar  
Tel. 01202 841522

**Glastonbury** 24-26 Sep  
The Template: Sacred  
Geometry Activation  
Claudie Planche  
Tel. 01458 835506

**Edmondsham** 25 Sep  
NLP Practitioner Training  
Sarah Frossell  
Tel. Jackie 01202 885294

**London** 25-26 Sep  
Journey Intensive  
Brandon Bays  
Tel. 01656 890400

**London** (CPS) 26 Sep  
Managing Your Energy During  
Psychic Work and Healing  
Sharry Clark  
Tel. 0207 589 3292

**Axminster** 26 Sep  
Reiki I. Sandy Boyd  
Tel. 01297 32331

**London** 26 Sep  
Prayer Energy. The Power  
to Bring About Change  
Mark Bennett & Zascha Bresilly  
Tel. 0207 736 4187

**Stroud** 26 Sep  
A Graceful Gathering of  
Angels  
David Goddard  
Tel. 01453 759034

**London** 27 Sep  
Journey: Advanced Skills  
Debs  
Tel. 01656 890400

**Edinburgh** 30 Sep  
The Seven Rays  
Sarah McKechnie  
[christinebrian@totalise.co.uk](mailto:christinebrian@totalise.co.uk)

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 September 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Bournemouth** Tues / Weds  
Channelling & Meditation  
Tel. Gary 01202 418291

**Christchurch** Weds  
Lightworker Circle  
Tel. David 01202 429300

**Weymouth** Weds (eves) /  
Friday (mornings)  
Lightworker Development  
Tel. Tricia 01305 784348

**Weymouth** Thurs  
Lightworker Circle  
Tel. David 01202 429300

**Axminster** 5 Sep  
Meditation  
Tel. 01297 32331

**E. Woodlands** 6, 20 Sep  
Healing from the Heart  
Tel. Marina 01373 465848

**Stoke Trister** 24 Sep  
Monthly Meditation Service  
Tel. 01963 33360

### SERVICES

**W. Mersea** 14 Sep  
Spiritual Friends Service, Guest  
Medium, Healing, Workshop  
Tel. Carole 01621 869567

**Stoke Trister** 19 Sep  
Interfaith Service  
Tel. 01963 33360

### TRIPS, TOURS & VISITS

**Lake District Retreat** 3 Sep  
Megalithic Tours  
Tel. Neil 01772 728181

**Winchester** 5 Sep  
Thames Valley Dowzers  
Tel. Susan 01494 813 214

**Dartmoor  
Pilgrimage** 12 Sep  
Stoneseecker Tours  
Tel. 0775 408 2691

**Mysterious North Wales &  
the Arthurian & Grail  
Connection** 13 Sep  
Megalithic Tours  
Tel. Neil 01772 728181

**Scotland & the Templar  
Connection Quest** 17 Sep  
Megalithic Tours  
Tel. Neil 01772 728181

**Autumn Equinox Full  
Moon Drumming** 25 Sep  
Stoneseecker Tours  
Tel. 0775 408 2691

**Derbyshire Henges and  
Stone Circles** 25 Sep  
Megalithic Tours  
Tel. Neil 01772 728181

**Stanton Harcourt** 26 Sep  
Devils Quoits  
Wyvern Dowzers  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

## Book Review: Haunted Pubs of the South West by Ian Addicoat

This book presents a fascinating read about the ghosts found in public houses throughout England's South West.

Take for instance the George and Pilgrim pub in Glastonbury. A ghostly Monk back in the 1970's was said to have sat on the bed of a guest and calmly spoke about Queen Elizabeth before disappearing. Another very haunted building that we find in this book is the Jamaica Inn at Bolventor, Launceston in Cornwall. The author describes how he verbally communicates with the ghosts that haunt this property.

Friendly ghosts might be found at the King William pub in Bristol, where spooks are often heard 'calling out' to members of staff when no other people have been in the building. At the Old Road Inn in Plymouth Devon, the ghostly resident puts out the rubbish bins.

They say that ghosts can't harm you, but try telling that to the proprietor's wife of the Farmers Arms pub in Wolfardinsworthy in Devon. His wife was thrown forcibly from a chair and on another occasion was stroked by an invisible hand as she lay in bed. A member of staff was also hit on the head by a glass bowl. All these events seemed to stem from when the proprietor found an old hidden well on his 13<sup>th</sup> century property.

To promote an event or submit a contribution to the newsletter email Robert at [newsletter@wessexresearchgroup.org](mailto:newsletter@wessexresearchgroup.org) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)

Then there is the ghost of a young girl seen at the First and Last Inn at Sennen Cornwall, she looked directly at a startled observer, smiled then slowly disappeared.

One figure who seems to pop up as a ghost more than any other in all these haunted pubs, is Judge Jeffreys. As a judge he sentenced many innocent people to their deaths during the Bloody Assizes that followed the Monmouth Rebellion of 1685. For further information about this book log on to [www.amberleybooks.com](http://www.amberleybooks.com)

## Meditational Messages from the Mountain of Scrolls by Shakti Prem

Many have come to your world with love of purest form. Some of you see and hear us. Those who do not are not awakened yet and deny our existence.

You are all from many places far beyond your world from many different stars and planets. Like us you are extra terrestrial but we are all, from one source of energy.

Spread amongst the universe and omniverse and beyond, where all has begun and ended, ended and begun, your souls have chosen your paths before you even were conceived. We are the ones you seek amongst you in your world, you ask us for help with the planet you call Earth.

By saving yourselves, you save the Earth. Bare witness to recent events, the earth talks - listen to it feel it be at one with it and only then can you help to heal it. Your work is only just beginning my friends.