



Wessex Research Group Network *Newsletter*

VOLUME 9, ISSUE 5.

May 2014

May 5th is International Dowsing Day 2014, a perfect opportunity to dust off rods, crystals and other implements and get dowsing.

Preparing for a Life on the Ascended Earth – A Message from El Morya is the latest addition to the Wessex Research Group on-line article archive www.wessexresearchgroup.org/literary_resources.html

The Power of Thought

By Dana Molecki

If you realised how powerful your thoughts were, you would never think another negative thought.

Have you ever given any consideration to the power of your thoughts, do you realise that they are literally life changing? Every day we have approximately 60,000 thoughts! A huge percentage (around 88%) take place in the conscious mind, thoughts which often we churn over and over again, the same old stuff going round and round – because the conscious mind is the mind that chooses our thoughts, our reasoning mind, that interprets - decides what we want to eat for breakfast, for example.

Once the thought has been processed it slides into the filing cabinet of your mind. So all those 'new' thoughts now become sub conscious thoughts. Every morning when we wake up, for the majority of us, we know exactly who we are, there is no need to ask yourself who you are we just know it. When you breathe you don't remind yourself with a little prompt saying "breathe, breathe" it just happens automatically. So, we think something, for instance when we learn to drive a car, we practice using the clutch, the gears, the accelerator etc.... once we have learned to drive however, it becomes an automatic action! You don't think about how to change gear, it just happens automatically. How exciting is that? Did you realise that whilst learning a new skill you just re-trained your mind. We can learn any new form of behaviour! What we think we manifest as our reality!

So you reap what you sow, just like a farmer – sow a field of wheat and you will yield a field of wheat! Sow rotten seeds and you'll yield a rotten harvest! Yuk. So like the farmer if you sow negative thoughts then you'll reap negative consequences. If you sow positive thoughts, guess what, you'll reap positive consequences and results in your life! Now, which would you prefer? It stands to reason which we would all prefer. To get that result however, it is necessary to work on it and practice it, just like learning to drive or any other new skill you undertake. If you want to reap positive experiences and enjoy an abundant life, a new skill needs to be learnt, the art of thinking positively.



This will take time and practice and won't happen overnight, that is the reality – there is no point in knowing what to do, you need to practice what you know and perfect it!

You can make a start immediately! Yes you can! When that negative thought creeps in and says "oh yeah, really, how can I change my thoughts just like that" (negative reaction) just say "sorry, forgive me" and start to count your blessings, that's right be grateful, think 'gratitude', after all you have much to be thankful for! You woke up this morning, that's a good start don't you think? Then go for it and start a list of all the things to be grateful for warm bed at night, a cup of tea/coffee to start the day a hot shower/bath. Do I need to go on? Come on you can always be grateful for something, stop seeing the negative, kick out the pessimist, open your eyes to the positive and become an optimist.

Now you've started, get a good affirmation and keep repeating it over and over until it becomes a subconscious thought that will become your reality and change your life, literally.

Suggested affirmation (or make up your own) ***every day in every way my life gets just gets better and better***

SUMMARY: to make changes in your life you need to make changes in your thoughts! You need to practice constantly for it to become automatic (think skills like driving a car). Remember what you put out there you get back, sow seeds of the positive variety and reap a harvest of a positive living! Be grateful and affirm many times a day just how lucky you are to be alive ☺

Remember, you are a powerful force with the power to manifest, so choose your thoughts wisely. Log on to Inspired Living www.dana-molecki.com for more information about Dana's work and the Newport Positive Living Group which she co-ordinates.

Sherborne & Yeovil
Jennie 01935 817685

Frome WRG
Marina 01373 465848

Totnes Astrology Group
David 01803 867145

Glastonbury WRG
Mike 01458 835620

Weymouth & Dorchester
Roma 01305 816644

Yeovil Psychic Society
www.yeovilpsychics.org.uk
www.dorsetmysteries.org

School of Energy
Healing Educational Trust
www.energyhealing.co.uk

Bristol Dowzers
www.bristoldowzers.co.uk

Joyous Isle workshops
www.joyousisle.com
www.awarenesscentre.org.uk
www.stoneseeker.net

www.dragonseeker.co.uk

Centre for Pure Sound
www.centreforpuresound.org

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Wellington Pagan Moot
Tel. 01823 665868
www.angellight.co.uk

Taunton Association for
Psychotherapy
www.taplimited.org.uk

www.wccsg.com
www.wrekinforum.org

Theosophical Society in Scotland
www.findhorn.org

West Somerset Dowzers
westsomersetdowzers.org
www.theswa.org.uk
www.unicorn-at-rainbows-end.org

Totnes WRG
Jeffrey 01803 866349
www.angelmagic.biz

Aquarian Age Community
www.aquaac.org

Totnes Astrology Group
David 01803 867145
www.thegiftofsound.co.uk
www.waverleydowzers.co.uk

EVENTS

Glastonbury 1 May
May Day Celebration
www.chalicewell.org.uk

Taunton 3 May
Loss and Significant Change
Spring Conference of the
Taunton Association of
Psychotherapy
www.taplimited.org.uk

Stroud 5 May
Open Day
www.hawkwoodcollege.co.uk

Wimborne 9 May
Gaunts House Spring Weekend
www.gauntshouse.com

Windsor 10 May
British Fascia Symposium
www.fasciasymposium.co.uk

Forres 12 April
Earth Sings 2014
A Conference for
Well Being and Unity
www.findhorn.org

Daventry 16 May
Humanity vs Insanity
the Alternative View 5
www.alternativeview.co.uk

Lytham St Annes 16 May
Theosophy in Action
Study Meditation and Service
www.theosophicalsociety.org.uk

Alfriston 16 May
the Magical Faerie Festival
www.magicalfestivals.co.uk

Weston Super Mare 17 May
Medicine Music Festival
www.themedicinemusicfestival.co.uk

London 23 May
Mind Body Spirit Festival
www.mindbodyspirit.co.uk

Wimborne 29 May
IYN Yoga Festival
www.gauntshouse.com

London 31 May
R.I.L.K.O. Summer Conference
www.rilko.net

TALKS

Bridport 1 May
Beltane Celebration
Bridport Pagan Moot
Tel. 07539316595

Frome 1 May
What is the Origin of
our Present Civilisation
Kevin Hicks
Tel. Marina 01373 465848

DEMG at Stapehill 1 May
the Symbolism of the Coronation
and its Hidden Meaning
Rob Stephenson
Tel. Dave 07977 144147

Bristol 2 May
Introduction to Dowsing
Bristol Mapping Project Update
Bristol Dowzers
Tel. Lea 01749 678834

Glastonbury 2 May
Sacred Geometry Evening
Claudie Planche
Tel. 01458 835506

Stockport 4 May
Whole Person, Whole World
Accessing the Courage to
Be Fully Yourself
David Karchare
Tel. 01452 840033

London (CPS) 6 May
the Way of the Sacred Woman
Christine Page
Tel. 0207 589 3292

Glastonbury PLG 7 May
A New World in the Making
Victoria Gater
Tel. Glen 01458 833950

Yeovil 7 May
Communicating with Animals
Kerry Hornett
Tel. John 01963 220306

Glastonbury 7 May
Meeting of the Pagan Moot
Tel. Tim 07747 897 621

London (TS) 11 May
HP Blavatsky
Priestess of Isis
Colin Boyce
Tel. 0207 563 9817

Bath 11 May
West Kennet Longbarrow
Peter Knight
Tel 01249 823287

Melksham 12 May
Aveburys Healing Energies
Maria Wheatley
Tel. Maria 01672 511427

London 14 May
A Conspiracy History
of the World
Andy Thomas
Tel. Margaret 0208 671 5417

Glastonbury PLG 14 May
Living from our own Body
Intelligence. Shedding our
Beliefs and Going Back
to Nature
Jacqueline Hobbs
Tel. Glen 01458 833950

Reading 15 May
Esoteric Philosophy
William Meader
Tel. 01452 840033

London (TS) 15 May
White Lotus Day
Commemoration of
Madame Blavatsky
Barry Thompson
Tel. 0207 563 9817

London (TS) 18 May
the Yin and Yang of Eastern
and Western Philosophy
Tuey Mac
Tel. 0207 563 9817

Bristol PLG 18 May
Change Your Mind to Change Your
Life. The Power of NLP
Ben Grassby
Tel. Lea 01749 678834

London (TS) 18 May
Communicating with Animals
Interspecies Telepathic
Communication
Jane Summers
Tel. 0207 563 9817

Sherborne 19 May
Philanthropy or Eugenics?
Disease, Racism and Vaccines
Nicola Adolphe
Tel. Jennie 01935 817685

Bath 19 May
Bath Storytelling Circle
Tel. David 01225 482170

Crewkerne 19 May
Atlantean Healing
Zena & Neil Hammond
collingridge1@sky.com

Woodshaw 19 May
a Conspiracy History of the World
Andy Thomas
www.wyverndowsing.freemove.co.uk

Newport IoW PLG 20 May
the History of Tarot
Morwenna
Tel. Dana 01983 874 645

Glastonbury WRG 20 May
the Neolithic Wonders of Europe
A Personal Megalithic Pilgrimage
Peter Knight
Tel. Mick 01458 835620

London (CPS) 20 May
Healing Through the Family Soul
Philippa Lubbock
Tel. 0207 589 3292

Yeovil 21 May
Evening of Clairvoyance
Ruth Frey
Tel. John 01963 220306

Glastonbury PLG 21 May
Napoleon Hill
Paul Weston
Tel. Glen 01458 833950

Bristol 23 May
Introduction to
Archaeological Dowsing
Barry Goldring
Tel. Lea 01749 678834

London (TS) 27 May
Universal Theology
A Phoenix Rising from
the Ashes of Religion
William Meader
Tel. 0207 563 9817

Glastonbury PLG 28 May
Environmental Damage
What You Need to Know
Ian Pridmore
Tel. Glen 01458 833950

London (CPS) 30 May
Self Healing through Movement
and Natural Vision Improvement
Meir Schneider
Tel. 0207 589 3292

WORKSHOPS & COURSES

Wimborne 1 May
Integral Yoga
European Retreat
Swami Asokananda &
Swami Divyananda Ma
Tel. 01202 841522

Stogursey 3 May
Introduction to 5th Dimensional
Consciousness and the DNET
Andrew Smith
Tel. 01749 346744

Glastonbury 3 May
the Template
Sacred Geometry Workshop
Claudie Planche
Tel. 01458 835506

Forres 3 May
the Foundations of
Energy Healing Science
Maria Olsthoorn &
Susan Miles
Tel. 01309 690311

Flaxley 3 May
Healing Through Being
FIEH Foundation Course
Tel. 01823 664500

Forres 3 May
Incarnational Spirituality
Relationship with Subtle Worlds
Freya Secrest, Mary Inglis
& David Spangler
Tel. 01309 690311

London 3 May
Journey Intensive
Debra Billet
Tel. 01656 890400

West Yelland 4 May
Magical Music and Meditation
Valery Coburn
Tel. 01271 860317

London 5 May
Advanced Skills
Debra Billet
Tel. 01656 890400

Milford on Sea 7 May
Drumming, Vocal, Tibetan and
Crystal bowl Soundbath
Lorna Heath
Tel. 01590 642994

Wimborne 8 May
Shiatsu
Bill Palmer
Tel. 01202 841522

Wimborne 9 May
Acorn to Oak
Mining the Gold from Within
Pennie Quaile-Pearce
Tel. 01202 841522

Axminster 9 May
Our Challenges with Food
Emotional Eating Workshop
Vivienne Sutton
Tel 01297 32331

Stroud 10 May
Mindfulness and the Breath
David Beales & Johnathan Nunn
Tel. 01453 759034

Forres 10 May
Interspecies Communication
Anna Breytenbach
Tel. 01309 690311

Middle Piccadilly 10 May
the Middle Way of the Inka
Elaina Harvey & Sandy Pennell
Tel. 01963 23468

Dorchester 11 May
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Wimborne 14 May
Past Life Regression
Andy Tomlinson
Tel. 01202 841522

Glastonbury 15 May
Sound Healing Workshop
Trinity Bourne
Tel. 01458 830443

Glastonbury 16 May
Theta Healing Certified
Hettie Driessen
Tel. 01458 835506

London (CPS) 17 May
Anatomy and Physiology
for Healers Part 1
Doe Warnes
Tel. 0207 589 3292

Edmondsham 17 May
Yes! You Can Paint
Tigga
Tel. 01202 885294

London (CPS) 17 May
Beginners Remote Viewing
Debby Kay Edwards
Tel. 0207 589 3292

Thakeham 17 May
Animal Healing Training
Justine van de Weg
Justine@angeldivinity.com

London (CPS) 18 May
the Way of the Sacred Woman
Christine Page
Tel. 0207 589 3292

London (CPS) 18 May
Anatomy and Physiology for
Healers Part 2
Doe Warnes
Tel. 0207 589 3292

Stour Row 18 May
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Somerford Keynes 18 May
Healing Your Home
Part 2. Geopathic Stress
Adrian Incedon Webber
Tel. Dean 01935 389655

London (CPS) 18 May
the Fundamentals of Energy
Sharry Clark
Tel. 0207 589 3292

Wimborne 20 May
Past Life Regression LBL
Andy Tomlinson
Tel. 01202 841522

Alweston 22 May
Reiki 1st Degree Training
Pauline Elsworth
Tel. 01963 23705

Glastonbury 23 May
Working with Energies
and Energy Fields
Muriel, Natasha, Sophie & Karin
Tel. 01458 831154

Forres 24 May
the Alchemy of Transformation
Joy Drake & Susie Schwartz
Tel. 01309 690311

Alweston 25 May
Munay-Ki Foundation Rites
Pauline Elsworth
Tel. 01963 23705

Milford on Sea 25 May
Vocal, Tibetan and Crystal
bowl Soundbath
Lorna Heath
Tel. 01590 642994

Oborne 25 May
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Glastonbury 30 May
Theta Healing Advanced Level
Hettie Driessen
Tel. 01458 835506

Forres 31 May
Naturally Human Naturally
Wise. Remembering who we
really Are
Lucy Thomas &
Steven Gasgarth
Tel. 01309 690311

London (CPS) 31 May
Exploring Crystals of the Future
Judy Hall
Tel. 0207 589 3292

Bury St Edmunds 31 May
Discovering the Mystical
Energies Around Us
Chrissie Astell
Tel. 07792 075 584

www.Mindspiritnetwork.com
Bath Storytelling Circle.
Tel. 01225 482170
the London Forum.
www.londoncircles.net
Bournemouth PLG
www.powerofpositiveliving.com
www.body-spirit.co.uk
www.fire-in-the-head.co.uk
www.challicewell.org.uk
www.unicorncentre.co.uk
www.mysticklight.com
www.thamesvalleydowsers.org.uk
www.libraryofavalon.org.uk
Glastonbury PLG
Poole PLG
Bristol PLG - New Dimensions
Milford on Sea PLG
Newport Isle of Wight PLG
www.positivelivinggroups.org.uk
www.theosophical-society.org.uk
www.fisu.org/en
www.faeryevents.com
www.openhandweb.org
www.stargaia.com
www.white-elk-woman.com
www.RILKO.net
www.Psychic-Sanctum.co.uk
www.Enneagram-uk.com
www.sacredconnections.co.uk
www.revolutionof2012.net
www.networkoflight.org
www.megalithictours.com
www.westsomersetdowsers.org
www.gauntshouse.com
www.educationaid.net
Sea Spirit Centre
<http://spiritual-courses.co.uk>
www.collegeofpsychicstudies.co.uk
www.wyverndowsing@freeserve.co.uk
www.brli.org
www.valehealing.co.uk
www.energeticsolutions.co.uk
www.kabbalahcentres.com
www.caduceus.info
www.ihs.ac

London (CPS) 31 May
Self Healing through Movement
and Natural Vision Improvement
Meir Schneider
Tel. 0207 589 3292

London (CPS) 31 May
Introduction to Shamanism
Davina MacKail
Tel. 0207 589 3292

LIGHTWORKER GROUPS

Global Meditation Event
1 May 9pm
www.networkoflight.org

New York 14 May
UN Meditation as
Planetary Service
UN@aquaac.org

Bournemouth (Alt thursdays)
The Spiritual Exchange
www.meetup.com

Poole (1st Sunday)
Dialogues of the Heart
Tara Divina Brown
Tel. 01202 604340

Glastonbury (Saturdays)
Shamanic Bowl Sound Bath
& Guided Visualisations
Corrina Thorby & Cara
Tel. 07763 343612

Alweston
Meditation Group
Pauline Elsworth
Tel. 01963 23705

Backwell (Tuesdays)
Conscious Awareness
Spiritual Development Group
Channelled wisdom
from 'Altheris'
info@vibrantsouls.com

Bournemouth
(3rd Thursday of month)
Universal Law of Attraction
monthly meet up
sallyehallum@yahoo.co.uk

Ringwood (weds)
Yoga & Meditation
Tel. 07976547606

Totnes (fridays)
Astrology Group Meeting
Tel. David 01803 867145

Sturminster Newton
Safe Journey Resource
and Drop in Centre
Martinsey Isle Trust
Tel. Judith 01258 475125

Bournemouth (tuesdays)
Channelling & Meditation
Tel. Gary 01202 418291

Glastonbury (1st Tues)
Ascension Exchanges
Meditation Group
Tel. 01458 830443

TRIPS, TOURS & VISITS

Dorset 3 May
Beltaine at Cerne Abbas
Peter Knight
Tel 01249 823287

Cornwall 4 May
Mystical Cornwall
Megalithic Tours
Tel 01772 728181

Burford 10 May
the Churches of
Windrush Valley
Kris Lee & Liz O'Sullivan
Tel 01494 813214

Wiltshire 18 May
Valley of the White Horse
Peter Knight
Tel 01249 823287

France 18 May
Northern France
and the Stones of Carnac
Megalithic Tours
Tel 01772 728181

Dorset 24 May
Dorset Ridgeway
Peter Knight
Tel 01249 823287

Chitterne 25 May
Locating the Hunting Lodge
of the Abbess of Amesbury
www.wyverndowsing.freeserve.co.uk

Anatolia 26 May
Origins of Civilisation Tour
www.megalithomania.co.uk

Yorkshire 31 May
Yorkshires Amazing Megaliths
Megalithic Tours
Tel 01772 728181

Wiltshire 31 May
Avebury Landscape Amble
Peter Knight
Tel 01249 823287

Beltane

By Ben Walker

Beltane the Celtic May Day falls on 1st May and begins with the rise of the moon on the evening of 30th April. It marks the beginning of the third quarter or second half of the ancient Celtic year. An ancient fertility festival Beltane is associated with the first turning of the herds out to wild pastures, fertility rites (circling the May Pole), good luck (jumping the Beltane fire) and handfastings (pagan marriages).

It is a time of union between the Goddess and the God, the masculine and feminine energies found in creation. The flowers and greenery symbolise the Goddess and the Maypole represents the God. At Beltane the young God has blossomed into manhood, and the Goddess takes him on as her lover and through their union, all life begins.

Fires are an important part of Beltane, the fires kindled with Birch twigs. The Festival is associated with the Celtic God, Bel (also known as Belenus and Balor). Bel is a God of light, fire and the Sun. Cattle would be driven through the ashes or between two fires to ensure a good milk yield. To ensure fertility for the coming year a giant man of wood and straw was constructed. This huge wicker structure was then filled with offerings to the Gods, and set ablaze.

Other rituals include the placing of flowers in doorways and windows or the fastening of flowers on to cows, the decoration of the May bush with ribbons and garlands, the cooking of Oatmeal cake on a bonfire and the visiting of holy wells.

Book Review: The Time Workshops

By Abrielle Jones

This is a book that brings together the fundamental wisdoms of pre-dawn and wraps them up in a modern methodology in a way that will resonate with spiritual seekers everywhere.

The story behind the Time Workshops are that Stanley Stewart channelled the six days of workshop's to two pupils who had insisted that they could learn the basics of being a Wizard inside a week. This information was later turned in to a publication.

The Time Workshops are exercise's that guide the modern person to re-capture that forgotten time when we were all inextricably linked to the One Great Spirit, when people lived their lives in synchronous step with the Universe. Those who have studied the great Philosophy's of pre-Christianity will recognise the timeless wisdoms of the Tao, Buddhism and ancient Druidry entwined amongst the workshop exercises designed to make it easy to bring into the readers life. For further information log on to www.abriellejones.co.uk

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss@btinternet.com or log on to www.wessexresearchgroup.org