



Wessex Research Group Network *Newsletter*

VOLUME 11, ISSUE 8.

August 2016

August is traditionally the month associated with the first harvests. The month also offers an abundance of events including festivals, conferences, talks, walks, cruises, open evenings, workshops, retreats and a sonic pilgrimage.

August is not just about the harvest but also about fruits of all our labour; the growth of the seeds unfolding from the desires that we planned and initiated at the start of the year.

The Twelve Cosmic Laws - An understanding of how we can best be who we are

By Ann and Tony Neate

We are cosmic beings, containing a thought essence (spirit) or spark that has originated from an ultimate state of thought energy, the Godhead. Each one of us, as a spark of God, has chosen through freewill to evolve and expand through the natural process of incarnating physically into homo sapiens on planet Earth. God climbed down the ladder of consciousness to experience on different levels.

Any natural process functions by following certain fundamental natural laws - birth, growth, death, evolution etc. However, as a free spirit of God, finding individual expression through expansion, we are also subject to another level of laws: Cosmic Laws, which flow with the Universe.

The Law of Correspondences states: *As above, so below* and we can understand that these laws apply on a physical level, we can deduce that they must be a reflection of laws on another level.

Having been given the gift of freewill, we can choose whether to accept or reject these Cosmic Laws. There would be no point in spirit experiencing if it were not able to make choices. Growing, unfolding and releasing our true potential relates to going with the flow of the universe, rather than against it. A happy and fulfilling life is much more probable if we allow our choices and intuition to guide us along with the cosmic flow, for if we transgress these Cosmic Laws, sooner or later we draw towards ourselves a rebound.

On an earthly level, human social laws are created and abided by through social demands, varying considerably from country to country. Justice is meted out according to demands for punishment or even revenge; while social laws can sometimes be evaded through



loopholes, not so with universal or Cosmic Laws. We ignore them at our peril, for the consequences are the result of natural flows of energy, of cause and effect, not the response of a human judge who may be benign or harsh.

So let us take a look at these laws, which demand that we take responsibility for our actions. Some will be obvious to you, but they are subtle and important, especially on the level of psychic energy. Cosmic Laws govern the structure for spiritual behaviour on a physical plane and understanding these laws help us make decisions on how to live and work energetically, in a cosmic way. As we work more consciously with Cosmic Law, the process of personal growth and evolution of the spirit is speeded up.

1. LAW OF EQUALITIES

I am what I am, no more, no less.

When we can recognise and accept our own individual abilities, our level, our purpose, our work, without egotistically puffing ourselves up or putting ourselves down, we meet only that which we are capable of handling and will have the wisdom to recognise when a case or situation is beyond us. We understand that each person develops uniqueness and contributes in his / her own unique way.

2. LAW OF OPPORTUNITIES

The cosmos will always hold out a helping hand when we need it, but we must be able to;

- a) Ask appropriately, "Ask and ye shall receive."
- b) Appreciate the opportunity of help when it presents itself, even though it may come in a different guise from that which we expect or want.

There is a 'right' moment for things to happen - when everything, including the energy of time, slots into place. Have patience!

Frome WRG
Marina 01373 465848

Glastonbury WRG
Jacqui 07516816915

Weymouth & Dorchester
Roma 01305 816644

Yeovil Psychic Society
www.yeovilpsychics.org.uk

Dorset Earth Mysteries
www.dorsetmysteries.org

School of Energy
Healing Educational Trust
www.energyhealing.co.uk

Bristol Dowzers
www.bristoldowzers.co.uk

Joyous Isle workshops
www.joyousisle.com

Axminster Awareness Centre
www.awarenesscentre.org.uk

Stoneseecker Tours
www.stoneseecker.net

Centre for Pure Sound
www.centreforpuresound.org

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Angelight
www.angellight.co.uk

Taunton Association for
Psychotherapy
www.taplimited.org.uk

Wrekin Forum
www.wrekinforum.org

Theosophical Society in Scotland

Findhorn Foundation
www.findhorn.org

Dowsing Spirits
www.dowsingspirits.co.uk
www.theswa.org.uk

Totnes WRG
Jeffrey 01803 866349

Aquarian Age Community
www.aquaac.org

Totnes Astrology Group
David 01803 867145

The Gift of Sound
www.thegiftofsound.co.uk

Crewkerne Awareness
anacolourastro.wordpress.com

Poole PLG
Sarah 07919343613

Bristol PLG
Lea 01749 678834

Ryde PLG
Dana 07879 021521

EVENTS

Oxfordshire 4 Aug
Wilderness Festival
www.wildernessfestival.com

London 5 Aug
Open Evening
College of Psychic Studies
www.collegeofpsychicstudies.co.uk

Bristol 6 Aug
Divine Wisdom
Theosophical Society
Summer School
www.theosophicalsociety.org.uk

Wimborne 10 Aug
Gaunt's House Summer
Gathering
www.gauntshouse.com

Alaska 13 Aug
World Congress on Illumination
www.eraofpeace.org

Downham Market 13 Aug
Mind Body Spirit Exhibition
www.spiritualflowevents.com

London 14-20 Aug
Exhibition of Art
Encounters with the Spirit World
www.collegeofpsychicstudies.co.uk

Wimborne 26 Aug
Personal Sovereignty
Divine Sovereignty
Annual Convention of the
Threshold Society
www.gauntshouse.com

Glastonbury 28 Aug
Chalice Well Healing Weekend
www.chalicewell.org.uk

TALKS

Glastonbury 1 Aug
New Moon and Music
Curtis & Kin and Martin Faulkner
Tel. 01458 831154

Poole PLG 2 Aug
Let It Sound
Stephanie Roiner
Tel. Sarah 07919343613

Glastonbury 3 Aug
Meeting of the Pagan Moot
Tel. Tim 07747 897 621

Frome 4 Aug
Evening of Mediumship
Anne Wright
Tel. Marina 01373 465848

DEMG at Stapehill 4 Aug
the Vortex Theory
David Ash
Tel. Dave 07977 144147

Yeovil 10 Aug
Evening of Clairvoyance
Heather McDonald
Tel. 01963 220306

Cardiff 14 Aug
Soul Rescue
Adrian Inledon Webber
Tel. 01423 781974

Bristol 19 Aug
the Sacred Sphere
Paul Burley
Tel. Rory 07748 734127

Glastonbury 18 Aug
Full Moon and Music
Carole Isis
Tel. 01458 831154

Bath 15 Aug
Bath Storytelling Circle
Tel. David 01225 482170

Woodshaw 15 Aug
Therapeutic Crystals for
Mind Body and Spirit
Barbara Withers
wds@wyverndowsing
.freeserve.co.uk

Crewkerne 15 Aug
Hopi Ear Candles
Ruth Freya
collingridge1@sky.com

WORKSHOPS & COURSES

Godalming 4 Aug
Staycation Day
Waverley Dowzers
Tel. 01252 541639

Stroud 5 Aug
Dance the Circle Round
Stephanie Rose
Tel. 01453 759034

Stroud 5 Aug
the Sacred Clown in Summer
Reuben Kay
Tel. 01453 759034

Forres 6 Aug
Spiritual Practice
Nature
Katharina Brocke
Tel. 01309 690311

Forres 6 Aug
Your Exquisite Body of Light
Tjitze de Jong
Tel. 01309 690311

Rolands Castle 11 Aug
Himalayan Bowl Demonstration
and Sound Bath
Lorna Heath
Tel. 01590 642994

Stroud 15 Aug
Create a Singing Bowl
Summer School
Tom Akkermans & Carolina
Schomper
Tel. 01453 759034

Milford on Sea 17 Aug
Drum Circle and
Mini Sound Experience
Lorna Heath
Tel. 01590 642994

Forres 20 Aug
Life Purpose
Susan Miles &
Karen Luedkte
Tel. 01309 690311

Cullompton 20 Aug
Enneagram Part 5
Successful Communication
Chris Croft
Tel. 01884 855759

Forres 20 Aug
Sacred Geography and a New
Relationship with the
Multidimensional Body
of the Earth
Marko Pogacnik
Tel. 01309 690311

Milford on Sea 21 Aug
Vocal and Sound Experience
Lorna Heath
Tel. 01590 642994

Stroud 26 Aug
Astrosophy
Juliette Elgrably
Tel. 01453 759034

Glastonbury 26 Aug
the Template
Sacred Geometry Workshop
Claudie Planche
Tel. 01458 835506

Stroud 26 Aug
the Nativity of the Goddess
Auset. Fios Summer Retreat
Caitlin Matthews, Cait Branigan
& Cressida Pryor
Tel. 01453 759034

Forres 27 Aug
Spiritual Practice
Gene Keys
Pia Mark
Tel. 01309 690311

Cevennes 27 Aug
Writing the Bright Moment
Roselle Angwin
Tel. 01548 821004

Forres 27 Aug
Healing the Fragmented Heart
An Astroshamanic Journey in
Spiritual Intimacy and
Loving Relationships
Franco Santoro
Tel. 01309 690311

Stroud 28 Aug
Kabbalistic Tree Building
Johnathon Clark
Tel. 01453 759034

Forres 29 Aug
Speaking Our Truth in Challenging
Times: Presence, Dialogue and
the Way of Gestalt
Caroline Matters &
Sally Denham-Vaughan
Tel. 01309 690311

Stroud 30 Aug
Kabbalistic Summer School
Warren Kenton
Tel. 01453 759034

Wimborne 31 Aug
Regression Academy
Andy Tomlinson
Tel. 01202 841522

LIGHTWORKER GROUPS**Global Meditation Event**

1 Aug 9pm

www.networkoflight.org**New York 17 Aug**Transforming Planetary
Consciousness Webinar

UN Meditation as

Planetary Service

UN@aquaac.org**Totnes (Fridays)**

Astrology Group

Meeting

Tel. 01803 867145

Alweston

Weekly Meditation Group

Tel. Pauline 01963 23705

Wanstrom (alt Tues)

Lightworker Group

Tel. Marina 01373 465848

Aller Park (Weds)

Heart Meditation and Heart

Consciousness

Tel. 07765 631877

Aller Park (Weds)

Silent Time

Tel. 07765 631877

Bournemouth (Alt thurs)

The Spiritual Exchange

www.meetup.com**Ashburton**

Astrology Group

Kate Hubert

kate@spiral17.co.uk**Aller Park (Thurs)**

Astrology Group

Tel. 01803 867145

Poole (1st Sunday)

Dialogues of the Heart

Tara Divina Brown

Tel. 01202 604340

Sturminster Newton

Safe Journey Resource

and Drop in Centre

Martinsey Isle Trust

Tel. Judith 01258 475125

TRIPS, TOURS & VISITS**Scotland 6 Aug**

Ancient Orkney and Shetland

Isles and the Recumbent

Stones of Aberdeenshire

Megalithic Tours

Tel. 01772 728181

North Somerset 13 Aug

Brockley Cave &

Aveline's Hole Cave

Stoneseecker Tours

Tel. 01249 823287

Wiltshire 14 Aug

Oliver's Castle &

Mother Anthony's Well

Stoneseecker Tours

Tel. 01249 823287

Hills of Avalon 14 Aug

Sonic Pilgrimage

Dean Carter

Tel. Dean 01935 389655

Southern England 19 Aug

Stonehenge, Avebury

and Glastonbury

Megalithic Tours

Tel. 01772 728181

West Cornwall 21 Aug

Guided Field Trip

Palden Jenkins

Tamar Dowsers

Tel. 01506 774902

Spain 28 Aug

Santiago de Compostela

Pilgrimage

Megalithic Tours

Tel. 01772 728181

Wessex Research Group Networkwww.Mindspiritnetwork.com

Bath Storytelling Circle.

Tel. 01225 482170

Earthstars Sacred Space

www.earthenergynetwork.co.ukwww.body-spirit.co.ukwww.fire-in-the-head.co.ukwww.challicewell.org.ukwww.unicorncentre.co.ukwww.thamesvalleydowsers.org.ukwww.libraryofavalon.org.uk

Glastonbury PLG

www.glastonburyplg.co.ukwww.positivelivinggroups.org.ukwww.theosophical-society.org.ukwww.fisu.org/enwww.faeryevents.comwww.openhandweb.orgwww.stargaia.comwww.RILKO.netwww.Psychic-Sanctum.co.ukwww.Enneagram-uk.comwww.sacredconnections.co.ukfifthdimensionalnetwork.netwww.networkoflight.orgwww.megalithictours.comwww.gauntshouse.comwww.educationaid.netwww.seaspiritcentre.com

Sea Spirit Centre

http://spiritual-courses.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.ukwww.collegeofpsychicstudies.co.uk

The Twelve Cosmic Laws (continued)

3. LAW OF BALANCE

The importance of maintaining balance on all levels: physical, emotional, mental, psychic and spiritual. Imbalance on any level makes us vulnerable weakening our auric field - our natural protection.

Homeostasis is the name given to the state of equilibrium maintained in a cell, organism, planet etc. for healthy functioning. We also need to maintain our balance between light and shadow - we are each a mixture of both (see Law 8. the Law of Polarities)

4. LAW OF ABUNDANCE / NON-CONSERVATION / OPULENCE

Circulating what we accumulate, recycling. Money makes money. We need both to give and receive. The results of conscious thought to obtain help / energy / money should not be used for self-aggrandisement or squandering, but for the good of the whole, the work of others and the planet.

We make a living by what we get, but we make a life by what we give. Winston Churchill

5. LAW OF ATTRACTION / MAGNETISM

We attract what we build up in our mind. Beware! [Be aware!]. Qualities generate themselves: love, happiness etc; but also negative thoughts generate negativity. Equally, we attract what we meet in life, both good and bad. Fear can be an unrequited wish.

We need to ask ourselves: What am I facing at this moment? What is it teaching me? What repetitive pattern do I draw to myself?

6. LAW OF KARMA

As ye sow, so shall ye reap - The Law of Cause and Effect.

The decisions we make today govern our tomorrow. We reap the results of our thoughts and actions.

I am the result of all that I have thought.

We do not necessarily need to suffer identically from that which we feel we have perpetrated, unless it is the choice of our spirit. It is possible to rise above negative karma and self-retribution, but only by in-depth understanding and unconditional love. We create our future karma every minute of our lives - 'good', 'bad', whatever. The best way of ensuring that money comes in is to ensure that it goes out on time!

7. LAW OF CORRESPONDENCES

As above, so below. Hermes Trismegistus.

This is our thread by which we can find our way through the labyrinth of a physical life.

The outer reflects the inner. Physical illness is a reflection of an imbalance / disharmony on finer levels: emotional, mental, spiritual. Resonance / harmony brings about attunement and hence, healing. It is no good having spiritual values if we don't apply them on the material level.

I hear the Call, but don't hear my neighbour!

To understand Cosmic Laws we see how they manifest in the physical world. The world is a symbol to be deciphered. We need to learn awareness, listening within and without, and between all levels of ourselves and universal consciousness. The Hologram: every tiny part carries the message of the whole:

The Rhythms of our star systems - even to the exactitude of number - are repeated in miniature in the processes of the body. Eleanor C. Merry.

8. LAW OF POLARITIES

Yin and Yang represent the two poles between which all manifestation takes place. Within the seed of one aspect lies the potential of the other. The opposites in life include the positive and negative and the energetic polarities of the masculine and feminine. In holding the balance between opposites, either they destroy each other, or a unifying third force manifests.

The resolution has to come about on a higher level of consciousness. Jung.

The Caduceus: the two serpents are said to represent order and chaos. The wings are the mind's potential to keep the two opposing factors in balance, the place where two opposing factors blend and maintain balance, is described.

In owning your own shadow that is where God is . . . that is where miracles happen. Robert A. Johnson.

9. LAW OF REBOUND / PROTECTION

Attack is never justified - only defence. We do not 'police', only defend. That which is stronger - unconditional love protection - will cause a rebound on the perpetrator. The Law of Karma states that ultimately, any attack will rebound on the attacker, like a boomerang.

Zeus' thunderbolt cannot penetrate Venus' Girdle and unconditional love is the greatest protection.

For every force there is a counterforce and violence, even well-intentioned, always rebounds on itself. Lao Tse

10. LAW OF CHALLENGE / LAW OF 3 REQUESTS

Test ye the spirits that they be of the Light said Jesus.

Always challenge a presence. If it is of the Light it will not mind being tested. By Cosmic Law, there has to be an answer – we need to listen and observe psychically - to be aware. If necessary, challenge 3 times with increasing intensity. The challenge goes deeper each time: first, it reaches the conscious mind; then, the sub-conscious; and finally, the spirit. Effective on both the psychic and human levels.

These laws are used in conjunction with channelling and healing. When channelling, it is important that both the channeller and the protector challenge an approaching spirit. Those spirits working against Cosmic Law will be unable to maintain their connection, unless extremely powerful. In which case, close down immediately.

11. LAW OF SUMMONS

If you accept a calling, a summons, you accept its conditions on whatever level - in a group, in business, in life.

One might say that we are all taking up the challenge of accepting and adapting to our physical incarnation. The challenge is to live out our lives through the ideas of service, love and compassion.

At a spiritual level only invoke a ray for healing purposes and not for self-aggrandisement.

12. LAW OF FREEWILL / LAW OF TRANSMUTATION

Our spirit has choice. We can flow either with or against Cosmic Law. We equally need to respect others' freewill and choice, which may be different from our own.

Water can be transmuted: from ice to water to steam, by applying heat. We can transmute / transform lower denser energies by applying the uplifting quality of unconditional love.

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss@btinternet.com or log on to www.wessexresearchgroup.org