



# Wessex Research Group Network Newsletter

VOLUME 6, ISSUE 3.

March 2011

March 2011 sees the opening of the Martinsey Isle Trust's ([www.martinsey.org.uk](http://www.martinsey.org.uk)) new drop in centre *Safe Journey* located in Sturminster Newton. The centre is dedicated to providing information about the subject of death and dying and will be opened by Dr Peter Fenwick, world authority on end of life phenomena and near-death experiences, on March 8<sup>th</sup>.

The latest addition to the on-line article archive is *Samsara and the Christ Within* by Dean Carter.

## **Ancient Britain: Lost Gods and Shambhala**

**By Nigel Blair**

The lost gods of Britain are a mixture of several things. They may have been a dim and distant memory of Atlantean heroes, Britain was probably one of several Atlantean colonies at one time, it was a very sparsely populated area, a very mystical area if we are to believe one account, an area that was regarded as a place of the gods, rather in the manner of the Himalayas or the Gobi where the fabled Shambhala is supposed to be located.

Around 457 BC when the Buddha was dying he was visited by a wise man from the west whose name was Sucandra. They swapped some sacred teachings. It was originally thought that Sucandra came from the Middle East but it is now thought that he came from the west, either Greece or Britain.

The word Sucandra means "beautiful all white moon" a name that did exist in Welsh and that many ancient Britons were known by that name. The area around Glastonbury, Somerset up into South Wales was called "Gwyntha" which apparently meant "place of bliss" and the Lamas had apparently been told that Sucandra had arrived from the Place of Bliss in the west. What is more, Gwyn ap Nudd actually meant "beautiful all white moon". Thus in addition to ancient British teachers meeting and advising Pythagoras, a similar figure apparently went to visit the Buddha and exchanged sacred knowledge with him.

The Druids those great characters of ancient Britain may have been descendants of an even more ancient priestly caste who built Stonehenge and who may originally have come from the Gobi where there has been discovered evidence of mazes and shamanic initiations, very similar to ones that are supposed to have taken place in the west, also similar burial customs including burial in a foetal position, sometimes believed to represent a belief in reincarnation. Also discovered in Ireland an oath by which the ancient priests of Ireland



Above: Blodeuwedd the Flower Goddess

swore that they would remain loyal to any agreements made with another tribe until the earth split open. An almost identical oath has been found in the Siberian regions.

We thus have a close connection between the practices of the ancient Celtic Britons and the Shambhala area. So maybe this confirms the story of Sucandra as having come from the Place of Bliss to the Shambhala area. Maybe there was more than one Shambhala, in fact the indications are that the most advanced teachers considered Shambhala to be a dimension rather than just one locality, it really is a spiritual dimension which you pass into. The ancient Celtic legends considered that when you passed on you went to the "Isles of the Blessed" beyond the western sunset. Some people think this is a reference to Atlantis, others think that it's a reference to a multi-dimensional Shambhala.

The worship would have been very closely connected to the idea of Mother Earth, there was a strong Goddess culture at the time, the Mother Goddess who's known in the east as Tara or in the west as Gaia, there were various names for her in the Celtic traditions, Diana the huntress, Rhiannon the horse goddess, Cerridwen who is connected to the cauldron of rebirth, Blodeuwedd the Flower Goddess, the Irish death goddess Morrigan and many others, all of whom are various aspects of the earth goddess. The Mother Goddess was the deity who protected the earth. There were male gods, Apollo for example also under a Celtic name which would have been either Bel or Lugh/Llud. **Ancient Britain: Lost Gods and Shambhala continues on Page 4**

**Sherborne & Yeovil**  
Jan 01935 421161

**Frome WRG**  
Marina 01373 465848

**Totnes**  
Jeffrey 01803 868744

**Glastonbury WRG**  
Mike 01458 835620

**Weymouth & Dorchester**  
Roma 01305 816644

**Yeovil Psychic Society**  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)

**Dorset Earth Mysteries**  
Group  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)

**School of Energy**  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)

**New Dimensions**  
Group Bristol  
Lea 01225 722963

**Bristol Dowzers**  
Lea 01225 722963

**Joyous Isle workshops**  
[www.joyousisle.com](http://www.joyousisle.com)  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)

[www.stoneseeker.net](http://www.stoneseeker.net)

[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)

**Centre for Pure Sound**  
Tel. 01935 389655

[www.londonearth.com](http://www.londonearth.com)

**The Martinsey Isle Trust**  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

**Natures Way, Exmoor**  
Tel. 01984 640147

**Hawkwood College**  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

**Taunton Pagan Moot**  
Tel. 01823 330585

[www.avalonrising.co.uk](http://www.avalonrising.co.uk)

[www.angellight.co.uk](http://www.angellight.co.uk)

**Taunton Association for  
Psychodynamics (TAP)**  
Tel. 01823 665798

[www.wccsg.com](http://www.wccsg.com)

[www.innerpotential.org](http://www.innerpotential.org)

[www.wrekinforum.org](http://www.wrekinforum.org)

**Theosophical Society in  
Scotland**

[www.findhorn.org](http://www.findhorn.org)

**West Somerset Dowzers**  
Tel. 01460 281450

[www.pierian-centre.com](http://www.pierian-centre.com)

## EVENTS

**Bristol** 12 Mar  
Spirit in Action.  
Conference and  
Networking Event  
[www.wrekintrust.org](http://www.wrekintrust.org)

**Taunton** 12 Mar  
Enlightened Psychotherapy  
Neuroscience and the Nature  
of Consciousness  
Spring Conference of the  
Taunton Association for  
Psychodynamics  
[www.taplimited.org.uk](http://www.taplimited.org.uk)

**Paris** 12-13 Mar  
IRIS International Remote  
Viewing Conference  
[www.iris-ic.com](http://www.iris-ic.com)

**Glastonbury** 12-13 Mar  
Avalon Faery Fayre and  
Spring Faery Ball  
[www.mysticfayre.co.uk](http://www.mysticfayre.co.uk)

**Jamaica** 15-20 Mar  
Life, the Universe and  
Everything  
[www.scimednet.org](http://www.scimednet.org)

**North Cornwall** 18-20 Mar  
Spring Equinox Retreat  
[www.mysticklight.com](http://www.mysticklight.com)

**Iona** 19-25 Mar  
Equinox Retreat  
Findhorn Foundation  
[www.findhorn.org](http://www.findhorn.org)

**Stroud** 25-27 Mar  
Co-Creating in  
Momentous Times  
Wrekin Trust  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

**Totnes** 26 Mar  
6<sup>th</sup> Transitus Networking Day  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

**Carnforth** 26 Mar  
Society of Leyhunters  
Spring Moot  
[www.leyhunter.org](http://www.leyhunter.org)

**Glastonbury** 26-27 Mar  
Holistic & Earth Spirit Fayre  
[www.glastonburyfayres.co.uk](http://www.glastonburyfayres.co.uk)

## TALKS

**Yeovil** 2 Mar  
Clairvoyance  
Jenny Ann  
Tel. John 01963 220306

**Frome** 3 Mar  
Yoga Living Community. Seeing  
Through the Illusion  
Derek Thorne  
Tel. Marina 01373 465848

**DEMG at Stapehill** 3 Mar  
the Secret Land  
Paul Broadhurst  
Tel. Dave 07977 144147

**Axminster** 4 Mar  
Clairvoyance and Psychic Art  
Christella and Peter John  
Tel. 01297 32331

**Tadley** 5 Mar  
an Evening with Steve Judd  
Steve Judd  
Tel. 0783 3164615

**London (TS)** 6 Mar  
the 7<sup>th</sup> Ray. Revealer  
of the New Age  
Ted Capstick  
Tel. 0207 563 9817

**Bournemouth PLG** 7 Mar  
Rebirthing Breathwork  
Julia Ann Horrox  
Tel. Sue 01202 581898

**Bath PLG** 7 Mar  
What Exactly is Intuition?  
Jon Freeman  
Tel. Jacqui 07868 890388

**Glastonbury WRG** 8 Mar  
Frederick Bligh Bond:  
Glastonbury and the Rose  
Miraculous  
Dr Tim Hopkinson Ball  
Tel. Mick 01458 835620

**London (LEMC)** 8 Mar  
the Lion and the Unicorn. The  
Guardians of Sacred London  
Chris Street  
[lemc@operamail.com](mailto:lemc@operamail.com)

**Sturminster Newton** 8 Mar  
Near-Death and End-of-Life  
Experiences  
Dr Peter Fenwick  
Tel. Judith 01258 475125

**Glastonbury PLG** 9 Mar  
Emotional Freedom Light  
Techniques  
Rowena Beaumont  
Tel. 01458 833128

**Henley on Thames** 9 Mar  
the Wessex Astrum. Ley  
Lines of the Hexagram  
Peter Knight  
Tel. 01249 823287

**Weymouth &  
Dorchester** 9 Mar  
Lesser Known Weymouth  
Julie Musk  
Tel. Roma 01305 816644

**London** 10 Mar  
an Evening of Music and Verse  
Aidan Dun and Lucie Rejchrtova  
Tel. 0870 766 9657

**London (CPS)** 11 Mar  
Freeing the Wild Voice  
Valerie Pitts  
Tel. 0207 589 3292

**London (TS)** 13 Mar  
the Healing Power of Thought.  
Auras, Crystals and Chakras  
Susan Baylis  
Tel. 0207 563 9817

**Bath PLG** 14 Mar  
Divine Embrace  
Ruth  
Tel. Jacqui 07868 890388

**Bournemouth PLG** 14 Mar  
Your Chakras in Real Life  
Wayne Lee  
Tel. Sue 01202 581898

**Yeovil** 16 Mar  
the World of Tarot  
Gordon Strong  
Tel. John 01963 220306

**Glastonbury PLG** 16 Mar  
the Story of Dionysus and the  
Suppression of the Sublime  
Andy White  
Tel. 01458 833128

**London (Forum)** 17 Mar  
Countdown to Coherence  
Hazel Courtney  
Tel. 0208 671 5417

**Reading** 17 Mar  
an Evening with  
Master Jason Chan  
[hello@inspired-events.com](mailto:hello@inspired-events.com)

**London** 17 Mar  
Building Peace Circles  
Giles Bryant  
Tel. 0870 766 9657

**Bristol** 18 Mar  
Learn to Dowse and  
Practice Your Dowsing  
Shaun Ogbourne  
Tel. Lea 01225 722963

**Glastonbury** 19 Mar  
Spring Equinox  
Mayan Evening  
Claudie Planche  
Tel. Claudie 01458 835506

**Stroud** 19 Mar  
Silver Apples of the Moon, Golden  
Apples of the Sun  
Kevan Manwaring  
Tel. Kevan 01453 765660

**Beaconsfield** 20 Mar  
Earthstars  
Chris Street  
Tel. Susan 01494 813214

**London (TS)** 20 Mar  
Personal & Planetary Awareness  
for Peace & Prosperity  
Laura Boomer Trent  
Tel. 0207 563 9817

**Bristol** 20 Mar  
2012 and the Global Agenda  
Andy Thomas  
Tel. Lea 01225 722963

**Woodshaw** 21 Mar  
Rediscovering the  
Avebury Henge  
Maria Wheatley  
[wds@wyverndowsing.  
freeseerve.co.uk](mailto:wds@wyverndowsing.freeseerve.co.uk)

**Bath** 21 Mar  
Bath Story Telling Circle  
Tel. David 01225 482170

**Bournemouth PLG** 21 Mar  
the Mystery of Mediumship  
Deb Hawken  
Tel. Sue 01202 581898

**Bath PLG** 21 Mar  
the Olympic Song of the Earth.  
Exploring ancient gods and  
landscape zodiacs  
Anthony Thorley  
Tel. Jacqui 07868 890388

**London (LEMC)** 22 Mar  
Children of Theosophy,  
Rudolf Steiner, Alice Bailey,  
Dion Fortune  
Ken Rees  
[lemc@operamail.com](mailto:lemc@operamail.com)

**Glastonbury PLG** 23 Mar  
Family and Systematic  
Constellation  
Sakino Mathilde Sternberg  
Tel. 01458 833128

**London (RILKO)** 25 Mar  
the Work of John Michell  
Christine Rhone  
Tel. 0208 977 4763

**London (CPS)** 25 Mar  
Self Healing Tools  
Stefan Rippel  
Tel. 0207 589 3292

**Totnes** 27 Mar  
2015. Looking Back  
from the Future  
Robert Mulliss  
Tel. Jeffrey 01803 868744

**London (TS)** 27 Mar  
Enchanting the Land: Tuning  
to the Heart of Nature  
Susan Hale  
Tel. 0207 563 9817

**Bath PLG** 28 Mar  
Creating the Life Your Heart  
Desires  
Helen Ford  
Tel. Jacqui 07868 890388

**Sherborne & Yeovil** 28 Mar  
the Kabbalah  
Dr R Gilbert  
Tel. Jan 01935 421161

**Bournemouth PLG** 28 Mar  
Systematic Trauma Therapy  
Sakino Mathilde Sternberg  
Tel. Sue 01202 581898

**Monkton Heathfield** 28 Mar  
Healing Sick Houses  
Nick Riley  
Tel. 01460 281450

**Glastonbury PLG** 30 Mar  
What is Enlightenment?  
Emma McGuinness  
Tel. 01458 833128

**Yeovil** 30 Mar  
Psychic Supper  
Yeovil Psychic Society  
Tel. John 01963 220306

**London** 31 Mar  
Knights Templar and their  
London Connection  
Robert Stephenson  
Tel. 0870 766 9657

### WORKSHOPS & COURSES

**Bournemouth** 1 Mar  
Reiki Share  
Bourne Reiki  
Tel. Karen 08456 808 467

**Bristol** 2 Mar  
Drumming for Fun and  
Relaxation  
Simon Carver  
Tel. 0117 9244512

**London (CPS)** 5 Mar  
Could You Be a Healer?  
Julia Shepherd  
Tel. 0207 589 3292

**Cranborne** 5 Mar  
Heaven in my Heart  
Nick Prater  
Tel. Jackie 01202 885294

**Cullompton** 5-6 Mar  
Enneagram Foundation  
Course Part 1  
Veronica & Chris Croft  
Tel. 01884 855759

**Cherhill** 5-6 Mar  
Introduction to Dowsing  
Adrian Incedon Webber  
Tel. Adrian 01249 818807

**Ilton** 6 Mar  
Lemurian Healing Day  
Margaret Merrison  
Tel. 01460 53699

**Manchester** 11-13 Mar  
5 Gateways Event  
Openhand Foundation  
Tel. 01458 830443

**St Leonards** 11-14 Mar  
A Shamanic Experience  
Les Fuller  
Tel. 01424 729518

**Tadley** 12 Mar  
Shamanic Journeying  
Helen Fogg  
Tel. 0783 3164615

**Forres** 12 Mar  
Spiritual Practice: The Power  
of Intention  
Astrid Gude  
Tel. 01309 690311

**Edmondsham** 12 Mar  
SEVA: Acupressure for  
Stress Release  
Jackie May  
Tel. Jackie 01202 885294

**Bath** 13 Mar  
Way of Awen Spring  
Playshop  
Kevan Manwaring  
Tel. Kevan 01453 765660

**London (CPS)** 13 Mar  
Atlantean Crystal Healing  
Valerie Pitts  
Tel. 0207 589 3292

**Axminster** 13 Mar  
Sound Healing  
Rhiannon Becque  
Tel. 01297 32331

**Bournemouth** 13 Mar  
Reiki 1  
Bourne Reiki  
Tel. Karen 08456 808 467

**Axminster** 18 Mar  
Reclaim Your Ancient  
Wisdom  
Madeleine Walker  
Tel. 01297 32331

**Mexiana (Brasil)** 19 Mar  
Full Moon Sacred Site  
Ceremony  
Grand Mayan Itza Council  
[yokhahmaya@hotmail.com](mailto:yokhahmaya@hotmail.com)

**Ellingham** 19 Mar  
Spring Detox  
Tim Swanson  
Tel. Jackie 01202 885294

**Goodrich** 19-20 Mar  
Pulling the Threads  
Together. Awakening to the  
New Energies  
Diamond Sanctuary Group  
Tel. Jackie 01594 835016

**Bristol** 19-20 Mar  
Well Women Spiritual  
Development and Healing  
Pierian Centre  
Tel. 0117 9244512

**Ilton** 19-24 Mar  
Angel and Unicorn Healing  
Practitioner  
Margaret Merrison  
Tel. 01460 53699

**Glastonbury** 20 Mar  
Spring Equinox  
Overtone Circle  
Dean Carter  
Tel. Dean 01935 389655

**Upwey** 20 Mar  
Spring Equinox Celebration  
Tricia  
Tel. 0783 3164615

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)

Bath Storytelling Circle.  
Tel. 01225 482170

the London Forum.  
[www.londoncircles.net](http://www.londoncircles.net)

Bournemouth PLG  
[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[Mysticklight.com](http://Mysticklight.com)

[www.thamesvalleydowsers.org.uk](http://www.thamesvalleydowsers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Glastonbury PLG  
[www.positivelivinggroups.co.uk](http://www.positivelivinggroups.co.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.theantiquariansociety.com](http://www.theantiquariansociety.com)

[www.Loveandlight.co.uk](http://www.Loveandlight.co.uk)

[www.hospiceoftheheart.org](http://www.hospiceoftheheart.org)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.thehouseoflife.co.uk](http://www.thehouseoflife.co.uk)

R.I.L.K.O.  
<http://members.aol.com/rilko/>

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[www.revolutionof2012.net](http://www.revolutionof2012.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.saahera-centre.org](http://www.saahera-centre.org)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

Sea Spirit Centre  
<http://spiritual-courses.co.uk>

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

[www.wyverndowsing@  
freeseerve.co.uk](http://www.wyverndowsing@freeseerve.co.uk)

[www.brlsi.org](http://www.brlsi.org)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.insearchofthesacred.com](http://www.insearchofthesacred.com)

[www.valehealing.co.uk](http://www.valehealing.co.uk)

Fountain Group  
[embraceyourself@ymail.com](mailto:embraceyourself@ymail.com)

**Dartmoor** 20 Mar  
Ground of Being  
Roselle Angwin  
Tel. 01548 821004

**Stroud** 20 Mar  
Finding the Voice  
Stefan Cartwright  
Tel. 01453 767061

**Glastonbury** 20 Mar  
Mayan Calendar  
Claudie Planche  
Tel. Claudie 01458 835506

**Glastonbury** 25-27 Mar  
Laughter Retreat  
Joe Hoare  
Tel. 01458 831154

**Cattistock** 25-27 Mar  
the Perspective  
Mythic Imagination  
Tel. 01300 320064

**St Leonards** 25-28 Mar  
Practical Mediumship  
Martin Twycross  
Tel. 01424 729518

**Tadley** 26 Mar  
Reiki I  
Helen Fogg  
Tel. 0783 3164615

**Fife** 26 Mar  
Consciousness,  
Synchronicity and the Law  
of Attraction  
David Lorimer  
Tel. 01333 340490

**Yeovil** 26 Mar  
Disciples of Experience Day  
Clint Denyer  
Tel. 07546 598582

**Glastonbury** 26-27 Mar  
5 Gateways Workshop  
Openhand Foundation  
Tel. 01458 830443

**Cherhill** 26-27 Mar  
Health Dowsing (part 1)  
Adrian Inledon Webber  
Tel. Adrian 01249 818807

**Newport** 27 Mar  
Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Axminster** 27 Mar  
Manifesting Mr Wonderful  
Freya Eoste  
Tel. 01297 32331

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 March 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Bournemouth** Tues / Weds  
Channelling & Meditation  
Tel. Gary 01202 418291

**Weymouth** Thursday (eves)  
/ Friday (mornings)  
Lightworker Development  
Tel. Tricia 01305 784348

**E. Woodlands** 7, 21 Mar  
Healing from the Heart  
Tel. Marina 01373 465848

**Thakeham** 25 Mar  
Meditation Evening  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

### TRIPS, TOURS & VISITS

**Scotland** 19 Mar  
Scotland and the Templar  
Connection  
Megalithic Tours  
Tel. Neil 01772 728181

**West Kennet** 19 Mar  
West Kennet Full Moon  
Celebration  
Peter Knight  
Tel. 01249 823287

**Avebury** 20 Mar  
Avebury by Torchlight  
Peter Knight  
Tel. 01249 823287

**Woodshaw** 20 Mar  
Knowle Down and Avebury  
Wyvern Dowsers  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

## Toward the Fifth Dynamic Now! By Craig Downer

I hail the great Fifth Dynamic, so referred to by Scientologist folk! 'T is woefully lacking amidst humanity today; and the living planet's now direly threatened because of this!

Consider then the several dynamics by which the individual identifies itself:

First, there is one's individual worldly attached Self: I, me, yours truly,

Second there is the enfleshed, affectionately regarded Family: parent, sibling, spouse, offspring, et cetera.

Third there arises the greater functional social Group one's consciously incarnate in, be it community or nation, i.e. culture with shared values worldly interned.

Fourth's identifying with one's whole incarnate kind, for us Humanity, Homo sapiens, a.k.a. specieism: that into which so many people today, in this or lesser dynamics are so exclusively, perversely self-absorbed, creating an imbalance that's become most horrid!

For the Fifth Dynamic takes us to higher, nobler plane, for its identification is with the Whole of Life: the plants, the animals, the decomposers, and other kingdoms, all of which indispensably, in freely inter-balanced fashion go together to make a world: an ecosystem brightly co-evolving!

... Many spirits all the same in essence, yet expressed in myriad evolved and evolving kinds, and all these wondrously interdependent, intertwined in patterns exquisitely defined in Time so that each ever learns and, in turn, teaches God's ever greater lessons! -- Please!

For each soul's challenge ever one of increasing wholeness and perfection is; and each step along the way is in a way duly opposite the former as well as the successor, throughout time, just as with left then with right foot we prance forth, according to all experienced events, all governed by Heavenly principles and laws that build and resolve us all, including all kinds and all worlds, through all greater dynamics unto that greatest which is: both in and consciously with God! -- Praise God! And Hallelujah! shout.

From the book, *Streams of the Soul* by Craig Downer. Log on to [www.publishamerica.com/books/10040](http://www.publishamerica.com/books/10040) or email Craig at [cdowner@yahoo.com](mailto:cdowner@yahoo.com) for more information.

## Ancient Britain: Lost Gods and Shambhala (continued)

Of all the ancient myths, tales and traditions perhaps it is the Grail that symbolises the quest by all of us to find the true inner part of ourselves, rather like the symbolic meaning of the maze or labyrinth. The various trials and tribulations suffered by the knights are all part of the quest, culminating in the requirement to ask the right question at the Fisher King's Castle. There seem to have been two versions of the question, one is "What ails thee?" in other words the need to show compassion, the other question was "Whom does the Grail serve?", or in other words the need for service to the whole community rather than just the self.

To promote an event or submit a contribution to the newsletter email Robert at [newsletter@wessexresearchgroup.org](mailto:newsletter@wessexresearchgroup.org) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)