

# Wessex Research Group Network

# Newsletter

VOLUME 12, ISSUE 7.

July 2017



July offers a wide range of festival events with: festivals dedicated to sacred dance, ecology and the arts, healing, rejuvenation, the exploration of space and a celebration the passion, love and creative spirit of Lgbtqi people.

## **Harmlessness, Compassion and Blessing - The Three Pillars of Hope**

**By Dwight Mingle**

Harmlessness, Compassion and Blessing are three qualities of enduring power. Each one holds a positive and transmuting force that offers opportunities for all of us to contribute a power for good which can help transform the world.

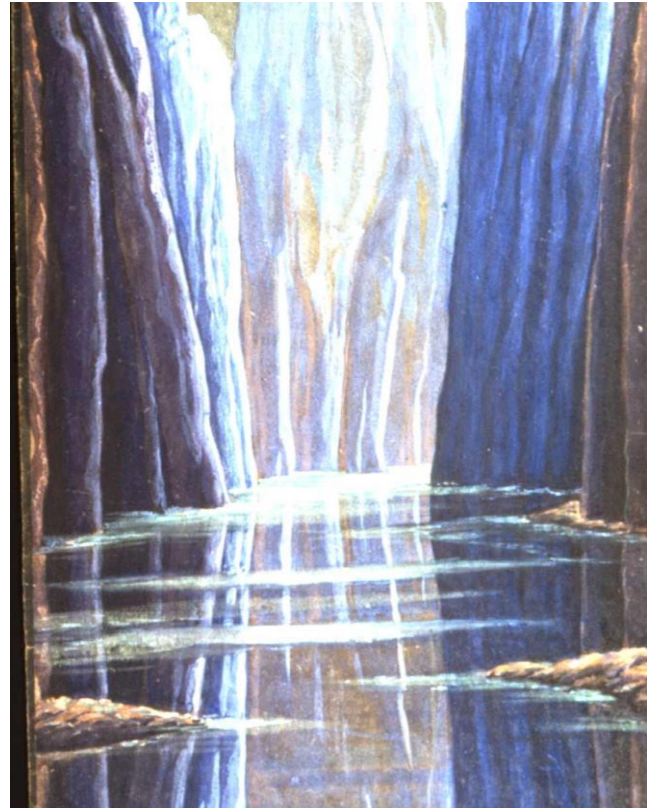
Harmlessness has never been understood in the West where it can be seen as a negative quality; almost ineffectual in this complex era. In the East it is viewed as a potent force – a positive attitude of mind which thinks no evil and harms naught. To work its magic, harmlessness has to govern thoughts, emotions and actions. It is a precept in the teachings of the Christ and the Buddha and in more recent times Gandhi might be regarded as a wonderful exponent of living and positive harmlessness.

Founded on right and anchored in intelligent love harmlessness is demonstrated through right speech because governed by self control that is demonstrated by right action it springs from the heart which attuned to the hearts of others sees the part and the whole as one. This is the harmlessness of the courageous and it involves action (not inaction) watchfulness (not blindness) and positivity through participation.

Compassion (the second pillar) is part of the unfolding pattern of harmlessness. It is the law of love eternal. Every quality has its overtones or higher octaves through which its life manifests in a higher key.

Compassion embodies the love of the heart and the wisdom of the illuminated mind. The dual stream of love and wisdom is therefore its greatest gift to all who come within its radius. Christ emanated divine compassion one which involved the total surrender of the human self.

As a drowning man cries out for help so every corner of the Earth is crying out for compassion. With compassion and not criticism we need to meet our fellow men.



*Above: The pool of reflection*

Compassion is not always a natural attribute. Its keynotes – understanding actively expressed through love, a deep belief in unity as the foundation of brotherhood; inevitably leads to involvement in other people's lives and this is never an easy road.

How then do we bypass all the difficulties and touch the main spring of compassion so that it wells up as a natural and spontaneous response to peoples need? A start can be made by observing – by looking outwards instead of inwards and recognising directly the sufferings, anxieties and sorrows of others. This recognition leads to an awareness which tunes us into those who might seek or need our help. In this way concern flowers the redeeming power of compassion.

The third pillar – Blessing creates a channel through which the healing effect of both harmlessness and compassion can be expressed. It opens the way for an outpouring of divine beneficence and those who can consciously use it can transmit a power infinitely greater than their own. It is never easy to assess the effect which the intangible has upon the tangible.

*Harmlessness, Compassion and Blessing – The Three Pillars of Hope continues on Page 4.*

Frome WRG  
Marina 01373 465848  
Glastonbury WRG  
Jacqui 07516816915  
Weymouth & Dorchester  
Roma 01305 816644  
Dorset Earth Mysteries  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)  
School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)  
Bristol Dowsers  
[www.bristoldowsers.co.uk](http://www.bristoldowsers.co.uk)  
Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)  
Axminster Awareness Centre  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)  
Stoneseeker Tours  
[www.stoneseeker.net](http://www.stoneseeker.net)  
Centre for Pure Sound  
[www.centreforpuresound.org](http://www.centreforpuresound.org)  
The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)  
Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)  
Angelight  
[www.angelight.co.uk](http://www.angelight.co.uk)  
Taunton Association for  
Psychotherapy  
[www.taplimited.org.uk](http://www.taplimited.org.uk)  
Wrekin Forum  
[www.wrekinforum.org](http://www.wrekinforum.org)  
Theosophical Society in Scotland  
Findhorn Foundation  
[www.findhorn.org](http://www.findhorn.org)  
Dowsing Spirits  
[www.dowsingspirits.co.uk](http://www.dowsingspirits.co.uk)  
[www.theswa.org.uk](http://www.theswa.org.uk)  
Totnes WRG  
Jeffrey 01803 866349  
Aquarian Age Community  
[www.aquaac.org](http://www.aquaac.org)  
Totnes Astrology Group  
David 01803 867145  
The Gift of Sound  
[www.thegiftofsound.co.uk](http://www.thegiftofsound.co.uk)  
Crewkerne Awareness  
[anacolourastro.wordpress.com](http://anacolourastro.wordpress.com)  
Ryde PLG  
Dana 07879 021521  
Bath PLG  
[bathpositiveliving.co.uk](http://bathpositiveliving.co.uk)

### EVENTS

**Stroud** 6 July  
Femme Q Pop-up Summit  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)  
**Jodrell Bank** 7 July  
Blue Dot Festival  
[www.discoverthebluedot.com](http://www.discoverthebluedot.com)  
**Stroud** 7 July  
Seed Festival 2017  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)  
**Shillingstone** 8 July  
Psychic Holistic and Craft Fair  
Tel. 07756 476877  
**Blackdown Hills** 12 July  
Exploring Simplicity  
Buddhafield Festival  
[www.buddhafield.com](http://www.buddhafield.com)  
**Highbridge** 14 July  
Healing Weekend  
[www.thehealingweekend.co.uk](http://www.thehealingweekend.co.uk)  
**Forres** 15 July  
Festival of Sacred Dance  
Music and Song  
[www.findhorn.org](http://www.findhorn.org)  
**Chapmanslade** 26 July  
Queer Spirit Festival  
[www.queerspirit.net/festival](http://www.queerspirit.net/festival)  
**Glastonbury** 28 July  
Glastonbury Symposium  
[www.glastonburysymposium.co.uk](http://www.glastonburysymposium.co.uk)  
**Stroud** 30 July  
Summer Rest-ival  
Deep Rest Retreat  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

### TALKS

**London (TS)** 2 July  
the Keys to the Mysteries  
Michael van Buren  
Tel. 0207 563 9817  
**Glastonbury PLG** 5 July  
ET's Transhumanism  
and this Planets Future  
Dr Jacqueline Hobbs  
Tel. Samia 07930 007419  
**Glastonbury** 5 July  
the Tarot  
Sandra  
Tel. Tim 07747 897 621  
**Dartington** 5 July  
Dartmoor Mindscapes  
Re-visioning a Sacred  
Landscape  
Peter Knight  
Tel. 01249 823287  
**Frome** 6 July  
Steiner and the Mystery  
of the Human Soul  
Stan Maher  
Tel. Marina 01373 465848  
**DEMG at Stapehill** 6 July  
the Sacred History  
Johnathan Black  
Tel. Dave 07977 144147

**Rode** 6 July  
Soul Story  
Evolution and the  
Purpose of Life  
Tim Freke  
Tel. 01373 831046  
**Torbay** 6 July  
Dartmoor Mindscapes  
Re-visioning a Sacred  
Landscape  
Peter Knight  
Tel. 01249 823287  
**Bridgetown** 7 July  
Utopia Revisited  
David Matthews  
Tel. 01803 867145  
**London (CPS)** 7 July  
Quiet of Quintilis  
A Gong Bath  
Diana Vernon  
Tel. 0207 589 3292  
**Cardiff** 9 July  
Dartmoor Mindscapes  
Re-visioning a Sacred  
Landscape  
Peter Knight  
Tel. 01249 823287  
**Glastonbury** 9 July  
Full Moon and Music  
Nathan Lewis Williams  
and Friends  
Tel. 01458 831154  
**Glastonbury WRG** 11 July  
Key to Qabalah  
and the Western Mysteries  
James North  
Tel. Jacqui 07516816915  
**Chingford** 11 July  
Introduction to Meditation  
FISU  
Tel. 020 8523 3133  
**Glastonbury PLG** 12 July  
Maximising Your Ability  
to Manifest  
Glen Tucker  
Tel. Samia 07930 007419  
**Weymouth** 13 July  
Earth Energies  
and Colour Healing  
Maria Wheatley  
Tel. Roma 01305 816644  
**Godalming** 14 July  
Tapping into Healing Energies  
including Qi Gong, Mudras  
from India and  
Jin Shin from Japan  
Keith Harmon  
Tel. 01252 541639  
**Beaconsfield** 16 July  
Healing Using Sacred Symbols  
Adrian Incedon Webber  
Tel. Susan 01494 813214  
**Wotton Bassett** 17 July  
Elementals My Dear Watson  
Working with Nature Spirits  
Adrian Incedon Webber  
Bea Menier 01793 694943

**Crewkerne** 17 July  
Psychometry  
Nikki Gard  
[collingridge1@sky.com](mailto:collingridge1@sky.com)  
**Bath** 17 July  
Bath Storytelling Circle  
Tel. David 01225 482170  
**Glastonbury PLG** 19 July  
Piercing the Temple  
Acupuncture and the Spirit  
Matthew Fellows  
Tel. Samia 07930 007419  
**Ryde** 19 July  
Introduction to the  
Vibrational Healing Sound  
of Tuning Forks  
Karen Way  
Tel. Dana 01983 874 645  
**London (CPS)** 21 July  
Amanda Roberts  
Presents her Students  
Amanda Roberts  
Tel. 0207 589 3292  
**Bristol** 21 July  
Dartmoor Mindscapes  
Re-visioning a Sacred  
Landscape  
Peter Knight  
Tel. Rory 07748 734127  
**Bath PLG** 26 July  
the Power of Sound  
with the Bards of Avalon  
Bea Martin & David Johnson  
Tel. 078 7321 8222  
**Glastonbury PLG** 26 July  
What on Earth is Geomancy?  
Shaun Kirwan  
Tel. Samia 07930 007419  
**Ruishton** 27 July  
Dartmoor Mindscapes  
Re-visioning a Sacred  
Landscape  
Peter Knight  
Tel. 01249 823287

### WORKSHOPS & COURSES

**Holtwood** 1 July  
Everyone can Sing  
Jackie May  
Tel. 01202 885294  
**London (CPS)** 1 July  
the Art of Automatic Writing  
Sarah Tyler Walters  
Tel. 0207 589 3292  
**Forres** 1 July  
Interspecies Communication  
and Deep Nature  
Connection  
Jacqueline Buckingham &  
Lesley Downies  
Tel. 01309 690311  
**Powick** 1 July  
Healing Your Home Part 2  
Geopathic Stress  
Adrian Incedon Webber  
Tel. 01423 781974

**London (CPS) 1 July**  
Mastery Training  
Deborah Mills  
Tel. 0207 589 3292

**Forres 1 July**  
Inner Listening  
Outer Action  
Niels Paulsen &  
Rosie Turnbull  
Tel. 01309 690311

**Dartmoor 1 July**  
Shamanic Mindscapes Part 1  
Peter Knight  
Tel. 01249 823287

**London (CPS) 2 July**  
Dowsing Advanced  
Christopher Strong  
Tel. 0207 589 3292

**Glastonbury 2 July**  
Shekinashram  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**London (CPS) 2 July**  
Fairies and Nature Spirits  
Amanda Roberts  
Tel. 0207 589 3292

**Axminster 3 July**  
Mindfulness  
Kath Woods  
Tel. Kath 01404 831605

**Avebury 3 July**  
Facilitator Summer School  
Chris Bourne  
Tel. 01458 830443

**Glastonbury 7 July**  
Essences for Wellbeing  
and Transformation  
Sophie, Natasha and Susan  
Tel. 01458 831154

**Penzance 8 July**  
the Breath of Summer  
Aliyananda Paramahansa  
Tel. 01736 362 371

**London (CPS) 8 July**  
Healing the Energies of Your Past  
Joan Osborne  
Tel. 0207 589 3292

**Cranborne 8 July**  
Sing for Joy  
Kirsteen Freer  
Tel. 01202 885294

**London (CPS) 8 July**  
Celebrating the Summer Solstice  
and the Mighty Oak  
Jo Dunbar & Adrian Rooke  
Tel. 0207 589 3292

**Forres 8 July**  
Conscious Relationships  
Jan Day & Frieda Fischer  
Tel. 01309 690311

**London 9 July**  
Angel Insight. Working with  
Angel Cards For Daily  
Inspiration & Guidance  
Chrissie Astell  
Tel. 01223 969858

**Milford on Sea 9 July**  
Vocal Toning and  
Sound Experience  
Lorna Heath  
Tel. 01590 642994

**London (CPS) 9 July**  
Multidimensional Awareness  
David Manning  
Tel. 0207 589 3292

**Dorchester 9 July**  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Ruishton 11 July**  
Home Healing  
Dowsing Course  
David Lockwood  
Tel. 01566 86024

**Stroud 13 July**  
Tending the Hearth  
Caitlin Matthews &  
Cait Branigan  
Tel. 01453 759034

**London (CPS) 13 July**  
Lucid Dreaming  
Charlie Morley & Sergio Magana  
Tel. 0207 589 3292

**Forres 15 July**  
Horses Sense and Soul  
A Spiritual Adventure  
Lindsay Fovargue &  
Pam Billinge  
Tel. 01309 690311

**London (CPS) 15 July**  
Dowsing for Food Intolerances  
Allergies and More  
Vicky Sweetlove  
Tel. 0207 589 3292

**Thakeham 15 July**  
How to Paint  
Dynamic Angel Cards  
Justine van de Weg  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

**Edmondsham 15 July**  
Dare to Dream  
Sarah Frossell  
Tel. 01202 885294

**Shaftesbury 15 July**  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Holwell 15 July**  
Treasures of the Inka  
the Mystical World of the Inka  
Elaina Harvey  
& Sandy Pennell  
Tel. 01963 23468

**Glastonbury 15 July**  
Dolphin and Whale  
Essences  
Erik Pelham  
Tel. 01458 831154

**London (CPS) 16 July**  
the Mediums Gift  
Gary Wright  
Tel. 0207 589 3292

**London 17 July**  
Open to the Universal Flow  
with Kundalini Yoga  
Gemma Bliss  
Tel. 0207 589 3292

**Glastonbury 19 July**  
the Template  
Sacred Geometry Workshop  
Claudie Planche  
Tel. 01458 835506

**Milford on Sea 19 July**  
Drumming Circle and  
Sound Experience  
Lorna Heath  
Tel. 01590 642994

**Stroud 20 July**  
Create a Singing Bowl  
Summer School  
Tom Akkermans &  
Carolina Schomper  
Tel. 01453 759034

**Stroud 21 July**  
Harmonic Temple  
Summer Retreat  
Nickomo & Rasullah Clarke  
Tel. 01453 759034

**London (CPS) 22 July**  
Learn the Art of Scrying  
Michelle Hawcroft  
Tel. 0207 589 3292

**Forres 22 July**  
Soul Tracking at  
Your Fingertips  
Jena Griffiths &  
Susan Miles  
Tel. 01309 690311

**London (CPS) 22 July**  
Mermaid and Fairy Elemental  
Workshop  
Flavia Kate Peters  
Tel. 0207 589 3292

**London (CPS) 22 July**  
Grounding and Protection  
Lucy Aumonier  
Tel. 0207 589 3292

**London (CPS) 23 July**  
Dowsing with Crystals  
Valerie Pitts  
Tel. 0207 589 3292

**Stroud 25 July**  
BE Concert of  
Sacred Sound  
Tom Akkermans &  
Carolina Schomper  
Tel. 01453 759034

## Wessex Research Group Network

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)  
Bath Storytelling Circle.  
Tel. 01225 482170

Earthstars Sacred Space  
[www.earthenergynetwork.co.uk](http://www.earthenergynetwork.co.uk)  
[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)  
[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)  
[www.thamesvalleydowsers.org.uk](http://www.thamesvalleydowsers.org.uk)  
[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Glastonbury PLG  
[www.glastonburyplg.co.uk](http://www.glastonburyplg.co.uk)  
[www.positivelivinggroups.org.uk](http://www.positivelivinggroups.org.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.faeryevents.com](http://www.faeryevents.com)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.RILKO.net](http://www.RILKO.net)

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[fifthdimensionalnetwork.net](http://fifthdimensionalnetwork.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

Sea Spirit Centre

[http://spiritual-courses.co.uk](http://http://spiritual-courses.co.uk)

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

Wyvern dowsers  
Bea Menier 01793 694943

[www.energeticsolutions.co.uk](http://www.energeticsolutions.co.uk)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.caduceus.info](http://www.caduceus.info)

[www.ihs.ac](http://www.ihs.ac)

[newhumanitymovement.com](http://newhumanitymovement.com)

[www.waverleydowsers.co.uk](http://www.waverleydowsers.co.uk)

[www.tamar-dowsers.co.uk](http://www.tamar-dowsers.co.uk)

[www.midsummersearthhealing.co.uk](http://www.midsummersearthhealing.co.uk)

Aller Park  
Dartington  
David 01803 867145

Wellspring – Rode  
Tel. Caroline 01373 831046

[www.devondowsers.org.uk](http://www.devondowsers.org.uk)

**Alweston** 28 July  
Lammas Ceremony  
Pauline Elsworth  
Tel. 01963 23705

**Stroud** 28 July  
Advanced Sound  
Study Weekend  
Tom Akkermans &  
Carolina Schomper  
Tel. 01453 759034

**London** (CPS) 29 July  
the Fundamentals of Energy  
Sharry Clarke  
Tel. 0207 589 3292

**Forres** 29 July  
the Alchemy of Transformation  
Joy Drake &  
Yasko Takahashi  
Tel. 01309 690311

**London** (CPS) 29 July  
the Crystal Skull Experience  
Judy Hall & Edwin Courtenay  
Tel. 0207 589 3292

**London** (CPS) 30 July  
Sacred Space  
A Space Clearing Workshop  
Edwin Courtenay  
Tel. 0207 589 3292

**Oborne** 30 July  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

## LIGHTWORKER GROUPS

**Global Meditation Event**  
1 July 9pm

[www.networkoflight.org](http://www.networkoflight.org)

**New York** 8 July  
Transforming Planetary  
Consciousness Webinar  
UN Meditation as  
Planetary Service  
[UN@aquaac.org](mailto:UN@aquaac.org)

**Stroud** 17 July  
Rising Women  
Rising World  
Monthly Meeting  
Tel. 01453 759034

**London**  
Earthstars Group Meeting  
Chris Street  
Tel. Marion 0870 766 9657

**Bournemouth** (Alt  
thursdays)  
The Spiritual Exchange  
[www.meetup.com](http://www.meetup.com)

**Totnes** (Fridays)  
Astrology Group  
Meeting  
Tel. 01803 867145

**Poole** (1<sup>st</sup> Sunday)  
Dialogues of the Heart  
Tara Divina Brown  
Tel. 01202 604340

**Wanstrom** (alt Tues)  
Lightworker Group  
Tel. Marina 01373 465848

**Sturminster Newton**  
Safe Journey Resource  
and Drop in Centre  
Martinsey Isle Trust  
Tel. Judith 01258 475125

**Weymouth**  
Earthbound Bug or  
Butterfly. Spiritual  
Development Group  
Tricia Davis  
Tel. 0783 3164615

## TRIPS, TOURS & VISITS

**Scotland** 2 July  
Scottish West Coast  
Highlands and Islands  
Megalithic Tours  
Tel. 01772 728181

**Devon** 4 July  
Merrivale Landscapes  
Evening Walk  
Stoneseecker Tours  
Tel. 01249 823287

**West Kennet** 8 July  
Full Moon Shamanic Drumming  
Peter Knight  
Tel. 01249 823287

**Yorkshire** 15 July  
Yorkshires Amazing  
Megaliths  
Megalithic Tours  
Tel. 01772 728181

**Glastonbury** 15 July  
Chalice Well, the Abbey  
and Tor  
Devon Dowsers  
Tel. 01363 877352

**Tilford** 22 July  
Garden Visit  
Waverley Dowsers  
Tel. 01252 541639

**Glastonbury** 23 July  
Hills of Avalon  
Maidens Route  
Sonic Pilgrimage  
Dean Carter  
Tel. Dean 01935 389655

**Ireland** 24 July  
the Ancient Emerald Isle  
Megalithic Tours  
Tel. 01772 728181

## Harmlessness, Compassion and Blessing - The Three Pillars of Hope (continued)

The only way it can be known is through the subtle impact which is made and this will vary according to the sensitivity and responsiveness of each recipient.

Blessing although in a sense intangible has a definite and positive effect because it carries a specific vibration transmitting love, compassion and positive harmlessness which like electricity can light up the lives of those around us.

When blessing is not just a casual gesture it brings a current of healing which relaxes tensions and smoothes out the fears and discords besetting most people's lives today. Disease whether of the mind emotions or body is susceptible to the healing power of love and love if given with imaginative understanding brings light, hope and a sense of belonging to those who are struggling in the turbulent tides of daily life.

Much is heard today about communication and when we bless we truly communicate; not through speech but through vibration. The source and power of blessing lie

in the high places of peace. A quiet mind which is not vibrating in all directions and registering thoughts and distractions from all sides is free to be in tune with these high places. The world needs silence as never before!

We can and should bless everything that lives and breathes. The beneficence of the great and wise down the ages towards everything with which they came in to contact testifies to the concern which mankind should have for all forms of life. St Francis was one of the best known examples of this; someone who so loved animals, birds and flowers that he would talk to them.

The soul is our great source of blessing. As the sun pours out its life giving rays upon all growing things, so the soul (the sun of our small universe the self) radiates out light. All nature instinctively turns to the sun should not we be turning consciously towards our centre of light? Those who do are not only enlightened but they shed their light on others becoming miniature suns to those around them.

The three pillars are pillars of hope – tools by which we might live out our lives evolving through selfishness into service

*To promote an event or submit a contribution to the newsletter email Robert at [robertmulliss@btinternet.com](mailto:robertmulliss@btinternet.com) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)*