



Wessex Research Group Network *Newsletter*

VOLUME 7, ISSUE 3.

March 2012

March and we welcome Robert and Cheryl Nardello from the USA who will be facilitating workshops on Soul Wisdom during the month ahead.

A welcome as well, to the Quan Yin 2012 Discussion Group which will be facilitating a series of events in Shepton Mallet, London and Shropshire. For further information log on to www.revolutionof2012.net

The latest addition to the on-line digital lecture archive is *Beyond Ego* by Charles Tart.

2012 – From 3D to 5D

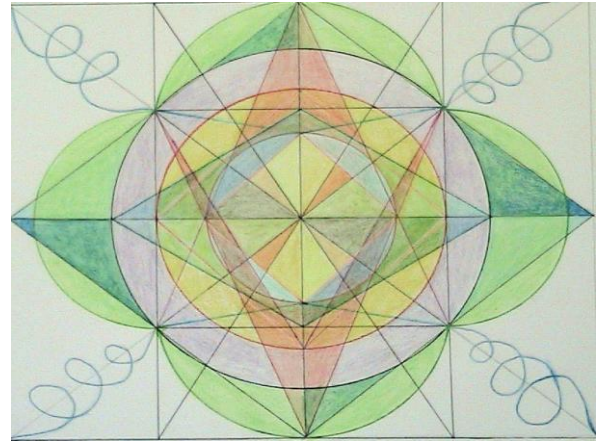
By Osborne Crowther

During the next 12 months (probably around the time of the next winter solstice) the great Earth being Gaia completes its transition from a 3rd to a 5th dimensional planet, taking itself and all aspects of life and consciousness associated with the planet to a higher energetic vibration.

We may not realise it but the planet is being gently suffused with higher energies that are gradually permeating the astral and physical planes. The arrival of these refined energetic vibrations paves the way for the joining of the physical with the higher (light) bodies. This higher union of mind, body and soul is something that defines this ascension process and it is therefore important that through this coming year we strive to maintain balance between the lower bodies (mental, emotional, astral and physical) and be willing to anchor those incoming rays associated with a higher dimensional frequency.

During the year the process of energetic suffusion will intensify and we will be invited across the veil from our present 3D reality to 5D so that we might learn, experience and acclimate ourselves to this vibrationally higher paradigm. Most experiences will occur (at least initially) during sleep and everyone irrespective of race, age, gender or wealth / social status will have the opportunity to explore. As the year progresses we will spend more and more time in the higher 5D state and less time in 3D. There will eventually come a point when the 3D door closes forever, the higher way is our new and only reality.

This then is the great quantum leap that the universe invites us to take. The Earth has provided a third dimensional template for souls in human form so that they might learn through experience. We are now expected to graduate from 3D Earth School having worked through all the karma generated through our earthly experiences as a third dimensional being; mastering the ego, the emotions and all aspects of the lower self.



Above: A 5D energy diagram for the Earth

The nature of experience and path of learning will continue in the fifth dimensional frequency. To gain an idea of how things might be, imagine that your heart chakra is fully open like a great optical lens through which a higher universal energy pours. This energy is the undercurrent of the universal flow of energy and might be described as unconditional love. You feel it spiralling out of your hands, feet and Torso in great columns. Every cell every fibre of your being is a conduit for this energy and you have by default become a being of unconditional love.

Your sense of self has become less physical and more etheric, aware that you are surrounded in extended fields of energy. At will you can move out of your physical body between the various planes.

There is also a tremendous sense of connection, an energetic connection between yourself and all other aspects of consciousness, human, elemental and spiritual. This is the union of individuality with group consciousness, the idea that yes, we each retain our individual essence whilst being aware that we are part of an integrated whole.

Communication by thought is the hallmark of this interconnectivity and this brings a reality where everything is instant, everything exists in the moment. Linear time has ended and the concepts of the past and the future seem less important. The ability to manipulate energy will replace our existing technologies which will no longer be appropriate. We will begin to understand that everything is energy and that every thought and emotion has an energetic signature.

This is the reality that awaits those who through the year ahead, are able to ground themselves in love and aspire to live as an ascended human being. It is a case of anchoring not just the higher energies but also the idea that we have to live through our capacity to love unconditionally, our compassion and the idea of growth through service to others.

Sherborne & Yeovil
Jennie 01935 817685

Frome WRG
Marina 01373 465848

Totnes
Jeffrey 01803 411891

Glastonbury WRG
Mike 01458 835620

Weymouth & Dorchester
Roma 01305 816644

Yeovil Psychic Society
www.yeovilpsychics.org.uk

**Dorset Earth Mysteries
Group**
www.dorsetmysteries.org

**School of Energy
Healing Educational Trust**
www.energyhealing.co.uk

**New Dimensions
Group Bristol**
Lea 01749 678834

Bristol Dowzers
Lea 01749 678834

Joyous Isle workshops
www.joyousisle.com

www.awarenesscentre.org.uk

www.stoneseeker.net

www.dragonseeker.co.uk

Centre for Pure Sound
Tel. 01935 389655

www.londonearth.com

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Wellington Pagan Moot
Tel. 01823 665868

www.angellight.co.uk

**Taunton Association for
Psychodynamics (TAP)**
Tel. 01823 665798

www.wccsg.com

www.innerpotential.org

www.wrekinforum.org

**Theosophical Society in
Scotland**

www.findhorn.org

West Somerset Dowzers
Tel. 01460 281450

www.theswa.org.uk

**Unicorn Hypnotherapy
& Workshops**
www.unicorn-at-rainbows-end.org

EVENTS

Axminster 3 Mar
Mind Body Spirit Show
www.awarenesscentre.co.uk

Chichester 3 Mar
Evolutionary Consciousness:
Exploring Vision, Connections
and Challenges of our Time
www.wrekinforum.org

Grimsargh 10 Mar
Mysterious Earth Conference
www.megalithictours.com

Bexhill on Sea 10 Mar
Our Evolutionary Consciousness
and the Soul of the World
www.wrekinforum.org

Glastonbury 10 Mar
Faery Fayre & Faery Ball
www.loveandlight.co.uk

Douai Abbey 13 Mar
Wrekin Forum Networking Day
Holding the Vision
www.wrekinforum.org

Davidstow 16 Mar
Spring Equinox Retreat
www.treworrahealingcentre.com

Dublin 17 Mar
Mind, Body, Spirit Festival
www.mindbodyspirit.ie

Iona 17 Mar
Equinox Retreat
www.findhorn.org

High Ham 20 Mar
the Brightening of Albion
Spring Equinox Celebration
Tel. Dean 01935 389655

Glastonbury 20 Mar
Spring Equinox Celebration
www.chalicewell.org.uk

Shepton Mallet 24 Mar
Spring Equinox Celebration
El Morya Speaks
www.revolutionof2012.net

Monkton Heathfield 24 Mar
Creativity, Dreams
and the Imagination
Spring Conference
www.taplimited.org.uk

Birmingham 27 Mar
Funeralmap and
Bereavement Convention
www.martinsey.org.uk

Swindon 31 Mar
Alien Skies and Spiritual Ties
Conference
www.alienskies-spiritualties.com

TALKS

DEMG at Stapehill 1 Mar
Soulful Magic
Mark Townsend
Tel. Dave 07977 144147

Wincanton PLG 1 Mar
Cellular Awakening. How
your Body Holds and
Creates Light
Andy Baggott
Tel. Liz 07969 796061

Beaconsfield 4 Mar
Electromagnetic Fields,
Geopathic Stress and their
effects on us
Anne Silk
Tel. 01494 813 214

London (TS) 4 Mar
the Great White Brotherhood
John Gordon
Tel. 0207 563 9817

Bournemouth PLG 5 Mar
the 5 Word Legacy
Noel Lockyer Stevens
Tel. Sue 01202 581898

Bath PLG 5 Mar
Family Constellations
Miranda Bonham Carter
bath.plg@gmail.com

London (SH) 6 Mar
Human and Cosmic Rhythm
Patrick Dixon
Tel. 0870 766 9657

Lymington PLG 6 Mar
the Transformative Power of
Archetypes
Karola Renard
Tel. Jude 07717 650773

Glastonbury PLG 7 Mar
Spiritual Healing and
Physical Immortality
Sondra Ray
Tel. Kath 01749 671483

Frome 7 Mar
An Evening of Psychic
Mediumship
Deb Hawken
Tel. Marina 01373 465848

Sherborne & Yeovil 7 Mar
Soul Journey
Roz Crampton
Tel. Jennie 01935 817685

London (LEMG) 8 Mar
the Lion and the Unicorn. The
Guardians of Sacred London
Chris Street
lemc@operamail.com

Bath 8 Mar
Crossing culture, crossing time:
the redevelopment of the
Ashmolean Museum, Oxford
Dr Susan Walker
Tel. 01225 312084

Wincanton PLG 8 Mar
7 Words, 7 Wisdoms
and 7 Subtle Forces
James Burgess
& Richard Grey
Tel. Liz 07969 796061

Weymouth 9 Mar
Life Between Lives
Louise Graves
Tel. 01305 839394

Axminster 9 Mar
Clairvoyance
Kerry Hornet
Tel. 01297 32331

London (CPS) 9 Mar
An Evening of Angelic Readings
Amanda Roberts
Tel. 0207 589 3292

Weymouth 10 Mar
Demonstration of Mediumship
Tony Whitehead
Tel. 01305 839394

Axminster 11 Mar
Soul Retrieval
Niclaire Skie
Tel. 01297 32331

Bath PLG 12 Mar
Soul Portrait. Art and Spirituality
Erin Allen
bath.plg@gmail.com

Bournemouth PLG 12 Mar
New Channellings from Lemuria
Hilary Stanley
Tel. Sue 01202 581898

Wellington 13 Mar
What a Pagan Does
Oak
Tel. 01823 330585

Lymington PLG 13 Mar
Transformational Magic
Ursula James
Tel. Jude 07717 650773

London (Forum) 13 Mar
Past Lives. Reality or Fiction?
Wissam Awad
Tel. 0208 671 5417

Weymouth 13 Mar
Where 13 Moons meet Avatar
Peter Knight
Tel. 01305 839394

Glastonbury PLG 14 Mar
the Stand Up Psychic Show
Becky Walsh
Tel. Kath 01749 671483

Yeovil 14 Mar
Colour and Crystal Therapy
Christine Edgewater
Tel. 01963 220306

**Weymouth
& Dorchester** 14 Mar
Herbs for Spring Cleansing
Fiona Heckels
Tel. Roma 01305 816644

Wincanton PLG 15 Mar
Energy Blocks and
the Honey Method
Dr Karen Janes
Tel. Liz 07969 796061

Shaftesbury PLG 15 Mar
Juicy Living
Liz Josey
Tel. Annette 01747 826144

Weymouth 16 Mar
Dowsing for Animal Health
Weymouth & Portland Dowsers
Tel. 01305 839394

Bristol 16 Mar
Dowsing Healing Patterns
Sandie MacKenzie
Tel. Lea 01749 678834

London (CPS) 16 Mar
the Power of Universal Energy
Douglas Ballard
Tel. 0207 589 3292

Bristol 18 Mar
the Great God Lugh and
the Enchantment of
Olympic London 2012
Anthony Thorley
Tel. Lea 01749 678834

Bath 19 Mar
Bath Story Telling Circle
Tel. David 01225 482170

Woodshaw 19 Mar
Prophecies for our Times
Andy Thomas
www.wyverndowsing.freereserve.co.uk

Bath PLG 19 Mar
the Enlightenment of Work
Steve Noble
bath.plg@gmail.com

Bournemouth PLG 19 Mar
Ascension and Star Seeds
Paul McCarthy
Tel. Sue 01202 581898

London 20 Mar
Cosmic Easter
John Holder
Tel. 0207 7364187

Glastonbury 20 Mar
Meeting of the Pagan Moot
Tel. Oak 01278 653 634

Burnham on Sea 20 Mar
Meeting of the Pagan Moot
www.somersetpagans.org

Lymington PLG 20 Mar
Call for the Elders
Nick Clement
Tel. Jude 07717 650773

Glastonbury PLG 21 Mar
Abundance and the Law of
Attraction
Beverley Dawson
Tel. Kath 01749 671483

London (LEMG) 22 Mar
Children of Theosophy: Rudolf
Steiner, Alice Bailey &
Dion Fortune
Ken Rees
lemc@operamail.com

Wincanton PLG 22 Mar
the Heart Path Workshop
Jo Kenworthy
Tel. Liz 07969 796061

London (SH) 23 Mar
Sun Evolution
Phillip Martin
Tel. 0870 766 9657

Axminster 23 Mar
Clairvoyance
Tony Whitehead
Tel. 01297 32331

London (CPS) 23 Mar
Light into 2012 What can
we do at this time of change
Tracey Ash
Tel. 0207 589 3292

Bath PLG 26 Mar
ABChange4Life
Angelika Breuker
bath.plg@gmail.com

Bournemouth PLG 26 Mar
Free to be. Loves most
Perfect Expression
Tara Divina Brown
Tel. Sue 01202 581898

Monkton Heathfield 26 Mar
Dowsing Your Aura
Geoff Stuttaford
Tel. 01460 281450

Lymington PLG 27 Mar
Love, Money, Magic and Miracles
Kimberley Lovell
Tel. Jude 07717 650773

Glastonbury WRG 27 Mar
Spiritual and Eco Messages of 13
Moons and the Movie Avatar
Peter Knight
Tel. Mick 01458 835620

Yeovil 28 Mar
the Astrology of our Times
John Wadsworth
Tel. 01963 220306

Glastonbury PLG 28 Mar
the Transformative Power
of Archetypes
Karola Renard
Tel. Kath 01749 671483

Wincanton PLG 29 Mar
Wellbeing, Mindfulness and
Compassion. The Power of
Modern Spirituality
William Bloom
Tel. Liz 07969 796061

London (RILKO) 30 Mar
the Earth's Magnetic Field,
Dowsing and Sacred Sites
Serena Roney Dougal
Tel. 0208 977 4763

WORKSHOPS & COURSES

Stroud 2 Mar
Interfaith Experience
Annie Blampied
Tel. 01453 759034

London (CPS) 3 Mar
Intuitive Drama
Becky Walsh
Tel. 0207 589 3292

Cullompton 3 Mar
Enneagram Foundation
Course (part 1)
Chris & Veronica Croft
Tel. 01884 855759

Osborne 4 Mar
Healing Voice Circle
Dean Carter
Tel. Dean 01935 389655

London (TS) 4 Mar
the Healing Power
of Vocal Sound
James D'Angelo
Tel. 0207 563 9817

Oxon Hoath 4 Mar
Celebrating the Green
Man through the
Cosmic Medicine Wheel
White Elk Woman
www.white-elk-woman.com

Taj Mahal 8 Mar
Full Moon Sacred
Site Ceremony
Grand Mayan Itza Council
yokhahmaya@hotmail.com

Tadley 9 Mar
Theta Healing Basic Course
Serenity Centre
Tel. 01256 850521

St Leonards 9 Mar
A Shamanic Experience
Les Fuller
Tel. 01424 729518

Longburton 10 Mar
Love Yourself Heal
Your Life
Louise Salmon
Tel. 01935 872494

Glastonbury 10 Mar
the Endorphin Effect. Mind
Body Health and Well Being
William Bloom
Tel. 0845 3452102

London (CPS) 10 Mar
Earth Energies. The
Spirit of Place
Vicky Sweetlove
Tel. 0207 589 3292

Axminster 11 Mar
Connecting with Crystals
and Animal Guides for
Teenagers
Astaria
Tel. 01297 32331

Stoke Trister 11 Mar
Body Realignment Diploma
Taster Day
Jan Trewartha
Tel. 07759942110

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 482170

the London Forum.
www.londoncircles.net

Bournemouth PLG
www.powerofpositiveliving.com

www.body-spirit.co.uk

www.fire-in-the-head.co.uk

www.chalicewell.org.uk

www.unicorncentre.co.uk

www.mysticklight.com

www.thamesvalleydowsers.org.uk

www.libraryofavalon.org.uk

Bath PLG

Glastonbury PLG

Lymington PLG

Shaftesbury PLG

Wincanton PLG

www.positivelivinggroups.co.uk

www.theosophical-society.org.uk

www.fisu.org/en

www.Loveandlight.co.uk

www.hospiceoftheheart.org

www.openhandweb.org

www.stargaia.com

www.white-elk-woman.com

R.I.L.K.O.

<http://members.aol.com/rilko/>

www.Psychic-Sanctum.co.uk

www.Enneagram-uk.com

www.sacredconnections.co.uk

www.revolutionof2012.net

www.networkoflight.org

www.megalithictours.com

www.westsomersetdowsers.org

www.gauntshouse.com

www.educationaid.net

Sea Spirit Centre

<http://spiritual-courses.co.uk>

www.collegeofpsychicstudies.co.uk

www.wyverndowsing@freereserve.co.uk

www.brlsi.org

www.kabbalahcentres.com

www.valehealing.co.uk

Fountain Group

embraceyourself@ymail.com

Ilton 13 Mar
Angel and Unicorn Healing
Practitioner
Margaret Merrison
Tel. 01460 53699

Forres 13 Mar
Deepening Awareness
Kathy White
Tel. 01309 690311

Guernsey 17 Mar
How to Move Mountains. A
Spiritual Dowsing Course
Adrian Incedon Webber
Tel. 01249 818807

Cranborne 17 Mar
Soulful Harmonies
Nick & Susie Prater
Tel. 01202 841522

Axminster 17 Mar
Soul Retrieval
Niclaire Skie
Tel. 01297 32331

Cullompton 17 Mar
Enneagram Foundation
Course (part 2)
Chris & Veronica Croft
Tel. 01884 855759

London (SH) 18 Mar
Meeting the Spirit of 2012 with
Common Sense and
Spiritual Imagination
Nick Thomas
Tel. 0870 766 9657

Tadley 18 Mar
Tarot Course
Serenity Centre
Tel. 01256 850521

Glastonbury 18 Mar
Soundbath
Dean Carter
Tel. Dean 01935 389655

Axminster 18 Mar
Reiki 1
Sandy Boyd
Tel. 01297 32331

Stroud 23 Mar
Cathar Spirituality
Arthur Kern
Tel. 01453 759034

Wimborne 23 Mar
School of Meditation
Phill Tarr
Tel. 01202 841522

Stroud 24 Mar
Dance of Light and Dark
Annabel Hollis
Tel. 01453 759034

Glastonbury 24 Mar
Disciples of Experience Day
Clint Denyer
Tel. 07403 436942

London (CPS) 24 Mar
Animal Healing
Elizabeth Whiter
Tel. 0207 589 3292

London 24 Mar
Mystic Yoga Breathing for
Power and Inspiration
Noemi Perkin & Ayub Malik
Tel. 0207 736 4187

Axminster 24 Mar
Call the Changes in 2012.
Shape Your Spiritual Path
for the Future
Gordon Strong
Tel. 01297 32331

Treworra 24 Mar
Meditation and Yoga Day
Julie Hand
Tel. 01840 261792

Oborne 25 Mar
Soundbath
Dean Carter
Tel. Dean 01935 389655

Axminster 25 Mar
Kundalini Meditation
Michael Bainbridge
Tel. 01297 32331

Wimborne 28 Mar
Past Life Regression
Hazel Newton
Tel. 01202 841522

Glastonbury 30 Mar
Walking the Path
Openhand
Tel. 01458 830443

Axminster 30 Mar
Quantum Healing meets
Spiritual Healing
Paul Blackmore
Tel. 01297 32331

London 31 Mar
the Journey Intensive
Brandon Bays
Tel. 01656 890400

Ilton 31 Mar
Reiki Masters
Margaret Merrison
Tel. 01460 53699

Nailsworth 31 Mar
the Art and Practice of
Spiritual Connection
with Soul Wisdom
Dr Robert Sardello
Tel. 0845 3452102

LIGHTWORKER GROUPS

Global Meditation Event
1 Mar 9pm
www.networkoflight.org

East Woodlands
12, 26 Mar
Healing from the Heart
Tel. Marina 01373 465848

Treworra 19 Mar
Spiritual Discussion Group
Julie Hand
Tel. 01840 261792

Thakeham 30 Mar
Meditation Evening
Justine van de Weg
Justine@angeldivinity.com

Shepton Mallet (Saturdays)
Quan Yin and El Morya
2012 Study Group
Tel. Andrew 01749 346744

Totnes (fridays)
Astrology Group Meeting
Tel. David 01803 867145

Bournemouth (tuesdays)
Channelling & Meditation
Tel. Gary 01202 418291

Weymouth (tuesdays)
Crystal Meditation Meeting
Tel. Claire 01305 839394

**Weymouth (thursday evs
/ friday mornings)**
Lightworker Development
Tel. Tricia 01305 784348

TRIPS, TOURS & VISITS

Avebury 11 Mar
Avebury Stones
by Torchlight
Peter Knight
Tel. 0775 408 2691

Derbyshire 24 Mar
Ancient Sites
Megalithic Tours
Tel. Neil 01772 728181

Book Review. The Wild Horse Conspiracy

By Craig C. Downer

This stirring and amply illustrated book fully justifies America's magnificent wild horses and burros while countering the biased machinations against them. Written by an ecologist who grew up observing these animals in the West, it presents new evidence concerning their history and evolution in North America then describes their many positive contributions to soils, plants, animals and people. Their lesson for humanity concerns how to share freedom and the land with all paragons of nature. The book presents an inspired vision for the future of all life, and the entire horse family. The Earth itself needs America's wild horses and burros to continue at vital levels into the future. To order this book email the author at ccdowner@aol.com

To promote an event or submit a contribution to the newsletter email Robert at newsletter@wessexresearchgroup.org or log on to www.wessexresearchgroup.org

Book Review. Bigfoot

By Lloyd Pie

The story unfolds in the mountains of Washington State, where bigfoot sightings occur regularly. A bigfoot is wounded by a shotgun blast. It exacts revenge, then tries to escape. It loses too much blood and collapses in deep woods, where it is found by high school senior Marcy Dillon. Marcy befriends it and decides to help it elude a posse gathered to capture or kill it. What results is a pulse-pounding, white-knuckle chase onto a deadly mountain, where both their lives hang in the balance.

Not only does this book, give possible insight into the mind of a Bigfoot, it also provides such a riveting story line that will appeal to a broad spectrum of people softening even the hardest skeptic. A story telling that captivates and educates and certainly not your typical "bigfoot story". For further information about this ebook log on to <http://www.smashwords.com/books/view/122036#>