



# Wessex Research Group Network *Newsletter*

VOLUME 8, ISSUE 12.

December 2013

December offers us a number of festive events and we also welcome Crewkerne Awareness Centre to the Wessex Research Group Network. For further details log on to <http://anacolourastro.wordpress.com>

## **Supersoul**

**By Ian Lawton**

In my *Books of the Soul* I spent many years developing an evidence-based, *Rational Spirituality*. Simply put this assumes that as individual souls we each lead many lives gaining experience on behalf of Source. As such I describe it as an *experience* rather than *illusion*-based model, and as far as I can tell this more or less reflects the view of a great many modern spiritual seekers in the Western world.

Yet towards the end of 2012 my comfortable framework that had stabilised for a number of years was blown apart, by the revelation of a close friend and leading out-of-body (OOB) explorer that he'd made contact with another aspect of himself that was so wise it could easily have been mistaken for some kind of deity. On further investigation I found that a number of OOB pioneers described exactly the same kind of meetings with entities who at first were so energetically radiant they couldn't bear to be in their presence – and yet who they too came to realise were actually other aspects of themselves.

Additional support from channelled material revealed that we might sensibly call into question our traditional understanding of who and what various gods, angels guides really are. Even more of exactly who and what we are. The clues are there, not only in more obscure sources but in some of our best known spiritual material too. From Jane Roberts' Seth and from Neale Donald Walsch's 'God', for example – and just who the latter might be is an interesting question in its own right. They're absolutely clear about the staggering power and wisdom we all innately possess, if only we would learn to recognise it.

The word *supersoul* came to me early in this process, and I use it because alternatives such as *oversoul* and *higher self* have different connotations for different groups of people. For example many OOB pioneers are happy to use either of the latter in the same context as I use *supersoul*, because they've already come to appreciate the power of what they're part of and yet *oversoul* is more commonly used as an alternative for Source itself; while those of us weaned on regression and other more mainstream material have tended to have a somewhat restricted view of our *higher self*,



usually as the repository of the experiences of our own soul's (past) lives – even if it *is* wiser than the lower self that's in human form, and can be brought more into play by meditation and so on. By contrast the supersoul is much, much more than this, not least because it's made up of myriads of souls.

Of course under a conventional reincarnation approach one would think of each of these souls as leading many lives successively, in linear fashion. But, if we follow the increasingly popular idea that all our lives are being played out at the same time, we arrive at a more *matrix*-style model of feedback *between* life personalities operating simultaneously in apparently different human eras. Indeed there's some wonderful as-yet-unpublished (until now) evidence from one of the OOB pioneers of exactly how the supersoul itself perceives such interactions. This led me to develop what I call the 'simultaneous-lives supersoul matrix model', in contrast to the 'successive-lives supersoul model'. These are fully explained, with narrative and diagrams, in the book.

Yet perhaps the greatest shock of all to my spiritual system came as I was nearing the end of my research. It was then I chanced upon some recent channelled material that seemed to provide the bare framework for a 'single-life supersoul matrix model', which dispenses with conventional notions of reincarnation completely.

***Supersoul is continued on page 3***

Sherborne & Yeovil  
Jennie 01935 817685  
Frome WRG  
Marina 01373 465848  
Totnes Astrology Group  
David 01803 867145  
Glastonbury WRG  
Mike 01458 835620  
Weymouth & Dorchester  
Roma 01305 816644  
Yeovil Psychic Society  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)  
School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)  
Bristol Dowisers  
[www.bristoldowisers.co.uk](http://www.bristoldowisers.co.uk)  
Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)  
[www.stoneseeker.net](http://www.stoneseeker.net)  
[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)  
Centre for Pure Sound  
[www.centreforpuresound.org](http://www.centreforpuresound.org)  
The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)  
Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)  
Wellington Pagan Moot  
Tel. 01823 665868  
[www.angellight.co.uk](http://www.angellight.co.uk)  
Taunton Association for  
Psychotherapy  
[www.taplimited.org.uk](http://www.taplimited.org.uk)  
[www.wccsg.com](http://www.wccsg.com)  
[www.wrekinforum.org](http://www.wrekinforum.org)  
Theosophical Society in Scotland  
[www.findhorn.org](http://www.findhorn.org)  
West Somerset Dowisers  
[westsomersetdowisers.org](http://westsomersetdowisers.org)  
[www.theswa.org.uk](http://www.theswa.org.uk)  
[www.unicorn-at-rainbows-  
end.org](http://www.unicorn-at-rainbows-<br/>end.org)  
Totnes WRG  
Jeffrey 01803 866349  
[www.angelmagic.biz](http://www.angelmagic.biz)  
Aquarian Age Community  
[www.aquaac.org](http://www.aquaac.org)  
Totnes Astrology Group  
David 01803 867145  
[www.thegiftofsound.co.uk](http://www.thegiftofsound.co.uk)

**EVENTS**

**Beaconsfield** 1 Dec  
AGM and Christmas Lunch  
Thames Valley Dowisers  
[www.thamesvalleydowisers.org.uk/](http://www.thamesvalleydowisers.org.uk/)  
**Yeovil** 4 Dec  
Christmas Fun Night  
Yeovil Psychic Society  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)  
**Evesham** 7 Dec  
Pre Christmas Guided Retreat  
[www.katebird.co.uk](http://www.katebird.co.uk)  
**Bournemouth** 9 Dec  
Christmas Party  
Bournemouth PLG  
[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)  
**Weymouth** 11 Dec  
Christmas Party  
Weymouth & Dorchester WRG  
Tel. Roma 01305 816644  
**London** 13 Dec  
Open House and Social Evening  
College of Psychic Studies  
[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)  
**Alton Barnes** 14 Dec  
Christmas Lunch  
Wiltshire Crop Circle  
Study Group  
[www.wccsg.com](http://www.wccsg.com)  
**Woodshaw** 16 Dec  
Christmas Social  
Wyvern Dowisers  
[www.wyverndowsing.freeseve.co.uk](http://www.wyverndowsing.freeseve.co.uk)  
**Buckland Rings** 21 Dec  
Celebrating the Winter Solstice  
through Sound  
Lorna Heath  
[www.thegiftofsound.co.uk](http://www.thegiftofsound.co.uk)  
**Glastonbury** 21 Dec  
Winter Solstice Celebration  
[www.chalicewell.org.uk](http://www.chalicewell.org.uk)  
**Forres** 21 Dec  
Christmas Retreat  
Findhorn Foundation  
[www.findhorn.org](http://www.findhorn.org)  
**Stroud** 21 Dec  
Solstice Spiral Ritual  
Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)  
**Glastonbury** 25 Dec  
Free Christmas Day  
Garden Admission  
[www.chalicewell.org.uk](http://www.chalicewell.org.uk)  
**Forres** 28 Dec  
New Year Retreat  
Findhorn Foundation  
[www.findhorn.org](http://www.findhorn.org)  
**Glastonbury** 29 Dec  
New Year's Retreat  
Openhand Foundation  
[www.openhandweb.org](http://www.openhandweb.org)

**TALKS**

**London** (TS) 1 Dec  
Annie Besant Feminist,  
Socialist, Theosophist and  
Fighter for Indian Freedom  
Kevin Tingay  
Tel. 0207 563 9817  
**Bournemouth PLG** 2 Dec  
A Leap Into Possibility  
A Spiralling Journey through the  
Evolution of Consciousness  
Jon Freeman  
Tel. Sue 01202 581898  
**Glastonbury** 4 Dec  
Meeting of the Pagan Moot  
Tel. Tim 07747 897 621  
**Bransford** 4 Dec  
Dowsing for Health  
Ced Jackson  
Tel. Claire 01886 884 888  
**Glastonbury PLG** 4 Dec  
the Georgia Guide Stones  
Hoax or Ominous  
Statement of Intent?  
Monica Grace Holman  
Tel. Kath 01749 671483  
**Frome** 5 Dec  
2013 and the Fifth  
Dimensional Template  
Lindy Cowling  
Tel. Marina 01373 465848  
**DEMG at Stapehill** 5 Dec  
Philosophy  
John Gordon  
Tel. Dave 07977 144147  
**London** (TS) 8 Dec  
Mystical Art and  
Symbolism: Creative and  
Autobiographical Reflections  
John O'Rourke  
Tel. 0207 563 9817  
**Bristol PLG** 8 Dec  
Eat Drink and be Merry  
the Holistic Way  
Clive de Carle  
Tel. Lea 01749 678834  
**London** (CPS) 10 Dec  
Demonstration of Trance  
Elisabeth Roberts  
Presents her Students  
Tel. 0207 589 3292  
**Southampton PLG** 10 Dec  
Seven Aspects of Reality  
Marian Matthews  
[inspirationsgroup@hotmail.com](mailto:inspirationsgroup@hotmail.com)  
**Newport IoW** 10 Dec  
Angel Sculpture  
Marco Grove  
Tel. Dana 01983 874645  
**Glastonbury PLG** 11 Dec  
ET Intervention on Planet Earth  
and the Human Imperative  
Chris Bourne  
Tel. Kath 01749 671483  
**London** (Forum) 11 Dec  
Resisting War from  
Inside the Military  
Ben Griffin  
Tel. Margaret 0208 671 5417  
**Bath** 16 Dec  
Bath Storytelling Circle  
Tel. David 01225 482170  
**Glastonbury PLG** 18 Dec  
Crystallise and Shine  
Jen Wilson  
Tel. Kath 01749 671483  
**Glastonbury** 21 Dec  
Mayan Calendar  
Solstice Evening  
Claudie Planche  
Tel. 01458 835506

**WORKSHOPS & COURSES**

**Oborne** 1 Dec  
Healing Voice Circle  
the Yoga of Primal Sound  
Dean Carter  
Tel. Dean 01935 389655  
**Glastonbury** 1 Dec  
Reflection. Nature's Mirror  
through the Looking Glass,  
the Magic of Water. Nature:  
Mirror to the Soul  
Tiana Marie & Gwyn Ardyth  
Tel. 01458 831154  
**Addington** 1 Dec  
A Day for YOUNITY  
White Elk Woman  
Tel. Sharon 01634 270307  
**Sydney** 2 Dec  
Walking the Path (level 2)  
Chris Bourne  
Tel. 01458 830443  
**Thakeham** 6 Dec  
Angelic Reiki I and II  
Justine van de Weg  
[justine@angeldivinity.com](mailto:justine@angeldivinity.com)  
**Middle Piccadilly** 7 Dec  
Inka Wisdom Teachings  
Elaina Harvey  
Tel. 01963 23468  
**Forres** 7 Dec  
Primal Painting  
Craig Gibsone  
Tel. 01309 690311  
**London** (TS) 8 Dec  
Exquisite Corpse: Exploring  
Spiritual Symbolism via a  
Surrealist Game  
John O'Rourke  
Tel. 0207 563 9817  
**Stroud** 13 Dec  
Tarot Landscapes  
John & Caitlin Matthews  
& Mark Ryan  
Tel. 01453 759034  
**Milford on Sea** 15 Dec  
Soundbath Vocal  
and Tibetan Bowls  
Lorna Heath  
Tel. Lorna 01590 642994

**Stroud** 17 Dec  
In the Fire of Grace  
Rumi's Journey of the Soul  
Andrew Harvey  
Tel. 01453 759034

**Glastonbury** 20 Dec  
Sounding the Yule  
Sound Workshop  
Dean Carter  
Tel. Dean 01935 389655

**Glastonbury** 21 Dec  
Disciples of Experience Day  
Clint Denyer  
Tel. 07763 343612

**Wimborne** 27 Dec  
Zen Meditation Teacher  
Training - Mindfulness  
Julian Skinner & Daizan  
Tel. 01202 841522

**Oborne** 29 Dec  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 Dec 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**New York** 16 Dec  
Meditation Group  
[UN@aquaac.org](mailto:UN@aquaac.org)

**Bournemouth** (Alt thursdays)  
The Spiritual Exchange  
[www.meetup.com](http://www.meetup.com)

**Glastonbury** (Saturdays)  
Shamanic Bowl Sound Bath  
& Guided Visualisations  
Corrina Thorby & Cara  
Tel. 07763 343612

**Bournemouth**  
(3<sup>rd</sup> Thursday of month)  
Universal Law of Attraction  
monthly meet up  
[sallyehallum@yahoo.co.uk](mailto:sallyehallum@yahoo.co.uk)

**Poole** (1<sup>st</sup> Sunday)  
Dialogues of the Heart  
Tara Divina Brown  
Tel. 01202 604340

**Backwell** (Tuesdays)  
Conscious Awareness  
Spiritual Development Group  
Channelled wisdom  
from 'Altheris'  
[info@vibrantsouls.com](mailto:info@vibrantsouls.com)

**Ringwood** (weds)  
Yoga & Meditation  
Tel. 07976547606

**Broadstone** (2<sup>nd</sup> weds of month)  
Wessex Astrology Circle  
Tel. Eileen 01202 697610

**Totnes** (fridays)  
Astrology Group Meeting  
Tel. David 01803 867145

**Sturminster Newton**  
Safe Journey Resource  
and Drop in Centre  
Martinsey Isle Trust  
Tel. Judith 01258 475125

**Bournemouth** (tuesdays)  
Channelling & Meditation  
Tel. Gary 01202 418291

**Glastonbury** (1<sup>st</sup> Tues)  
Ascension Exchanges  
Meditation Group  
Tel. 01458 830443

### TRIPS, TOURS & VISITS

**Derbyshire** 7 Dec  
Christmas at Chatsworth  
Megalithic Tours  
Tel 01772 728181

**Edinburgh** 14 Dec  
Roslyn Chapel, Ghosts,  
Ghouls and Christmas Shopping  
Megalithic Tours  
Tel 01772 728181

**Wiltshire** 21 Dec  
West Kennet  
Winter Solstice Gathering  
Stoneseecker Tours  
Tel. 01249 823287

**France** 28 Dec  
the Megaliths of Brittany's  
Cotes-d'Armor & St Malo  
Megalithic Tours  
Tel 01772 728181

## Supersoul (continued)

Instead it proposes that each of us lives just one life on behalf of the supersoul collective, and that as a new soul each of us is formed from a unique combination of traits and personality ingredients from souls who've preceded us.

As what we might characterise as a lead representative of team supersoul gaining experience at the coalface of space-time on behalf of the collective, our aim is to paint the best picture we can from the palette we've been given. Such a worldview produces a very different and more altruistic attitude to life. We no longer focus on *my* past lives and their associated experiences and emotional carry-overs, because all such things can only be properly viewed from a collective perspective. That's why this model could be described as 'Buddhism's missing link'.

Both of the matrix models also call into question our whole notion of the apparent interlife experience, suggesting it might represent something of a fabrication at best. Instead we might be better off reverting to talking about an *after*-life, possibly a *pre*-life too – or maybe even a *para*-life – in other realms.

Whichever of these models most closely represents how soul consciousness operates – and as yet I've not been able to come down definitively in favour of any one – the powerful idea of the supersoul underlies them all. To date the appeals of various channelled sources for us to understand and appreciate who and what we really are seem to have largely fallen on deaf ears. But once we come to recognise that we're integral aspects of a supersoul consciousness more powerful and wise than we've ever dared to imagine, perhaps we can finally claim our full birthright... and collectively pioneer the most exciting change in human consciousness ever witnessed on planet earth.

Ian Lawton is the author of *The Books of the Soul* series, and the architect of Rational Spirituality and the ideas of the holographic soul and the supersoul. For more information see [www.ianlawton.com](http://www.ianlawton.com)

## Wessex Research Group Network

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)  
Bath Storytelling Circle.  
Tel. 01225 482170

the London Forum.

[www.londoncircles.net](http://www.londoncircles.net)

Bournemouth PLG

[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[www.mysticklight.com](http://www.mysticklight.com)

[www.thamesvalleydowsers.org.uk](http://www.thamesvalleydowsers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Glastonbury PLG

Lymington PLG

Poole PLG

New Dimensions Group Bristol

Milford on Sea PLG

Newport Isle of Wight PLG

[www.positivelivinggroups.org.uk](http://www.positivelivinggroups.org.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.faeryevents.com](http://www.faeryevents.com)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.RILKO.net](http://www.RILKO.net)

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[www.revolutionof2012.net](http://www.revolutionof2012.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.westsomersetdowsers.org](http://www.westsomersetdowsers.org)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

Sea Spirit Centre

<http://spiritual-courses.co.uk>

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

[www.wyverndowsing@freeserve.co.uk](mailto:www.wyverndowsing@freeserve.co.uk)

[www.brllsi.org](http://www.brllsi.org)

[www.valehealing.co.uk](http://www.valehealing.co.uk)

[www.energeticsolutions.co.uk](http://www.energeticsolutions.co.uk)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.caduceus.info](http://www.caduceus.info)

[www.ihs.ac](http://www.ihs.ac)

## Crop Circle Theory

Hello,

My name is Darren. I live in Canada and have a theory on crop circle formation which I wanted to share.

Could it be possible that the circles are made from sound created by a release of energy from the ground? The disruption of the air above the point of energetic release creates a pressure that then is able to push the crop down at certain points. Based on the frequency of the sound, the circle is then created in the shape that correlates to the sound frequency.

I have no way to prove my theory but would love to hear from any British scientific researchers that might have interest. Please pass on my theory to them.

Thank you

Darren Willis [willisd1971@gmail.com](mailto:willisd1971@gmail.com)

## Book Review: Heal Your Home: A Key to Unlocking Your Homes Positive Energies

By Adrian Incedon Webber

Do you shiver when you walk into someone's home?  
Do you live in a 'divorce house'?  
Do you feel tired all the time?  
Is your house not selling?  
Is your family constantly in conflict?  
Do you find it difficult to sleep at night?

If you have answered yes to any of the above, then this book is for you. Your home should be your sanctuary, somewhere you feel safe, secure and at peace. Unseen detrimental forces are all around us, though we are not usually aware of them.

'Heal Your Home' is a unique publication as it provides the necessary information to help you make worthwhile changes to your life.

We all wish to have good health and by following the structured approach in the book it should give you the ability to transform the unseen energies in your home making it more compatible to you and the family.

This is not a quick solution but a gentle progression with a tried and tested formula helping you, with a step by step guide, to bring peace and harmony back into your life.

The information is so relevant today but should be timeless, a book that you can pick up when confronted with future challenges and obstacles.

It should give you equally good results each time that you use it, whatever the circumstances or issues that necessitates your re-visit. FFI [www.dowsingspirits.co.uk](http://www.dowsingspirits.co.uk)

To promote an event or submit a contribution to the newsletter email Robert at [robertmulliss@btinternet.com](mailto:robertmulliss@btinternet.com) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)

## Book Review: The Renaissance of Divine Love

By Patricia Cota Robles and Rassoulli

This book contains exquisite Art and passages of Divine Love to open your heart and mind and to align you with Earth's newly birthed Renaissance of Divine Love. As you allow the beauty, color, images, words and Divine Love pulsating on each page to resonate in the depths of your Heart Flame, you will become an Instrument of God, the Open Door, through which the patterns of perfection for Earth's Renaissance of Divine Love will tangibly manifest in the lives of Humanity and all Life evolving on this blessed Planet.

The Renaissance of Divine Love is also a reflection of two hearts expressing the wonders of Love in two different mediums. The exquisite images, celestial colors, and profound words of Love contained in this book merge together in a way that will open the heart and expand the consciousness of anyone who experiences them. Within the pages of this book you will come to realize that Love is all there is. FFI <http://eop.mybigcommerce.com>

## The Great Invocation

The beauty and the strength of this Invocation lie in its simplicity, and in its expression of certain central truths which all men, innately and normally, accept—the truth of the existence of a basic intelligence to whom we vaguely give the name of God; the truth that behind all outer seeming, the motivating power of the universe is Love; the truth that a great Individuality, called by Christians the Christ, came to earth and embodied that love so that we could understand; the truth that both love and intelligence are effects of what is called the Will of God; and finally the self-evident truth that only through *humanity* itself can the divine Plan work out.

***From the point of Light within the Mind of God***

***Let light stream forth into the minds of men.  
Let Light descend on Earth.***

***From the point of Love within the Heart of God***

***Let love stream forth into the hearts of men.  
May Christ return to Earth.***

***From the centre where the Will of God is known***

***Let purpose guide the little wills of men—***

***The purpose which the Masters know and serve.***

***From the centre which we call the race of men,***

***Let the Plan of Love and Light work out,  
And may it seal the door where evil dwells.***

***Let Light and Love and Power restore the Plan on Earth.***