



Wessex Research Group Network Newsletter

VOLUME 11, ISSUE 12.

December 2016

December and we welcome two new groups (Devon Dowsers and Wellspring) to the Wessex Research Group Network. Devon Dowsers are based in Chulmleigh, Devon and can be contacted through their web site www.devondowsers.org.uk

Wellspring is a new group meeting monthly in Rode (nr Frome), Somerset. There will be talks on diverse topics including health and well-being, earth mysteries, astrology and other alternative ideas. For further information contact Caroline Williams on 01373 831046 or email carolinewilliams205@gmail.com

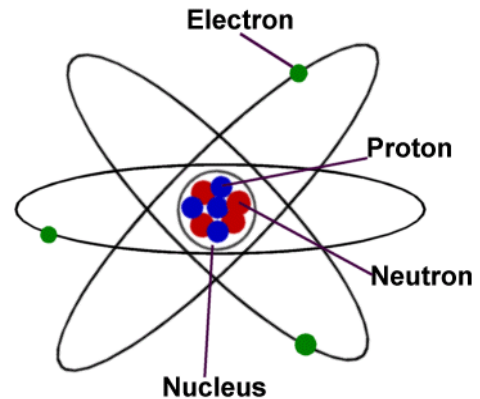
Computer or Base Reality?

By Marian Matthews

Recently Elon Musk, founder of PayPal and owner of Tesla and Space x, came out with a statement that doubted that our reality was the way we thought it was at all. Musk stated that the chance we're in 'base reality' is rather small; saying it's almost fact we're living in a computer program developed by future civilizations. His argument is that computer world simulation is currently developing so fast that soon the difference between simulation and reality will be indistinguishable and therefore there's a good chance that future civilizations have already developed this technology and put us into their simulation. Could this be possible? Could we be nothing but holograms in a computer simulation of reality?

Well, this may or may not be the ultimate truth, but before it is dismissed as pure fantasy, we have to ask; could it actually be a possibility? Surprisingly when you look at our basic physical construction, and the construction of all around us, the concept may not be so farfetched at all.

We seem to be solid beings, but science will tell you that this apparent solidity is an illusion. We, and all around us in the universe are constructed at base from nothing more than atoms of the naturally occurring elements of our galaxy. All Earthly biological systems, are made of these atoms in different combinations. The construction of atoms ranges from simple hydrogen with one proton, neutron and electron, to the very dense heavy metals with multiple protons electrons and neutrons. Atoms are themselves mostly empty space. It is the relative densities of the various atoms that make things seem solid. We can walk through air because it is less dense than we are, we cannot walk through metal because it is much denser than we are. Not only that, but the little ball things of the conventional illustration of an atom are not actually balls at all. They are constructed of nothing



Above: Structure of the Atom

more than pinches of vibrating energy, or quanta. So we are, in fact nothing more than beings made of this energy.

We also live in a grid of energies that flow through and hold our universe together. These include gravity, electro-magnetic, strong atomic and weak atomic forces. Our actual physical reality is that we are energy beings living in an energy matrix.

So, as energy beings we could be nothing more than holograms. Even our thoughts are energy. Although it is only our thoughts, part of our consciousness that make us aware that we exist as individuals. We know we exist because we are literally conscious of the fact. We can be sure of nothing else. All we know of the world is taken in by our sense organs and processed by our brain. We can be fooled by both.

This so called hologramatic view of the universe is a respectable scientific theory, although holograms do have originals somewhere. We could also be a computer simulation but may not be able to tell especially if we have been programmed not to.

I have always thought of our existence as some sort of interactive video game. Elon's assumptions though are on one level too simplistic. Why would alien beings simulate reality? What would be in it for them? What about our consciousness/soul? There is overwhelming evidence that it does leave the physical body (whatever it consists of) after physical death. There is a bigger picture here that mere science has yet to come to terms with. It will be interesting to one day find out though!

Visit www.mariansaspects.com or Facebook (Aspects of Reality) or www.marianmatthews.com FFI about Marian's research. Marian will also be speaking in Totnes during December on the subject of 'Super Clues to Reality'.

Frome WRG
Marina 01373 465848

Glastonbury WRG
Jacqui 07516816915

Weymouth & Dorchester
Roma 01305 816644

Yeovil Psychic Society
www.yeovilpsychics.org.uk

Dorset Earth Mysteries
www.dorsetmysteries.org

School of Energy
Healing Educational Trust
www.energyhealing.co.uk

Bristol Dowzers
www.bristoldowzers.co.uk

Joyous Isle workshops
www.joyousisle.com

Axminster Awareness Centre
www.awarenesscentre.org.uk

Stoneseecker Tours
www.stoneseecker.net

Centre for Pure Sound
www.centreforpuresound.org

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Angelight
www.angelight.co.uk

Taunton Association for
Psychotherapy
www.taplimited.org.uk

Wrekin Forum
www.wrekinforum.org

Theosophical Society in Scotland

Findhorn Foundation
www.findhorn.org

Dowsing Spirits
www.dowsingspirits.co.uk
www.theswa.org.uk

Totnes WRG
Jeffrey 01803 866349

Aquarian Age Community
www.aquaac.org

Totnes Astrology Group
David 01803 867145

The Gift of Sound
www.thegiftofsound.co.uk

Crewkerne Awareness
anacolourastro.wordpress.com

Poole PLG
Adrian 07738 081394

Bristol PLG
Lea 01749 678834

Ryde PLG
Dana 07879 021521

EVENTS

Beaconsfield 4 Dec
AGM and Christmas Lunch
Thames Valley Dowzers
www.thamesvalleydowzers.org.uk

London 9 Dec
Open Evening
College of Psychic Studies
www.collegeofpsychicstudies.co.uk

Chulmleigh 13 Dec
Christmas Dinner
Devon Dowzers
www.devondowzers.org.uk

London 15 Dec
Winter Solstice and Christmas
Celebration
Earthstars Group
Tel. Marion 0870 766 9657

Bristol 16 Dec
Christmas Gathering
Bristol Dowzers
www.bristoldowzers.co.uk

Woodshaw 19 Dec
Yule Social
Wyvern Dowzers
wds@wyverndowsing.freeserve.co.uk

Glastonbury 25 Dec
Free Garden Admission
www.chalicewell.org.uk

Stroud 30 Dec
Awake and Alive
New Year Retreat
www.hawkwoodcollege.co.uk

Glastonbury 31 Dec
New Year's Eve Faery Party
www.faeryevents.com

TALKS

DEMG at Stapehill 1 Dec
Rennes le Chateau
Andrew Gough
Tel. Dave 07977 144147

Frome 1 Dec
Evening of Mediumship
Deborah Tye Duck
Tel. Marina 01373 465848

Rode 1 Dec
Stolen Images.
Pagan Symbolism
and Christianity
Peter Knight
Tel. Caroline 01373 831046

Saltburn 2 Dec
Heal Your Home
Adrian Inledon Webber
Tel. 01423 781964

Totnes 2 Dec
Sagittarius and Ruling
Planet Jupiter.
David Matthews
Tel. 01803 867145

London (CPS) 2 Dec
Magikal Trance
Edwin Courtenay
Tel. 0207 589 3292

Totnes 3 Dec
Super Clues to Reality
Marian Matthews
Tel. 01803 886349

Stroud 4 Dec
the Challenge
of Rudolf Steiner
Film and Discussion
Tel. 01453 759034

North Hill 4 Dec
A Modern Alchemy
the Great Work
in a Consumerist Society
Sean Ferris
Tel. 01566 774902

London (CPS) 5 Dec
Evening of Mediumship
with Q & A
Tony Stockwell
Tel. 0207 589 3292

Moorgate 6 Dec
Introduction to Meditation
Foundation for International
Spiritual Unfoldment
Tel. 0208 5233133

London (CPS) 6 Dec
Student Demonstration
of Trance
Elizabeth Roberts
Tel. 0207 589 3292

Glastonbury 7 Dec
Norse Magic
Krissy
Tel. Tim 07747 897 621

Glastonbury PLG 7 Dec
Machines of the Ancients
Stephen du Ross
Tel. Samia 07930 007419

London 8 Dec
the Mysteries of Samothrace
Julia Cleave
Tel. Marion 0870 766 9657

Moorgate 9 Dec
Introduction to Meditation
Foundation for International
Spiritual Unfoldment
Tel. 0208 5233133

Yeovil 14 Dec
Evening of Clairvoyance
Anne Wright
Tel. 01963 220306

Glastonbury PLG 14 Dec
the Awakening
of Your Divinity
Divyael
Tel. Samia 07930 007419

Bath 19 Dec
Bath Storytelling Circle
Tel. David 01225 482170

Crewkerne 19 Dec
Colour Mirrors
Kath Drayton
collingridge1@sky.com

**WORKSHOPS &
COURSES**

Stroud 2 Dec
the Voices of the Wells
Faery Grail Holy Grail
Winter Gathering
John & Caitlin Matthews
Tel. 01453 759034

Stroud 2 Dec
Resonance. Unlocking
the Power of the Voice
James D'Angelo
Tel. 01453 759034

Forres 3 Dec
Reiki Training Level 1
Findhoen Foundation
Tel. 01309 690311

Stroud 3 Dec
Reframing Relationship
Jay Ramsey
Tel. 01453 759034

London (CPS) 4 Dec
Magikal Trance
Edwin Courtenay
Tel. 0207 589 3292

Glastonbury 4 Dec
Shekinashram
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London (TS) 4 Dec
the Ageless Wisdom
for Everyone
Edward Archer
Tel. 0207 563 9817

London (CPS) 4 Dec
Anatomy and Physiology
for Healers Part 5
Doe Warnes
Tel. 0207 589 3292

London (TS) 8 Dec
Sources of the
Platonic Tradition
Ariadne Pascalidi
Tel. 0207 563 9817

St Leonards 9 Dec
Mediumship Weekend
Lorraine Edwards
Tel. 01424 729518

Stroud 10 Dec
Men in Transition
Jay Ramsey &
Nick Clements
Tel. 01453 759034

Forres 10 Dec
At Play in the
Dimension of Change
An Intuitive Approach
to Hatha Yoga
Louise Simmons
Tel. 01309 690311

Milford on Sea 11 Dec
Vocal Toning and Sound
Experience
Lorna Heath
Tel. 01590 642994

Ryde 13 Dec
Sound Bowl Demonstration
and Soundbath
Lorna Heath
Tel. 01590 642994

Alweston 17 Dec
Yule Workshop
Pauline Elsworth
Tel. 01963 23705

Glastonbury PLG 17 Dec
the Integration of the New
Higher Energies on
Mother Earth
Divyael
Tel. Samia 07930 007419

Milford on Sea 19 Dec
L'il Wisdom Workshop
Lorna Heath
Tel. 01590 642994

Iona 21 Dec
Solstice and Christmas Retreat
Eveline Rodenberg
& Hugo Klip
Tel. 01309 690311

Milford on Sea 21 Dec
Drum Circle and
Sound Bath
Lorna Heath
Tel. 01590 642994

Iona 28 Dec
New Year Retreat
Eveline Rodenberg
& Hugo Klip
Tel. 01309 690311

Wimborne 30 Dec
New Year Yoga
and Meditation Retreat
Tel. 01202 841522

Forres 28 Dec
Turning Within
and Moving Forward
A New Year Retreat
Astrid Gude
Tel. 01309 690311

LIGHTWORKER GROUPS

Global Meditation Event
1 Dec 9pm
www.networkoflight.org

New York 13 Dec
Transforming Planetary
Consciousness Webinar
UN Meditation as
Planetary Service
UN@aquaac.org

Wanstrom (alt Tues)
Lightworker Group
Tel. Marina 01373 465848

Aller Park (Weds)
Heart Meditation and Heart
Consciousness
Tel. 07765 631877

Aller Park (Thurs)
Astrology Group
Tel. 01803 867145

Bournemouth (Alt thurs)
The Spiritual Exchange
www.meetup.com

Axminster
Mindfulness Meditation
Tel. 01297 32331

Alweston
Weekly Meditation Group
Tel. Pauline 01963 23705

Ashburton
Astrology Group
Kate Hubert
kate@spiral17.co.uk

Poole (1st Sunday)
Dialogues of the Heart
Tara Divina Brown
Tel. 01202 604340

Sturminster Newton
Safe Journey Resource
and Drop in Centre
Martinsey Isle Trust
Tel. Judith 01258 475125

TRIPS, TOURS & VISITS

Knutsford 3 Dec
Tatton Park
Roald Dahl's Adventures
at Christmas
Megalithic Tours
Tel. Neil 01772 728181

Midlothian 10 Dec
Rosslyn Chapel
and Edinburgh
at Christmas
Megalithic Tours
Tel. Neil 01772 728181

Alweston 16 Dec
Yule Ceremony
Pauline Elsworth
Tel. 01963 23705

Glastonbury 21 Dec
Winter Solstice Celebration
Chalice Well
Tel. 01458 831154

Wiltshire 21 Dec
Midwinter Solstice Gathering
at West Kennet
Stoneseecker Tours
Tel. 01249 823287

France 27 Dec
New Year Brittany's
Cotes d Armor
Megalithic Tours
Tel. Neil 01772 728181



A Christmas Message

By Enliron

Tune into the new love vibration,

Within and without from you,

You are made from love,

You are love,

Spread your love,

Be the love,

Become the beloved always,

Thought and action become one
combined,

So open your heart and soul to different
dimensions and realities: from the Earth's
core to the outer edges of space,

Knowing that you are at one with
everything,

That love is all and love is everyone.

Wessex Research Group Network

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 482170

Earthstars Sacred Space
www.earthenergynetwork.co.uk

www.body-spirit.co.uk

www.fire-in-the-head.co.uk

www.chalicewell.org.uk

www.unicorncentre.co.uk

www.thamesvalleydowsers.org.uk

www.libraryofavalon.org.uk

Glastonbury PLG
www.glastonburyplg.co.uk

www.positivelivinggroups.org.uk

www.theosophical-society.org.uk

www.fisu.org/en

www.faeryevents.com

www.openhandweb.org

www.stargaia.com

www.RILKO.net

www.Psychic-Sanctum.co.uk

www.Enneagram-uk.com

www.sacredconnections.co.uk

fifthdimensionalnetwork.net

www.networkoflight.org

www.megalithictours.com

www.gauntshouse.com

www.educationaid.net

Sea Spirit Centre

<http://spiritual-courses.co.uk>

www.collegeofpsychicstudies.co.uk

Wyvern dowsers

www.wyverndowsing@freeserve.co.uk

www.energeticsolutions.co.uk

www.kabbalahcentres.com

www.caduceus.info

www.ihs.ac

newhumanitymovement.com

www.waverleydowsers.co.uk

www.tamar-dowsers.co.uk

www.midsummersearthhealing.co.uk

Aller Park

Dartington

David 01803 867145

Wellspring – Rode

Tel. Caroline 01373 831046

www.devondowsers.org.uk

Book Review: Dartmoor Mindscapes. Re-Visioning a Sacred Landscape

By Peter Knight

A ground breaking book that covers the author's research and profound personal experiences, based on 'cognitive archaeology'. He uncovers the intricate relationships between tor outcrops and other natural features, with stone circles, stone rows, cairns and megaliths. This book insightfully proposes how our prehistoric ancestors interacted with notable outcrops, simulacra, rock basins and propped stones; the author gets inside the minds of prehistoric people and their shamans, to walk their Dreamtime. We are invited to perceive landscapes as interfaces, saturated with cultural and mythic memory. Peter suggests ways to walk and interact with the landscape in a more meaningful and mindful way today, to develop deeper connections with the sacred and ancient mindscapes of Dartmoor.

The book also covers earth energies and dowsing, shamanism, acoustics, astronomical and landscape alignments, and much more! FFI log on to www.stoneseeker.net or email the author at stoneseeker@waitrose.com

Book Review: The Chymical Wedding of Christian Rosenkreutz. A Commentary on a Christian Path of Initiation

By Johan Valentin Andreae.

Commentary by Bastiaan Baan

Translated by Philip Mees

The Chymical Wedding of Christian Rosenkreutz is one of the most important writings of esoteric Christianity, first published anonymously in German in 1616. It is an allegorical story divided into seven journeys about how Christian Rosenkreutz was invited to a castle to assist the chymical wedding of the king and queen. Chymical is an old form of the word chemical and refers to alchemy, whose aim is the uniting of opposites – hence the sacred wedding.

It is a book concerned with the inner transformation of the soul. Bastiaan Baan's interpretation and commentary makes the work accessible to readers of today and shows the special language Andreae used to express the meditative content of his text. He delves deep to uncover the original significance, combining images and concepts from alchemy with insights from Rudolf Steiner's teachings. He concludes that the content is as valuable today as it was hundreds of years ago. FFI visit www.florisbooks.co.uk

*To promote an event or submit a contribution to the
newsletter email Robert at
robertmulliss@btinternet.com
or log on to www.wessexresearchgroup.org*

Book Review: Portals Gates, Stiles, Windows, Bridges & Other Crossings

By Philippa Lewis

When is an entrance a portal? In this beautiful little book, packed with rare antique illustrations and original artwork by Miles Thistlethwaite, architectural historian Philippa Lewis explores the fascinating world of liminal boundaries and the inexhaustible variety of ways in which we cross them. This book is available as an E-book or as a softback from <http://woodenbooks.com>

Celebrating the Winter Solstice - A time for Ritual, Tradition and Re-Connection

By Nadia Dawe

Cultures worldwide have winter festivals many of which are celebrations of light; the re-birth of the sun and the beginning of winter. In the northern hemisphere the winter solstice is the longest night and shortest day of the year. The Earth's axis tilts the furthest away from the sun at 23-and-a-half degrees, giving all locations north of the equator less than 12 hours of daylight.

The festival of Yule begins at the winter solstice – a 12 day celebration originating in northern Europe and pre-dating Christianity. Eventually the festival period became known as Christmastide. The cultures of northern Europe saw the sun as the wheel that changed the seasons, the word Yule originating from the word for wheel (houl).

In Celtic culture Druids would cut the mistletoe that grew on the oak tree and give it as a blessing. Oaks were seen as sacred and the winter fruit of the mistletoe was a symbol of life in the dark winter months. It was also the Druids who began the tradition of the yule log. The Celts believed that the sun stood still for twelve days in the middle of winter and during this time a log was lit to conquer the darkness, banish evil spirits and bring luck for the coming year.

From the warmer climates of ancient Egypt, Iran (where fires are lit to protect against the dark) and Arizona to the northerly latitudes of Scandinavia, Iceland and Europe, cultures have celebrated midwinter as a time of ritual, reflection and renewal; a time to re-connect with the cycles of the Earth - a time for real wisdom to re-enter our lives.

Attuning our senses to the subtle changes and cycles of the seasons might help us to attune more lovingly to the subtle changes and cycles in ourselves. In Chinese medicine adjusting to the cycles of heaven and Earth are seen as something important for health and well-being. By performing simple rituals with personal meaning to celebrate the solstice, these rituals serve as touchstones to help us cultivate an attitude of receptiveness and appreciation that will carry us through the holiday season and into a new year.