



Wessex Research Group Network *Newsletter*

VOLUME 7, ISSUE 8.

August 2012

August beckons and during the month ahead, the Chalice Well in Glastonbury are displaying a precious collection of sacred relics of the Buddha and many other Buddhist masters.

The display is part of the Maitreya Project Relic World Tour that presents a rare opportunity to view relics, which were found among the cremation ashes of Buddhist masters.

Buddhists believe relics embody the master's spiritual qualities of compassion and wisdom and are deliberately produced by the master at death. Eventually, the relics in the display will be enshrined in a statue of Maitreya Buddha that is being built in northern India. For further information about the tour log on to www.chalicewell.org.uk

I AM and YOU ARE – The Creator **By Patricia Davis**

The mechanical world of the 19th century was a duality of science and spirituality, creating the idea of the separateness of human beings (and the idea of the worthlessness of the Earth's other creatures), as separate little cogs working hard to keep our 'worth' in a vast machine.

Quantum Physics has now been caught in science's own formulae, because it proves that consciousness is a vital factor in the 'collapse' of the potential bubbling in and out of the Zero Vacuum Field into particles of matter, creating an 'object' or 'event' in 3 dimensional Space-Time. It is the observer, the scientist's own consciousness that decides (sub? super? consciously, but not with awareness) the outcome of the experiment.

That we are living in a Uni-Verse (one vibrational ocean) of unending possibilities (this is science talking, not only mysticism now), and 'entanglement' (oneness, interconnectedness), are dependent parts of quantum physics lore, where all possible outcomes are in a branching tree form (binary alternative choices, 0/1) of parallel real-ties.

In this 21st century (the information age), we understand how information is used to form our everyday world experience by quantum physics, via computers and 'the Silicon chip' – the supermarket bar-code, hospital appointments, talking to our family the other side of the world – instantly – via Messenger or Skype.

One great nettle for humanity to grasp is that each of us, are information fields and information processors, which



are creating our everyday experiences. To think in a responsible way is our challenge, because we are also creators. Our consciousness; every day, every minute, is receiving information via the many fields which make up our bodies, and our endocrine system, in particular via our solar plexus, gut, heart and brain organs, and sending out information via the same fields, which are affecting the Zero Point Field, of which every atom of our body is a part, every energy wave and every potential - open to the 'Observer' – that is – the mind of the host body. We are affecting all others and the outcome of this planet's destiny through our thoughts, intentions and actions.

When we accept 'negative' information and allow it to enter our consciousness – it is causing the potential position of the particle to 'drop' into matter; similarly when we send out a 'I pity myself', 'it is never going to work', 'it is going to turn out bad for??', 'the earth is going to die' attitude - we are causing the Creation of our experience to materialise. The earth is also part of this field and it is waiting for her human children to awaken.

We have been told many, many times, by all types of Gurus and Masters, that we are our part of the Creator, that we are a microcosm of the macrocosmic source of all creation, yet we behave as if we are deaf and blind – as well as stupid!

As each new morning begins it is an opportunity for each of us create the day we want to materialise, by feeling gratitude, joy and peace, and creating the experiences that are going to be full of joy and peace; gradually we will heal the physical world that each of us have created for our physical selves.

***I AM and YOU ARE – The Creator continues
on Page 4.***

Sherborne & Yeovil
Jennie 01935 817685

Frome WRG
Marina 01373 465848

Totnes Astrology Group
David 01803 867145

Glastonbury WRG
Mike 01458 835620

Weymouth & Dorchester
Roma 01305 816644

Yeovil Psychic Society
www.yeovilpsychics.org.uk

**Dorset Earth Mysteries
Group**
www.dorsetmysteries.org

**School of Energy
Healing Educational Trust**
www.energyhealing.co.uk

**New Dimensions
Group Bristol**
Lea 01749 678834

Bristol Dowzers
Lea 01749 678834

Joyous Isle workshops
www.joyousisle.com
www.awarenesscentre.org.uk

www.stoneseeker.net

www.dragonseeker.co.uk

Centre for Pure Sound
Tel. 01935 389655

www.londonearth.com

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Wellington Pagan Moot
Tel. 01823 665868

www.angellight.co.uk

**Taunton Association for
Psychodynamics (TAP)**
Tel. 01823 665798

www.wccsg.com

www.innerpotential.org

www.wrekinforum.org

**Theosophical Society in
Scotland**

www.findhorn.org

West Somerset Dowzers
Tel. 01460 281450

www.theswa.org.uk

**Unicorn Hypnotherapy
& Workshops**
www.unicorn-at-rainbows-end.org

EVENTS

Chepstow 2 Aug
Green Gathering 2012
www.greengathering2012.co.uk

Glastonbury 3 Aug
Children's Festival
www.childrensworldcharity.org

Warwick 4 Aug
the Olympian Vision
Summer School of the
Theosophical Society
www.theosophical-society.org.uk

Wimborne 9 Aug
ExperiEssence 2012
Gaunts House
Summer Gathering
www.gauntshouse.com

Newton Abbot 10 Aug
Devon Yoga Festival
www.devonyogafestival.co.uk

Glastonbury 11 Aug
Children's Day
www.chalicewell.org.uk

Stoke Mandeville 18 Aug
Mind Body Spirit Show
www.bssk.co.uk

Dartmoor 18 Aug
Buddhadarmasangha Camp
www.qigong-southwest.co.uk

London 23 Aug
Summer School Open Evening
www.collegeofpsychicstudies.co.uk

Wimborne 23 Aug
Sivananda Yoga
Summer Retreat
www.gauntshouse.com

Embercombe 24 Aug
West Country
Storytelling Festival
www.weststoryfest.co.uk

Somerset 24 Aug
Awakening Heart
Oak Dragon Camp
www.oakdragon.org

Glastonbury 25 Aug
Chalice Well Healing Weekend
www.chalicewell.org.uk

Glastonbury 25 Aug
Dawn Star Summer Camp
www.universalsjourneys.co.uk

London 30 Aug
Summer School Open Evening
www.collegeofpsychicstudies.co.uk

TALKS

Glastonbury 1 Aug
Meeting of the Pagan Moot
Tel. Oak 01278 653 634

Frome 2 Aug
the Case for
Complimentary Medicine
Cornelius Buckleigh
Tel. Marina 01373 465848

DEMG at Stapehill 2 Aug
2012 Olympics
Anthony Thorley
Tel. Dave 07977 144147

Glastonbury WRG 7 Aug
Arthur and Quetzalcoatl a
Comparison of 2 Mythic
Historical Archetypes
Paul Weston
Tel. Mick 01458 835620

Glastonbury PLG 8 Aug
A Night in the Company
of the Spirit World
Oscar Villegas
Tel. Kath 01749 671483

Wellington 14 Aug
Psychometry
Richard Clarke
Tel. 01823 665868

Yeovil 15 Aug
Do Something!
Deb Hawken & Nicky Marshall
Tel. 01963 220306

Glastonbury PLG 15 Aug
Ascension. The Time is Now
Valery Dayton
Tel. Kath 01749 671483

Woodshaw 20 Aug
Spiritual and Eco-wisdom
from his Book "13 Moons"
and the Movie "Avatar"
Peter Knight
www.wyverndowsing.freeserve.co.uk

Bath 20 Aug
Bath Storytelling Circle
Tel. David 01225 482170

Burnham on Sea 21 Aug
Meeting of the Pagan Moot
www.somersetpagans.org

Glastonbury PLG 22 Aug
the Out-of-Body Experience
(OBE) and Bioenergies.
Tools for Developing your
Psychic Abilities
Patricia Sousa
Tel. Kath 01749 671483

Glastonbury 24 Aug
Sacred Geometry Evening
Claudie Planche
Tel. 01458 835506

Yeovil 29 Aug
Clairvoyance
Angie Kruger & Penny Jones
Tel. 01963 220306

Glastonbury PLG 29 Aug
What on Earth is Going On?
Chris Bourne
Tel. Kath 01749 671483

WORKSHOPS & COURSES

Thakeham 3 Aug
Angelic Reiki I & II
Justine van de Weg
Justine@angeldivinity.com

Cullompton 4 Aug
Enneagram Foundation
Course Part II
Chris Croft
Tel. 01884 855759

Edmondsham 4 Aug
SEVA. Acupressure
for Stress Release
Jacqueline May
Tel. 01202 885294

Weymouth 4 Aug
Sing and Drum
to the Heart of the Earth
Astaria & Claire
Tel. 01305 839394

Stroud 5 Aug
Mindfulness approach
to Spiritual Crisis
Catherine Lucas
Tel. 01453 759034

Stroud 8 Aug
Mantra Yoga
Song of the Heart
Muz Murray
Tel. 01453 759034

Ilton 10 Aug
Angel and Unicorn
Healing Practitioner
Training Course
Margaret Merrison
Tel. 01460 53699

Forres 11 Aug
Foundation Holistic
Awareness and
Astroshamanism
Franco Santoro
Tel. 01309 690311

Stroud 11 Aug
Spirit of Nature
Landscape of Soul
Lizzie Bryant
Tel. 01453 759034

Radstock 17 Aug
Seek Peace and Pursue It
Jewish / Christian
Study Weekend
Tel. 01761 433709

Wimborne 17 Aug
Biodanza
Marcelo
Tel. 01202 841522

Forres 18 Aug
Spiritual Practice - Nature
Katharina Brocke
Tel. 01309 690311

Oborne 18 Aug
Advanced Healing
Voice Circle Weekend
Dean Carter
Tel. Dean 01935 389655

Milford on Sea 18 Aug
the Gift of Sound
Vocal and Tibetan Bowls
Pav Czuba
Tel. Lorna 01590 642994

Moreville 19 Aug
Personal Empowerment
for Ascension
Jenny Brooke
Tel. 01743 884963

Glastonbury 19 Aug
Mayan Calendar Wisdom
Claudie Planche
Tel. 01458 835506

Plymouth 19 Aug
Discover Dowsing
Aaron Bray
Tel. 07973120244

London (CPS) 20 Aug
Meeting and Working with
your Spirit Guides
Amanda Roberts
Tel. 0207 589 3292

Radstock 20 Aug
Families in Conflict
Jewish / Christian
Study Weekend
Tel. 01761 433709

London (CPS) 21 Aug
Applying the Energy of the
Chakras Part 1
Swami Saradananda
Tel. 0207 589 3292

Weymouth 21 Aug
Tarot Club
Garry Andrew
Tel. 01305 839394

London (CPS) 22 Aug
Wisewoman Workshop
Valerie Pitts
Tel. 0207 589 3292

Glastonbury 22 Aug
Activate Your Sacred
Purpose with the Glastonbury
Grail Code Oracle Cards
Mano Mannaz
Tel. 01458 830308

London (CPS) 23 Aug
Spiritual Development through
Meditation
Nicky Huntingford
Tel. 0207 589 3292

London (CPS) 24 Aug
Guide, Higher Self or Ego?
Sarah Tyler Walters
Tel. 0207 589 3292

St Austell 25 Aug
Dowsing and Healing
David Lockwood
Tel. 01566 86024

Glastonbury 25 Aug
the Template
Sacred Geometry
Claudie Planche
Tel. 01458 835506

Forres 25 Aug
Free Your Communication
Kathy White
Tel. 01309 690311

London (CPS) 25 Aug
Dowsing
Vicky Sweetlove
Tel. 0207 589 3292

Oborne 26 Aug
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London (CPS) 26 Aug
Automatic Writing
Sarah Tyler Walters
Tel. 0207 589 3292

Weymouth 28 Aug
Drumming Circle
Light & Energy Centre
Tel. 01305 839394

London (CPS) 28 Aug
Connecting to Angels
Amanda Roberts
Tel. 0207 589 3292

Glastonbury 29 Aug
Ascension Exchanges
Chris Bourne
Tel. 01458 830443

Tongariyama 31 Aug
Full Moon Sacred
Site Ceremony
Grand Mayan Itza Council
yokhahmaya@hotmail.com

Oxford 31 Aug
the Christ Consciousness
and the Mysteries of
Incarnation and Resurrection
Ravi Ravindra
Tel. 01243 576634

London (CPS) 31 Aug
Intuitive Tarot
Avril Price
Tel. 0207 589 3292

LIGHTWORKER GROUPS

Global Meditation Event
1 Aug 9pm
www.networkoflight.org

East Woodlands 6, 20 Aug
Healing from the Heart
Tel. Marina 01373 465848

Weymouth 1 Aug
Spiritual Development Group
Claire Whites
Tel. 01305 839394

Sturminster Newton
Safe Journey Resource
and Drop in Centre
Martinsey Isle Trust
Tel. Judith 01258 475125

Shepton Mallet (saturdays)
Quan Yin and El Morya
2012 Study Group
Tel. Andrew 01749 346744

Totnes (fridays)
Astrology Group Meeting
Tel. David 01803 867145

Bournemouth (tuesdays)
Channelling & Meditation
Tel. Gary 01202 418291

Weymouth (tuesdays)
Crystal Meditation Meeting
Tel. Claire 01305 839394

Weymouth (thurs / friday)
Lightworker Development
Tel. Tricia 01305 784348

TRIPS, TOURS & VISITS

West Kennet 2 Aug
Full Moon Celebration
Peter Knight
Tel. 0775 408 2691

Iona 4 Aug
Summer Retreat Week
Findhorn Foundation
Tel. 01309 690311

Chedworth 4 Aug
Chedworth Roman Villa
www.wyverndowsing.freeserve.co.uk

Avebury 5 Aug
Landscapes of Avebury
Peter Knight
Tel. 0775 408 2691

Lake District 11 Aug
Lake District Weekend
Megalithic Tours
Tel. Neil 01772 728181

Avebury 12 Aug
Walking the Avebury
Landscape
Peter Knight
Tel. 0775 408 2691

London 14 Aug
World Religions
George McNamara
Tel. 0207 563 9817

Stanton Drew 18 Aug
Stanton Drew and Stoney
Littleton long barrow
Maria Wheatley
Tel. 01672 511427

Cornwall 18 Aug
Mystical Cornwall
Megalithic Tours
Tel. Neil 01772 728181

Glastonbury 18 Aug
Mystical Glastonbury
Peter Knight
Tel. 0775 408 2691

Stonehenge 25 Aug
Stonehenge Circle Tour
WCCSG
Tel. 01380 739 966

Dorset 25 Aug
Ancient Stones of Dorset
Peter Knight
Tel. 0775 408 2691

London (CPS) 29 Aug
Angel Walk around London
Vicky Sweetlove
Tel. 0207 589 3292

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 482170

the London Forum.
www.londoncircles.net

Bournemouth PLG
www.powerofpositiveliving.com

www.body-spirit.co.uk

www.fire-in-the-head.co.uk

www.chalicewell.org.uk

www.unicorncentre.co.uk

www.mysticklight.com

www.thamesvalleydowsers.org.uk

www.libraryofavalon.org.uk

Bath PLG

Glastonbury PLG

Lymington PLG

Shaftesbury PLG

Wincanton PLG

www.positivelivinggroups.co.uk

www.theosophical-society.org.uk

www.fisu.org/en

www.Loveandlight.co.uk

www.hospiceoftheheart.org

www.openhandweb.org

www.stargaia.com

www.white-elk-woman.com

R.I.L.K.O.

<http://members.aol.com/rilko/>

www.Psychic-Sanctum.co.uk

www.Enneagram-uk.com

www.sacredconnections.co.uk

www.revolutionof2012.net

www.networkoflight.org

www.megalithictours.com

www.westsomersetdowsers.org

www.gauntshouse.com

www.educationaid.net

Sea Spirit Centre

<http://spiritual-courses.co.uk>

www.collegeofpsychicstudies.co.uk

www.wyverndowsing@freeserve.co.uk

www.brslsi.org

www.kabbalahcentres.com

www.valehealing.co.uk

Fountain Group

embraceyourself@ymail.com

www.energeticsolutions.co.uk

The Water Cure

By Rosalyn Barnes

This is an account of a talk given recently by Dr. Batmanghelidj in Dorset which I attended. In it he told us about his training in London and subsequent return to his place of birth, Iran, where he opened various medical establishments. During the 1979 revolution he was imprisoned with thousands of others, not knowing from day to day who was next to be shot.

One night early on in his imprisonment, an inmate unable to walk because of stomach pain from peptic ulcer disease was brought to him supported by two others. He asked for medicine, but as Dr. B had none he offered him two glasses of water. Within a few minutes his pain disappeared and he began to stand by himself. Both of them were amazed by this healing power of water in such a stressful environment. Dr. B decided then that he was going to research this while in captivity and successfully treated over 3,000 people with water alone during this time.

When Dr. B went before the judge, he presented him with his article on water treatment of peptic ulcer disease and asked the judge to tell his news to the world even if he was to be shot. His life was however spared and he continued with his research staying an extra four months voluntarily to complete his work! After his release Dr. B escaped to America to continue his research.

He told us that if there is a shortage of water in the body, a priority system works to ration the less important areas, adding that he believed that when we get pain which isn't as a result of infection or injury we should first treat it as a thirst signal and added that as we get older it is possible to have a dry mouth and not feel thirsty.

He also believes that many of our degenerative diseases such as asthma, angina, hypertension, migraine, arthritis etc. are as a result of chronic unintentional dehydration and the situation can be reversed by gradually increasing our daily water intake if the disease hasn't irreversibly damaged the body. Medication should not be stopped, the idea of treatment using water should be shared with your Doctor. Urine production should increase with additional water intake and this must be monitored particularly with people with heart and kidney disease.

Having unsuccessfully tried to share this knowledge with the powers that be in America (there isn't much money to be made out of water) he wrote his book "Your Body's Many Cries for Water" (Tagman Press). In it he explains why our salt balance is so important. Tea, coffee, coke, alcohol etc. contain dehydrating agents which use up water reserves from the body.

He suggests that the absolute minimum intake daily should be six to eight eight-ounce glasses of water. Another way to calculate the water requirement of the body is to halve the body weight in pounds and convert that number to fluid ounces in water. The best times to drink are half an hour before each meal, as the body needs water to digest food and will draw water from

adjacent cells if water isn't available, and two and a half hours after meals, but always drink if thirsty.

When Dr. B successfully treated people with water alone in the prison he observed that they were suffering from a thirst problem. The word "disease" is used to describe varying pains caused by dehydration. When living in America he spent several months looking through numerous medical journals to find the information he was looking for.

Histamine is a chemical messenger in the brain in charge of water intake and rationing of water in the body if there is a shortage, which becomes more active when the body is dehydrated but less active when the body is fully hydrated. Dr. B concluded that histamine produces pain when an area of the body is short of water. Water and salt are both natural antihistamines, so full hydration with the right salt balance will improve the well-being of allergy sufferers. Further information is available from: www.watercure.com and www.tagmanpress.co.uk

I AM and YOU ARE – The Creator (Continued from Page 1)

This is why we are here – to make real, to realise our self power and to experience it in a practical way; how we create our own destinies. Karma – the law of Cause and Effect, is super-ceded by the Law of Grace – i.e. the direct intervention of the awareness of your Super-Energy Level (soul as part of the one spirit/life power) into your earthly linear perception of how 'Karma' works.

Can you hear your Soul laughing, understand the laughter of Buddha? - You have created the life you are always complaining about! No one and no-thing else. You are your own devil and you are your own god. Quantum physics has re-found its original alchemical spiritual partner of the priesthood, of the ancient temples. We build our own temple in our consciousness before it can materialise on earth.

What are You feeling / creating right now? Doubt, fear, resentment – that now you know that you have self responsibility for, is your life? Is it easier to blame an external authoritarian 'god' (of course it is) which is why we have taken the simpleton's way out of acknowledging the truth many lifetimes ago and are still 'stuck' in linear, dualistic Karma.

It will take much practice to overcome this lifetimes negative programming, let alone that of our Soul's history, but if we start with 'Now' it becomes easier and easier with every 'Now' being positively programmed with awareness. 'The Kingdom of God is within us', The Kingdom of Hell is within us too. Which will you choose tomorrow morning, the next minute? For further information about the work of Patricia Davis log on to www.psychic-sanctum.co.uk

To promote an event or submit a contribution to the newsletter email Robert at newsletter@wessexresearchgroup.org or log on to www.wessexresearchgroup.org