



Wessex Research Group Network *Newsletter*

VOLUME 9, ISSUE 8.

August 2014

August and the latest additions to the Wessex Research Group Network on-line digital lecture archive www.wessexresearchgroup.org/digital.html are *Homeric Gods* by Will Rasmussen and *Native American Spirituality and Teaching* by Dennis Renault and Richard Peters

The latest addition to the on-line article archive www.wessexresearchgroup.org/literary_resources.html is *Response-ibility = Freedom = Your Power to Create Life* by Patricia Davis

The Power of You

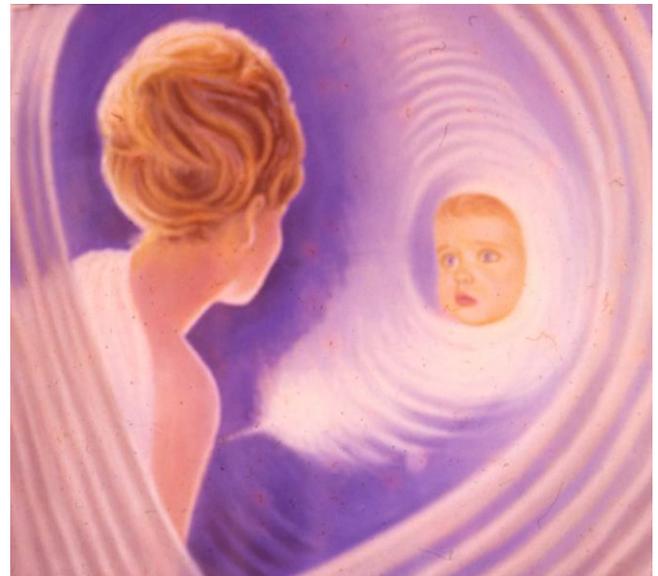
By Ian Lawton

It was only around Christmas 2013 that I made what to me at least felt like a hugely important discovery. It's that eight of the most celebrated sources of channelled wisdom of the last fifty years have all had one, main, consistent message for us. Those eight are Jane Roberts' Seth, Esther Hicks' Abraham, Darryl Anka's Bashar, Neale Donald Walsch's God, Mary Ennis' Elias, Jayem's Jeshua, Eva Pierrakos' Pathwork guide and JZ Knight's Ramtha. But what is their key message?

It's the fact that each of us is entirely responsible for creating the reality we experience at some level of our consciousness. Every single one of them not only stresses it as fundamental in their earliest communications, but carries on stressing it and its ramifications thereafter.

Of course this isn't a new idea and it has received significant exposure, especially in the last few decades, via a number of best sellers. If you're anything like me you'll have taken it on board intellectually, and in practical terms played with affirmations and the 'conscious creation' or 'manifestation' of desired outcomes to varying extents and with varying degrees of success. But you might well have been juggling with ideas like 'karma' and 'life plans' at the same time, so that you don't believe you're creating literally everything you're experiencing. You might well put some of it down to carry-overs from past lives, some down to earlier behaviours and experiences in this life, and some down to some sort of soul plan agreed before birth. Well, I've got news for you. Forget 'past' lives. Forget karma. Forget life plans. And don't take my word for it. That's the attitude adopted by every single source mentioned above.

Yet these ideas have always been fundamental to the evidence-based, 'Rational Spiritual' framework I've been developing for years in my *Books of the Soul*. So what kind of theoretical model of the soul, or more accurately



of consciousness – *does* fit with the primacy of us creating our own reality from moment to moment?

First, it has to be a model in which, as our sources suggest, all lives are ongoing and happening simultaneously, whatever apparent human era they're occurring in. This idea is very hard to get our human heads round, which is precisely why we've only paid it lip service for decades and then reverted back to a simple, comforting, linear reincarnation model where each life comes *after* the last. Second, and as a result, it has to be a model involving a level of consciousness directing operations from outside of space-time. Indeed one that monitors the various aspects of itself, or 'soul probes', that it sends out to operate in various different realities and, from an earth perspective at least, different historical eras within them. Some have referred to this as the 'oversoul' or 'higher self', but these terms can be confusingly used in different contexts – which is why I called my last book *Supersoul*.

Fortunately for me, my discovery about the primacy of how we're entirely responsible for creating all aspects of the reality we experience coincided with the revision of the models of consciousness I'd just developed for that book. What's more the new 'synthesised' model of supersoul consciousness I came up with for a heavily revised second edition is entirely based on simultaneous lives, to such an extent that the idea of having many lives only makes sense if we're adopting our supersoul level of consciousness.

The Power of You is continued on Page 4.

Sherborne & Yeovil
Jennie 01935 817685

Frome WRG
Marina 01373 465848

Totnes Astrology Group
David 01803 867145

Glastonbury WRG
Jacqui 07516816915

Weymouth & Dorchester
Roma 01305 816644

Yeovil Psychic Society
www.yeovilpsychics.org.uk
www.dorsetmysteries.org

School of Energy
Healing Educational Trust
www.energyhealing.co.uk

Bristol Dowzers
www.bristoldowzers.co.uk

Joyous Isle workshops
www.joyousisle.com
www.awarenesscentre.org.uk
www.stoneseeker.net

www.dragonseeker.co.uk

Centre for Pure Sound
www.centreforpuresound.org

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Wellington Pagan Moot
Tel. 01823 665868
www.angellight.co.uk

Taunton Association for
Psychotherapy
www.taplimited.org.uk
www.wccsg.com
www.wrekinforum.org

Theosophical Society in Scotland
www.findhorn.org

West Somerset Dowzers
westsomersetdowzers.org
www.theswa.org.uk
www.unicorn-at-rainbows-end.org

Totnes WRG
Jeffrey 01803 866349
www.angelmagic.biz

Aquarian Age Community
www.aquaac.org

Totnes Astrology Group
David 01803 867145
www.thegiftofsound.co.uk
www.waverleydowzers.co.uk
www.tamar-dowzers.co.uk

EVENTS

Bristol 2 Aug
the Search for Truth.
the Rising of the
Spiritual Phoenix
Theosophical Society
Summer School
www.theosophicalsociety.org.uk

Bridport 7 Aug
Bridport Pagan Moot
Summer Social
www.bridportpaganmoot.moonfruit.com

Wimborne 8 Aug
Gaunts House
Summer Gathering
www.gaunthouse.com

London 8 Aug
Open House
College of Psychic Studies
www.collegeofpsychicstudies.co.uk

Frome 14 Aug
Off Grid Festival
www.offgrid-festival.co.uk

Glastonbury 23 Aug
Chalice Well
Healing Weekend
www.chalicewell.org.uk

Wimborne 26 Aug
Threshold Society (UK)
Annual Retreat
www.gaunthouse.com

TALKS

Fareham 4 Aug
the Cerne Giant
Landscape, Gods
and the Stargate
Peter Knight
Tel. Peter 01249 823287

Poole PLG 5 Aug
Drumming
Heike Jenkins
Tel. Sarah 07919343613

Glastonbury PLG 6 Aug
Evening of Clairvoyance
and Trance
Jenny Ann
Tel. Glen 01458 833950

Glastonbury 6 Aug
Meeting of the Pagan Moot
Tel. Tim 07747 897 621

Frome 7 Aug
the Cosmic Christ
Hugh le Provost
Tel. Marina 01373 465848

DEMG at Stapehill 7 Aug
the Sacred History
Johnathan Black
Tel. Dave 07977 144147

Bristol 8 Aug
Introduction to Dowsing
Bristol Mapping Project Update
Bristol Dowzers
Tel. Lea 01749 678834

Glastonbury PLG 13 Aug
Awaken the Smell within
the Magical Healing Power of
Smell and Essential Oils
Gareth Despres
Tel. Glen 01458 833950

Yeovil 13 Aug
Attract Abundance
in to Your Life
Deb Hawken
Tel. John 01963 220306

Woodshaw 18 Aug
Dowsing, Cancer and Me
Jane Wallis
www.wyverndowsing.freeserve.co.uk

Bath 18 Aug
Bath Storytelling Circle
Tel. David 01225 482170

Crewkerne 18 Aug
Sound Relaxation
Jane Duggleby
collingridge1@sky.com

Glastonbury PLG 20 Aug
Mediumship through the Ages
Marcus Burnett
Tel. Glen 01458 833950

Bristol 22 Aug
the Interconnections of all Things
and the Perpetual Choirs
Trish Mills
Tel. Lea 01749 678834

Yeovil 27 Aug
Prehistoric Man
the Gods and the Stars
Peter Knight
Tel. John 01963 220306

WORKSHOPS & COURSES

Wimborne 1 Aug
the Way of the Leopard
Healing with Medicinal Plants
John Lockley
Tel. 01202 841522

Forres 2 Aug
Your Equisite Body of Light
Tjitze de Jong &
Nadasree Georgete Gadas
Tel. 01309 690311

Chelmsford 3 Aug
Spiritual Discovery Workshop
Chrissie Astell
Chrissie@angelight.co.uk

Glastonbury 3 Aug
Harmonic Power Course
Keith Foster
Tel. 01458 831154

Axminster 8 Aug
Courage to Sing
Leader Workshop
Lorrayn de Peyer
Tel. 01297 32331

Taunton 8 Aug
Fascial Awareness
and Unwinding
Jan Trewartha
Tel. 01753 867877

Forres 9 Aug
Natures Soul Music
Rog Coulson
Tel. 01309 690311

Glastonbury 9 Aug
Lemurian Healing
Introductory Workshop
David Bower &
Mamiko Maridianna
Tel. 01458 831154

Thakeham 9 Aug
Angelic Reiki I and II
Justine van de Weg
justine@angeldivinity.com

Teignmouth 10 Aug
Poetry Writing Workshop
Roselle Angwin
Tel. 01548 821004

Milford on Sea 10 Aug
Vocal and Tibetan and Crystal
Bowls Soundbath
Lorna Heath
Tel. 01590 642994

Glastonbury 11 Aug
Lemurian Healing
Certified Practitioner
Workshop
David Bower &
Mamiko Maridianna
Tel. 01458 831154

Wimborne 14 Aug
Sivananda Summer
Yoga Retreat
Tel. 01202 841522

Middle Piccadilly 16 Aug
the Way of Shamanka
Elaina Harvey
Tel. 01963 23468

Forres 16 Aug
the Multidimensional Body
of the Earth Revealed
in the Human Being
Marko Pogacnik
Tel. 01309 690311

Thakeham 16 Aug
Animal Healing Training
Justine van de Weg
justine@angeldivinity.com

Cadnam 17 Aug
Space Clearing
and the Rose
Alchemy Ba Gua
Sandy Humby
Tel. 01202 841522

Stroud 17 Aug
Create a Singing Bowl
Tom Akkermans
Tel. 01453 759034

Wimborne 18 Aug
Kriya Gong Yoga
Don Conreaux
Tel. 01202 841522

Milford on Sea 20 Aug
Drumming Circle & Soundbath
Lorna Heath
Tel. 01590 642994

Stroud 21 Aug
Tending the Hearth
Traditional House Clearing
Cait Branigan
Tel. 01453 759034

Wimborne 22 Aug
Alegria de Vivir!
Biodanza Vital Development
Marcelo di Matteo
Tel. 01202 841522

Thakeham 22 Aug
Angelic Reiki III and IV
Justine van de Weg
justine@angeldivinity.com

Avebury 23 Aug
Avebury, Earth Energies
and Shamanism
Peter Knight & Sue Wallace
Tel 01249 823287

Glastonbury 23 Aug
the Template
Sacred Geometry Workshop
Claudie Planche
Tel. 01458 835506

Gardoussel 23 Aug
Writing the Bright Moment
Roselle Angwin
Tel. 01548 821004

Stroud 29 Aug
Astrosophy
Juliette Elgrably
Tel. 01453 759034

Stour Row 30 Aug
Sounding the Divine Names
Dean Carter
Tel. Dean 01935 389655

Glastonbury 30 Aug
Mayan Calendar Astrology
Claudie Planche
Tel. 01458 835506

Forres 30 Aug
Happiness and the
Enneagram.
Nine Meditations on
Living a Joyful Life
Robert Holden
Tel. 01309 690311

Stroud 31 Aug
Kabbalistic Tree Building
Kurt Browne & Jonathon Clark
Tel. 01453 759034

LIGHTWORKER GROUPS

Global Meditation Event
1 Aug 9pm
www.networkoflight.org

New York 10 Aug
UN Meditation as
Planetary Service
UN@aquaac.org

Thakeham 29 Aug
Meditation Evening
Justine van de Weg
Justine@angeldivinity.com

Bournemouth (Alt thursdays)
The Spiritual Exchange
www.meetup.com

Poole (1st Sunday)
Dialogues of the Heart
Tara Divina Brown
Tel. 01202 604340

Glastonbury (Saturdays)
Shamanic Bowl Sound Bath
& Guided Visualisations
Corrina Thorby & Cara
Tel. 07763 343612

Alweston
Meditation Group
Pauline Elsworth
Tel. 01963 23705

Backwell (Tuesdays)
Conscious Awareness
Spiritual Development Group.
Channelled wisdom from
'Altheris'
info@vibrantsouls.com

Bournemouth
(3rd Thursday of month)
Universal Law of Attraction
monthly meet up
sallyehallum@yahoo.co.uk

Ringwood (weds)
Yoga & Meditation
Tel. 07976547606

Totnes (fridays)
Astrology Group Meeting
Tel. David 01803 867145

Sturminster Newton
Safe Journey Resource
and Drop in Centre
Martinsey Isle Trust
Tel. Judith 01258 475125

Bournemouth (tuesdays)
Channelling & Meditation
Tel. Gary 01202 418291

TRIPS, TOURS & VISITS

Somerset & Wiltshire 1 Aug
Stonehenge, Glastonbury
& Avebury
Megalithic Tours
Tel 01772 728181

East Cornwall 3 Aug
Duloe Field Trip
Tamar, Trencrom &
West Cornwall Dowsers
Tel 01566 774902

Wiltshire 9 Aug
West Kennet
Full Moon
Gathering
Peter Knight
Tel 01249 823287

Isle of Anglesey 9 Aug
Mysterious Anglesey
Megalithic Tours
Tel 01772 728181

Ireland 17 Aug
the Ancient Emerald Isle
Megalithic Tours
Tel 01772 728181

Iona 23 Aug
Summer Retreat Week
Neils Paulsen
Tel. 01309 690311

Spain 29 Aug
Pilgrimage to
Santiago de Compostela
Megalithic Tours
Tel 01772 728181

Old Cleeve 31 Aug
Binham Grange
West Somerset Dowsers
Tel. Mike 01460 281450

Wessex Research Group Network

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 482170

the London Forum.

www.londoncircles.net

www.body-spirit.co.uk

www.fire-in-the-head.co.uk

www.chalicewell.org.uk

www.unicorncentre.co.uk

www.mysticklight.com

www.thamesvalleydowsers.org.uk

www.libraryofavalon.org.uk

Glastonbury PLG

Poole PLG

Bristol PLG - New Dimensions

Milford on Sea PLG

Newport Isle of Wight PLG

www.positivelivinggroups.org.uk

www.theosophical-society.org.uk

www.fisu.org/en

www.faeryevents.com

www.openhandweb.org

www.stargaia.com

www.white-elk-woman.com

www.RILKO.net

www.Psychic-Sanctum.co.uk

www.Enneagram-uk.com

www.sacredconnections.co.uk

www.revolutionof2012.net

www.networkoflight.org

www.megalithictours.com

www.westsomersetdowsers.org

www.gauntshouse.com

www.educationaid.net

Sea Spirit Centre

<http://spiritual-courses.co.uk>

www.collegeofpsychicstudies.co.uk

www.wyverndowsing@freeserve.co.uk

www.brsl.org

www.energeticsolutions.co.uk

www.kabbalahcentres.com

www.caduceus.info

www.ihs.ac

Sounding the Divine Names

By Dean Carter

"In Egypt when priests sing hymns to the gods they sing the seven vowels in due succession and the sound of these vowels has such euphony that men listen to it instead of the flute and the lyre".....
Democritus, a Greek traveller in Egypt, 200BC.

Every culture has its own style, and every culture also has a connected tradition of sacred vocal sound or mantra which works with Divine Names: these names are usually in their essence as described above, a matter of vowel sounds in sequence without consonants between. These Divine Names are often described as 'not to be spoken' this is because they are to be SUNG: toned and overtone.

We believe also, for example, that in the sacred language of Sanskrit is embedded quite clearly and obviously *an instruction to overtone* as one of the 'vowels': the celebrated (and largely misunderstood) *anusvāra*.

Sounding the Divine Names continues on Page 4.

Sounding the Divine Names (continued)

It is clear from our research and practice that hidden at the secret heart of all esoteric practice is sound, and, specifically, the art of toning and overtuning

Re-connecting to the Divine Roots of the primal language through honouring the archetype of each sound as an energy in its own right, and at the same time honouring the archetypes of the musical intervals which themselves derive from the overtone scale present in every single note is an indescribably powerful, cleansing, healing practice that absolutely cannot fail as a form of meditation to connect you to the Higher Self.

At the Centre for Pure Sound, our simple 'Western Labial' style of overtone singing consists of, initially, producing overtones by toning (singing a long sustained note) between vowel sounds and the overtones of the 'harmonic series' or 'overtone scale' start to magically make themselves audible. These intervals, present in every note you sing, are themselves universal archetypes and the basis of all the scales used in music, as well as the basis of all natural forms and sacred geometry. FFI visit www.centreforpuresound.org Dean will be exploring these and other themes in a workshop during August.

The Power of You (continued)

Under this new model there's no karma carried over from other lives, and each soul probe is entirely responsible for the reality it's creating for itself in each moment of now. 'Past' lives we appear to connect with under regression and so on then become those of 'resonant souls' from our same supersoul with whom we have an especially close connection because of strongly shared traits or challenges.

If all lives are simultaneous there can also be no 'interlife' in which pre-birth planning creates challenges based on the lives that have gone before. Instead the only planning under our new model takes the form of the 'birth givens' that are determined by the supersoul for each of its soul probes, which can clearly vary hugely. They encompass our sex, our main psychological and physical traits and propensities – in terms of both challenges and strengths – and the socio-economic position and geographical location of our parents. On that basis we're here to 'paint the best picture we can with the palette we've been given'. Other than that any pre-birth planning of events in our adult lives, or 'soul contracts' with others, are probably kept to an absolute minimum – to give us maximum free will to direct our experience as we choose.

What's more our sources insist that, at least theoretically, we can change our experience instantaneously because time isn't continuous but a discrete series of now-moments – again a difficult concept for us to grasp, but more fundamentally accurate nevertheless. However this would require us to override our natural human programming to use 'past' associations to direct our choices and experience in the now.

The result of all this is that, perhaps for the first time, we have a model of supersoul consciousness that's entirely consistent with the primacy of each soul probe's free will

to create its own experience in each moment of now, whatever reality or era it's operating in. The simplified tale of linear reincarnation that we've been using for millennia has served a purpose, but now the artificial shackles of 'past' lives and especially karma can be removed as we move towards a more sophisticated spiritual worldview.

But, notice, this is still *not* a model in which the identity of the individual soul consciousness is totally subsumed into some ill-defined notion of 'Source' or 'universal consciousness'. Instead pioneering out-of-body evidence suggests that the supersoul itself represents the ultimate level of divinity that any human being has ever made contact with, either in or out of body. Nor should we forget that there are myriads of individuated supersouls sending myriads of individuated soul probes just into this version of earth reality – so they are far from the ultimate *source* of consciousness, about which we really can say nothing that isn't pure conjecture.

The Power of You is also extremely grounded in that it tackles a number of tricky objections that are sometimes swept under the carpet in popular manifestation literature – such as why nice people get ill or die early, why our attempts to direct our experience don't always work, why taking care of ourselves first is not selfish, and why there's no real competition for resources but unlimited abundance for all.

The other message that comes out strongly from our sources is just how much power we have to change our experience into anything we want. Once we appreciate indeed *know* in our very core without the slightest doubt that what we experience as physical reality is only a projection of our own consciousness and beliefs, then we can literally move mountains. Jesus is an obvious example of someone who possessed this kind of inner knowing, and his whole purpose was to demonstrate that any of us could perform supposed 'miracles'. So what did we do? Partly for political and control reasons, and partly because of our natural human tendency to act like sheep and avoid personal responsibility, we contrived to make him into a figure of worship vastly superior to ourselves.

Maybe that's why this time our channelled sources have chosen not to incarnate in human form but to talk through ordinary humans, in the hope we'll be less likely to deify them and more likely to deify ourselves. Because they make it perfectly clear we ourselves are the creator gods talked of in myth and legend down through the ages.

What's more it appears that the widespread remembering of who we really are, so reclaiming our divine birthright, is the vital ingredient if the current shift in consciousness is to have any real evolutionary impact on humanity as a whole. But, of course, time doesn't really exist... so there's no real hurry.

Ian's research is presented in two books (in the Supersoul series); *The Power of You: why you can change your life in an instant* and *Supersoul: a radical worldview for a new consciousness*. FFI visit www.ianlawton.com/rspress.html

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss@btinternet.com or log on to www.wessexresearchgroup.org