



# Wessex Research Group Network *Newsletter*

VOLUME 8, ISSUE 9.

September 2013

September and we welcome Caduceus magazine [www.caduceus.info](http://www.caduceus.info) and the Institute for Harmonious Science [www.ihs.ac](http://www.ihs.ac) to the Wessex Research Group Network.

Founded in 1987 Caduceus magazine is a healing, spiritual magazine focusing on psychological, emotional, spiritual, ecological and environmental health, therapy and growth, including natural, holistic, energy and complementary medicine

The Institute for Harmonious Science is an on-line learning college which is now open for enrolment on its inaugural course *the Science of Oneness*. This is a fully scientific Diploma course, founded on mainstream peer-reviewed published findings from many of the best-known scientific names, including at least a dozen Nobel laureates. It explores scientific evidence, from a wide range of sources amassed during the past 100 years or so, that strongly supports the idea that the universe is a single undivided self-organizing entity.

*The Science of Oneness* runs over 12 weeks, starting 1st September 2013.

The latest addition to the on-line audio lecture archive [www.wessexresearchgroup.org/digital.html](http://www.wessexresearchgroup.org/digital.html) is *Ye Are Gods* by Ann Hughes.

## **Reality**

**By Lucas Stammersholt**

At the start of each lifetime a soul incarnated into human form starts the process of interpreting reality afresh. When we wake up to life on a physical plane we enter a world of impressions; light, sound and air. We perceive something but don't know what it is and the thought arises in us which links with what we perceive and creates for the first time a germinal reality which then becomes the object of a further perception. That perception becomes the subject of a thought. The thought / percept process continues and builds into what might be described as an archetype in which all the thoughts that can happen are contained.

Eventually the sense that the 3<sup>rd</sup> dimension is the only reality becomes ingrained within us that we do not accept that there might be other possibilities. These constructs are often reinforced by the thoughts of other adults who themselves have gone through the same process and who never doubt that this earthly plane is the only reality.

In truth, we have little by way of comparison because our journey into matter takes us so far from source and the knowledge that we are also spiritual beings who have descended into a physical plane.



*Above: A bleed from another dimension?*

The sheer density and challenges involved of living on the Earth tend to preoccupy us. Help is however at hand and since the turn of the last century the spiritual realms have been working to help us dismantle existing constructs of reality. Many individuals have been 'woken' or reminded of who they truly are through some sort of direct experience, something required to dismantle the very fixed sense of structured physical reality that has been developed during their lives.

The building of a new sense of reality doesn't start until an individual adds something from an inward realm; a commitment to a new way forward, from the heart rather than from the ego or intellect. This is a significant challenge because everyone's perception of reality is slightly different and with so many souls investing energy into creating material realities over many thousands of years, we find ourselves encased in something that seems real but is not.

New percept's (bleeds from other dimensions) have and still are being presented to us (for example; paranormal activity, crop circles) however the days of incremental development towards a new path are over. Paranormal events serve to remind us that we can no longer slip back into outdated illusions of what we think is real.

At the start of the Aquarian age earthly life is not just about incarnating to experience the physical plane. We are here to do far more; we are here too 'divinitise matter'. Instead of investing our thoughts and energies into perpetuating existing constructs of material reality, we should be focussing our efforts on manifesting new constructs that link to spirit and are based upon the higher aspects of the self.

Sherborne & Yeovil  
Jennie 01935 817685  
Frome WRG  
Marina 01373 465848  
Totnes Astrology Group  
David 01803 867145  
Glastonbury WRG  
Mike 01458 835620  
Weymouth & Dorchester  
Roma 01305 816644  
Yeovil Psychic Society  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)  
School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)  
New Dimensions  
Group Bristol  
Lea 01749 678834  
Bristol Dowzers  
[www.bristoldowzers.co.uk](http://www.bristoldowzers.co.uk)  
Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)  
[www.stoneseeker.net](http://www.stoneseeker.net)  
[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)  
Centre for Pure Sound  
Tel. 01935 389655  
The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)  
Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)  
Wellington Pagan Moot  
Tel. 01823 665868  
[www.angellight.co.uk](http://www.angellight.co.uk)  
Taunton Association for  
Psychotherapy  
[www.taplimited.org.uk](http://www.taplimited.org.uk)  
[www.wccsg.com](http://www.wccsg.com)  
[www.wrekinforum.org](http://www.wrekinforum.org)  
Theosophical Society in Scotland  
[www.findhorn.org](http://www.findhorn.org)  
West Somerset Dowzers  
[westsomersetdowzers.org](http://westsomersetdowzers.org)  
[www.theswa.org.uk](http://www.theswa.org.uk)  
[www.unicorn-at-rainbows-  
end.org](http://www.unicorn-at-rainbows-<br/>end.org)  
Totnes WRG  
Jeffrey 01803 866349  
[www.angelmagic.biz](http://www.angelmagic.biz)  
Aquarian Age Community  
[www.aquaac.org](http://www.aquaac.org)  
Totnes Astrology Group  
David 01803 867145  
[www.thegiftofsound.co.uk](http://www.thegiftofsound.co.uk)

## EVENTS

**Wimborne** 5 Sep  
Shamanic Conference  
[www.gaunthouse.com](http://www.gaunthouse.com)  
**Bath** 7 Sep  
Mind Body Spirit Fayre  
[www.dawnofenlightenment.co.uk](http://www.dawnofenlightenment.co.uk)  
**Cirencester** 20 Sep  
Dowsing. Looking Back  
Moving Forward  
80<sup>th</sup> Anniversary Conference  
[www.britishdowsers.org](http://www.britishdowsers.org)  
**York** 21 Sep  
Safe Journey  
2<sup>nd</sup> National  
Transitus Festival  
[www.martinsey.org.uk](http://www.martinsey.org.uk)  
**Forres** 28 Sep  
the Great Undoing  
Findhorn Forgiveness  
Conference 2013  
[www.findhorn.org](http://www.findhorn.org)

## TALKS

**Poole PLG** 3 Sep  
13 Moons Meets Avatar  
Peter Knight  
Tel. Noel 07504 633 985  
**Frome** 4 Sep  
Leylines and Earth Energies  
Cathie Welchman  
Tel. Marina 01373 465848  
**Glastonbury** 4 Sep  
Meeting of the Pagan Moot  
Tel. Tim 07747 897 621  
**Bransford** 4 Sep  
the Importance of  
Ancestral Healing  
Tony Neate  
Tel. Claire 01886 884 888  
**Glastonbury PLG** 4 Sep  
13 Moons Meets Avatar  
Peter Knight  
Tel. Kath 01749 671483  
**Bridport** 5 Sep  
A Witch's Mirror  
the Art of Making Magic  
Levannah Morgan  
Tel. Ben 07539316595  
**DEMG at Stapehill** 5 Sep  
Egypt  
Bob Nizan  
Tel. Dave 07977 144147  
**London (CPS)** 5 Sep  
an Evening with  
Tony Stockwell  
Tel. 0207 589 3292  
**Glastonbury** 7 Sep  
the New Paradigm  
Beyond 2012  
Claudie Planche  
Tel. 01458 835506

**Stroud** 8 Sep  
Sacred Activism  
Andrew Harvey and friends  
Tel. 01453 760900  
**Glastonbury** 8 Sep  
Experience Sacred Geometry  
Claudie Planche  
Tel. 01458 835506  
**Bournemouth PLG** 9 Sep  
Transform Your Destiny  
Brett Moran  
Tel. Sue 01202 581898  
**London (CPS)** 10 Sep  
Consulting Spirit. Medicine,  
Mediumship and Messages  
Dr Ian Rubenstein  
Tel. 0207 589 3292  
**Glastonbury WRG** 10 Sep  
Dion Fortune. Priestess  
and Master of Magic  
Gordon Strong  
Tel. Mick 01458 835620  
**Wellington** 10 Sep  
Energy Photography  
Carol Pearce  
Tel. Jane 01823 665868  
**Stroud** 10 Sep  
the Writer's Quest  
and Reading the Century  
Kevan Manwaring  
Tel. 01453 759034  
**Glastonbury PLG** 11 Sep  
the Superhero Code  
Susie Anthony  
Tel. Kath 01749 671483  
**Broadstone** 11 Sep  
Forecasting  
Steve Judd  
Tel. Eileen 01202 697610  
**Yeovil** 11 Sep  
Mysteries of the Celtic Stones  
Marie Moon  
Tel. John 01963 220306  
**Alton Barnes** 11 Sep  
the Wiltshire Beekeeper  
Fred Smith  
Tel. 01380 739966  
**London** 11 Sep  
Crop Circles 2013  
& the New Era  
Andy Thomas  
Tel. Margaret 0208 671 5417  
**Weymouth & D'chester** 11 Sep  
the Cerne Giant  
Landscape, Gods  
and the Stargate  
Peter Knight  
Tel. Roma 01305 816644  
**Taunton** 13 Sep  
Understanding Moods and  
Silence as Communication  
Moira Legg  
Tel. Ian 01278 663215

**Glastonbury** 14 Sep  
Five Gateways Activation (level 1)  
Chris Bourne  
Tel. 01458 830443  
**Bristol PLG** 15 Sep  
the Power of Reconnecting  
to Mother Earth  
Andy Baggott  
Tel. Lea 01749 678834  
**Bournemouth PLG** 16 Sep  
the 12 Blessings  
From Inner Peace  
to World Peace  
Mark Bennett  
Tel. Sue 01202 581898  
**Woodshaw** 16 Sep  
Homo Luminous  
How 2012 Has Changed Us  
and What the Future Holds  
Summer Watson  
[www.wyverndowsing.freereserve.co.uk](http://www.wyverndowsing.freereserve.co.uk)  
**Bath** 16 Sep  
Bath Storytelling Circle  
Tel. David 01225 482170  
**Stoke Trister** 16 Sep  
Adrenal Fatigue  
Anna Baudrain  
Tel. Mary 07759942110  
**Poole PLG** 17 Sep  
Diets and Exercise Don't Work  
What to do About It?  
Paul Bellard  
Tel. Noel 07504 633 985  
**Glastonbury PLG** 18 Sep  
Food Allergy or Food Intolerance  
Dr Tim Robinson  
Tel. Kath 01749 671483  
**London (CPS)** 20 Sep  
Enchantment. An Evening  
of Chant and Mantra  
Stewart Pearce  
Tel. 0207 589 3292  
**Bournemouth PLG** 23 Sep  
Thought Pattern Management  
Fiona Sutherland  
Tel. Sue 01202 581898  
**London (CPS)** 24 Sep  
Wise Mind Open Heart  
Dr Ronald Alexander  
Tel. 0207 589 3292  
**Yeovil** 25 Sep  
Working with Wildlife  
Madeleine Stone  
Tel. John 01963 220306  
**Glastonbury PLG** 25 Sep  
Remove Excuses From Your Life  
the Power of NLP  
Ben Grassby  
Tel. Kath 01749 671483  
**London RILKO** 27 Sep  
the Sacred Monochord  
and the Divine Harmony  
Nigel Pennick  
Tel. 0845 2260 531

**Totnes** 27 Sep  
the Solar Logos  
David Matthews  
Tel. David 01803 867145

**London (CPS)** 27 Sep  
Evening of Angelic Readings  
Amanda Roberts  
Tel. 0207 589 3292

**Bristol** 29 Sep  
Avebury  
Maria Wheatley  
Tel. Lea 01749 678834

**Bournemouth PLG** 30 Sep  
Energy Magic and the Aura  
Ildiko Scurr  
Tel. Sue 01202 581898

**Monkton Heathfield** 30 Sep  
Shamanism  
Gray Weldon  
Tel. Mike 01460 281450

**Sherborne** 30 Sep  
the Cerne Giant  
Landscape, Gods  
and the Stargate  
Peter Knight  
Tel. Jennie 01935 817685

### WORKSHOPS & COURSES

**Glastonbury** 1 Sep  
Healing Voice Circle  
the Yoga of Primal Sound  
Dean Carter  
Tel. Dean 01935 389655

**Glastonbury** 2 Sep  
Facilitators Foundation Course  
Openhand Foundation  
Tel. 01458 830443

**Stroud** 6 Sep  
Rumi. Love in Action  
Andrew Harvey  
Tel. 01453 759034

**Ashurst** 7 Sep  
Dowsing Your Home  
Part 1. Geopathic Stress  
Adrian Incedon Webber  
Tel. 01249 818807

**Glastonbury** 8 Sep  
Shekinashram  
Healing Voice Circle and  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Longburton** 8 Sep  
Therapeutic Open Morning  
Louise Salmon  
Tel. Louise 01963 210655

**West Yelland** 8 Sep  
Getting to the Heart  
of the Matter  
One Day Experience  
Valery Coburn  
Tel. 01271 860317

**Stroud** 10 Sep  
Observing Nature  
with Creative Imagination  
Lucy Voelcker  
Tel. 01453 759034

**Wimborne** 13 Sep  
Coming to Life  
Andina Seers  
Tel. 01202 841522

**Taunton** 14 Sep  
Exploring Consciousness  
Trauma through the  
Eyes of Intuition  
Dr Peter Heini  
Tel. Ian 01278 663215

**Forres** 14 Sep  
Learn to Play in Pan's Garden  
Antje Rickowski &  
Monika Lohmann  
Tel. 01309 690311

**Thakeham** 14 Sep  
Spiritual Painting Retreat  
Justine van de Weg  
[justine@angeldivinity.com](mailto:justine@angeldivinity.com)

**Forres** 14 Sep  
Spiritual Practice  
Ritual and Ceremony  
Astrid Gude  
Tel. 01309 690311

**London (CPS)** 15 Sep  
Fundamentals of Energy  
Sharry Clark  
Tel. 0207 589 3292

**Glastonbury** 15 Sep  
Who on Earth Am I?  
Simon Rowe &  
Hazel Newton  
Tel. 07772687610

**Wimborne** 15 Sep  
Healing Voice Circle and  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Davidstow** 18 Sep  
Yoga and Life  
Coaching Retreat  
Julia Poole  
Tel. 01840 261792

**Wimborne** 18 Sep  
Past Life Regression  
Andy Tomlinson  
Tel. 01202 841522

**Stroud** 20 Sep  
Peace in the Body  
Mary Malloy  
Tel. 01453 759034

**Wimborne** 20 Sep  
Healing Power of  
Vocal Sound  
James D'Angelo  
Tel. 01202 841522

**County Donegal** 20 Sep  
Spiritual Companions Course  
Chrissie Astell  
[chrissie@angelight.co.uk](mailto:chrissie@angelight.co.uk)

**Westbury on Trym** 21 Sep  
Who on Earth Am I?  
Simon Rowe & Hazel Newton  
Tel. 07772687610

**Iona** 21 Sep  
Space for the Heart  
Margo van Greta  
Tel. 01309 690311

**Stroud** 21 Sep  
Being of the Earth  
Mari Winkelman  
Tel. 01453 759034

**Flaxley** 21 Sep  
Healing Through Being  
Foundation for Integrated  
Energy Healing  
Tel. 01823 664500

**Edmondsham** 21 Sep  
Creating Compelling Futures  
Dare to Dream  
Sarah Frossell  
Tel. 01202 885294

**Longburton** 21 Sep  
Heal Your Life  
Louise Salmon  
Tel. Louise 01963 210655

**Milford on Sea** 22 Sep  
Vocal and Tibetan Bowls  
Lorna Heath  
Tel. Lorna 01590 642994

**Glastonbury** 24 Sep  
Painting Pan's Kingdom  
Tiana Marie & Gwyn Ardyth  
Tel. 07599 336623

**Plymouth** 25 Sep  
Discover Dowsing  
Aaron Bray  
Tel. 07973120244

**Wimborne** 25 Sep  
Past Life Regression - Child  
Andy Tomlinson  
Tel. 01202 841522

**Longburton** 26 Sep  
Heal Your Life Study Group  
Louise Salmon  
Tel. Louise 01963 210655

**St Leonards** 27 Sep  
the Wonders of Shamanism  
Les Fuller  
Tel. 01424 729518

**Bournemouth** 27 Sep  
10 Seconds to Change  
Your Life Forever  
Derek Mills  
Tel. Sarah 07919343613

**Cullompton** 27 Sep  
Enneagram Foundation  
Course Part 1  
Chris & Veronica Croft  
Tel. 01884 855759

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)

Bath Storytelling Circle.  
Tel. 01225 482170

the London Forum.

[www.londoncircles.net](http://www.londoncircles.net)

Bournemouth PLG

[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[www.mysticklight.com](http://www.mysticklight.com)

[www.thamesvalleydowsers.org.uk](http://www.thamesvalleydowsers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Glastonbury PLG

Lymington PLG

Shaftesbury PLG

Poole PLG

New Dimensions Group Bristol

Milford on Sea PLG

Newport Isle of Wight PLG

[www.positivelivinggroups.org.uk](http://www.positivelivinggroups.org.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.Loveandlight.co.uk](http://www.Loveandlight.co.uk)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.RILKO.net](http://www.RILKO.net)

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[www.revolutionof2012.net](http://www.revolutionof2012.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.westsomersetdowsers.org](http://www.westsomersetdowsers.org)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

Sea Spirit Centre

[http://spiritual-courses.co.uk](http://http://spiritual-courses.co.uk)

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

[www.wyvernDowsing@freeserve.co.uk](mailto:www.wyvernDowsing@freeserve.co.uk)

[www.brsls.org](http://www.brsls.org)

[www.valehealing.co.uk](http://www.valehealing.co.uk)

[www.energeticsolutions.co.uk](http://www.energeticsolutions.co.uk)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.caduceus.info](http://www.caduceus.info)

[www.ihs.ac](http://www.ihs.ac)

**London (CPS) 28 Sep**  
How to Dowse (stage 1)  
Christopher Strong  
Tel. 0207 589 3292

**Stoke Trister 28 Sep**  
Giant of a Weekend  
Cerne Abbas, Landscape  
and Dowsing  
Peter Knight  
Tel. Mary 07759942110

**London (CPS) 28 Sep**  
Mastering Alchemy  
Stewart Pearce  
Tel. 0207 589 3292

**Glastonbury 28 Sep**  
Disciples of Experience Day  
Clint Denyer  
Tel. 07763 343612

**Stroud 27 Sep**  
the How of Happiness  
Miriam Akhtar  
Tel. 01453 759034

**London (CPS) 28 Sep**  
Anatomy and Physiology (part 3)  
Doe Warnes  
Tel. 0207 589 3292

**Oborne 29 Sep**  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**London (CPS) 29 Sep**  
Sounds of Heaven  
Stewart Pearce & Katie Rose  
Tel. 0207 589 3292

**Wimborne 30 Sep**  
Following My Path  
Gaunts House Course  
Tel. 01202 841522

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 Sep 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**New York 18 Sep**  
Meditation Group  
[UN@aquaac.org](mailto:UN@aquaac.org)

**Glastonbury (Saturdays)**  
Shamanic Bowl Sound Bath  
Corrina Thorby  
Tel. 07763 343612

**Shepton Mallet (Saturdays)**  
Light Body Activation  
Andrew Smith  
Tel. 01749 346744

**Glastonbury (Saturdays)**  
Guided Visualisations  
Cara  
Tel. 07763 343612

**Glastonbury (Sundays)**  
Pineal / Heart  
Sound Journey  
Corrina Thorby  
Tel. 07763 343612

**Backwell (Tuesdays)**  
Conscious Awareness  
Spiritual Development Group  
with Channelled wisdom  
from 'Altheris'  
[info@vibrantsouls.com](mailto:info@vibrantsouls.com)

**Ringwood (weds)**  
Yoga & Meditation  
Tel. 07976547606

**Broadstone (2<sup>nd</sup> weds of month)**  
Wessex Astrology Circle  
Group Meeting  
Tel. Eileen 01202 697610

**Totnes (fridays)**  
Astrology Group Meeting  
Tel. David 01803 867145

**Sturminster Newton**  
Safe Journey Resource  
and Drop in Centre  
Martinsey Isle Trust  
Tel. Judith 01258 475125

**Bournemouth (tuesdays)**  
Channelling & Meditation  
Tel. Gary 01202 418291

**Glastonbury (1<sup>st</sup> Tues)**  
Ascension Exchanges  
Meditation Group  
Tel. 01458 830443

### TRIPS, TOURS & VISITS

**Wiltshire 1 Sep**  
Avebury Landscape Tour  
Stoneseecker Tours  
Tel. 01249 823287

**Spain 3 Sep**  
Pilgrimage to  
Santiago de Compostela  
Megalithic Tours  
Tel 01772 728181

**Beaconsfield 7 Sep**  
A Visionary Landscape  
Walk in London  
Chris Street  
Tel. 01494 813214

**Dorset 8 Sep**  
Cerne Abbas  
Stoneseecker Tours  
Tel. 01249 823287

**Cumbria 21 Sep**  
Lake District &  
South Coast  
Megalithic Tours  
Tel 01772 728181

**Wooton Bassett 22 Sep**  
Modern Stone Circle  
and Labyrinth Tour  
Wyvern Dowzers  
[www.wyverndowsing.freeserve.co.uk](http://www.wyverndowsing.freeserve.co.uk)

**Dorset 28 Sep**  
Cerne Abbas  
Stoneseecker Tours  
Tel. 01249 823287

**Cumbria 29 Sep**  
Lake District &  
North Coast  
Megalithic Tours  
Tel 01772 728181

## Book Review: The Pyramids of Britain

By Alan J Watts

A new eBook (by Alan J. Watts) called The Pyramids of Britain shows, amongst many other things, that nineteen of the most famous archaeological sites in Wessex, far from being located at random and with no connection between them, are linked together by forming the corners of a web of triangles all of the same pyramidal shape.

As well as this geometric connection Watts shows that the most used unit of length between these (and many other Wessex sites) is the same one as given by "the Lord" to Ezekiel for the size of the Holy Oblation. This is the same as pi-kilometres dubbed (by Watts) the Great reed (Grd). The Grd may, for large distances, be the ancient equivalent of Alexander Thom's megalithic yard for small ones.

Even more amazing (but easily proved from their longitudes) is that the sites of the pyramidal web – and many others – are separated by meaningful intervals of solar time in sexagesimal units. For example Stanton Drew is 3 minutes of time from the centre of Stonehenge while Bathampton Down is two minutes. Silbury is 28 seconds of time from the high point of Warren Hill on Hengistbury

Head while Stonehenge is exactly two-thirds of that i.e. 16 seconds.

Watts finds that the pyramidal theme extends eastwards to Essex and Kent and shows evidence that these sites can be linked to the archaic Plan of Egypt" given by Prof. Livio Stecchini in Peter Tompkins' Secrets of the Great Pyramid.

These and many other direct connections with Ancient Egypt arise as consequences of this book and latitudes, longitudes and grid references are given for the connected sites so that interested readers can check the distances and times for themselves.

Finally, Watts speculates (from the evidence) that the original navels were first marked at least 10,000 years ago and probably earlier. For further information contact Alan at [ryestead@tiscali.co.uk](mailto:ryestead@tiscali.co.uk)

*To promote an event or submit a contribution to the newsletter email Robert at [robertmulliss@btinternet.com](mailto:robertmulliss@btinternet.com) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)*