

# Wessex Research Group Network Newsletter

VOLUME 13, ISSUE 5. May 2018

ay 2018. The latest addition to the on-line digital lecture archive is *The Art and Science of Spiritual Healing* www.wessexresearchgroup.org/digital 24.html by Brian Williams

#### The Wesak Festival

#### by Jimmy BasIn

The Wesak festival is the great eastern festival of the Buddha. It celebrates his birth, death and enlightenment, and is held each year at the time of the full moon of Taurus.

The major religions all have their own celebrations, but with the growing acknowledgement that all true forms of spiritual approach are part of one great pattern of man's approach to Divinity, there is also new recognition of the relation of the forms and festivals of the East and West. With the evolution of world consciousness we might expect a new world religion to manifest, so that eventually the same holy days will be observed in all parts of the world. Such spiritual unification will greatly strengthen the religious and spiritual life of humanity.

This is beginning to happen and the Wesak festival is observed in the West. The teachings of the Buddha are studied in every land his *Noble Middle Way* and *Eightfold Path* are universally known and he is acknowledged as a great teacher of Enlightenment and Wisdom. Just as Christ was the emissary of love, so Gautama Buddha *the Enlightened One* had bought some 500 years before the gift of enlightenment. These two great messengers of God opened the way for the light and love needed by humanity and esoteric teachings assure us that they will work on the inner planes.

It is said that many centuries ago the Buddha resolved that he could not leave struggling humanity or turn away from the long evolutionary endeavour of all kingdoms on Earth. This is the origin of the 'Bodhisatta Vow' that Nirvana will not be entered (and so those on Earth left behind) "as long as a single blade remains unenlightened". The Buddha also contracted to return each year to bring his blessing to the world and spiritually revitalise humanity. It is at the Wesak Festival that this blessing is bestowed. It is the high point of the spiritual year, and marks a particular alignment between humanity and the forces of light. Many sources speak of this ceremony being held in remote and sacred valley high up in the Himalayas. Its



situation is known and reached by only the few. The valley is surrounded by high mountains; it slopes up towards the north east to a narrow pass and where it widens to the south, pilgrims and holy men gather from afar. At the top of the valley, where it narrows is a large flat rock on which stands a crystal bowl filled with water.

It is before this that the great ones gather and in front of them is the "place" of the Christ. It is said that he takes up his place tangibly, bearing out His promise that He is with us until the end of the age. If we prefer to interpret it as his subjective presence it makes no matter; this is the Christ point of reception of the light on behalf of mankind, and his chanelship takes place on all levels.

After various rituals of preparation performed with sound and movement, the movement of the full moon draws near and silence settles over the valley. Then at the point of maximum alignment between sun, moon and earth the Buddha approaches from the north. It is said that all there're see him and sense his presence as his power gathers over the rock. A few minutes of utter silent tension are held as his gift of Light descends. The Christ absorbs it into his self as the great intermediary between the forces of Light and ourselves and takes it into his custody for bestowing upon mankind.

The great mantram of Invocation provides a "sound channel" at this point in which we can all join, wherever we may be –

"From the point of Light within the Mind of God Let the light stream into the minds of men Let the light descend on earth"

The Wesak Festival continues on Page 4.

#### Wessex Research Group Network

Frome WRG Marina 01373 465848 Glastonbury WRG

Jacqui 07516816915

Weymouth & Dorchester Roma 01305 816644

Dorset Earth Mysteries www.dorsetmysteries.org

School of Energy Healing Educational Trust www.energyhealing.co.uk

Bristol Dowsers www.bristoldowsers.co.uk

Joyous Isle workshops www.joyousisle.com

Axminster Awareness Centre www.awarenesscentre.org.uk

Stoneseeker Tours www.stoneseeker.net

Centre for Pure Sound www.centreforpuresound.org

The Martinsey Isle Trust www.martinsey.org.uk

Hawkwood College www.hawkwoodcollege.co.uk

Angelight www.angellight.co.uk

Taunton Association for Psychotherapy www.taplimited.org.uk

Wrekin Forum www.wrekinforum.org

Theosophical Society in Scotland

Findhorn Foundation www.findhorn.org

Dowsing Spirits www.dowsingspirits.co.uk www.theswa.org.uk

Aquarian Age Community www.aquaac.org

Totnes Astrology Group David 01803 867145

The Gift of Sound www.thegiftofsound.co.uk

Crewkerne Awareness anacolourastro.wordpress.com

Ryde PLG Dana 07879 021521

Wellspring – Rode Tel. Caroline 01373 831046

Network of Leyhunters www.networkofleyhunters.com

Bath PL bathpositiveliving.co.uk

#### **EVENTS**

**Glastonbury** 5 May Dragon Conference www.glastonburydragons.co.uk

**Tintagel** 5 May Arthurian Faery Ball <u>www.faeryevents.com</u>

Stroud 7 May
Open Day
Hawkwood College
www.hawkwoodcollege.co.uk

**Bristol** 13 May Spiritfest www.spiritfestuk.org

**London** 17 May Gururaj Guruvar Day www.fisu.org

London 28 May Mind Body Spirit Wellbeing Festival www.mindbodyspirit.co.uk

#### **TALKS**

**Glastonbury** 2 May Beltaine Celebration Tel. 07747 897 621

London 2 May Heart Beat Drumming Collective Olaf Nixon Tel. 0207 589 3292

Glastonbury PLG 2 May the True Origin of the British People the Cymri Revealed Hugh Le Provost Tel. Samia 07930 007419

**DEMG at Stapehill** 3 May Mysteries of Wimborne Malcolm Angel Tel. Dave 07977 144147

Frome 3 May Mind the Gap Alan Bec Tel. Marina 01373 465848

Rode 3 May Gong Bath Sound Transformations Tel. 01373 831046

**Stroud** 3 May Re-Whilding the Soul Mary Reynolds Thompson Tel. 01453 759034

Old Harlow 3 May Introduction to Meditation Foundation for Spiritual Unfoldment Tel. 0208 5233133

London 4 May the Fifth Dimension and Alien Influence Sonja Grace Tel. 0207 589 3292 **Glastonbury** 5 May Sacred Geometry Evening Claudie Planche Tel. 01458 835506

Chulmleigh 8 May Evidence for Past Lives How Dowsing Helps in Verification Chris Hytch Tel. 01363 877352

London 8 May Intuition Brain Science Improve Intuition Learn How the Intuitive Part of the Brain Works Lisa K Tel. 0207 589 3292

**Bath** 9 May Bath Storytelling Circle Tel. David 01225 482170

Glastonbury PLG 9 May Divine Consciousness and the New Energies Divyael Tel. Samia 07930 007419

London 9 May the Spirit Doctor Team. Who they are. What they Do and How they Do it Susan Gash Tel. 0207 589 3292

**Bath PL** 10 May Animal Communication Susie Shiner Tel. 078 7321 8222

Liskeard 10 May Dartmoor Mindscapes Revisioning a Sacred Landscape Peter Knight Tel. 01249 823287

**Totnes** 11 May Uranus in Taurus David Matthews Tel. 01803 867145

London 15 May Simultaneous Time and the Shift into Multidimensional Awareness Candace Craw Goldman Tel. 0207 589 3292

**Taunton** 18 May Cutting Edge Spirituality Take 2 Ian Stevenson Tel. 01278 663215

Bristol 18 May an Evening with Geoff Stray Tel. Rory 07748 734127 **London** 18 May St Germain's Spirit Survival Guide for the 21<sup>st</sup> Century Edwin Courtenay Tel. 0207 589 3292

**Beaconsfield** 20 May Witches and Wise Women A History of Witchcraft Maureen James Tel. Susan 01494 813 214

Crewkerne 21 May Mayan Dream Spell Jo Kenworthy collingridge1@sky.com

Ryde PLG 22 May Creative Kinesiology Karen Way Tel. 01983 874 645

London 22 May Caves of Power Ancient Energy Techniques for Healing and Manifestation Sergio Magana Tel. 0207 589 3292

Glastonbury PLG 23 May Lightening and Roses Thunder and Bricks Replacing Forcing and Effecting with Aligning and Allowing Dr Alison J Kay Tel. Samia 07930 007419

Enfield 23 May Introduction to Meditation Foundation for Spiritual Unfoldment Tel. 0208 5233133

Stroud 28 May Journey of Consciousness and the Dark Night of the Soul Tanis Helliwell Tel. 01453 759034

London 30 May Unconditional Self Love A Direct Path to Happiness Self Love and Healing Blake Bauer Tel. 0207 589 3292

Glastonbury PLG 30 May Evening of Shamanic Storytelling. Stories from Beyond the Edge of Our Existence featuring the Four Genders Nick Clements Tel. Samia 07930 007419

Ruishton 31 May Alternative Approaches to Earth Energies Nigel Twinn Tel. 07703 660884

### WORKSHOPS & COURSES

Stroud 3 May Re-Whilding the Soul Mary Reynolds Thompson & Bruce Thompson Tel. 01453 759034

Glastonbury 3 May the Geometry of Nature and the Cosmos Tom Bree Tel. 01458 831154

Glastonbury 4 May Learn How to Use Tuning Forks Susie Webley Tel. 01458 831154

London 5 May Beginning Dowsing the Weird and Wonderful Simplified Christopher Strong Tel. 0207 589 3292

Forres 5 May From Trauma to Transformation Jeff O'Driscoll Tel. 01309 690311

London 5 May Becoming an Angel A Guide to Finding Your Wings Sonja Grace Tel. 0207 589 3292

Glastonbury 6 May Shekinashram Divine Union Soundbath Dean Carter Tel. Dean 01935 389655

London 6 May Feng Shui an Introduction Ting Foon Chik Tel. 0207 589 3292

**Stroud** 6 May Introducing Sounding Bowls Tobias Kaye Tel. 01453 759034

**Devon** 6 May Wild Mindfulness Wild Writing Roselle Angwin Tel. 01548 821004

Glastonbury PLG 11 May
Experience Divine
Consciousness. Awaken Your
Sacred Heart to the Divine
Divyael
Tel. Samia 07930 007419

Wimborne 11 May Surfing Your Inner Net Carolyn Shanti Tel. 01202 841522 Forres 12 May Music and Consciousness Sarah Perricone Tel. 01309 690311

London 12 May Dowsing Relevant Past Lives Relationships and Future Planning Christopher Strong Tel. 0207 589 3292

Beaconsfield 12 May Learn to Dowse Susan Scott Powell Tel. Susan 01494 813 214

Forres 12 May Animal Communication and Nature Connection I Jacqueline Buckingham & Lesley Downey Tel. 01309 690311

London 13 May Secret Doctrine Study Day Janet Hoult & Tony Maddock Tel. 0207 563 9817

Oborne 13 May White Tara Day Dean Carter & Anna Howard Tel. Dean 01935 389655

London 13 May A Healing with the Spirit Doctor Team Susan Gash Tel. 0207 589 3292

Glastonbury 18 May Chalice Well Essences Working with Energies and Energy Fields Natasha Sophie Casey & Susan Tel. 01458 831154

**London** 19 May Soul or Spirit Guides Sarah Tyler Walters Tel. 0207 589 3292

Forres 19 May the Longing to Belong Listening to the Call of Your Soul Astrid Gude Tel. 01309 690311

**Edmondsham** 19 May Dare to Dream Sarah Frossell Tel. 01202 885294

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss900@uwclub.net or log on to www.wessexresearchgroup.org

**Stroud** 19 May Writing the New Story Jay Ramsey Tel. 01453 759034

Hurst Green 19 May Heal Your Home Part 2 Geopathic Stress Adrian Incledon Webber Tel. 01765 658487

London 20 May the Ageless Wisdom for Everyone Edward Archer Tel. 0207 563 9817

Holwell 20 May Healing and the Shamanic Arts Module 2. Dance of the Allies Humpeq Healers Rite Elaina Tel. 01963 23468

**Dorchester** 20 May Divine Union Soundbath Dean Carter Tel. Dean 01935 389655

**Sri Lanka** 20 May Angels Abroad Retreat Chrissie Astell Tel. 01223 969858

**Chulmleigh** 20 May Introduction to Dowsing Gwynn Paulett Tel. 01363 877352

St Louis 20 May It's Time to Take the Next Level Patricia Cota Robles www.eraofpeace.org

**London** 20 May Deepening Psychic Mediumship Gerrie March Tel. 0207 589 3292

Wimborne 24 May Zenways 3 Day Intensive Meditation Retreat Tel. 01202 841522

London 24 May the Obsidian Mirror A Portal to the Unconscious Mind Sergio Magana Tel. 0207 589 3292

Heathrow 25 May Healing with Conscious Communication Kevin Billet Tel. 01656 880038

Frome 25 May
Energy Healing Nature
and Animal Communication
Wendy Datta
connectpegasus@gmail.com

#### Wessex Research Group Network

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 482170

Earthstars Sacred Space
www.earthenergynetwork.co.uk
www.body-spirit.co.uk
www.fire-in-the-head.co.uk
www.chalicewell.org.uk
www.unicorncentre.co.uk
www.thamesvalleydowsers.org.uk
www.libraryofavalon.org.uk
Glastonbury PLG
www.glastonburyplg.co.uk
www.positivelivinggroups.org.uk

org.uk
www.fisu.org/en
www.faeryevents.com
www.openhandweb.org
www.stargaia.com
www.RILKO.net
www.Psychic-Sanctum.co.uk

www.theosophical-society.

www.Enneagram-uk.com www.sacredconnections.co.uk fifthdimensionalnetwork.net www.networkoflight.org

www.megalithictours.com www.gauntshouse.com www.educationaid.net

Sea Spirit Centre

http://spiritual-courses.co.uk www.collegeofpsychic studies .co.uk

Wyvern dowsers Bea Menier 01793 694943

www.energeticsolutions.co.uk www.kabbalahcentres.com www.caduceus.info

www.ihs.ac

newhumanitymovement.com www.waverleydowsers.co.uk

www.tamar-dowsers.co.uk

www.midsummersearthhealing .co.uk

Aller Park Dartington David 01803 867145

www.devondowsers.org.uk

Society of Leyhunters www.leyhunters.co.uk

Forres 26 May Systemic Constellations. Restoring the Natural Flow of Love Elizabeth Fischer Tel. 01309 690311

Stroud 27 May Healing with the Body Elemental Tanis Helliwell Tel. 01453 759034

Oborne 27 May Angels of Sound Playshop & Divine Union Soundbath Dean Carter Tel. Dean 01935 389655

Forres 28 May Fire in the Heart Writing and living the Poetry of Your Life Jay Ramsey Tel. 01309 690311

London 29 May Step into Your Personal Power with Kundalini Yoga Gemma Bliss Tel. 0207 589 3292 **Glastonbury** 31 May the Geometry of Nature and the Cosmos Tom Bree Tel. 01458 831154

#### LIGHTWORKER GROUPS

Global Meditation Event 1 May 9pm www.networkoflight.org

**Penzance** (Tuesdays) Kriya Yoga Tel. 01736 362 371

#### **New York**

Transforming Planetary Consciousness Webinar UN Meditation as Planetary Service UN@aquaac.org

**Bournemouth** (Alt Thursdays) The Spiritual Exchange <a href="https://www.meetup.com">www.meetup.com</a>

**Totnes** (Fridays) Astrology Group Meeting Tel. 01803 867145 **Axminster** (Fridays) Spiritual Awareness Group Tel. 01460 221522

**Axminster** (Saturdays) Awakening Meditation Tel. 01297 32331

**Poole** (1<sup>st</sup> Sunday) Dialogues of the Heart Tara Divina Brown Tel. 01202 604340

Wanstrow (alt Tues) Lightworker Group Tel. Marina 01373 465848

.ondon Mby Aro Mo Hor

Why Are We Here Group Tel. 0207 223 2917

#### TRIPS, TOURS & VISITS

London 6 May Dowsing in Kew Gardens Christopher Strong Tel. 0207 589 3292 Ireland 7 May the Ancient Emerald Isle Megalithic Tours Tel. 01772 728181

Dartmoor 12 May Haytor and Saddle Tors Peter Knight Tel. 01249 823287

France 20 May Ancient Brittany and the Megalithic Stones. Alignments of Carnac Megalithic Tours Tel. 01772 728181

France 25 May Transformational Journey in France Julie Soskin Tel. 0208 255 2188

Wiltshire 27 May Dowsing West Kennet Longbarrow Peter Knight Tel. 01249 823287

## **Book Review: How To Do All Things. Your Use of Divine Power**

#### By El Morya / Mark Age

Master your life. Help change the world. Discover a new way to solve your problems and reach your goals. Be all you were created to be: a spiritual being with unlimited resources and talents.

You are a child of God, the Source of all power, wisdom, healing and love. El Morya / Mark cofounder of Mark-Age guides you step by step to experiencing your true Self.

No rituals no complicated teachings or hidden esoteric formulas. Simple clear knowledge leads to the source. Mastership is for everyone. How To Do All Things offers a simple practical approach for daily living. It has been used successfully by those of all religious pathways, helping many to better understand their faith. Contents include:

- Your Use of Divine Power: 7 steps, the real power, the real you, divine power is yours according to your spiritual expression, learning to use divine power, 5 degrees of initiating divine action.
- 2. 100 Spiritual Truths: Basic realities to substitute for limited, man-made ideas that have prevented us from attaining mastership.
- 3. 50 How to's: How to do specific things using these principles
- 4. How to pray: Making your prayers decisive and effective

Here is a milestone text explaining methods whereby one can achieve more spiritual understanding and greater use of divine power. This work of love is a divine instructional guide. The purpose is to help lead the reader to a joyful and abundant life, steeped in spirituality. The book is available from Amazon or Gazelle Books <a href="https://www.gazellebookservices.co.uk">www.gazellebookservices.co.uk</a>

#### The Wesak Festival (continued)

Gradually the presence of the Buddha is withdrawn and the ceremony ends with the sharing of the water in the crystal bowl. The pilgrims bring their bowls to be filled with the holy water. The Light has been anchored and absorbed; the assembly disperses; humanity has been blessed and spiritually strengthened for another year and we have had new light bestowed on us whether we know it or not.

The festival offers great opportunity for us to cooperate with the forces of light. Through the united effort of the Buddha and the Christ it is a time of supreme attunement between these forces and our world and the prayer and meditation of men and women joining in all over the planet to help build a great invocatory channel for this enlightenment.

For practical reasons they had to be forecast and understood. But perhaps there were also spiritual reasons and we may presume that recognition of these great rhythms and fostering respect for them played an important part in the growth of man's religious and spiritual sense. He was compelled to realise that he was part of something greater than his immediate environment and that his personal life needed to be conducted recognising the existence of an all-encompassing higher power.