



Wessex Research Group Network *Newsletter*

VOLUME 11, ISSUE 4.

April 2016

April 2016, and this month's newsletter contains a listing of events for the month ahead, more on akashic records and a plea for complimentary therapies.

Understanding Vibration

By Ken Whittingham

Vibrations – we feel them, hear them, use them and make them. Some we like whilst others can be unpleasant. To what extent do we merely react to them rather than bothering to look at the vibration itself? If understanding the root of a vibration brings us closer to understanding the nature of reality then understanding them rather than merely reacting becomes important.

It has long been known that we hear by the way of vibration and after Newton, light also became recognised as vibration. As our understanding grows we begin to see that everything we experience is governed by vibration, whether it is through the five senses or beyond.

We know that vibration moves by way of a medium and we also know that the medium through which it moves is important and can affect the vibration. For example we know that sound travels much better through water than through air. Sound does not however travel through a vacuum. Light travels most effectively through a vacuum but less so through air and water and not at all through opaque solids.

We have a good understanding of how our five senses help us to sense vibration through attuning to different mediums. In the case of smell air is the medium, the olfactory nerves transmit vibration to the brain in a fashion similar to vision and audition. Taste works in a similar way to smell but via a different medium; that of liquid and solids. Through the sense of touch we discern the form of objects, the vibrations transmitted through this sense giving us information about form which is not otherwise obtainable. Speech enables us to put meaning to a vibration and leads us to examine the essence of that vibration. We hear what is said but the ear is a device that converts sound waves into electrical impulses which are interpreted by the brain to give us meaning to the experience of words or music. The eyes (like the ears) are also used as mechanical devices.

There is a greater range of vibration than we are generally aware of at a physical level. There are colours above and below the visible spectrum as well as



Above: A depiction of the Summerland. A higher vibrational level of matter

sounds (often described as the music of the spheres). There are even planes of matter existing at a higher vibrational level that we experience between lifetimes.

Then there is clairvoyance, clairaudience and telepathy, vibrational experiences that happen beyond the five senses. Experiencing vibration through our five senses gives us an awareness of our identity in time and place as well as the opportunity to mentalise this experience. What if we were too still our five senses and open to the universe moving beyond the vibrations associated with them. Would this give us the ability to transcend time and space making us aware of what was happening in some other time and place?

We can test out this concept by conducting a simple experiment. Close the eyes, still the senses five and try to remember what was happening 24 hours previously. The trick is to try and remember the vibrational composite rather than the stimulus that brought our awareness. If we could remember that vibrational composite from the day before it would cause us to locate there and we would be in yesterday. Theoretically we could travel back to any point on our timeline.

Our subconscious minds are more universal compared to our conscious minds and are already attuned to much more than reaches our awareness. Are we already attuned to other realms of consciousness for example that of the elemental and spiritual realms. If mind is part of each and every atom as well as part of life itself we can reason that all life is one life merely manifesting in different physical form.

Frome WRG
Marina 01373 465848

Glastonbury WRG
Jacqui 07516816915

Weymouth & Dorchester
Roma 01305 816644

Yeovil Psychic Society
www.yeovilpsychics.org.uk

Dorset Earth Mysteries
www.dorsetmysteries.org

School of Energy
Healing Educational Trust
www.energyhealing.co.uk

Bristol Dowzers
www.bristoldowzers.co.uk

Joyous Isle workshops
www.joyousisle.com

Axminster Awareness Centre
www.awarenesscentre.org.uk

Stoneseeker Tours
www.stoneseeker.net

Centre for Pure Sound
www.centreforpuresound.org

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Angelight
www.angelight.co.uk

Taunton Association for
Psychotherapy
www.taplimited.org.uk

Wrekin Forum
www.wrekinforum.org

Theosophical Society in Scotland
Findhorn Foundation
www.findhorn.org

Dowsing Spirits
www.dowsingspirits.co.uk
www.theswa.org.uk

www.unicorn-at-rainbows-end.org

Totnes WRG
Jeffrey 01803 866349

Aquarian Age Community
www.aquaac.org

Totnes Astrology Group
David 01803 867145

The Gift of Sound
www.thegiftofsound.co.uk

Crewkerne Awareness
anacolourastro.wordpress.com

Poole PLG
Sarah 07919343613

Bristol PLG
Lea 01749 678834

Ryde PLG
Dana 07879 021521

EVENTS

London 2 April
the New Hermopolis
presents a Symposium
<http://newhermopolis.org>

Wickham 2 April
Mind Body Spirit Experience
www.suemurrayhealing.co.uk

London 8 April
Open Evening
www.collegeofpsychicstudies.co.uk

Wimborne 9 April
Holistic Fair
www.gauntshouse.com

Horsley Park 15 April
Non Locality and the
Oneness of Mind
How We Are More Connected
to Each Other and
Why it Matters
www.scimednet.org

Hunstanton 16 April
Mind Body Spirit Exhibition
www.spiritualflowevents.com

York 16 April
Health and Healing Festival
www.healthhealingfestivals.co.uk

Worcester 16 April
Spring Symposium
British Society of Dowzers
www.britishdowzers.org

London 29 April
Mind Body Spirit
Wellbeing Festival
www.mindbodyspirit.co.uk

Erraid 30 April
Beltaine Retreat
www.findhorn.org

TALKS

Groby 2 April
Healing with Sacred Symbols
Adrian Inledon Webber
Tel. 01423 781974

Fareham 4 April
Ancient Megalithic Sites of
Dorset Revisited
Peter Knight
Tel. 01249 823287

Poole PLG 5 April
Be More Dog. Now Why Would
a Cat Want to be More Dog
Monica Burman
Tel. Sarah 07919343613

Yeovil 6 April
Evening of Clairvoyance
Mark De Ville
Tel. 01963 220306

Bransford 6 April
Spiritual Roots of the Enneagram
Sue Braithwaite
Tel. 01452 840033

Glastonbury 6 April
Meeting of the Pagan Moot
Tel. Tim 07747 897 621

Glastonbury PLG 6 April
Playing in the Field. Luminosities
and the Elemental Kingdom
Fiona Ameleh
Tel. Samia 07930 007419

Frome 7 April
Magical Music and
the Number Nine
Michael Tyack
Tel. Marina 01373 465848

DEMG at Stapehill 7 April
Hartmann and Curry Grids
Steve Dawson
Tel. Dave 07977 144147

S. Hereford 7 April
Healing with Sacred Symbols
Adrian Inledon Webber
Tel. 01423 781974

Glastonbury 9 April
Introducing Sacred Geometry
Claudie Planche
Tel. 01458 835506

Cardiff 10 April
Healing with Sacred Symbols
Adrian Inledon Webber
Tel. 01423 781974

Ryde PLG 12 April
Bach Flower Remedies
Cait Wood
Tel. Dana 07879 021 521

Wimborne 12 April
Stolen Images
Pagan Symbolism
and Christianity
Peter Knight
Tel. 01249 823287

Weymouth 13 April
Earth Energies and
Healing Energy
Maria Wheatley
Tel. Roma 01305 816644

London 14 April
John Dee, Emperor Rudolf
and their Mission for Europe
Ralf Roessner
Tel. 0207 589 3292

Dorchester 15 April
the Cerne Giant
Landscape Gods
and the Stargate
Peter Knight
Tel. 01249 823287

London 15 April
the Light Root and the New
Spiritual Stream of
Nourishment
Ralf Roessner
Tel. 0207 589 3292

Bristol 15 April
Where Do We Go
When We Die?
Why Did You Chose to be
Born in this Lifetime?
David Pye
Tel. Rory 07748 734127

Taunton 15 April
Transformational Change
Through Memory
Reconsolidation
Terry Davey
Tel. 0207 589 3292

Glastonbury 16 April
Introducing the Mayan Calendar
Claudie Planche
Tel. 01458 835506

Bristol PLG 17 April
Discover the Purpose
of Your Soul
Clare Russell
Tel. Lea 01749 678834

Crewkerne 18 April
Soul Astrology
Terrie Birch
collingridge1@sky.com

Bath 18 April
Bath Storytelling Circle
Tel. David 01225 482170

Glastonbury WRG 19 April
Consciousness and the
Magical Imagination
Gordon Strong
Tel. Jacqui 07516816915

Woodshaw 18 April
Ancient Stones of
Dorset Revisited
Peter Knight
wds@wyverndowsing.freeserve.co.uk

Poole PLG 19 April
Mindfulness Resilience
Francis Raven Vause
Tel. Sarah 07919343613

Glastonbury PLG 20 April
Overture to Peace
an Evening of Harp
Song and Journeys
Vicki Burke
Tel. Samia 07930 007419

Glastonbury PLG 27 April
Where Do We Go When We Die
Why Did You Chose to be
Born in this Lifetime?
David Pye
Tel. Samia 07930 007419

Glastonbury 28 April
Landscape Symbolism and its
Assimilation into Ancient
Cultures and Christianity
Peter Knight
Tel. 01249 823287

London (RILKO) 29 April
Poussins Search
for the Golden Age
Guy Patton
Tel. 0845 2260 531

WORKSHOPS & COURSES

Heathrow 2 April
Journey Intensive
Deborah Billet
Tel. 01656 890400

London (CPS) 2 April
Exploration in Shamanism,
Symbolism and Goddess Energy
Manex Ibar
Tel. 0207 589 3292

Forres 2 April
the Longing to Belong
Listen to the Call of Your Soul
Astrid Gude
Tel. 01309 690311

Cranborne 2 April
Relaxing Workshop
Tim Swanson
Tel. 01202 885294

Glastonbury 3 April
Shekinashram
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London (CPS) 3 April
Seeing and Exploring
Unseen Energies
Jonathon & Naila Hope
Tel. 0207 589 3292

London (TS) 7 April
the Nucleus of Universal
Brotherhood and the
Teachings of Plato Part 1
Ariadne Pascalidi
Tel. 0207 563 9817

Frome 8 April
Self Nurture and Communication
Discover Nature, Embrace Self
Healing, Revitalise
Wendy Datta
www.pegasus-animal-healing.com

Middle Piccadilly 8 April
Healing and the Shamanic
Arts Module 1. Keys to Self
Knowledge. Bands of Power
and Protection Rites
Elaina Harvey &
Seersha O'Sullivan
Tel. 01963 23468

Iona 09 April
Islands of the heart Creative
Writing Retreat
Roselle Angwin
Tel. 01548 821004

Forres 9 April
Active Hope: Nourishing our
Capacity for Acting for
Life on Earth
Chris Johnstone &
Margo van Greta
Tel. 01309 690311

Bristol 9 April
Seven Steps with the Angels
Chrissie Astell
Tel. 01223 969858

Forres 9 April
Spiritual Practice
Permaculture
Craig Gibsone
Tel. 01309 690311

Glastonbury 10 April
Journey of the Heart
A Celebration, Invitation and
Sharing of the Gift of Presence
Fiona Ameleh
Tel. Samia 07930 007419

Milford on Sea 10 April
L'il Wisdom Workshop
Lorna Heath
Tel. 01590 642994

Pershore 10 April
In Harmony with Creation
Experiencing Spirituality
Marianne Rankin &
Revd Ian Spencer
Tel. 01386 860330

Shaftesbury 10 April
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Middle Piccadilly 11 April
Treasures of the Inka
the Magical World of the Inka
Elaina Harvey &
Sandy Pennell
Tel. 01963 23468

Wimborne 14 April
School of Meditation
Tessa
Tel. 01202 841522

Middle Piccadilly 14 April
Cauldron of Mysteries
A Powerful Journey of Discovery
and Healing of the Deep Feminine
Elaina Harvey &
Sandy Pennell
Tel. 01963 23468

Glastonbury 15 April
Usui / Holy Fire Reiki Master
Teacher Workshop
Roberta Kipling
Tel. 01458 831154

St Leonards 15 April
Lifewheels
Rowanna Webb
Tel. Lorraine 01424 729518

Axminster 16 April
Developing Intuition
Julie Soskin
Tel. 01297 32331

Forres 16 April
Painting and Drawing
in Magical Places
Swan Treasure
Tel. 01309 690311

Wimborne 17 April
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Milford on Sea 20 April
Drum Meditation and
Sound Experience
Lorna Heath
Tel. 01590 642994

Wimborne 22 April
Basket Weaving
Jill Reilly
Tel. 01202 841522

Glastonbury 22 April
the Geometry of Nature
and the Cosmos
Tom Bree
Tel. 01458 831154

Forres 23 April
Introduction to Meditation
John Abdey
Tel. 01309 690311

Milford on Sea 23 April
St Georges Day
Earth Workshop
Subduing the Dragon
Lorna Heath
Tel. 01590 642994

Axminster 23 April
Female Power
Sanjula Manthe
Tel. 01297 32331

Iona 23 April
Islands of the heart Creative
Writing Retreat
Roselle Angwin
Tel. 01548 821004

Cranborne 23 April
Sing into Spring
Sammy Hurden
Tel. 01202 885294

Henley 23 April
the Self and Tarot Revealed
Julie Soskin
Tel. 0208 255 2188

Forres 23 April
Tarot - Archetypes of the Soul
Jorn Fiebig
Tel. 01309 690311

London (TS) 24 April
the Nucleus of Universal
Brotherhood and the
Teachings of Plato Part 2
Ariadne Pascalidi
Tel. 0207 563 9817

Oborne 24 April
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Pershore 28 April
Quiet Day
Tel. 01386 860330

Stroud 29 April
Running with the Mind
of Meditation
John Seex & Henry Astor
Tel. 01453 759034

**LIGHTWORKER
GROUPS**

Global Meditation Event
1 April 9pm
www.networkoflight.org

Wessex Research Group Network

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 482170

Earthstars Sacred Space
www.earthenergynetwork.co.uk

www.body-spirit.co.uk

www.fire-in-the-head.co.uk

www.chalicewell.org.uk

www.unicorncentre.co.uk

www.thamesvalleydowsers.org.uk

www.libraryofavalon.org.uk

Glastonbury PLG
www.glastonburyplg.co.uk

www.positivelivinggroups.org.uk

www.theosophical-society.org.uk

www.fisu.org/en

www.faeryevents.com

www.openhandweb.org

www.stargaia.com

www.RILKO.net

www.Psychic-Sanctum.co.uk

www.Enneagram-uk.com

www.sacredconnections.co.uk

fifthdimensionalnetwork.net

www.networkoflight.org

www.megalithictours.com

www.gauntshouse.com

www.educationaid.net

www.sea-spirit-centre.co.uk

http://spiritual-courses.co.uk

www.collegeofpsychicstudies.co.uk

www.WyvernDowsers.com

www.freeserve.co.uk

www.energeticsolutions.co.uk

www.kabbalahcentres.com

www.caduceus.info

www.ihs.ac

www.newhumanitymovement.com

www.waverleydowsers.co.uk

www.tamar-dowsers.co.uk

www.midsummersearthealing.co.uk

Aller Park
Dartington
David 01803 867145

New York 22 April
Transforming Planetary
Consciousness Webinar
UN Meditation as
Planetary Service
UN@aquaac.org

Totnes (Fridays)
Astrology Group
Meeting
Tel. 01803 867145

Alweston
Weekly Meditation Group
Tel. Pauline 01963 23705

Wanstrom (alt Tues)
Lightworker Group
Tel. Marina 01373 465848

London
Earthstars Group Meeting
Chris Street
Tel. 0870 766 9657

Bournemouth (Alt thurs)
The Spiritual Exchange
www.meetup.com

Aller Park (Weds)
Heart Meditation and Heart
Consciousness
Tel. 07765 631877

Aller Park (Thurs)
Astrology Group
Tel. 01803 867145

Poole (1st Sunday)
Dialogues of the Heart
Tara Divina Brown
Tel. 01202 604340

Sturminster Newton
Safe Journey Resource
and Drop in Centre
Martinsey Isle Trust
Tel. Judith 01258 475125

TRIPS, TOURS & VISITS

Isle of Man 1 April
Mystical Isle of Man
Megalithic Tours
Tel. 01772 728181

Kelmscott Manor 9 April
Thames Valley Dowsers
Spring Day Outing
Tel. Susan 01494 813214

Channel Islands 10 April
Ancient Sites of Jersey
and Guernsey
Megalithic Tours
Tel. 01772 728181

Dorset 17 April
the Cerne Giant
Landscape Gods
and the Stargate
Stoneseecker Tours
Tel. 01249 823287

Somerset 23 April
St Michael Ley Lines Tour
Stoneseecker Tours
Tel. 01249 823287

Northumberland 30 April
Lindisfarne and Hadrian's Wall
Megalithic Tours
Tel. 01772 728181

More on Akashic Records

By George Essence

This term 'Akashic Record' was invented by C.W. Leadbeater in the late 19th century and used by Alice Bailey. She defined it as something available to trained clairvoyants. As such, it can be seen as time travel back through past lives and emotional experiences.

From this view the clairvoyant travels back in time under the guidance of the spirit impressing her/him and relives past particular experience. She then translates her experience into 3 dimensional for consumption by the audience. The "time traveller" sees a world that is "space-time", mathematically "3 dimensional". This is also the space of "vivid dreams". It is often difficult or even impossible to relay such experiences to other people. It is however the world into which we pass when we die.

The "Akashic Record" is this world into which we pass. In it, nothing is forgotten and nothing can be hidden. Therefore everything in our lives is on public display. All wrongs are there to be atoned and compensated before the perpetrator can "move on". By the same token, victims have also to atone in their own way, so refusing to accept compensation from others reflects negatively on their own "journey", their own efforts to compensate.

Time travel in a wider sense is associated with the help of animals. Hence Native American traditions for example involve the intimate help of spirit animals, snakes, even whale sharks. The time traveller has to be "swallowed", and passes down a "tube" or tunnel, the intestines of the creature. Any relaxing of concentration results in being ejected from the experience, and the traveller may experience loss of heat. In this mode, the distant past can be accessed. Once past a particular "tipping point", the traveller can then be carried on a galactic cloud in the form of a white horse, and leave the local environment entirely. In England, Neolithic "white horses" are close to long barrows.

Another view is that we are all holograms, beings made at base of nothing but energy, all contributing to a universal data base, a universal information field. So the records are either, in a big book or data base in a library, or all around us bound in with all the energies of our universe, including our own. If they do exist their very existence has massive implications for the nature of our reality here on Earth, though. Physical creation, and our individual lives would not be random at all. There would be hints of planning, pre destination and a much more complex bigger picture than we can be aware of. There may be a structure, an organisation, beyond all of creation that is probably beyond our understanding.

Hands off Complementary Therapy

By Anastasia

The Department of Health in England has commissioned NICE (National Institute for Health and Care Excellence) to revise their guidelines on supportive and palliative care in adults. A draft document, introduced during the consultation period, which ended on Friday 29th January 2016, missed out the section on Complementary Therapies.

No statement has been released by the DoH for this omission, which is causing great concern among professional practitioners of complementary therapies and the general public. In raising an objection to the above and bringing a greater awareness of this critical situation, a petition by Professional Reflexology is running on change.org.

A letter objecting to this omission will be sent to The Secretary of State for Health, Jeremy Hunt MP. Please sign and share this petition. To read the letter visit the web site www.professionalreflexology.org/jeremy-hunt where you will also find a link to the petition. Please don't let NICE and the DoH take complementary therapy away.

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss@btinternet.com or log on to www.wessexresearchgroup.org