



# Wessex Research Group Network *Newsletter*

VOLUME 10, ISSUE 9.

September 2015

September's literary contributions hail from Norway and Cornwall. The month is associated with the Autumn Equinox and St Michaelmas Day.

St Michaelmas day traditionally falls on one of the four quarter days (September 29<sup>th</sup>). Quarter days are spaced three months apart, and are usually close to the solstices or equinoxes.

It used to be said that the harvest had to be completed by Michaelmas, marking of the end of the productive season and the beginning of the new cycle of farming. The act of giving a Michaelmas Daisy also symbolises the act of saying farewell. In English folk lore Michaelmas day was also known as "Goose Day." In Scotland St Michael's Bannock, Struan Micheil or Michael's Bread (a large scone-like cake) is often baked.

## ***The Path of a Spiritual Being***

**By Sigmund and Nina Sontum  
in co-operation with The Source**

Under no circumstances can you ever expect to find any meaning in life when you engage your mind/brain. This part of you is a very blunt and simple tool associated with a survival mechanism from ancient times. The tool is nothing more than an axe made of stone when compared to a highly developed laser cutting device. Let go of the left side of your brain, and your life will become the magical journey it was meant to be.

Soon the exercise of letting go of your ego/mind will automatically become part of yourself. You will then guide your thoughts to take a more peaceful direction. Once the focus on survival is over, life begins, and a joyful light will dance around you.

One might ask - What about the darkness and negativity in the world? Why has it ever existed, and what can agony and suffering ever be good for in a loving universe? The answer to this resides within us; and it will come to and from within each of us when we are ready for it. Because we still entertain the underlying notion that something is wrong, we cannot reach peace on this issue.

If we each look at our own lives, we might find a recurring theme. That is we often seek the darkness and the painful places of conflict. Every time one emerges from a conflict zone, one might conclude



that we actually needed this darkness. It gives us something, an insight, a feeling of your own strength, it rendered you more clearly defined as yourself, something that in turn attracted you to it. In other words, the painful conflict became essential for growth and life. What seems like meaningless pain and suffering might not be that after all.

Again, the problem is that the ego/mind has defined the ultimate purpose of life as comfort. This is not so, and the word becomes your prison. There is no such thing as security and comfort. These are just notions of life passing through you like all other notions. So when you feel comfortable, you immediately try to hang on to it, and whoops! you are lost in fear. Some yogis try to conquer this phenomenon by hanging on to the opposite polarity: discomfort. But the road of hanging on to pain will become just another confined prison, only a lot more uncomfortable. Your mind likes to hang on to whatever it can. You have to cut this rope and let yourself fly on, every second of your waking presence.

Let go of your left brain's need to get stuck. Enjoy the fact that life per definition means change and movement – an adventure to be celebrated, not a project to run after, or a comfort never to be achieved. Look at the image of the cowboy rising up from the turquoise sea on his white horse. You will soon find yourself in a dimension where surreal pictures will be refreshingly real. The reality that you define yourself by is merely a tiny fraction of your true self. As such, you make it into the greatest illusion ever, believing that this fraction IS the reality. For more information about Sigmund and Nina's work log on to the web site <http://toyoufromthesource.com>

## Wessex Research Group Network

Frome WRG  
Marina 01373 465848

Glastonbury WRG  
Jacqui 07516816915

Weymouth & Dorchester  
Roma 01305 816644

Yeovil Psychic Society  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)

Dorset Earth Mysteries  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)

School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)

Bristol Dowzers  
[www.bristoldowzers.co.uk](http://www.bristoldowzers.co.uk)

Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)

Axminster Awareness Centre  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)

Stoneseeker Tours  
[www.stoneseeker.net](http://www.stoneseeker.net)

[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)

Centre for Pure Sound  
[www.centreforpuresound.org](http://www.centreforpuresound.org)

The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

Angelight  
[www.angelight.co.uk](http://www.angelight.co.uk)

Taunton Association for  
Psychotherapy  
[www.taplimited.org.uk](http://www.taplimited.org.uk)

Wrekin Forum  
[www.wrekinforum.org](http://www.wrekinforum.org)

Theosophical Society in Scotland

Findhorn Foundation  
[www.findhorn.org](http://www.findhorn.org)

Dowsing Spirits  
[www.dowsingspirits.co.uk](http://www.dowsingspirits.co.uk)  
[www.theswa.org.uk](http://www.theswa.org.uk)

[www.unicorn-at-rainbows-end.org](http://www.unicorn-at-rainbows-end.org)

Totnes WRG  
Jeffrey 01803 866349

Aquarian Age Community  
[www.aquaac.org](http://www.aquaac.org)

Totnes Astrology Group  
David 01803 867145

The Gift of Sound  
[www.thegiftofsound.co.uk](http://www.thegiftofsound.co.uk)

Crewkerne Awareness  
[anacolourastro.wordpress.com](http://anacolourastro.wordpress.com)

### EVENTS

**Stroud** 1 Sep  
Kabbalistic Summer School  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

**Glastonbury** 3 Sep  
Five Gateways  
World Launch  
[www.openhandweb.org](http://www.openhandweb.org)

**Winchester** 5 Sep  
Sacred Winchester  
Autumn Moot  
Network of Leyhunters  
[www.networkofleyhunters.com](http://www.networkofleyhunters.com)

**Leicester** 18 Sep  
Conference of the  
British Society of Dowzers  
<https://www.britishdowzers.org>

**Attenborough** 18 Sep  
Visiting the Landscape  
of the Corieltauvi  
Autumn Moot  
Society of Leyhunters  
[www.leyhunters.co.uk](http://www.leyhunters.co.uk)

**Forres** 26 Sep  
We Do Not Die. Expanding  
Consciousness through Near  
Death and Other Mystical  
Experiences  
[www.findhorn.org](http://www.findhorn.org)

### TALKS

**Poole PLG** 1 Sep  
Sacred Geometry and  
Connections to the Stars  
James McCormish  
Tel. Sarah 07919343613

**Glastonbury PLG** 2 Sep  
the Most Intimate.  
The One Core Solution for  
Creating Happiness and  
Fulfillment in Your Relating  
Joy Hicklin Bailey  
Tel. Samia 07930 007419

**Glastonbury** 2 Sep  
Meeting of the Pagan Moot  
Tel. Tim 07747 897 621

**Sturminster Newton** 2 Sep  
Stolen Images.  
Pagan Symbolism in Christianity  
Peter Knight  
Tel. 01249 823287

**Frome** 3 Sep  
Past Present and Future  
Heather Walkley  
Tel. Marina 01373 465848

**DEMG at Stapehill** 3 Sep  
the Nature of Sacrifice  
Mike Crowson  
Tel. Dave 07977 144147

**London (CPS)** 4 Sep  
Beyond Suffering  
Unconditional Self Love Mastery  
Blake Bauer  
Tel. 0207 589 3292

**Glastonbury WRG** 8 Sep  
the White Goddess  
and the lady of Shalot  
Paul Weston  
Tel. Jacqui 07516816915

**London (CPS)** 8 Sep  
Authentic Chinese Feng Shui  
A Journey through  
Time and Space  
Richard Ainsworth  
Tel. 0207 589 3292

**Godalming** 8 Sep  
the Dunces Hat  
Testing the Recent Revelations  
of How the Hat Affects  
its Wearers  
Michael Haxeltine  
Tel. 01252 541639

**Yeovil** 9 Sep  
Evening of Clairvoyance  
Trevor Jones  
Tel. John 01963 220306

**Weymouth** 9 Sep  
Stolen Images.  
Pagan Symbolism in Christianity  
Peter Knight  
Tel. 01305 816644

**Glastonbury PLG** 9 Sep  
Divine Consciousness  
Divyael  
Tel. Samia 07930 007419

**London (CPS)** 10 Sep  
Gong Bath  
Olaf Nixon  
Tel. 0207 589 3292

**London (CPS)** 11 Sep  
A Map for Evolving  
Consciousness  
The Seven Dark, Seven Light  
and Seven Rainbow Arrows  
Nicolya Christi  
Tel. 0207 589 3292

**Exeter** 15 Sep  
Energy Dots  
Lucy Blyths  
Tel. 01392 410759

**London (CPS)** 15 Sep  
the Integration of Science,  
Spirituality, Nature and  
Social Communities  
Dr Sangeeta Sahi  
Tel. 0207 589 3292

**Poole PLG** 15 Sep  
Rose Alchemy and  
the Path of Peace  
Sandy Humby  
Tel. Sarah 07919343613

**London (CPS)** 18 Sep  
Passing Over With Angels  
Amanda Roberts  
Tel. 0207 589 3292

**Taunton** 18 Sep  
the Journey of a Prisoner  
Maria Bryne  
Tel. 01278 663215

**Stroud** 18 Sep  
Crystals for Healing  
Ourselves and the Earth  
Judy Hall  
Tel. 01453 759034

**Exeter** 19 Sep  
Goddess Temple  
Angela Pitman  
Tel. 01392 410759

**Crewkerne** 19 Sep  
Buteyko Breathing  
Ruth Freya & Steve Darch  
[collingridge1@sky.com](mailto:collingridge1@sky.com)

**Bristol PLG** 20 Sep  
How to Improve Your  
Relationship with all you Meet  
Ben Grassby  
Tel. Lea 01749 678834

**Bath** 21 Sep  
Bath Storytelling Circle  
Tel. David 01225 482170

**Woodshaw** 21 Sep  
Quantumology  
Kathy Ratcliffe  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

**Lockeridge** 21 Sep  
Stolen Images.  
Pagan Symbolism in Christianity  
Peter Knight  
Tel. 01249 823287

**London (CPS)** 22 Sep  
Demonstration of Mediumship  
Using Ribbons  
Gerrie March  
Tel. 0207 589 3292

**London** 24 Sep  
the Sacred Directions  
A Temple Journey around India  
Giles Bryant  
Tel. Marion 0870 766 9657

**London (RILKO)** 25 Sep  
Angels and the Seven Governors  
Joseph MacDermott  
Tel. 0207 589 3292

**Ryde (IoW)** 25 Sep  
the Spine of Albion and its  
Connections to the Isle of Wight  
Gary Biltcliffe & Caroline Hoare  
Tel. 07879 021 521

**London (CPS)** 25 Sep  
Sticks Stones and the Zodiac  
Crichton Miller  
Tel. 0207 589 3292

**London (CPS)** 29 Sep  
You Can Heal Your Pet  
Elizabeth Whiter &  
Rohini Sathish  
Tel. 0207 589 3292

**Glastonbury PLG** 30 Sep  
Ascension Energy Update  
Tim Whild  
Tel. Samia 07930 007419

**WORKSHOPS & COURSES**

**Wimborne** 2 Sep  
Regression Academy  
Andy Tomlinson  
Tel. 01202 841522

**Stroud** 4 Sep  
Daily Dying for Living Well  
Ravi Ravindra  
Tel. 01453 759034

**Wimborne** 4 Sep  
Moving Beyond the Assana  
Amanda Denton &  
Leo Cosendai  
Tel. 01202 841522

**London** 5 Sep  
Dragon Work  
Healing the Past,  
Improving the Present  
and Co-creating the Future  
Antoinette O'Connell & Ana Vidal  
Tel. Marion 0870 766 9657

**Thakeham** 5 Sep  
Spiritual Painting Retreat  
Justine van de Weg  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

**Glastonbury** 6 Sep  
Shekinashram  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Wimborne** 10 Sep  
Shiatsu  
Bill Palmer  
Tel. 01202 841522

**Glastonbury** 11 Sep  
Chalice Well Essences  
The Way of the Practitioner  
Sophie Knock, Natasha  
Wardle, Karin Schluter  
Lonegren  
Tel. 01458 831154

**London (CPS)** 12 Sep  
Beyond Suffering  
Unconditional Self Love Mastery  
Blake Bauer  
Tel. 0207 589 3292

**Forres** 12 Sep  
Essence and Empowerment  
the Tara Approach  
Stephanie Mines  
Tel. 01309 690311

**London (CPS)** 12 Sep  
the Dynamic Psychic  
Daniel Pitt  
Tel. 0207 589 3292

**London (CPS)** 12 Sep  
Connect with Your True Self and  
Shine with Kundalini Yoga  
Gemma Bliss  
Tel. 0207 589 3292

**Milford on Sea** 13 Sep  
Toning and Sound Experience  
Lorna Heath  
Tel. 01590 642994

**London (CPS)** 13 Sep  
Alchemy Energetics Level 1  
James Philip  
Tel. 0207 589 3292

**Glastonbury** 15 Sep  
Pan's Harvest  
Tiana Marie & Gwyn Ardyth  
Tel. 07599 336623

**Stroud** 19 Sep  
Crystals for Well Being  
Judy Hall  
Tel. 01453 759034

**Milford on Sea** 16 Sep  
Drumming Circle  
and Sound Experience  
Lorna Heath  
Tel. 01590 642994

**Wimborne** 18 Sep  
Meditation  
Phil Tarr  
Tel. 01202 841522

**London (CPS)** 19 Sep  
Passion Purpose and Money  
the Art of Zen Manifesting  
Tin Van Der Vliet  
Tel. 0207 589 3292

**London (CPS)** 19 Sep  
Advance Your Intuitive Abilities  
and Advance Your Potential  
Marlise Karlin  
Tel. 0207 589 3292

**London (CPS)** 19 Sep  
Authentic Chinese Feng Shui  
A Journey through  
Time and Space  
Richard Ainsworth  
Tel. 0207 589 3292

**Iona** 19 Sep  
Space for the Heart  
Margo van Greta  
Tel. 01309 690311

**Forres** 19 Sep  
Spiritual Practice  
Living Intuitively  
Nadasree Georgete Gadas  
Tel. 01309 690311

**Glasgow** 19 Sep  
Angel Discovery Day  
Chrissie Astell  
Tel. 01223 969858

**London (CPS)** 20 Sep  
the Fundamentals of Energy  
Sharry Clark  
Tel. 0207 589 3292

**Wimborne** 20 Sep  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**London (CPS)** 20 Sep  
Past Lives  
Future Consciousness  
Remember Your Eternal Self  
Sue Minns  
Tel. 0207 589 3292

**South Petherton** 20 Sep  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Stroud** 24 Sep  
Intuitive Herbalism  
Nathan Hughes  
Tel. 01453 759034

**Wimborne** 25 Sep  
Sensory Solutions  
Karen and Fiona  
Tel. 01202 841522

**Stroud** 25 Sep  
Restore and Recover Retreat  
Melanie Skinner  
Tel. 01453 759034

**St Leonards** 25 Sep  
the Magic of Shamanism  
Les Fuller  
Tel. 01424 729518

**Wimborne** 26 Sep  
Miracle Network  
Nouk Sanchez & Sparo Vigil  
Tel. 01202 841522

**London (CPS)** 26 Sep  
Individual Spiritual Power  
through Connection  
to the Collective  
Dr Sangeeta Sahi  
Tel. 0207 589 3292

**Stroud** 26 Sep  
Mindfulness and Breath  
David Beales  
& Johnathan Nunn  
Tel. 01453 759034

**Glastonbury** 26 Sep  
Mayan Calendar Workshop  
Claudie Planche  
Tel. 01458 835506

**Axminster** 26 Sep  
Mindfulness for Stress  
Awareness Centre  
Tel. 01297 32331

**Cardiff** 26 Sep  
Journey Intensive  
Deborah Billet  
Tel. 01656 890400

**Exeter** 26 Sep  
Aura Photography with  
Psychic Reading  
Tonya Hountingwolf  
& Frances Gray Wolf  
Tel. 01392 410759

**Edmondsham** 26 Sep  
the Healing Power  
of Vocal Sound  
James D'Angelo  
Tel. 01202 885294

**London (CPS)** 26 Sep  
Here Be Dragons  
Meeting the  
Elemental Dragons  
Judy Hall  
Tel. 0207 589 3292

**Wessex Research  
Group Network**

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)

Bath Storytelling Circle.  
Tel. 01225 482170

the London Forum.

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[www.thamesvalleydowsers.org.uk](http://www.thamesvalleydowsers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Glastonbury PLG  
[www.glastonburyplg.co.uk](http://www.glastonburyplg.co.uk)

Poole PLG  
Sarah 07919343613

Bristol PLG  
New Dimensions  
Lea 01749 678834

Newport Isle of Wight PLG  
Tel. 01983 874 645

[www.positivelivinggroups.org.uk](http://www.positivelivinggroups.org.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.faeryevents.com](http://www.faeryevents.com)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.RILKO.net](http://www.RILKO.net)

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[fifthdimensionalnetwork.net](http://fifthdimensionalnetwork.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

Sea Spirit Centre

[http://spiritual-courses.co.uk](http://http://spiritual-courses.co.uk)

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

Wyvern dowsers  
[www.wyverndowsing@freereserve.co.uk](http://www.wyverndowsing@freereserve.co.uk)

[www.energeticsolutions.co.uk](http://www.energeticsolutions.co.uk)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.caduceus.info](http://www.caduceus.info)

[www.ihs.ac](http://www.ihs.ac)

[newhumanitymovement.com](http://newhumanitymovement.com)

[www.waverleydowsers.co.uk](http://www.waverleydowsers.co.uk)

[www.tamar-dowsers.co.uk](http://www.tamar-dowsers.co.uk)

[www.midsummersearthhealing.co.uk](http://www.midsummersearthhealing.co.uk)



**Glastonbury** 26 Sep  
the Template  
Sacred Geometry Workshop  
Claudie Planche  
Tel. 01458 835506

**Stroud** 26 Sep  
Exploring Your Happy  
Deborah Gwilliam & Lesley Lyle  
Tel. 01453 759034

**London (CPS)** 27 Sep  
Purpose Carries  
Responsibility and Power  
Dr Sangeeta Sahi  
Tel. 0207 589 3292

**Axminster** 27 Sep  
Unfoldment  
Julie Soskin  
Tel. 01297 32331

**Oborne** 27 Sep  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

### LIGHTWORKER GROUPS

**Exeter** 1 Sep  
Beginners Spiritual  
Development Circle  
Dilys Guildford  
Tel. 07968 299192

**Global Meditation Event**  
1 Sep 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Thakeham** 25 Sep  
Meditation Evening  
Justine van de Weg  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

**New York** 27 Sep  
Transforming Planetary  
Consciousness Webinar  
UN Meditation as  
Planetary Service  
[UN@aquaac.org](mailto:UN@aquaac.org)

**Bournemouth** (Alt  
thursdays)  
The Spiritual Exchange  
[www.meetup.com](http://www.meetup.com)

**Poole** (1<sup>st</sup> Sunday)  
Dialogues of the Heart  
Tara Divina Brown  
Tel. 01202 604340

**Glastonbury** (Saturdays)  
Shamanic Bowl Sound Bath  
& Guided Visualisations  
Corrina Thorby & Cara  
Tel. 07763 343612

**Weymouth**  
Earthbound Bug or Butterfly.  
Spiritual Development Group  
Tricia Davis  
Tel. 0783 3164615

**Alweston**  
Meditation Group  
Pauline Elsworth  
Tel. 01963 23705

**Bournemouth**  
(3<sup>rd</sup> Thursday of month)  
Universal Law of Attraction  
monthly meet up  
[sallyehallum@yahoo.co.uk](mailto:sallyehallum@yahoo.co.uk)

**Ringwood** (weds)  
Yoga & Meditation  
Tel. 07976547606

**Totnes** (fridays)  
Astrology Group Meeting  
Tel. David 01803 867145

**Sturminster Newton**  
Safe Journey Resource  
and Drop in Centre  
Martinsey Isle Trust  
Tel. Judith 01258 475125

**Glastonbury** (1<sup>st</sup> Tues)  
Ascension Exchanges  
Meditation Group  
Tel. 01458 830443

### TRIPS, TOURS & VISITS

**Spain** 4 Sep  
Pilgrimage to Santiago  
de Compostela  
Megalithic Tours  
Tel 01772 728181

**Wiltshire** 6 Sep  
Avebury Landscapes  
Mini Bus Tour  
Stoneseecker Tours  
Tel 01249 823287

**Wiltshire** 12 Sep  
West Kennet Longbarrow  
Stoneseecker Tours  
Tel 01249 823287

**Turkey** 12 Sep  
Gobekli Tepe  
Megalithomania Tours  
[www.megalithomania.co.uk](http://www.megalithomania.co.uk)

**Scotland** 20 Sep  
Scottish Highlands Orkney,  
Shetland and Aberdeen  
Megalithic Tours  
Tel 01772 728181

**Stanton Drew** 22 Sep  
Stone Circle Visit  
and Meditation  
[bristoldowers@hotmail.com](mailto:bristoldowers@hotmail.com)

**Oxfordshire** 26 Sep  
Walking a Labyrinth  
Adrian Incedon Webber  
Tel. Susan 01494 813214

## We Are the Language of Light By Gailelaine

We are the language of light manifested

Each one of us is a note...sound...put together we are the song frequency that walks in the silence...we emit The language of light which is a healing vibration..an energy that awakens the labyrinth that runs through the human population....

Once awakened the labyrinth is activated and our soul comes into alignment and begins its next layer of information.....

All the connections to the star systems are now realised and become an inner knowledge,... The labyrinth energy that is your uniqueness runs through the earth's crust, which has been impregnated with symbols...sounds...and Keys to bring you into consciousness within self.....

As we are guided by the pull of our Labyrinth...we go to places not knowing why...but the strong feelings awaken and make the labyrinth energy stronger....

The song lines of earth...connect to the song lines of our Labyrinth selves...each one an individual...we become a sequence which fits beautifully as ONE once sounded....

The musical notes and words that are sounded through the voice, are a calling from the souls heart centre ...which are now perfectly connected by the healing band of

energy that's been flowing and downloaded through the rays of Silent sounds being sent by the whole universe and surrounding planets...

And so a Symphony is created which brings the heart into its own and opens the channels of flowing Love to anoint and gently raise the frequencies of light ...

Each angel of light who has a true connection of home and are earthbound for the good of all...are THE LANGUAGE OF LIGHT MANIFESTED.

Stories have always been passed down through the indigenous people to keep the heart of soul alive...and so now sounds from the soul are awakening the memories of our angelic Heritage..being drawn to different places is also a calling to where we left our earth life to go back to spirit in other lives...the soul had lots of knowledge which we digest stood in that same place ..we pick up the song notes and emit the codes of colour that run through the spectrum of our energy systems...enhancing the dance that runs through our souls ..... Enhancing the light language to flow from our energy systems...AND SO WE EVOLVE

Gailelaine (Angeleyes) – Channels teachings from Archangel Michael the Elohiem & Mary from the Light. FFI log on to [www.Gailelaine.co.uk](http://www.Gailelaine.co.uk)

*To promote an event or submit a contribution to the newsletter email Robert at [robertmulliss@btinternet.com](mailto:robertmulliss@btinternet.com) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)*