



Wessex Research Group Network *Newsletter*

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February 2019

February 2019 and we welcome the Bath based Celtic Healing Circle to the network. The Circle meets on Wednesdays and Sundays. FFI contact Jane Jackson on 07533 383162.

Meditation, Invocation and the Rhythm of the Year

By Anton Black

If you wish to break through the vault of the Universe, you may do so. Make yourself to grow to a greatness beyond measure; by a bound free yourself from your body. Raise yourself above all time; become Eternity.

Hermes Trismegistus

In observing the rhythms of the year in our meditations, a great unification and at the same time expansion of spiritual practice is effected. This must strengthen the powers of appeal going up from mankind to the Spiritual Kingdom, and so we can look forward with confidence, not only to a more intelligent approach to the inner life in the Aquarian age, but to closer and truer cooperation between humanity and the higher powers.

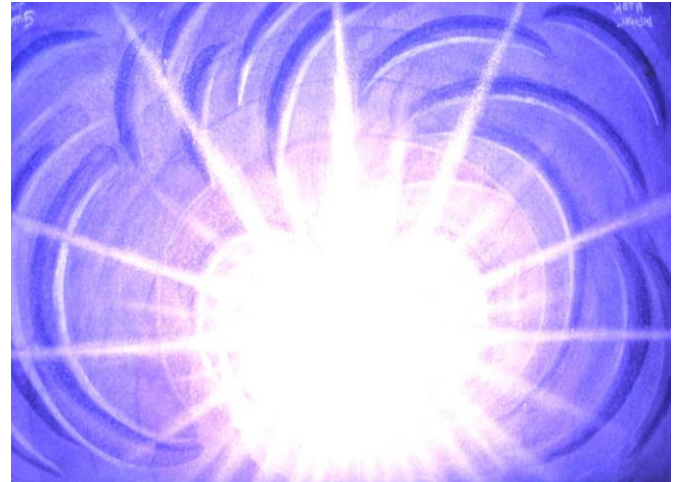
Incoming energies will help in bringing this about; in particular the seventh ray; the ray of Law and Order and Ceremony and the constant magic of spirit expressing itself through form.

It should be remembered that the spiritual hierarchy also observe the rhythm of the year and utilise its rituals. For example the spiritual realm prepare for the Wesak Festival – at present the highest point of the spiritual year.

We do not need to understand the complex science of astrology to see that meditation in the rhythm of the year is based on relationship, the laws of which obtain on all planes.

The “cosmic clock” reminds us of our place within the “family of forces” surrounding us with all its potential influences, and it is within this framework that a whole new approach to our way of living on Earth will eventually develop.

The development of a unified spiritual approach involves the drawing nearer of Christ and the spiritual hierarchy to mankind. It is believed that the Great Invocation is used within the spiritual realms and has been given to humanity as a tool to support spiritual unification. It is therefore a mantram which links us especially with the great ones and its use at times of the full moon is of particular value.



The Great invocation utilises heart, mind and will. It is a formula for meditation, prayer and invocation and therefore we can use our creative powers through thinking and feeling as well as dedicating the will. There are many ways in which we can use the mantram and many levels on which it is serving the need of the present time.

The invocation of Light and Love needs no explanation and the placing of our will within the overall purpose is a common goal irrespective of religious belief. So, also is the working out on Earth of this plan or “Purpose of God” – “Thy Kingdom Come” as it is phrased in “The Lord’s prayer”. Two other lines are sometimes not so readily understood, lines that are important in the context of what is happening today. One is the line “May Christ return to Earth” which refers to the gradual externalisation of the Spiritual Kingdom with at its head the Christ. The potential emergence of spiritual consciousness – the “Kingdom of God” – on Earth.

The second phrase is “seal the door where evil dwells” This sealing does not only refer to the evil inclination, selfish instincts and separateness found in the lower aspects of the hearts and minds of human beings but also to the greater forces of institutional evil embedded at a planetary scale. These energies require spiritual intervention beyond that of a human being.

We can call the Great Invocation the mantram of the New Age, for it is designed to unify men and women all over the world. We should use it as we take our part in the spiritual cycle of the year, as well as daily in our own smaller cycles of indrawal and outgoing. We can make it our daily form of service as well as of recharging for we are participating in a planetary ritual.

Frome WRG
Marina 01373 465848

Glastonbury WRG
Mags 07599215558

Weymouth & Dorchester
Roma 01305 816644

Dorset Earth Mysteries
www.dorsetmysteries.org

Bristol Dowzers
www.bristoldowzers.co.uk

Joyous Isle workshops
www.joyousisle.com

Axminster Awareness
Centre
www.awarenesscentre.org.uk

Stoneseecker Tours
www.stoneseecker.net

Centre for Pure Sound
www.centreforpuresound.org

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Angelight
www.angelight.co.uk

Taunton Association for
Psychotherapy
www.taplimited.org.uk

Totnes WRG
Jeffrey Gale
01803 866349

Findhorn Foundation
www.findhorn.org

Dowsing Spirits
www.dowsingspirits.co.uk

www.theswa.org.uk

Aquarian Age Community
www.aquaac.org

Totnes Astrology Group
David 01803 867145

One Spirit Alliance
www.onespiritalliance.net

Crewkerne Awareness
anacolourastro.wordpress.com

Ryde PLG
Dana 07879 021521

Wellspring – Rode
Tel. Caroline 01373 831046

Network of Leyhunters
www.networkofleyhunters.com

Bath PL
bathpositiveliving.co.uk

The Y files
www.meetup.com

Burnham on Sea
Pagan Group
Sue 07776306125

EVENTS

Glastonbury 1 Feb
Earth Festival
www.chalicewell.org.uk

Bristol 15 Feb
the Awakening of
Consciousness
A Mini Conference
www.bristoldowzers.co.uk

TALKS

Glastonbury 2 Feb
Introducing the Mayan Calendar
Claudie Planche
Tel. 01458 835506

London 2 Feb
Heartbeat
Evening of Drumming
Song and Celebration
Olaf Nixon
Tel. 0207 589 3292

Burnham on Sea 3 Feb
Imbolc Ritual
Tel. Sue 07776306125

London 5 Feb
Death, DMT and Discarnate
Entities: A Misadventure into
Magic, Myth, Folklore and
Potent Neurohacking
Dr David Luke
Tel. 0207 589 3292

Basildon 5 Feb
Introduction to Meditation
FISU
Tel. 0208 523 3133

Glastonbury 6 Feb
Imbolc Celebration
Meeting of the Pagan Moot
Tel. Tim 07747 897 621

DEMG at Stapehill 7 Feb
Encounters with Fairies
Ghosts and Spirits
Neil Geddes Ward
Tel. Dave 07977 144147

London 7 Feb
the Fables of
Leonardo Da Vinci
Geovanna Conforto
Tel. 020 7723 4400

Godalming 8 Feb
Orgone Energy
Roger Taylor
Tel. 01252 541639

London 8 Feb
Incarnation Difficulties
an Anthroposophic
Psychotherapy View
John Lees
Tel. 020 7723 4400

London 10 Feb
the Stanzaz of Dyzan
Petra Meyer
Tel. 0207 5639817

Ryde PLG 12 Feb
Planetary Healing
Vav Simons
Tel. Dana 07879 021521

Ashford 12 Feb
Introduction to Meditation
FISU
Tel. 0208 523 3133

London 12 Feb
the First Ghosts
Irving Finkel
Tel. 0207 589 3292

Chulmleigh 12 Feb
Past Life Regression
Chris Hytch
Tel. 01363 877352

Taunton 15 Feb
Unlocking the Secrets
of Dreams
Matthew Harwood
Tel. 01278 663215

London 15 Feb
What Happens to our Soul
and Spirit when we Sleep
Philip Martyn
Tel. 020 7723 4400

London 15 Feb
Best of Both Worlds
First 3 Rows and
Standard Seat
Gordon Smith
Tel. 0207 589 3292

North Hill 17 Feb
the Essence of Being
Human Software and
Retuning Bach Flower Infusions
Dr Andrew Tresidder
Tel. 01566 774902

Bath 18 Feb
Bath Storytelling Circle
Tel. David 01225 482170

Crewkerne 18 Feb
Bach Flower Remedies
Pauline Wickens
collingridge1@sky.com

Woodshaw 18 Feb
Contemporary Stone
Circle Building
Chris Parkes
Tel. Bea 01793 694943

Hampstead 19 Feb
Mountain Calls
Dr Mike King
Tel. 20 3468 2034

London 19 Feb
Transformational Tools
for these Times
Susan Gash & Sven Carlson
Tel. 0207 589 3292

London 21 Feb
Your Creative Process
and the Seven Planets
Stephan Duve
Tel. 020 7723 4400

Stroud 21 Feb
Crossing Boundaries
the Adventure of Rudolf
Steiner's Inner Path
Marjatta van Boeschoten
Tel. 01453 759034

Basildon 21 Feb
Introduction to Meditation
FISU
Tel. 0208 523 3133

Totnes 22 Feb
Pisces. Discipleship to
Friendship. Faith to Knowledge
David Matthews
Tel. 01803 867145

London 22 Feb
Crystals for the New
Consciousness
Judy Hall
Tel. 0207 589 3292

Glastonbury 23 Feb
Sacred Geometry
Claudie Planche
Tel. 01458 835506

Ashford 26 Feb
Introduction to Meditation
FISU
Tel. 0208 523 3133

Burnham on Sea 26 Feb
Poetry and Meditation
Janine
Tel. Sue 07776306125

London 26 Feb
Weaving the Tapestry
of Creation
David Manning
Tel. 0207 589 3292

Peterborough 27 Feb
Introduction to Meditation
FISU
Tel. 0208 523 3133

**WORKSHOPS &
COURSES**

Wimborne 2 Feb
Joy Workshop
Bryony & Kim
Tel. 07966346039

London 2 Feb
Learn How to Lucid Dream
Charlie Morley
Tel. 0207 589 3292

Stroud 3 Feb
Self Remembrance through
Sound. The Naked Voice
Wisdom School in-depth
Winter Retreat
Chloe Goodchild
Tel. 01453 759034

London 3 Feb
the Psychic
Maria Antoniou
Tel. 0207 589 3292

London 5 Feb
A Mindful Way into Self Love
and Deeper Intuition
Mary Rose Moses O'Brien
Tel. 0207 589 3292

Holwell 7 Feb
Cauldron of Mysteries
Elaina Harvey
Tel. 01963 23468

Radstock 9 Feb
Quiet Days
the I AM Sayings of Jesus
Tel. 01761 433709

Holt 9 Feb
SEVA. Acupressure for
Stress Release
Part 2 Working with Others
Jackie May
Tel. 01202 885294

London 9 Feb
Sacred Sound Masterclass
Himalyan Singing Bowls
Part 1
Olaf Nixon
Tel. 0207 589 3292

Shrewsbury 9 Feb
Foundation Course in Dowsing
British Society of Dowsters
Tel. 01684 576969

London 10 Feb
Gallery Tour: The Power of Great
Art: Awaken Your Senses,
Nourish Your Intellect and Feed
Your Soul
Mary Attwood
Tel. 0207 589 3292

London 10 Feb
Setting Aside the Old Story
the Pathway to the
Psychic You
Gary Wright
Tel. 0207 589 3292

Wimborne 15 Feb
eMade European Music
and Dance Education
Gaunts House
Tel. 01202 841522

Penzance 16 Feb
Change Yourself
Change the World
Swami Aliyananda
Paramahansa
Tel. 01494 813214

London 16 Feb
Healing with Colour
Julia Shepherd
Tel. 0207 589 3292

Erraid 16 Feb
Love in Action Retreat
Tel. 01309 690311

Beaconsfield 17 Feb
E=MC2
Your Biofield
Mark Harris
Tel. 01494 813214

Bridport 17 Feb
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Ruishton 17 Feb
Health Dowsing Workshop
Heather Stevenson
Tel. 01458 250465

London 21 Feb
Introduction to Crystals
and Self Healing Part 1
Valerie Pitts
Tel. 0207 589 3292

Stroud 22 Feb
Leonardo
Shaping the Invisible
Singing Weekend
Robert Hollingworth
Tel. 01453 759034

Holwell 23 Feb
the Way of Shamanka
Elaina Harvey
Tel. 01963 23468

Erraid 23 Feb
Love in Action Retreat
Tel. 01309 690311

London 23 Feb
from Darkness to Light
from Light to Life
Petra Meyer
Tel. 0207 563 9817

Osborne 24 Feb
Angels of Sound Playshop
Dean Carter
Tel. Dean 01935 389655

London 24 Feb
Sacred Geometry
the Geometry of
Consciousness
Pam El Hosaini
Tel. 0207 563 9817

Chulmleigh 24 Feb
Colour Healing Workshop
Ann Lodygowski
Tel. 01363 877352

London 24 Feb
Psychic Mediumship for 2019
Gerrie March
Tel. 0207 589 3292

Mozambique 24 Feb
Paradigm Shift
5 Day Intensive
Chris Bourne
Tel. 01458 830443

Osborne 24 Feb
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

LIGHTWORKER GROUPS

Global Meditation Event
1 Feb 9pm
www.networkoflight.org

Axminster
Meditation Group
Tel. 01297 32331

Bath (Weds & Sundays)
Celtic Healing Circle
Jane Jackson
Tel. Jane 07533 383162

Axminster (Wednesdays)
Healing Group
Lorraine
Tel. 07779946444

Stroud
Rising Woman
Rising World
Monthly Meeting
Tel. 01453 759034

New York 18 Feb
Transforming Planetary
Consciousness Webinar
UN Meditation as
Planetary Service
UN@aquaac.org

Penzance (Tuesdays)
Kriya Yoga
Tel. 01736 362 371

Totnes (Fridays)
Astrology Group
Meeting
Tel. 01803 867145

Bournemouth
(Alt Thursdays)
The Y Files
www.meetup.com

Axminster (Fridays)
Spiritual Awareness Group
Tel. 01460 221522

Poole (1st Sunday)
Dialogues of the Heart
Tara Divina Brown
Tel. 01202 604340

Wanstrow (alt Tues)
Lightworker Group
Tel. Marina 01373 465848

TRIPS, TOURS & VISITS

Lake District 16 Feb
North Lake District
Mystical Sites Tour
Tel. 01772 728181

Lake District 22 Feb
South Lake District
and Coast Tour
Tel. 01772 728181

Wessex Research Group Network

www.Mindspiritnetwork.com
Bath Storytelling Circle.
Tel. 01225 482170

Earthstars Sacred Space
www.earthenergynetwork.co.uk
www.body-spirit.co.uk

www.fire-in-the-head.co.uk
www.chalicewell.org.uk

Thames Valley Dowsters
www.thamesvalleydowsters.org.uk
www.libraryofavalon.org.uk

Glastonbury PLG
www.glastonburyplg.co.uk
www.positivelivinggroups.org.uk
www.theosophical-society.org.uk

www.fisu.org/en

www.faeryevents.com
www.openhandweb.org

www.stargaia.com

www.RILKO.net
www.Enneagram-uk.com

www.sacredconnections.co.uk
fifthdimensionalnetwork.net

www.networkoflight.org
www.megalithictours.com

www.gaunthouse.com

www.educationaid.net

www.collegeofpsychicstudies.co.uk

Wyvern dowsters
Bea Menier 01793 694943

www.energeticsolutions.co.uk
www.kabbalahcentres.com

www.caduceus.info

www.ihf.ac

newhumanitymovement.com

www.waverleydowsters.co.uk

www.tamar-dowsters.co.uk

www.devondowsters.org.uk

Society of Leyhunters
www.leyhunters.co.uk

World Peace Mission
Tel. 01736 362371

Glastonbury Pagan Moot
Tel. 07747 897621

The Numbers One, Two and Three

By Shirley Laflin

One is a number of great importance in that it is a solid, uncomplicated shape. It is a building block of the sign of the cross being 2/3rd of the whole. It joins heaven and earth and can ground you. It can make up many other signs, symbols and numbers creating a foundation or building block, or become an integral part of many other things. The pure simplicity of shape means that it resounds clearly through many dimensions rather like a bell which reverberates, or a stone thrown into water causing the ripples to fan out.

The sum of all this means that the number 1 gets its message across easily and clearly by cutting through the dimensions. Its message therefore is one of allowing you to clear yourself, cut through a medium easily and quickly, being razor sharp, getting your message across to an audience clearly, thinking clearly, writing clearly, and being clear and organised and uncluttered in your word and actions.

To use it place it in your mind's eye for 5 seconds or more (or hear it or feel it). Concentrate on it and hold the intention of using it to help you in whatever way you wish for the highest good. This is a symbol of great depth and meaning and can be used with great ease and clarity and is God's gift to all who wish to use it in this way.

Two is the number of concentration upon all things giving the ability to see clearly, hear well, and feel and know what is true. Used well it will aid the growth of wisdom and the riches it brings with it.

Problems can be cut through with it and returned to the place they deserve, knots untied and foggy places cleared. Keep it in your pocket and get it out when you are feeling in need of clarity, creativity or just plain old common sense. Place it in your third eye and concentrate on the issue in question, ask St Michael to bring his Sunday best sword, slay any prowling dragons, and blow away the cobwebs until you experience the answer or „know“ what is true.

Three is the number of transference in that it can be a figure of addition ie $1 + 2 = 3$, it also has a slightly mystical significance in that it is the number which brings about change. To others it can mean the transformation of ideas and concepts, e.g. where black is white and white is black it can reverse the tendency to be obtuse. In other words it holds within it the ability to transcend all confusion.

If you have a confusing situation in your life think about it then hold the number three in your mind's eye, and allow its properties to diffuse the situation for you. For some the meaning may become obvious quite soon, and for others it may take a while before clarity is gained. Use it also as part of your mandala to strengthen the passage of transformation.

Imbolc

By Wendy Andrews

Imbolc (also called Oimelc, Candlemas, Feast of Lights, Imbolg and Brighid's Day) is a time of purification and a celebration of the continued growth of Light. It falls half way between the Winter Solstice and Spring Equinox. It is one of the cornerstones of the Celtic calendar, one of the four fire festivals.

In our pastoral and agrarian past, it was the time that the ewes were giving birth to the new lambs and two of this festival's names show this connection. Imbolc or Imbolg means 'in the belly' and Oimelc means 'ewe's milk'. The new farming season was of great importance especially at a time in the year when winter stores might be running low. Imbolc rituals were performed to harness divine energy that would ensure a steady supply of food until the next harvest.

Imbolc represents the successful passing of winter and the beginning of a new year. It is the commemoration of the changing of the Goddess from the Crone to the Maiden and the time when we see the sprouting of leaves, the emergence of the first flowers, mammals and reptiles. The lighting of candles and fires is synonymous with Imbolc and represents communion with Brighid or Brigantia the Goddess of Fire (white candles are associated with Brighid).

The Celtic goddess Brighid is the goddess of poetry, healing, smithcraft and midwifery and is said to visit the homes of the righteous at Imbolc. To receive her blessings, people would make a bed for Brighid and leave her food and drink. Items of clothing would be left outside for her to bless. Candlemas is the combination of the words 'candle' and the Scottish 'maes' (feast), a time of celebration and feasting to mark and honor the growing strength of the Sun and the promise of spring to come.

Each day since the Winter Solstice, the sun lights and warms the day for a few more minutes and to encourage this growth of light, candles were lit at day's end with whispered thanks. Traditional at this time is the task of 'spring cleaning', to ready our homes and lives for the new growth that spring will bring and to rid ourselves of the old so that we can move into the new season unencumbered with outworn things, ideas and ways. Cleansing and blessing our homes and the candles we will burn during the year is a time honoured way to acknowledge the changing energies and seasons to come.

Legend has it that winter will last a good while longer, if the weather on Imbolc is bright and sunny. If it is a day of foul weather, winter is almost over. In the highlands of Scotland it is said that if the weather at Christmas is windy and the weather calm at Imbolc, one can expect a good year ahead.

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss900@uwclub.net or log on to www.wessexresearchgroup.org