



Wessex Research Group Network *Newsletter*

VOLUME 7, ISSUE 4.

April 2012

April 2012 and we welcome Brien Foerster from Peru. Brien will be speaking at a number of events across Wessex during April and May. A welcome also to the Avebury Experience a Wiltshire based dowsing research group. www.theaveburyexperience.co.uk

From April the Glastonbury WRG will be located at a new venue, the Avalon Constitutional Club, 50 High Street, Glastonbury. Further information can be obtained by contacting Mick on 01458 835620.

The month ahead also sees the first Brympton festival of Literature, Music and Art www.brymptonfestival.co.uk and the launch of Awakening TV, a channel dedicated to exploring alternate views on life, death and what lies beyond www.youtube.com/user/AwakeningChannel

The latest addition to the on-line digital lecture archive is *Expanding our Awareness* by Carol Fraser.

The Recovery of Meaning

By Isobella D'Constanza

The surging energies of springtime bring tender green shoots as we move forward into each new moment. It is this time of the year when more than ever, the irresistible force of creation manifests itself through the living forms of nature.

We can only marvel at the wonder of the natural world and the array of elemental forces that interact to maintain the delicate balance of life on Earth. By default; the human kingdom is part of this marvellous matrix of creation. Our Earth bound physical bodies are forged from the substance of the Earth yet we are also spiritual beings. We are each a point of consciousness, a vortex point through which the creative power of the cosmos (the in-flooding future) can flow.

Through our freewill we are able to control this inflow, acting as a conduit to work with the living world, in harmony and in accordance with natural law. The in-flooding future becomes the present, a moment which we are able to shape through our thoughts feelings and actions.

When this point is reached, evolution becomes conscious of itself. For this to happen, imagine the wisdom and levels of understanding that would be working through humankind. We would be one with the harmony of natural law, part of a living unity!

The universe strives to work through us yet because of our sense of separation from it, we contrive to pollute, destroy and mis-manage our beautiful planet. There is no question that we have been wasteful to the point of extravagance, with much of our anthropogenic activity meaningless when the bigger picture is considered.



The recovery of meaning is the recovery of our heritage as spiritual beings. In respect to the Earth it is about re-orientating our thinking back towards working with it, allowing universal creative intelligence to flow through us as the creative point on Earth, for the implementation of natural law.

We have been errant stewards of planetary consciousness, but springtime provides us with a wonderful opportunity to reaffirm our connection to the living and fulfil our true role as spiritual / earthbound beings. This is an enormous challenge, a tremendous responsibility, one that asks us to assess the way in which currently behave and as one, turn our thinking around to anchor this higher universal way on Earth. Consciously we bring the higher values of love and compassion into our actions during each living moment.

As we enter the New Age we shall find that the answers to our questions come not from fiscal accountability or dogmatic belief (religious or political) but from an understanding of the spiritual nature of man, and his role as a planetary steward. All we have to do is find it within ourselves and make a commitment to working with natural law. The worlds of spirit and nature stand ready to help us if we just ask for their help.

The ultimate truth and goal for humanities recovery of meaning is surely summarised in the gospel of St John (Chapter 15, verses 4 and 5)

Abide in me and I in you. As the branch cannot bear fruit of itself, except it abide in the vine, no more can ye, except ye abide in me.

I am the vine ye are the branches. He that abideth in me and I in him, the same bringeth forth much fruit, for without me you can do nothing.

Sherborne & Yeovil
Jennie 01935 817685

Frome WRG
Marina 01373 465848

Totnes
Jeffrey 01803 411891

Glastonbury WRG
Mike 01458 835620

Weymouth & Dorchester
Roma 01305 816644

Yeovil Psychic Society
www.yeovilpsychics.org.uk

**Dorset Earth Mysteries
Group**
www.dorsetmysteries.org

**School of Energy
Healing Educational Trust**
www.energyhealing.co.uk

**New Dimensions
Group Bristol**
Lea 01749 678834

Bristol Dowzers
Lea 01749 678834

Joyous Isle workshops
www.joyousisle.com

www.awarenesscentre.org.uk

www.stoneseeker.net

www.dragonseeker.co.uk

Centre for Pure Sound
Tel. 01935 389655

www.londonearth.com

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Wellington Pagan Moot
Tel. 01823 665868

www.angellight.co.uk

**Taunton Association for
Psychodynamics (TAP)**
Tel. 01823 665798

www.wccsg.com

www.innerpotential.org

www.wrekinforum.org

**Theosophical Society in
Scotland**

www.findhorn.org

West Somerset Dowzers
Tel. 01460 281450

www.theswa.org.uk

**Unicorn Hypnotherapy
& Workshops**
www.unicorn-at-rainbows-end.org

EVENTS

London 1 April
Easter Festival. The
Redeeming Power of Love
www.rsh.anth.org.uk

Stroud 6 April
Mystic Initiation of the Christos
Easter Gathering
www.hawkwoodcollege.co.uk

Glastonbury 6 April
Day of Silence
www.chalicewell.org.uk

Forres 7 April
Into Christ Consciousness
Easter Gathering
www.findhorn.org

Lymington 7 April
Holistic Fayre
Email Jen jeninmc@aol.com

London (LEMG) 12 April
Open Forum and Social
www.londonearth.com

London 13 April
Open House and Social Evening
www.collegeofpsychicstudies.co.uk

Manchester 14 April
Mind, Body, Spirit Show
www.bssk.co.uk

Kingcoombe 20 April
Reconnecting the
Heart Retreat
www.inspirationplus.net

Brympton 20 April
the Brympton Festival of
Literature, Music and Art
www.brymptonfestival.co.uk

Totnes 28 April
7th Transitus Annual Networking
Day on Death and Dying
www.martinsey.org.uk/transitus

TALKS

Stoke Trister 2 April
Neolithic Shamanism of
West Kennet Longbarrow
Peter Knight
Tel. 07759942110

Bournemouth PLG 2 April
Alien Races
Shirley Battie
Tel. Sue 01202 581898

Bath PLG 2 April
Perceiving Auras and their
Relevance to Happiness and
Perfect Health
Dr Helen Ford
bath.plg@gmail.com

Lymington PLG 3 April
Why are we Condemning
our Children to a Life
of Misery?
Ian Crane
Tel. Jude 07717 650773

London (CPS) 3 April
Awakening the Levels of
Consciousness
David Hey
Tel. 0207 589 3292

Glastonbury PLG 4 April
Blissology. The Art and
Science of Happiness
Andy Baggott
Tel. Kath 01749 671483

Frome 4 April
the Origins of Spirituality
Robin Cade
Tel. Marina 01373 465848

DEMG at Stapehill 5 April
the Prehistoric
Astronomy of Dorset
Peter Knight
Tel. Dave 07977 144147

London (SH) 5 April
the Mystery of the Holy Grail
Milena Petrova
Tel. 0870 766 9657

Glastonbury 5 April
Meeting of the Pagan Moot
Tel. Oak 01278 653 634

Wellington 10 April
Quiz Night
Wellington Pagan Moot
Tel. 01823 330585

London (Forum) 10 April
Chaos. Could an Ancient
Archetype save 21st
century Civilisation?
Lucy Wyatt
Tel. 0208 671 5417

London (CPS) 10 April
An Evening of
Trance Mediumship
Elizabeth Roberts
Tel. 0207 589 3292

Glastonbury PLG 11 April
Transcendental Meditation
Lynn Royce
Tel. Kath 01749 671483

Yeovil 11 April
Clairvoyance
Jan Harris
Tel. 01963 220306

**Weymouth &
Dorchester** 11 April
the Five Word Legacy
Noel Lockyer Stevens
Tel. Roma 01305 816644

Bath 12 April
Greek and Roman
Provincial Coins
Dr Amelia Dowler
Tel. 01225 312084

Bristol 15 April
Learning from the Future
Mary Hykel Hunt
Tel. Lea 01749 678834

Woodshaw 16 April
Songlines of Avebury and Beyond
Bob Trubshaw
www.wyverndowsing.freereserve.co.uk

Bath PLG 16 April
the New Ages of Men
Nick Clements
bath.plg@gmail.com

Bournemouth PLG 16 April
Understanding Eyesight
Peter Duthie
Tel. Sue 01202 581898

Bath 16 April
Bath Storytelling Circle
Tel. David 01225 482170

Lymington PLG 17 April
the Gift of Sound
Lorna Heath
Tel. Jude 07717 650773

Glastonbury PLG 18 April
Improve Your Health in 2 Minutes
Katherine Knecht
Tel. Kath 01749 671483

Shaftesbury PLG 19 April
Emotional Freedom Techniques
and Aqua Therapies
Susannah Lacworth & Lorna
Tel. Annette 01747 826144

Burnham on Sea 19 April
Meeting of the Pagan Moot
www.somersetpagans.org

Bristol 20 April
Contacting ET's
Peter Stewart
Tel. Lea 01749 678834

Weymouth 20 April
Making your own Dowzing Tools
Weymouth & Portland Dowzers
Tel. 01305 839394

Bath PLG 23 April
Happiness, Health and
Compassion. The Power of
Modern Spirituality
William Bloom
bath.plg@gmail.com

Bournemouth PLG 23 April
the Sirians Light Beings Crop
Circle Messages
Cathie Welchman
Tel. Sue 01202 581898

London 24 April
Karma and Reincarnation
Mark Bennett
Tel. 0207 7364187

Lymington PLG 24 April
Being Your Best You
Lynn Murphy
Tel. Jude 07717 650773

Alton Barnes 24 April
Earth Energies of
Avebury Henge
Maria Wheatley
Tel. 01380 739 966

Glastonbury WRG 24 April
Katherine Maltwood and
the Melkarth Line
Yuri Leitch
Tel. Mick 01458 835620

Yeovil 25 April
Spiritual Mediumship
David Grove
Tel. 01963 220306

Glastonbury PLG 25 April
Our Eternal Souls
Andy Tomlinson
Tel. Kath 01749 671483

Sherborne & Yeovil 25 April
Wellbeing, Mindfulness and
Compassion: The Power of
Modern Spirituality
William Bloom
Tel. Jennie 01935 817685

Chippenham 27 April
Ancestral Healing
Brigid Reilly
Tel. 0800 977 4767

London (RILKO) 27 April
Metaphysics and the Media
An Inquiry into Values
Michael King
Tel. 0208 977 4763

Weymouth 28 April
Exploring the Kundalini
Rhian
Tel. 01305 839394

Beaconsfield 29 April
the Journey Home
Christian Kyriacou
Tel. Susan 01494 813214

Bath PLG 30 April
the Sacred Wheel. Making and
Marking Sacred Time
Kevan Manwaring
bath.plg@gmail.com

Bournemouth PLG 30 April
Meat Costs the Earth
Diane Egby Edwards
Tel. Sue 01202 581898

WORKSHOPS & COURSES

London (CPS) 1 April
Tarot. Bringing it all Together
Avril Price
Tel. 0207 589 3292

Oborne 1 April
Healing Voice Circle
Dean Carter
Tel. Dean 01935 389655

London (CPS) 1 April
Visioning and Awakening for
Incredible Every Day Living
Tracey Ash
Tel. 0207 589 3292

London (CPS) 1 April
the Wise Woman Transition
Sharry Clarke
Tel. 0207 589 3292

Bournemouth 1 April
Reaching for the Stars
Shirley Battie
Tel. 01202 517557

London (CPS) 1 April
Shamanic Journey to the
Medicine Wheel with Fairie
Rebekah Arthurs
Tel. 0207 589 3292

London (CPS) 1 April
Visioning and Awakening for
Incredible Every Day Living
Tracey Ash
Tel. 0207 589 3292

London 2 April
Advanced Skills
the Journey
Debs
Tel. 01656 890400

Axminster 4 April
Meditation Workshop
Wendy Fountaine
Tel. 01297 32331

Tanjer 6 April
Full Moon Sacred
Site Ceremony
Grand Mayan Itza Council
yokhahmaya@hotmail.com

Thakeham 6 April
Angelic Reiki I & II
Justine van de Weg
Justine@angeldivinity.com

Cattistock 8 April
Imagination and Reality
Merrily Harpou
Tel. 01453 759034

Ilton 13 April
10 Day Angel Teacher
Training Course
Margaret Merrison
Tel. 01460 53699

St Leonards 13 April
Practical Mediumship
Martin Twycross
Tel. 01424 729518

Glastonbury 14 April
the Three Golden Keys. The
Power of Modern Spirituality
William Bloom
Tel. 0845 3452102

Weymouth 14 April
Crystal Workshop
Sarah Bradshaw
Tel. 01305 839394

Iona 14 April
Transformational Retreat
Niels Paulsen
Tel. 01309 690311

Axminster 14 April
Star Flower Healing
Marie Field
Tel. 01297 32331

Steyning 14 April
Healing Your Home
Adrian Inledon Webber
Tel. 01249 818807

Plymouth 14 April
Discover Dowsing
Aaron Bray
Tel. 0797 3120244

Beaconsfield 15 April
House Healing
Susan Scott Powell
Tel. 01494 813 214

Chippenham 15 April
Past Life Regression
Brigid Reilly
Tel. 0800 977 4767

Timsbury 15 April
Yoga Living Satsang
Sue and Derek Thorne
www.yogaliving.co.uk

Wimborne 18 April
Past Life Regression
Hazel Newton
Tel. 01202 841522

Iona 21 April
Islands of the Heart
Creative Writing Retreat
Roselle Angwin
Tel. 01548 821004

Forres 21 April
Bringing Spirit into Business
for Peace, Pleasure
and Plenty
Jane Duncan Rogers &
Susan Miles
Tel. 01309 690311

Glastonbury 21 April
Reiki I
Richard Ellis
Tel. 01458 831154

Gussage 27 April
Transpersonal Workshop 1
Approaching the Self
Ian Thorp
Tel. 01202 841522

Stroud 27 April
Moving from Fear to Love
Jay Ramsey
Tel. 01453 759034

Axminster 28 April
the Healing Power of
Vocal Sound
James D'Angelo
Tel. 01297 32331

**Ashurst
Macerdrott** 28 April
Dowsing for Health
and Healing
Adrian Inledon Webber
Tel. 01249 818807

Omagh 28 April
Stepping into the Light
Chrissie Astell
chrissie@angelight.co.uk

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 482170

the London Forum.
www.londoncircles.net

Bournemouth PLG
www.powerofpositiveliving.com

www.body-spirit.co.uk

www.fire-in-the-head.co.uk

www.chalicewell.org.uk

www.unicorncentre.co.uk

www.mysticklight.com

www.thamesvalleydowsers.org.uk

www.libraryofavalon.org.uk

Bath PLG

Glastonbury PLG

Lymington PLG

Shaftesbury PLG

Wincanton PLG

www.positivelivinggroups.co.uk

www.theosophical-society.org.uk

www.fisu.org/en

www.Loveandlight.co.uk

www.hospiceoftheheart.org

www.openhandweb.org

www.stargaia.com

www.white-elk-woman.com

R.I.L.K.O.

<http://members.aol.com/rilko/>

www.Psychic-Sanctum.co.uk

www.Enneagram-uk.com

www.sacredconnections.co.uk

www.revolutionof2012.net

www.networkoflight.org

www.megalithictours.com

www.westsomersetdowsers.org

www.gauntshouse.com

www.educationaid.net

Sea Spirit Centre
<http://spiritual-courses.co.uk>

www.collegeofpsychicstudies.co.uk

www.wyverndowsing@freeserve.co.uk

www.brlsi.org

www.kabbalahcentres.com

www.valehealing.co.uk

Fountain Group
embraceyourself@ymail.com

www.energeticsolutions.co.uk

Glastonbury 28 April
5 Gateways Workshop
Openhand
Tel. 01458 830443

East Woodlands 28 April
Violet Flame and
Sound Workshop
Healing from the Heart
Tel. Jackie 01749 850506

Glastonbury 29 April
Healing Workshop
Quantum Touch
Tel. 01458 831154

Osborne 29 April
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

LIGHTWORKER GROUPS

Global Meditation Event
1 April 9pm
www.networkoflight.org

Thakeham 2 April
Meditation Evening
Justine van de Weg
Justine@angeldivinity.com

East Woodlands 2,16 April
Healing from the Heart
Tel. Marina 01373 465848

Treworra 16 April
Spiritual Discussion Group
Julie Hand
Tel. 01840 261792

Shepton Mallet (saturdays)
Quan Yin and El Morya
2012 Study Group
Tel. Andrew 01749 346744

Totnes (fridays)
Astrology Group Meeting
Tel. David 01803 867145

Bournemouth (tuesdays)
Channelling & Meditation
Tel. Gary 01202 418291

Weymouth (tuesdays)
Crystal Meditation Meeting
Tel. Claire 01305 839394

Weymouth (thurs / friday)
Lightworker Development
Tel. Tricia 01305 784348

TRIPS, TOURS & VISITS

West Kennet 6 April
Full Moon Celebration
Peter Knight
Tel. 0775 408 2691

Scotland 7 April
Scottish Knight Templar
Connection
Megalithic Tours
Tel. Neil 01772 728181

Badbury Rings 9 April
Dowsing, Picnic and Social
Dorset Earth Mysteries Group
www.dorsetmysteries.org

Avebury 14 April
Dowsing Avebury Henge
Maria Wheatley
Tel. 01672 511427

Anglesey 20 April
Mysterious Isle of Man
Megalithic Tours
Tel. Neil 01772 728181

Wiltshire 22 April
Dowsing the
West Kennet Avenue
www.wyverndowsing.freeserve.co.uk

Maiden Castle 22 April
Maria Wheatley
Tel. 01672 511427

Pendle 28 April
Witch Tour
Megalithic Tours
Tel. Neil 01772 728181

Bickleigh Farm 29 April
West Somerset Dowzers
Tel. Mike 01460 281450

Wales 30 April
Mysterious Wales
Megalithic Tours
Tel. Neil 01772 728181

The Chakra's By Emma Morris

'I've read a lot about chakras but I still wonder if they are real or not...' When someone told me this recently I realized that it had also been my experience when I first learnt about chakras; they were a fascinating concept but lacked any relevance to me in my life. There was something I couldn't quite grasp about them until I learned about their psychological relevance.

A fully thriving chakra manifests as an aspect of our life that is fully thriving. So it follows that an energy centre that is blocked manifests as a block in our lives; an aspect in which we are frustrated, stuck and re-live the same experience again and again. Our chakras are programmed in certain ways by our own individual conditioning. Often there are obsolete programs that need to be deleted so that a new program can be awakened. This happens through shifting the patterning in our energy fields and using our conscious awareness to integrate new patterns through new life choices. The first step in this process is awareness, so the following is an overview of the chakra map.

The base chakra carries our programming about survival issues. A healthy base will manifest as an ability to step into life with trust and confidence. We are able to manage our finances and create a nourishing home environment. We demonstrate commitment in our lives and live in physical health, feeling our connection to nature. We have love and respect for our bodies and reflect that in our attitude to the earth. We are grounded in physical reality and function well in the world.

Emotional intelligence is related to the sacral chakra and here we carry our conditioning around pleasure and sexuality. An open sacral centre reflects a healthy connection to our emotional body. We honour our own unique sexuality and are open to give and receive

pleasure. We are balanced in receiving pleasure through all the sense doors. A common distortion here is that one sense becomes predominant, e.g. eating (taste) replaces the need for physical contact (touch).

The solar plexus is about individuation and here there can be a common conflict around separation or merging. A healthy chakra would manifest as autonomous inter-being. We feel part of our community, yet happy with our individuality and aloneness. Distortions here can lead to co-dependency or chronic withdrawal patterns.

The lesson of the heart is to give and receive love. A fully alive heart chakra extends out into the world and uses our hands to express love in our work and relationships. We are able to let go of the past and be for-giving.

Our throat chakra communicates who we are to the world. It is also the gateway between our unconscious (body memory) and our conscious mind (brain). This can be blocked when we are not ready to feel what is stored in the unconscious.

The brow chakra is our capacity to see clearly. Often we see through a veil of conditioning: we transfer our past experience onto the present and are unable to perceive it simply as it is. Healing this chakra is about clearing the old way of seeing so that we experience life as it is here and now. An open brow chakra manifests as insight and self-understanding. We see the patterns in our life experience and use that perception to let go of the past.

A healthy crown chakra knows the divinity of existence, which manifests in all beings without exception. There is surrender and a capacity to be with what is. We sense the bigger picture. A curious wonder and appreciation replaces frustrated questioning. We are one with all that is.

To promote an event or submit a contribution to the newsletter email Robert at newsletter@wessexresearchgroup.org or log on to www.wessexresearchgroup.org