



Wessex Research Group Network *Newsletter*

VOLUME 13, ISSUE 11.

November 2018

November 2018, and we are delighted to welcome Carol Fraser from India. Carol will be speaking and holding a workshop on the theme of deepening experience to meet your divine entity through meditation, movement, mantra and tone.

Glastonbury WRG group welcomes Mags Kelly as its new co-ordinator. Mags can be contacted 07599215558 or at magsy57@gmail.com

The latest addition to the on-line digital lecture archive www.wessexresearchgroup.org/digital_25.html is called *Esoteric Healing* by Linda Dutton.

Entering Sacred Space through Tone and Movement

By Carol Fraser

Where is sacred space to be found? It could be that we enter a tropical rain forest for the first time and realize that we have stepped into a great temple of the Divine Mother. We recognize her as manifest in the great symphonic splendour of her creation.

Or we may be hiking in the barren rocky heights of remote Himalayan regions. Every peak, every form, every crag and cranny speaks of the great Master of the Dance, the Lord Shiva himself. There are so many wonderful places in Nature that can, call us into a sacred temple of creation and our own inner space itself trembles in unison with the divine ground of all existence.

It is not altogether simple to step into sacred space just when we would wish. We can of course find it within ourselves when we have freed ourselves from the usual turmoil of daily life and through practice have learned to enter into the deep silence of our innermost centre. But every such experience we can regard as a gift, an act of grace and we can prepare ourselves for this as individuals and in groups.

I once asked my spiritual master and teacher, what is a tone?' He answered, 'A tone is the work of an angel.' At the time I could make nothing of this, but over the years I came to realise that a tone, is not only a vibration of the air with an infinity of tones hidden within it, but also like water, it is a carrier of many messages and can even be the garment of a being.

I used to spend many hours contemplating a certain rock face in the Himalayas. I was convinced that a great music emanated from it that I could one day learn to hear.



Sometime waves of musical force surged through me, causing my body to shake and tremble. At night, while humming a deep tone, I could hear a whole cascade of weaving tones that conveyed to me the presence of a powerful Being connected with those rocks. These experiences were also made possible through exercises of the Cosmic Dance as taught in the school MIN-I.L.I.T. These movements are a powerful tool for purifying and ennobling our whole being. They help us feel quite precisely within our body the musical-mathematical proportions of which we are composed, and can transfer themselves to the spine. There they can be felt as exact mathematical divisions, becoming a surging musical current within us. In this way I had the experience of being a tightly stringed instrument stretching the heights and penetrating into the Earth.

I have understood that for everything that we see, hear, perceive and recognize, something has to go out from us. The more we can offer our own light of consciousness, our attention, our devotion and capacity for selfless love, the more our whole inner world is expanded and enriched, with corresponding benefit to the world around us.

For me, the combination of tone and movement is a powerful means of preparing our whole organism to become a perceiving, resounding and comprehending instrument. This is all enhanced when we can develop such experiences and capacities in groups helping to bring about the community of free, enlightened individuals of which our endangered planet Earth is in such need.

The tone world can resound in us through the many layers of our being, as though descending into an infinitely deep well. It can cause us to soar aloft on the spiraling waves of the tone ether. Together they reveal that our purified inner world is as vast as the outer cosmos and is in oneness with it. So we begin to approach that being who we really are.

Frome WRG
Marina 01373 465848

Glastonbury WRG
Mags 07599215558

Weymouth & Dorchester
Roma 01305 816644

Dorset Earth Mysteries
www.dorsetmysteries.org

School of Energy
Healing Educational Trust
www.energyhealing.co.uk

Bristol Dowsers
www.bristoldowsers.co.uk

Joyous Isle workshops
www.joyousisle.com

Axminster Awareness Centre
www.awarenesscentre.org.uk

Stoneseeker Tours
www.stoneseeker.net

Centre for Pure Sound
www.centreforpuresound.org

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Angelight
www.angellight.co.uk

Taunton Association for
Psychotherapy
www.taplimited.org.uk

Wrekin Forum
www.wrekinforum.org

Theosophical Society in Scotland

Findhorn Foundation
www.findhorn.org

Dowsing Spirits
www.dowsingspirits.co.uk
www.theswa.org.uk

Aquarian Age Community
www.aquaac.org

Totnes Astrology Group
David 01803 867145

The Gift of Sound
www.thegiftofsound.co.uk

Crewkerne Awareness
anacolourastro.wordpress.com

Ryde PLG
Dana 07879 021521

Wellspring – Rode
Tel. Caroline 01373 831046

Network of Leyhunters
www.networkofleyhunters.com

Bath PL
bathpositiveliving.co.uk

EVENTS

Pewsey 24 Nov
Dreaming the Land
Working with the
Consciousness of Nature
Annual Conference of the
Gatekeeper Trust
www.gatekeeper.org.uk

TALKS

DEMG at Stapehill 1 Nov
Angel Tongue in the
Evolution of English,
European Languages and
the Oral Tradition
Dr Michael Arnheim
Tel. Dave 07977 144147

Frome 1 Nov
Balancing the Body
Alignment to Purpose
Jo Hanstead
Tel. Marina 01373 465848

Shepherds Bush 1 Nov
Introduction to Meditation
Foundation for Spiritual
Unfoldment
Tel. 0208 523 3133

Ashton Ingham 1 Nov
Holy Sites and Sacred Spaces
Adrian Incedon Webber
Tel. 01765 658487

Elworthy 2 Nov
Three Centres of Intelligence
Carol Fraser
Tel Jill. +447887868016

Totnes 2 Nov
Scorpio
David Matthews
Tel. 01803 867145

London 2 Nov
Art and Consciousness
the Transformative Power
of Appreciating Art
Mary Attwood
Tel. 0207 589 3292

Beaconsfield 2 Nov
Keys to Grace
Patrick MacManaway
Tel. 01494 813 214

London 3 Nov
Heart Beat
Drumming Collective
Olaf Nixon
Tel. 0207 589 3292

Bracknell 4 Nov
Introduction to Meditation
Foundation for Spiritual
Unfoldment
Tel. 0208 523 3133

London 4 Nov
the Innermost Sanctuary
Wayne Gatfield
Tel. 0207 563 9817

Stroud 5 Nov
the Adventure of Rudolf
Steiner's Inner Path
Marjatta van Boeschoten
Tel. 01453 759034

London 6 Nov
How the Body Stores
Trauma and Why We
Are not Healing
Evette Rose
Tel. 0207 589 3292

Glastonbury 7 Nov
Samhain Celebration
Tel. 07747 897 621

Glastonbury PLG 7 Nov
the Sounds of Harmony of the
Heart, Mind and Soul
Tareth
Tel. Samia 07930 007419

London 8 Nov
the Secret Path in Early
Christianity
Isis Resende
Tel. 0207 563 9817

London 9 Nov
Carl Jungs Red Book
Brenda Crowther
Tel. 0207 589 3292

Godalming 9 Nov
the Therapeutic
Properties of Sound
Kay Kraty
Tel. 01252 541639

Loughton 10 Nov
Introduction to Meditation
Foundation for Spiritual
Unfoldment
Tel. 0208 523 3133

Wimborne 11 Nov
the True Cost
Conscious Cinema
Film Evening
Tel. 01202 841522

Chulmleigh 13 Nov
the Long Skulled Civilisation
Leys, Energies
and Sacred Sites
Maria Wheatley
Tel. 01363 877352

London 13 Nov
Two Mediums One Evening
Messages from the
Spirit World
Anthony Kesner & Daniel Pitt
Tel. 0207 589 3292

Bath 14 Nov
Bath Storytelling Circle
Tel. David 01225 482170

Bath PL 15 Nov
Why Don't We All Heal?
Lyn Stones
Tel. 078 7321 8222

London 15 Nov
the Rosicrucians According
to HP Blavatsky
Igor Santa Cruz Lopez
Tel. 0207 563 9817

Glastonbury PLG 15 Nov
Clarence Bicknell
Man of Marvels
Renchi Bicknell
Tel. Samia 07930 007419

Taunton 16 Nov
Mental Health
A Young Persons
Perspective
Johnny Scott
Tel. 01278 663215

Totnes 16 Nov
Stars Constellations
and Deep Space Objects
David Matthews
Tel. 01803 867145

London 16 Nov
Under the Reed Moon
A Gongbath
Diana Vernon
Tel. 0207 589 3292

Bristol 16 Nov
Evening with the
Bards of Avalon
Tel. Rory 07748 734127

Barkingside 17 Nov
Introduction to Meditation
Foundation for Spiritual
Unfoldment
Tel. 0208 523 3133

North Hill 18 Nov
Evening with John Moss
Tel. 01566 774902

Woodshaw 18 Nov
Albion Dreamtime
Re-Enchanting the
Isle of Dragons
Sue Wallace
Tel. Bea 01793 694943

Crewkerne 19 Nov
Celtic Astrology
Marie Field
collingridge1@sky.com

Woodshaw 19 Nov
What Will We Be Eating
in 2050
Peter Vaughan
Tel. Bea 01793 694943

Ryde PLG 20 Nov
My Global Journey
to Heal the Earth
Jan Harper Whale
Tel. Dana 07879 021521

London 20 Nov
Urban Magic at Crossbones
Graveyard
John Constable
Tel. 0207 589 3292

Glastonbury PLG 21 Nov
All Love Spiritual
Healing Evening
Karuna Joy
Tel. Samia 07930 007419

Bracknell 25 Nov
Introduction to Meditation
Foundation for Spiritual
Unfoldment
Tel. 0208 523 3133

Burnham on Sea 27 Nov
Chalice Mead
Issy and Mike
Tel. Sue 07776306125

London 27 Nov
Hauntology: Be Afraid..
Be Very Afraid
Demian Allen
Tel. 0207 589 3292

Glastonbury PLG 28 Nov
the Astrology of the Avalonians
Neil Spencer
Tel. Samia 07930 007419

Glastonbury 29 Nov
Two Burials and a Battle
Don Carlton
Tel. Mags 07599215558

Rode 29 Nov
the Secret Language
of Numbers
Richard Abbot
Tel. Caroline 01373 831046

London 30 Nov
Autumn Gong Bath
Olaf Nixon
Tel. 0207 589 3292

WORKSHOPS & COURSES

Stroud 2 Nov
the Art in Listening
Nicholas & Ra Twilley
Tel. 01453 759034

Elworthy 3 Nov
Kundalini, Chakras and the
Higher Centres of the
Human Being
Carol Fraser
Tel Jill. +447887868016

Sydney 3 Nov
Paradigm Shift
Intensive
Chris Bourne
Tel. 0207 589 3292

Forres 3 Nov
Shamanic Visioning for
Personal and Planetary
Healing
Astrid Gude
Tel. 01309 690311

London 3 Nov
Fabulous Firebirds
Joan Osborne
Tel. 0207 589 3292

London 3 Nov
the Crystal Seer
Power Crystals for Magic
Meditation and Ritual
Judy Hall
Tel. 0207 589 3292

Elworthy 4 Nov
the Time is Out of Joint
Can We Help the
World Situation?
Carol Fraser
Tel Jill. +447887868016

Glastonbury 4 Nov
Shekinashram
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London 4 Nov
Tarot and Woundology
Soul Mate Wound Mate
Do We Know
the Difference?
Avril Price
Tel. 0207 589 3292

Bath 4 Nov
Learn to Dowse the
Earth Energies
Rory Duff
Tel. Rory 07748 734127

London 5 Nov
Become Angelic
with Kundalini Yoga
Gemma Bliss
Tel. 0207 589 3292

Langport 10 Nov
Understanding Earth
Energies
Matt French
Tel. 01458 250465

Holt 11 Nov
Acupressure for Stress
Release. Part 2.
Working with Others
Jackie May
Tel. 01202 885294

London 11 Nov
Secret Doctrine Study Day
Janet Hout & Tony Maddock
Tel. 0207 563 9817

Stroud 11 Nov
Crossing the Bridge
A Day for Men
Jay Ramsey &
Nick Clements
Tel. 01453 759034

Dartmoor 11 Nov
Sacred Waters
Roselle Angwin &
Roselle Wernham
Tel. 01548 821004

Byron Bay 12 Nov
Facilitator School
Chris Bourne
Tel. 0207 589 3292

Holwell 15 Nov
Healing and the Shamanic
Arts. Module 4
the Book of Souls
Ayni Karpi, Harmony Rite
Elaina Harvey &
Seersha O'Sullivan
Tel. 01963 23468

Croydon 15 Nov
Out of the Blue II
Kevin Billett
Tel. 01656 880038

Forres 17 Nov
Nature the Sacred Stage
Craig Gisborne &
Laura Pasetti
Tel. 01309 690311

Wimborne 17 Nov
Tai Chi and Mindfulness
Retreat Day
Stuart Ward &
Linda Thomas
Tel. 01202 841522

Forres 17 Nov
Spiritual Deepening
Living from Purpose
and Soul
Margo van Greta
Tel. 01309 690311

London 17 Nov
Introduction to Shadow
Integration
Charlie Morley
Tel. 0207 589 3292

Forres 17 Nov
the Alchemy of
Transformation
Joy Drake & Yasko
Yakaashi
Tel. 01309 690311

Galway 17 Nov
Seven Steps into
Angel Light
Chrissie Astell
Tel. 01223 969858

Wimborne 18 Nov
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London 18 Nov
Ancient Teachings
Modern Wisdom
Pamela El-Hosaini
Tel. 0207 563 9817

Galway 18 Nov
Your Guardian
Angel Oracle
Chrissie Astell
Tel. 01223 969858

London 18 Nov
Find Inspiration
Your Unique Voice
Anna Parkinson
Tel. 0207 589 3292

Wessex Research Group Network

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 482170

Earthstars Sacred Space
www.earthenergynetwork.co.uk

www.body-spirit.co.uk

www.fire-in-the-head.co.uk

www.chalicewell.org.uk

www.unicorncentre.co.uk

www.thamesvalleydowsers.org.uk

www.libraryofavalon.org.uk

Glastonbury PLG
www.glastonburyplg.co.uk

www.positivelivinggroups.org.uk

www.theosophical-society.org.uk

www.fisu.org/en

www.faeryevents.com

www.openhandweb.org

www.stargaia.com

www.RILKO.net

www.Psychic-Sanctum.co.uk

www.Enneagram-uk.com

www.sacredconnections.co.uk

fifthdimensionalnetwork.net

www.networkoflight.org

www.megalithictours.com

www.gauntshouse.com

www.educationaid.net

Sea Spirit Centre

<http://spiritual-courses.co.uk>

www.collegeofpsychicstudies.co.uk

Wyvern dowsers

Bea Menier 01793 694943

www.energeticsolutions.co.uk

www.kabbalahcentres.com

www.caduceus.info

www.ihs.ac

newhumanitymovement.com

www.waverleydowsers.co.uk

www.tamar-dowsers.co.uk

www.midsummerearthhealing.co.uk

Aller Park

Dartington

David 01803 867145

www.devondowsers.org.uk

Society of Leyhunters

www.leyhunters.co.uk

London 21 Nov
Arch Angel Zadkiel
and the Violet Flame
for Personal Transformation
Kim Pilkington
Tel. 0207 589 3292

Shaftesbury 23 Nov
Living and Dying Consciously
Archa, Sans & Vimlan
Tel. 01736 799231

Horton & Chalbury 24 Nov
Mindfulness
Penny Nicholas
Tel. 01202 885294

Glastonbury 24 Nov
All Love Spiritual
Healing Workshop
Karuna Joy
Tel. Samia 07930 007419

London 24 Nov
Improve Your
Mediumship
Gordon Smith
Tel. 0207 589 3292

Oborne 25 Nov
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Oborne 25 Nov
Angels of Sound
Playshop
Dean Carter
Tel. Dean 01935 389655

Mozambique 26 Nov
Paradigm Shift
5 Day Retreat
Chris Bourne
Tel. 0207 589 3292

London 26 Nov
Connect to the Divine Mother
with Kundalini Yoga
Gemma Bliss
Tel. 0207 589 3292

Axminster 28 Nov
on Dreams and Dreaming
Barry Wood
Tel. 01297 32331

Glastonbury 28 Nov
the Template Sacred
Geometry
Claudie Planche
Tel. 01458 835506

Ruishton 29 Nov
Crystals and Dowsing
Sarah Shaw
Tel. Matt 01458 250465

Stroud 30 Nov
True Life Tales
a Storytelling Weekend
Sue Hollingsworth
Tel. 01453 759034

Stroud 30 Nov
the Harmony of the Hearth
Honouring the Heart
of the Home
John and Caitlin Matthews
and Janet Paedilato
Tel. 01453 759034

LIGHTWORKER GROUPS

Global Meditation Event
1 Nov 9pm
www.networkoflight.org

Axminster 3 Nov
Meditation Group
Tel. 01297 32331

Los Angeles 11 Nov
It's Time to Take
the Next Level
www.eraofpeace.org

Stroud 12 Nov
Rising Woman Rising World
Monthly Meeting
Tel. 01453 759034

New York
Transforming Planetary
Consciousness Webinar
UN Meditation as
Planetary Service
UN@aquaac.org

Penzance (Tuesdays)
Kriya Yoga
Tel. 01736 362 371

Bournemouth (Alt Thursdays)
The Spiritual Exchange
www.meetup.com

Totnes (Fridays)
Astrology Group
Meeting
Tel. 01803 867145

Axminster (Fridays)
Spiritual Awareness Group
Tel. 01460 221522

Poole (1st Sunday)
Dialogues of the Heart
Tara Divina Brown
Tel. 01202 604340

Wanstrow (alt Tues)
Lightworker Group
Tel. Marina 01373 465848

London
Why Are We Here Group
Tel. 0207 223 2917

TRIPS, TOURS & VISITS

Malta 7 Nov
Ancient Temples
of Magical Malta
Megalithic Tours
Tel. 01772 728181

Lancashire 17 Nov
Mysterious Lancashire
Day Tour 1
Megalithic Tours
Tel. 01772 728181

Lancashire 24 Nov
Mysterious Lancashire
Day Tour 2
Megalithic Tours
Tel. 01772 728181

Pride and Humility

By Constance Peters

When we feel resentment or bitterness in our hurt pride, stop, count to ten but do so in the presence of our heavenly father. Seeking to justify ourselves is the most subtle means of withdrawing ourselves from the light, because nothing can be more deluding than self justification.

Humility does not mean being a doormat on which everyone can wipe their boots. It is the understanding of others, thoughtfulness for them, seeing things from their point of view, willingness to be of service to humanity. Above all, which is very difficult to admit when we are in the wrong, frankly and freely, with a good laugh about it and not making a big issue of the cause.

True humility is the acceptance that God and the universe knows best.

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss900@uwclub.net or log on to www.wessexresearchgroup.org

Book Review: A Guide to Leylines, Earth Energies and Nodes

By Rory Duff

This book contains the 1st ever classification of Earth Energy lines and Nodes along with their descriptions. In addition to that it includes a map of the Energy lines around the City of Bath and the main lines around Avebury Stone Circle. It also includes the first ever map of the major leylines that are found to cross the UK. It is a perfect companion to those who are beginners to dowsing energy lines as well as being very helpful to advanced dowers. The book also contains an introduction to the science behind dowsing energy lines.

Rory Duff has been dowsing for over 35 years and currently runs the Bristol Dowsing Society. In 2012 he was awarded the Billy Gawn prize from the British Society of Dowers for his research into Earth Energy lines. The book is available via the www.roryduff.com website and it will be available on Amazon in a few month's time.