



# Wessex Research Group Network *Newsletter*

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April 2018

**A**pril 2018. The latest addition to the on-line digital lecture archive is *The Secret Garden. The Way to the Heart* by Turia.

[www.wessexresearchgroup.org/digital\\_24.html](http://www.wessexresearchgroup.org/digital_24.html)

## **Universal Rhythms**

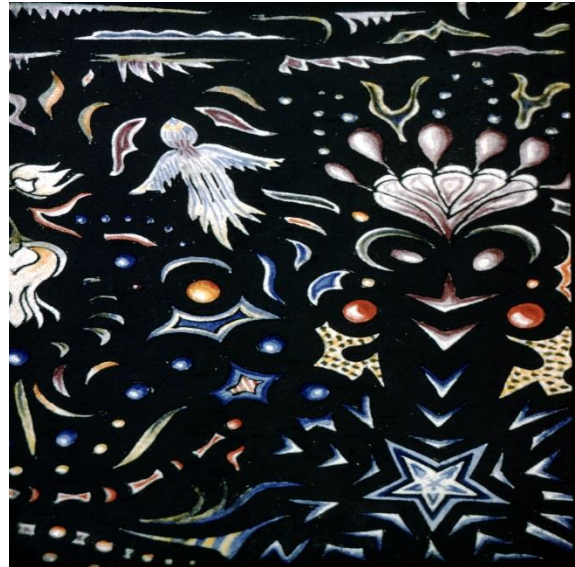
**by Michal Eastcott**

The great rhythms governing everything on earth are the basic link we have with the realms beyond our planet. The yearly cycle and the manner of our orbit around the sun, bringing summer and winter, day and night, not only order the rhythm of life on earth, but mark our place in a “whole” existing around us, yet far beyond our spheres of comprehension. These rhythms indicate that we occupy a place in an evident yet unknown plan, that we fulfil a part in some Grand Design, as does a small wheel in a gigantic clock, unaware of the purpose or extent of the pattern it belongs in, yet faithfully and steadily continuing its essential role.

Such rhythms, patterns of motion which are as precise and ordered on their cosmic scale as that known in atomic structure; tell us also of a Power within the Universe, a life force holding us within its “form”. This subjective yet essentially magnetic Power works to some immense design of unimaginable dimensions and exerts upon us influences and control even beyond those even of our Sun which governs us so tangibly.

Surely there are no better terms for this great cosmic Force the St Paul used when he said “in Him we live and move and have our being”. As such, this living Power in the Universe has been looked to with awe and wonder since man’s earliest days.

Both Sun and Moon have repeatedly been given godly status in different cultures and civilisations of the past, and the passage of the stars, the formation of the constellations and the phenomena of the skies, such as comets, meteors and eclipses, have all told slowly awakening man tales of worlds beyond the physical Earth and powers beyond those of the human being. Perhaps more than anything else it is the stars that have made man lift his eyes to unfamiliar dimensions and stretch his mind to imagine what can lie beyond our world and what the Power of God can mean. Nothing can have so expanded human awareness, so awakened wonder in men’s hearts or so convinced him of logic power and direction, as the vista of the night sky filled with glittering light bodies processing steadily and pre-determinedly across the void.



Observation of the stars appears to have been a basic function of the “wise men”, magi and priests of earlier civilisations. Astronomy is the oldest of all the sciences and in ancient days went hand in hand like brother and sister with astrology. The qualitative as well as physical aspects of the bodies in the spheres surrounding Earth were recognised and considered.

Evidence of the widespread observation of the stars is to be found not only in the well known structures such as the Great Pyramid, Stonehenge and those of ancient Greece and the Andes but on barren hills all over Britain and Europe and countless long forgotten high points all over the world over, megaliths, stone circles and temple remains bear witness to the study of the motions of the stars, sun and moon-the rhythms of the Universe.

The Carnac alignments in Southern Brittany are now considered part of a gigantic complex of megalithic structures extending for thousands of miles from Sweden to the Mediterranean. Carbon dating suggests that Carnac was in position long before the Pyramids.

From the surveys of scores of these sites they appear to have been lunar and stellar observatories. Many are of beautiful and complex design with precision of pattern and size. Prehistoric man was deeply aware of the connection between life on Earth and the movements of the heavenly bodies. These rhythms were obviously important to man’s survival; changing the climate, controlling the tides, directed the movement of animals, birds and fish and indicated the cycles of sowing and harvesting.

*Universal Rhythms continues on Page 4.*

Frome WRG  
Marina 01373 465848

Glastonbury WRG  
Jacqui 07516816915

Weymouth & Dorchester  
Roma 01305 816644

Dorset Earth Mysteries  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)

School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)

Bristol Dowzers  
[www.bristoldowzers.co.uk](http://www.bristoldowzers.co.uk)

Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)

Axminster Awareness Centre  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)

Stoneseeker Tours  
[www.stoneseeker.net](http://www.stoneseeker.net)

Centre for Pure Sound  
[www.centreforpuresound.org](http://www.centreforpuresound.org)

The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

Angelight  
[www.angelight.co.uk](http://www.angelight.co.uk)

Taunton Association for  
Psychotherapy  
[www.taplimited.org.uk](http://www.taplimited.org.uk)

Wrekin Forum  
[www.wrekinforum.org](http://www.wrekinforum.org)

Theosophical Society in Scotland

Findhorn Foundation  
[www.findhorn.org](http://www.findhorn.org)

Dowsing Spirits  
[www.dowsingspirits.co.uk](http://www.dowsingspirits.co.uk)  
[www.theswa.org.uk](http://www.theswa.org.uk)

Aquarian Age Community  
[www.aquaac.org](http://www.aquaac.org)

Totnes Astrology Group  
David 01803 867145

The Gift of Sound  
[www.thegiftofsound.co.uk](http://www.thegiftofsound.co.uk)

Crewkerne Awareness  
[anacolourastro.wordpress.com](http://anacolourastro.wordpress.com)

Ryde PLG  
Dana 07879 021521

Wellspring – Rode  
Tel. Caroline 01373 831046

Network of Leyhunters  
[www.networkofleyhunters.com](http://www.networkofleyhunters.com)

Bath PL  
[bathpositiveliving.co.uk](http://bathpositiveliving.co.uk)

**EVENTS**

**London** 13 April  
Open Evening  
College of Psychic Studies  
[collegeofpsychicstudies.co.uk](http://collegeofpsychicstudies.co.uk)

**Taunton** 14 April  
TAP Spring Conference  
[www.taplimited.org.uk](http://www.taplimited.org.uk)

**Forres** 15 April  
International Forum on  
Sustainability 10  
[www.findhorn.org](http://www.findhorn.org)

**TALKS**

**Glastonbury** 4 April  
Major Arcana of the Tarot  
Oak and Freda  
Tel. 07747 897 621

**Glastonbury PLG** 4 April  
Secrets of Alchemy Hermetics  
and Glastonbury  
Benjamin Turale  
Tel. 07930 007419

**Aston Ingham** 5 April  
Experiencing the Prehistoric  
Stone Rows of Europe  
Peter Knight  
Tel. 01249 823287

**DEMG at Stapehill** 5 April  
the Importance and History  
of Ancient Civilisations  
in Britain  
Nicholas Cope  
Tel. Dave 07977 144147

**Frome** 5 April  
the Mystical Origins of the  
British People  
Hugh Le Provost  
Tel. Marina 01373 465848

**Rode** 5 April  
Your Zodiac Soul  
John Wadsworth  
Tel. 01373 831046

**Bristol** 6 April  
Beginners Dowsing Evening  
Rory Duff  
Tel. Rory 07748 734127

**Chulmleigh** 10 April  
Dowsing as a  
Geophysical Tool  
Part 2  
Robert Dynas  
Tel. 01363 877352

**Lacock** 11 April  
Avebury & West Kennet  
Longbarrow  
Peter Knight  
Tel. 01249 823287

**Chingford** 11 April  
Introduction to Meditation  
Foundation for Spiritual  
Unfoldment  
Tel. 0208 5233133

**Bath** 11 April  
Bath Storytelling Circle  
Tel. David 01225 482170

**Bath PL** 12 April  
the Quest  
Kirsten Bolwig  
Tel. 078 7321 8222

**Crewkerne** 16 April  
Numerology  
Paula Watson  
[collingridge1@sky.com](mailto:collingridge1@sky.com)

**Woodshaw** 16 April  
for the Love of Earth  
A Hidden History and a  
Fabulous Future  
Mandy Parsons  
Tel. 01793 694943

**Ryde PLG** 17 April  
Angels, Dragons and the  
Planetary Shift  
Matt Spooner  
Tel. 01983 874 645

**Bodmin** 18 April  
Dartmoor Mindscapes  
Revisioning a Sacred  
Landscape  
Peter Knight  
Tel. 01249 823287

**Glastonbury PLG** 18 April  
Being Rock  
A Fresh Look at  
Listening and Support  
Mandy Preece  
Tel. 07930 007419

**Bristol** 20 April  
Star Gates and End Times  
Ann Stallybrass  
Tel. Rory 07748 734127

**Glastonbury PLG** 25 April  
the Song of the Soul  
Tareth and Vicki Burke  
Tel. 07930 007419

**London (RILKO)** 27 April  
Working with the  
Elemental Landscape  
John Gordon  
Tel. 0845 2260 531

**Avebury** 28 April  
From Hill Figures to Maypoles.  
The Ancient Origins of Beltaine  
Peter Knight  
Tel. 01249 823287

**WORKSHOPS &  
COURSES**

**Glastonbury** 1 April  
Shekinashram  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Glastonbury** 2 April  
5 Gateways Retreat  
Chris Bourne  
Tel. 01458 830443

**Stroud** 6 April  
Crossing the Bridge  
Jay Ramsey & Nick  
Clements  
Tel. 01453 759034

**Forres** 7 April  
Permaculture  
Craig Gisborne  
Tel. 01309 690311

**Holwell** 7 April  
the Luminous Warrior  
Elaina Harvey  
Tel. 01963 23468

**Forres** 7 April  
Reclaiming the Power  
of the Embodied  
Feminine. A Mythodrama  
Retreat for Women  
Belinda Davidson  
& Leslet Quigley  
Tel. 01309 690311

**London** 7 April  
Clear Your Emotional Body  
with Kundalini Yoga  
Gemma Bliss  
Tel. 0207 589 3292

**Cranborne** 7 April  
Sing Your Heart Out  
Gilo and Sarah  
Tel. 01202 885294

**Stroud** 7 April  
Deep Time Dive  
Andy Raingold  
Tel. 01453 759034

**Forres** 7 April  
Permaculture  
Craig Gisborne  
Tel. 01309 690311

**London** 7 April  
Exploring the Higher  
Energies. The Seven Rays  
Julia Shepherd  
Tel. 0207 589 3292

**Iona** 7 April  
Islands of the Heart  
Creative Writing Retreat  
Roselle Angwin  
Tel. 01548 821004

**London** 8 April  
Neutrality  
David Manning  
Tel. 0207 589 3292

**London** 8 April  
Secret Doctrine Study Day  
Janet Hoults & Tony  
Maddock  
Tel. 0207 563 9817

**Wimborne** 8 April  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Stroud** 9 April  
the Business Plan  
for Peace  
Scilla Elworthy  
Tel. 01453 759034

**New Milton** 14 April  
Heal Your Home Part 1  
Geopathic Stress  
Adrian Incedon Webber  
Tel. 01765 658487

**Wimborne** 14 April  
the Happiness Course  
Roxie Morris  
Tel. 01202 841522

**Stour Row** 15 April  
Angels of Sound Playshop  
Dean Carter  
Tel. Dean 01935 389655

**Stroud** 15 April  
Kindfulness  
Johnathan Nunn &  
Katie Lloyd Nunn  
Tel. 01453 759034

**Stour Row** 15 April  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Seattle** 16 April  
5 Gateways Retreat  
Chris Bourne  
Tel. 01458 830443

**Stroud** 16 April  
Navigating the Storms  
of Change  
Richard Oliver &  
Leslie Quilty  
Tel. 01453 759034

**London** 17 April  
Mastery of the Self and Our  
Higher Potentials  
Vic Hao Chin  
Tel. 0207 563 9817

**Wimborne** 19 April  
Breath Your Body Alive  
an Osho Pulsation  
Workshop  
Aneesha Dillon  
Tel. 01202 841522

**Wimborne** 19 April  
Qi Gong Retreat  
Tricia Teahan  
& Sally Ibbotson  
Tel. 01202 841522

**Tytherington** 19 April  
9 Energy Systems  
of the Body  
Simona Salewski  
Tel. 07974 553495

**Stroud** 20 April  
Rumi and the Way  
of Passion  
Richard Oliver &  
Leslie Quilty  
Tel. 01453 759034

**Beaminster** 21 April  
an Introduction to  
Crystals & Healing  
Pauline Wickens  
Tel. 01308 862731

**Forres** 21 April  
the Children's Fire. Ancient  
Wisdom Fuels a New Story  
Mac Macartney & Rosa  
Sommer Martin  
Tel. 01309 690311

**Holwell** 21 April  
Treasures of the Inka  
the Middle Way of the Inka  
Elaina Harvey &  
Sandy Pennell  
Tel. 01963 23468

**Forres** 21 April  
Being with the Inner and  
Outer Spirit of Nature  
Franco Santoro  
Tel. 01309 690311

**Bridport** 22 April  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Boston** 22 April  
Its Time to Take the Next Level  
Patricia Cota Robles  
[www.eraofpeace.org](http://www.eraofpeace.org)

**Glastonbury** 27 April  
the Template  
Sacred Geometry  
Tel. 01458 835506

**Steventon** 27 April  
Conscious Abundance  
Kevin Billet  
Tel. 01656 880038

**Grewelthorpe** 28 April  
Spiritual Earth (part 1)  
Adrian Incedon Webber  
Tel. 01765 658487

**Forres** 28 April  
Deepening into Meditation  
John Abdey  
Tel. 01309 690311

**Dublin** 28 April  
7 Steps to Angelic Spiritual  
Empowerment  
Chrissie Astell  
Tel. 01223 969858

**Stroud** 28 April  
Mindfulness in Nature  
Andy Raingold  
Tel. 01453 759034

**Oborne** 29 April  
Angels of Sound Playshop  
Dean Carter  
Tel. Dean 01935 389655

**Oborne** 29 April  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 April 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Penzance** (Tuesdays)  
Kriya Yoga  
Tel. 01736 362 371

**Aller Park** (Weds)  
Angelic Adventures  
Group Meeting  
[jayne.pearl60@gmail.com](mailto:jayne.pearl60@gmail.com)

**New York**  
Transforming Planetary  
Consciousness Webinar  
UN Meditation as  
Planetary Service  
[UN@aguaac.org](mailto:UN@aguaac.org)

**Bournemouth** (Alt Thursdays)  
The Spiritual Exchange  
[www.meetup.com](http://www.meetup.com)

**Aller Park** (Thurs)  
EFT Group  
Tel 075392 69887

**Totnes** (Fridays)  
Astrology Group  
Meeting  
Tel. 01803 867145

**Axminster** (Fridays)  
Spiritual Awareness Group  
Tel. 01460 221522

**Axminster** (Saturdays)  
Awakening Meditation  
Tel. 01297 32331

**Poole** (1<sup>st</sup> Sunday)  
Dialogues of the Heart  
Tara Divina Brown  
Tel. 01202 604340

**Wanstrow** (alt Tues)  
Lightworker Group  
Tel. Marina 01373 465848

**London**  
Why Are We Here Group  
Tel. 0207 223 2917

### TRIPS, TOURS & VISITS

**Anglesey** 7 April  
Mysterious Anglesey  
Megalithic Tours  
Tel. 01772 728181

**Isle of Man** 13 April  
Mysterious Isle of Man  
Megalithic Tours  
Tel. 01772 728181

## Wessex Research Group Network

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)  
Bath Storytelling Circle.  
Tel. 01225 482170

Earthstars Sacred Space  
[www.earthenergynetwork.co.uk](http://www.earthenergynetwork.co.uk)  
[www.body-spirit.co.uk](http://www.body-spirit.co.uk)  
[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)  
[www.chalicewell.org.uk](http://www.chalicewell.org.uk)  
[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)  
[www.thamesvalleydowsers.org.uk](http://www.thamesvalleydowsers.org.uk)  
[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)  
Glastonbury PLG  
[www.glastonburyplg.co.uk](http://www.glastonburyplg.co.uk)  
[www.positivelivinggroups.org.uk](http://www.positivelivinggroups.org.uk)  
[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)  
[www.fisu.org/en](http://www.fisu.org/en)  
[www.faeryevents.com](http://www.faeryevents.com)  
[www.openhandweb.org](http://www.openhandweb.org)  
[www.stargaia.com](http://www.stargaia.com)  
[www.RILKO.net](http://www.RILKO.net)  
[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)  
[www.Enneagram-uk.com](http://www.Enneagram-uk.com)  
[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)  
[fifthdimensionalnetwork.net](http://fifthdimensionalnetwork.net)  
[www.networkoflight.org](http://www.networkoflight.org)  
[www.megalithictours.com](http://www.megalithictours.com)  
[www.gauntshouse.com](http://www.gauntshouse.com)  
[www.educationaid.net](http://www.educationaid.net)  
Sea Spirit Centre  
<http://spiritual-courses.co.uk>  
[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)  
Wyvern dowsers  
Bea Menier 01793 694943  
[www.energeticsolutions.co.uk](http://www.energeticsolutions.co.uk)  
[www.kabbalahcentres.com](http://www.kabbalahcentres.com)  
[www.caduceus.info](http://www.caduceus.info)  
[www.ihs.ac](http://www.ihs.ac)  
[newhumanitymovement.com](http://newhumanitymovement.com)  
[www.waverleydowsers.co.uk](http://www.waverleydowsers.co.uk)  
[www.tamar-dowsers.co.uk](http://www.tamar-dowsers.co.uk)  
[www.midsummerearthhealing.co.uk](http://www.midsummerearthhealing.co.uk)  
Aller Park  
Dartington  
David 01803 867145  
[www.devondowsers.org.uk](http://www.devondowsers.org.uk)  
Society of Leyhunters  
[www.leyhunters.co.uk](http://www.leyhunters.co.uk)



**Channel Islands** 22 April  
Jersey and Guernsey  
Ancient Sites Tour  
Megalithic Tours  
Tel. 01772 728181

**Leighton Buzzard** 22 April  
Spring Field Trip  
Thames Valley Dowers  
Tel. Susan 01494 813 214

**Wiltshire** 29 April  
Beltaine Walk & Avebury  
Landscape Pilgrimage  
Peter Knight  
Tel. 01249 823287

**Wiltshire** 29 April  
Full Moon at West  
Kennet Longbarrow  
Peter Knight  
Tel. 01249 823287

## Universal Rhythms (continued)

For practical reasons they had to be forecast and understood. But perhaps there were also spiritual reasons and we may presume that recognition of these great rhythms and fostering respect for them played an important part in the growth of man's religious and spiritual sense. He was compelled to realise that he was part of something greater than his immediate environment and that his personal life needed to be conducted recognising the existence of an all-encompassing higher power.

## The Festival of Easter

By Colin Myers

The festival of Easter, celebrating the death and triumphant resurrection of the Christ is held at the first full moon after the spring equinox, in the sign of Aries. Long before it became a Christian festival, this day had been a pagan festival of resurrection and triumph of life over death and form. It was also the Jewish Passover celebrating the promise of God.

The concept of new life arising after sacrifice of the form, of birth resulting from death, and emergence from imprisonment, had new emphasis with the dawn of the Christian era, but it was an ancient theme: the symbology of spring superseding winter, and the germ of life emerging from the seed had long been used to mark both the recurring cycles and the eternal triumph of life over death.

The forces of resurgence, reconstruction and restoration are particularly connected with this period of the year, and as we develop the ability to cooperate with spiritual energies more adequately in the religious practices of the New Age, these renewing powers will be the keynotes of this festival. On these qualities or energies participants will meditate; for them they will pray and invoke.

The minor resurgences and reconstructions that we make throughout our own lives are the paving stones of our eventual liberation into "life more abundant". It is through them that we redeem continually our human nature, and recognition of these Forces at Easter time, brings new significances to this festival. Such concepts, which are closely linked with the rhythms of the planet, bring new meaning to this festival and a significance which urges us to work with these redeeming powers, both in our personal lives and as a form of service, for the good of the whole and to aid in world affairs.

## The Need for Equilibrium

By Nancy Magor

*"The world calls out for Heart and too often we respond with a mind ungraced by wisdom"*

If we could hover outside this Earth our home, what we wonder would be our strongest impression? Would we be overwhelmed by its beauty as have all the crews of space missions? Undoubtedly we would. If we drew closer and looked into the lives of its teeming inhabitants, would we not see with considerable shock the deep imbalance woven into the beauty of the earthly fabric?

We all know that in practically every field and section of human and organic growth man and his environment are at odds – the current concern about pollution in all of its forms is only part of the story. There is also a different and generally unrecognised, yet no less basic imbalance – which exists between the head and heart of mankind.

In a relatively short time we have progressed out of the crude and harsh civilisations of the Middle Ages into our present technologically based sophisticated conditions. All this has come about because intellect has leaped ahead. Indeed one might marvel at the cleverness and versatility of the human mind – that marvellous and mysterious instrument which can as it were, face two ways and either play life for its own ends or work as the agent of the spiritual Self, carry forward great enterprises for human progress.

In its work for the good of the whole, the mind needs the heart as well. It is the balance of the two that produces the many constructive and humanitarian projects which abound today and which show clearly that great thinkers who unite heart and mind and use the quality and intuitive of both, are active in many sectors and are gradually bringing about needed and rightful change.

Through the heart an invisible power emanates which works only for good because its source lies in the higher realms above the desires of self will of the human ego which is working its passage through the lower strata of mind, emotions and physical activity. Please remember that our real power lies in the upper reaches of the higher self. It is from there we can transform the world!

*To promote an event or submit a contribution to the newsletter email Robert at [robertmulliss900@uwclub.net](mailto:robertmulliss900@uwclub.net) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)*